

ATLANTIC TRAVEL & TOURS

USA – SINGLE, COUPLES & FAMILIES

**DISCOVERING AN AUTHENTIC AMERICA, FAR FROM
MASS TOURISM, FOR SINGLES, COUPLES AND FAMILIES**



FROM THE CEO - FOUNDER

Dear travelers,

Travelling is much more than moving from one place to another: it is a way of seeing the world with new eyes, **being inspired by different cultures, and living experiences that remain with us over time.**

Every itinerary we create is built around a clear idea: to **offer an authentic and conscious way of discovering destinations, far from conventional routes and mass tourism.** We believe in travel that combines **emotion, freedom, and quality,** tailored to the **needs and desires of every traveler.**

Whether it is an individual journey, a romantic escape, or a family experience, every proposal is designed to **enhance the destination, its landscapes, and its most genuine atmospheres.** From major cities to hidden places, each stop becomes part of a **personal and unique story.**

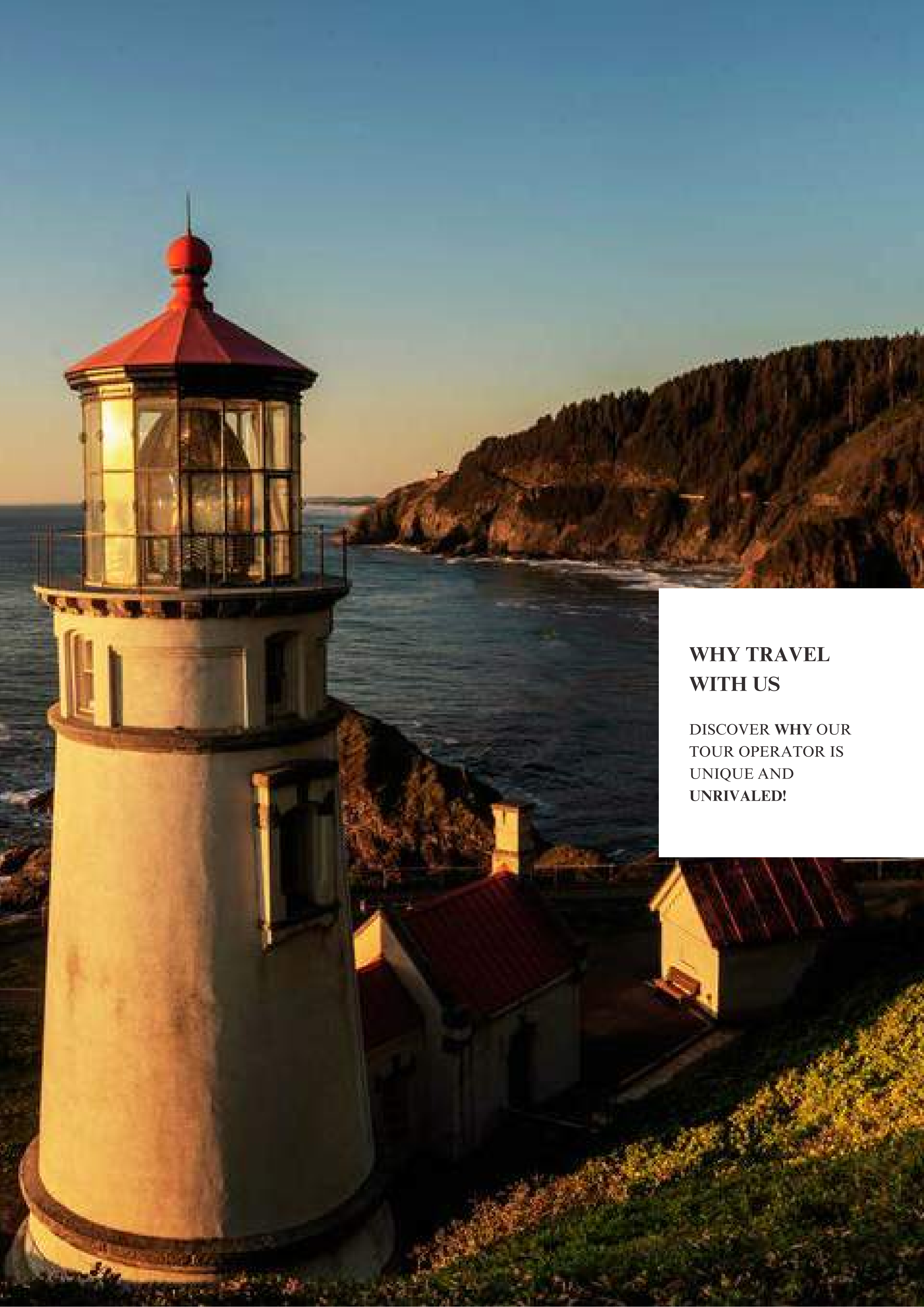
Our aim is to guide travelers in discovering destinations that can **surprise, inspire, and leave a lasting memory, through carefully curated experiences and a strong focus on travel quality.**

Because every journey is not just a destination, but **a different way of experiencing the world.**



Steve Tabacchi

DR. STEVE TABACCHI
CEO - FOUNDER
ATLANTIC TRAVEL & TOURS



WHY TRAVEL WITH US

**DISCOVER WHY OUR
TOUR OPERATOR IS
UNIQUE AND
UNRIVALED!**

BESPOKE TRAVEL FOR EVERYONE



OUR TRAVEL ITINERARIES

We exclusively curate itineraries for innovative and original travel experiences that diverge from the conventional paths of mass tourism. Our aim is for each customer to be the protagonist of their own journey.

OUR TRAVEL CLASSES

We arrange travel for the following categories:

- **FIRST**
- **PREMIUM**
- **ECONOMY**

WE ORGANIZE ITINERARIES USING THE FOLLOWING TRANSPORTS



CAR

- ✓ RENTAL



VAN

- ✓ RENTAL
- ✓ SCHEDULED TOURS WITH DRIVER



COACH

- ✓ RENTAL WITH DRIVER
- ✓ SCHEDULED TOURS WITH DRIVER



MOTORHOME

- ✓ RENTAL



MOTORCYCLE

- ✓ CHARTER SERVICES
- ✓ TAILOR MADE TRAVEL ITINERARIES



ARRIVING IN THE USA WITHOUT ENTERING THROUGH THE BORDER

For intercontinental flights arriving in the USA, prolonged waits at US borders are commonplace; however, after many hours of travel, fatigue and the time difference create an urgent necessity for rest.

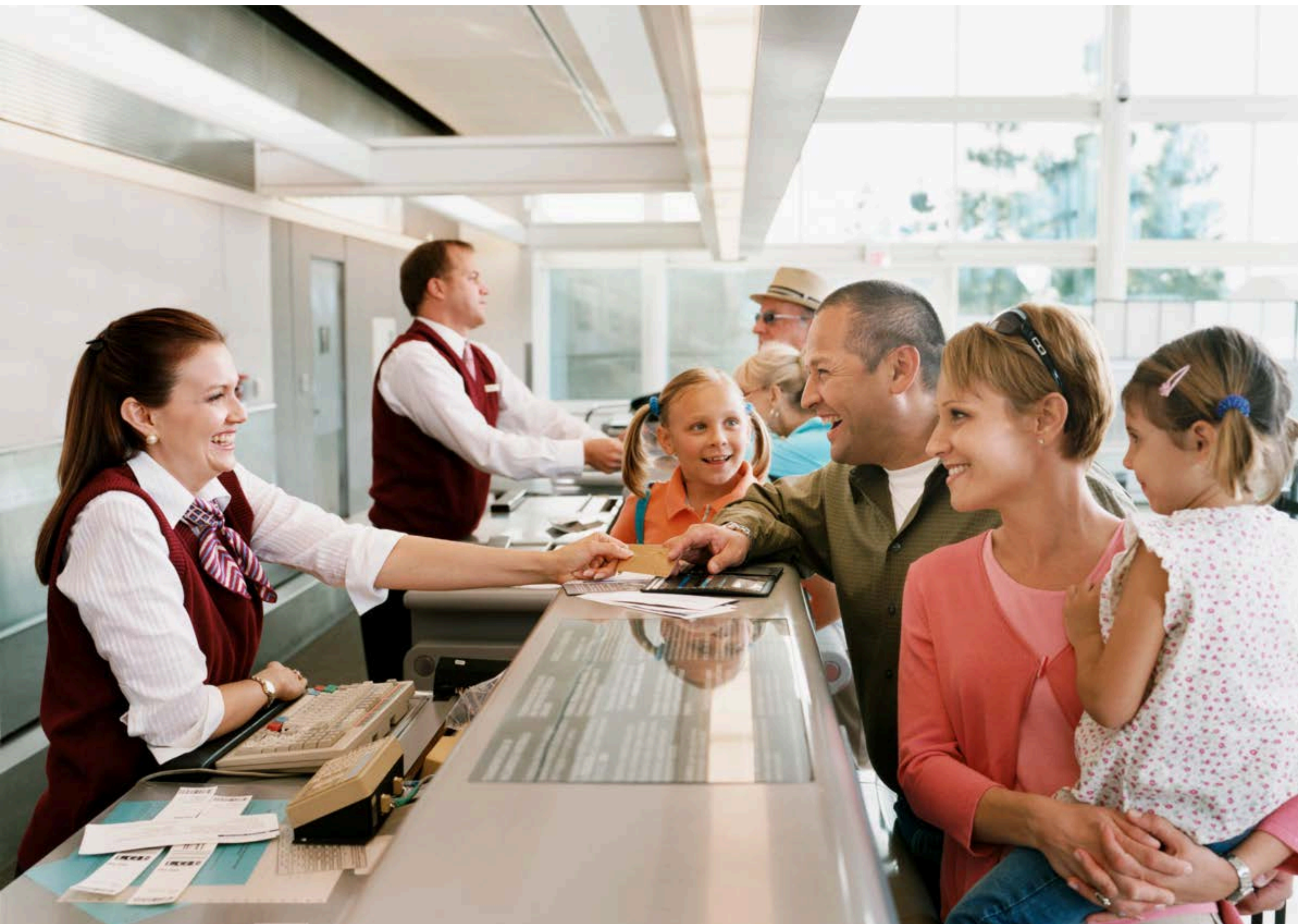
If you intend to cross the US border prior to landing in the United States, this is feasible and will enable you to proceed directly to collect your luggage upon arrival without undergoing any inspections.

Should you wish to incorporate this option into your travel itinerary, we would be pleased to assist you.



PRIORITY CHECK-IN AND CHECKED BAGGAGE

Bid farewell to lengthy check-in queues! With our priority check-in service, you can swiftly obtain your boarding pass and check in your baggage. We are consistently prepared to provide this option, contingent upon airline availability, to enhance your travel experience, whether you are flying in premium or economy class. **Do not squander time; opt for comfort!**



NO QUEUES AT THE AIRPORT WITH THE FAST TRACK SERVICE



We understand the frustration of enduring lengthy waits at airport security. Therefore, we consistently incorporate fast track access into our travel packages, allowing you to bypass the queue and enjoy a stress-free experience.

The service is contingent upon the availability at each airport, thus we cannot assure its constant accessibility. Nevertheless, we are pleased to announce that it has been implemented in the majority of the airports we utilize. **Seize this opportunity!**





COMFORT IN AIRPORT LOUNGES

Once reserved solely for business and first-class passengers, airport lounges are now available to travelers in other classes as well. We provide the highest level of comfort and luxury to ensure your airport experience is memorable. In our travel packages, we consistently strive to include access to these exclusive areas at both departure and arrival points (subject to airport and airline availability). Relax, indulge in culinary delights, savor fine beverages, and enjoy refreshing showers, all within elegant and tranquil settings. **Seize this exceptional opportunity!**



OTHERS SERVICES

OUR EXCEPTIONAL
PARTNERSHIPS WITH
DIVERSE SUPPLIERS ENABLE
US TO PROVIDE OUR
CUSTOMERS WITH THE
FINEST OF THE FOLLOWING
SERVICES

ADVANCED LUGGAGE SHIPPING
TOURIST VISAS
CURRENCY EXCHANGE
INSURANCE POLICIES



	AUD	7.01
	NZD	5.05
	JPY	0.0913
	GBP	11.23
	EUR	9.71
	SGD	5.35
	CHF	7.00



ALWAYS TRAVEL WITH A PREMIUM DISCOUNT!



-20%

- ACTIVE YEAR-ROUND
- FOR ALL CATEGORIES OF TRAVELERS
- NO MINIMUM SPENDING THRESHOLD REQUIRED



TRAVEL PHOTOGRAPHER

FOR AN UNFORGETTABLE TOUR
FOREVER



Certain journeys hold a unique significance: a honeymoon, a wedding anniversary marked by the renewal of vows, or cherished moments spent with close friends or family. Such beautiful occasions will be immortalized through professional photography and videography. Should you wish to incorporate this option into your upcoming trip, we are pleased to provide assistance with photographers who can transform your experience into a lasting memory.



ONE FREE INDIVIDUAL FOR EVERY 15 PAYING CUSTOMERS

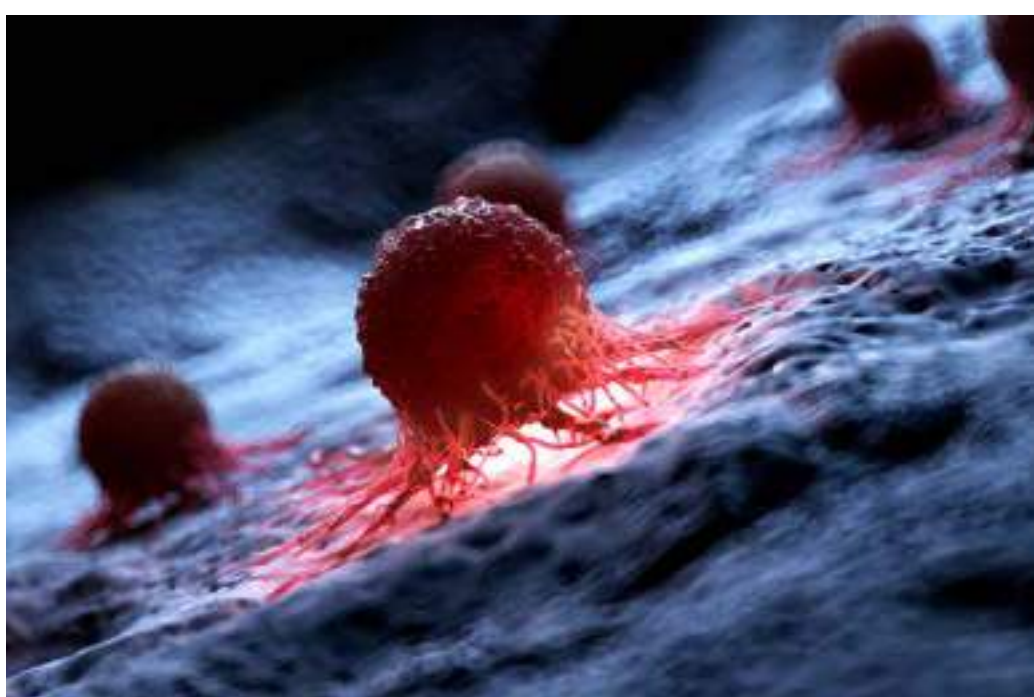
Take advantage of our **perpetually active** promotion. If you can gather a **minimum of 15 individuals**, one person will receive a **complimentary** trip. Consider anyone who might be interested among family, friends, colleagues, or others. Additionally, if you require a tour leader or tour guide to assist you and your group throughout the entire tour, we can provide this service as well



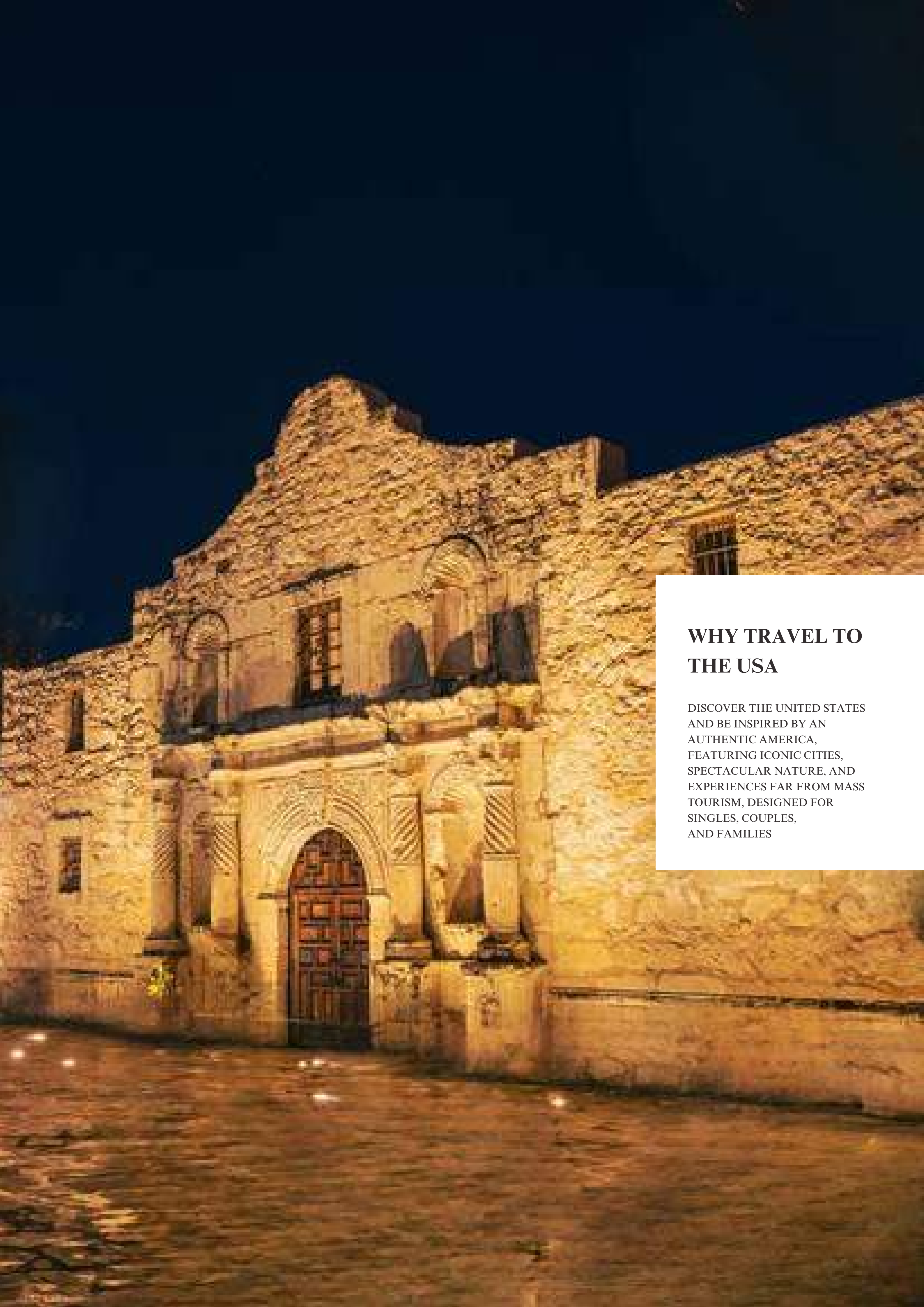
OUR COMMITMENT TO ENVIRONMENTAL PROTECTION AND CANCER RESEARCH



THROUGH OUR TRIPS, WE AIM TO PROVIDE OUR CUSTOMERS WITH THE OPPORTUNITY TO **SUPPORT** NON-PROFIT ORGANIZATIONS DEDICATED TO ADDRESSING THE FOLLOWING GLOBAL CHALLENGES.



- **CONSERVATION OF PLANT AND ANIMAL LIFE**
- **GLOBAL WARMING**
- **CANCER RESEARCH**



WHY TRAVEL TO THE USA

DISCOVER THE UNITED STATES
AND BE INSPIRED BY AN
AUTHENTIC AMERICA,
FEATURING ICONIC CITIES,
SPECTACULAR NATURE, AND
EXPERIENCES FAR FROM MASS
TOURISM, DESIGNED FOR
SINGLES, COUPLES,
AND FAMILIES

THE CHARM OF THE UNITED STATES THROUGH EXPERIENCES FOR SINGLES, COUPLES AND FAMILIES



There are journeys that are not just movements, but true ways of experiencing the world.

The United States is one of the most remarkable destinations in the world, a vast country where each region offers different atmospheres and every landscape creates unique experiences to be shared or enjoyed in freedom.

From the spectacular Pacific coastline to the forests of New England, from the vast plains of the Midwest to the sculpted deserts of the Southwest, and all the way to the tropical islands of Hawaii and the wild nature of Alaska, the United States offers extraordinary settings for every type of traveller.

Whether it is a trip for singles, seeking freedom and discovery among iconic cities and wide open spaces; an experience for couples, through romantic landscapes and evocative itineraries to be enjoyed together; or an adventure for families, combining national parks, dynamic cities and engaging activities for all ages, every journey can become a tailor-made experience.

Scenic road trips, untouched nature, vibrant cities and iconic landmarks come together to create personalised itineraries designed to match different rhythms, interests and desires.

An America to be experienced authentically, far from conventional routes and mass tourism.



WHY TRAVEL TO THE USA

A CONSTANTLY CHANGING MOSAIC OF LANDSCAPES

The United States offer an extraordinarily diverse travel experience, where each state and region reveals completely different scenery. It is an ideal destination for those who wish to explore a vast and ever-surprising country, far from more standardised forms of tourism. Within a single journey, travellers can move effortlessly from iconic metropolitan cities to almost untouched landscapes: towering mountain ranges, time-sculpted deserts, endless forests, vast plains, and spectacular coastlines facing different oceans. This remarkable variety of scenery makes every itinerary unique and never repetitive.

AUTHENTIC EMOTIONS TO EXPERIENCE ALONG THE JOURNEY

Travelling across the United States means living moments that remain in memory, often linked to simple yet genuine emotions. A road trip through endless horizons, the discovery of small towns with local character, encounters with nature in national parks, or the light of sunset over iconic landscapes all become experiences that shape a deeply personal and lasting memory. Each stop contributes to a journey built on sensations, atmosphere, and continuous discovery, regardless of the type of travel chosen.

THE IDEAL DESTINATION FOR TAILOR-MADE AND ROAD TRIP ITINERARIES

The United States are one of the best destinations for self-drive and tailor-made journeys. Excellent infrastructure, easy connections, and a wide range of accommodation options make it possible to design flexible and well-balanced itineraries. This allows travellers to combine cities, nature, and scenic road trips within a single journey, creating dynamic and personalised experiences suitable for solo travelers, couples, and families alike.



OUR APPROACH TO TAILOR-MADE TRAVEL

Every journey should be a personal experience, capable of reflecting tastes, expectations, and the way each traveller approaches discovery. For this reason, every itinerary is not created as a standard package, but as a project built around the traveller.

Our approach is based on listening and personalisation: understanding what you wish to experience, interpreting your travel style, and shaping it into a coherent, balanced, and meaningful journey.

Every detail is carefully considered: from destinations to the pace of travel, from experiences along the way to the selection of the most suitable accommodation.

The goal is to create a harmonious journey where each stop has a clear purpose and contributes to the overall experience.

The result is an authentic, tailor-made itinerary designed to adapt to every type of traveller, whether singles, couples, or families.

EXPERIENCES THAT MAKE A JOURNEY IN THE UNITED STATES UNIQUE

SCENIC ROAD TRIPS

Driving along America's great highways is one of the most exciting experiences you can have. Traversing mountains, forests, canyons, and spectacular coastlines allows you to discover the land with freedom and wonder. Many of the scenic drives in the United States are considered among the most beautiful in the world.



EXTRAORDINARY NATURAL PARKS

The United States is home to some of the most spectacular national parks on the planet. Here, nature manifests itself with awe-inspiring grandeur: towering mountains, deep canyons, majestic waterfalls, and ancient forests create landscapes of rare beauty.



SMALL TOWNS RICH IN HISTORY

Many of the most fascinating destinations in the United States are small historic towns where time seems to pass more slowly. Colonial villages, towns founded during the Gold Rush, and communities steeped in pioneer or Native American traditions tell fascinating stories that enrich the journey.



WHEN TO TRAVEL TO THE UNITED STATES



The United States can be visited at any time of year, but each season offers different atmospheres.

Spring is perfect for trips to historic cities, flower-filled countryside, and natural parks that come back to life after winter.

Summer is the perfect time to explore mountains, national parks, and northern regions like Alaska and the Pacific Northwest.

Autumn is one of the most evocative seasons, especially in New England where the forests transform into a spectacle of extraordinary colors.

Winter offers evocative atmospheres among snow-capped mountains, illuminated cities and mild-climate destinations such as the South of the United States and Hawaii.



10 EXPERIENCES YOU CAN ONLY HAVE IN THE UNITED STATES

Some experiences are deeply rooted in the American landscape and make the trip even more memorable. Among the most evocative:

- Take a scenic drive along the cliffs of the Pacific Ocean
- Watch the sunset over a canyon carved by time
- Crossing endless prairies where bison graze
- Sailing through fjords and glaciers in Alaska
- Stroll through colonial New England villages
- Exploring Ancient Native Cultures in the Southwest
- Observing starry skies in the deserts of the West
- Traverse spectacular mountains along the Rocky Mountains
- Explore wild coastlines and historic lighthouses
- Experience the culture of the West on an authentic American ranch





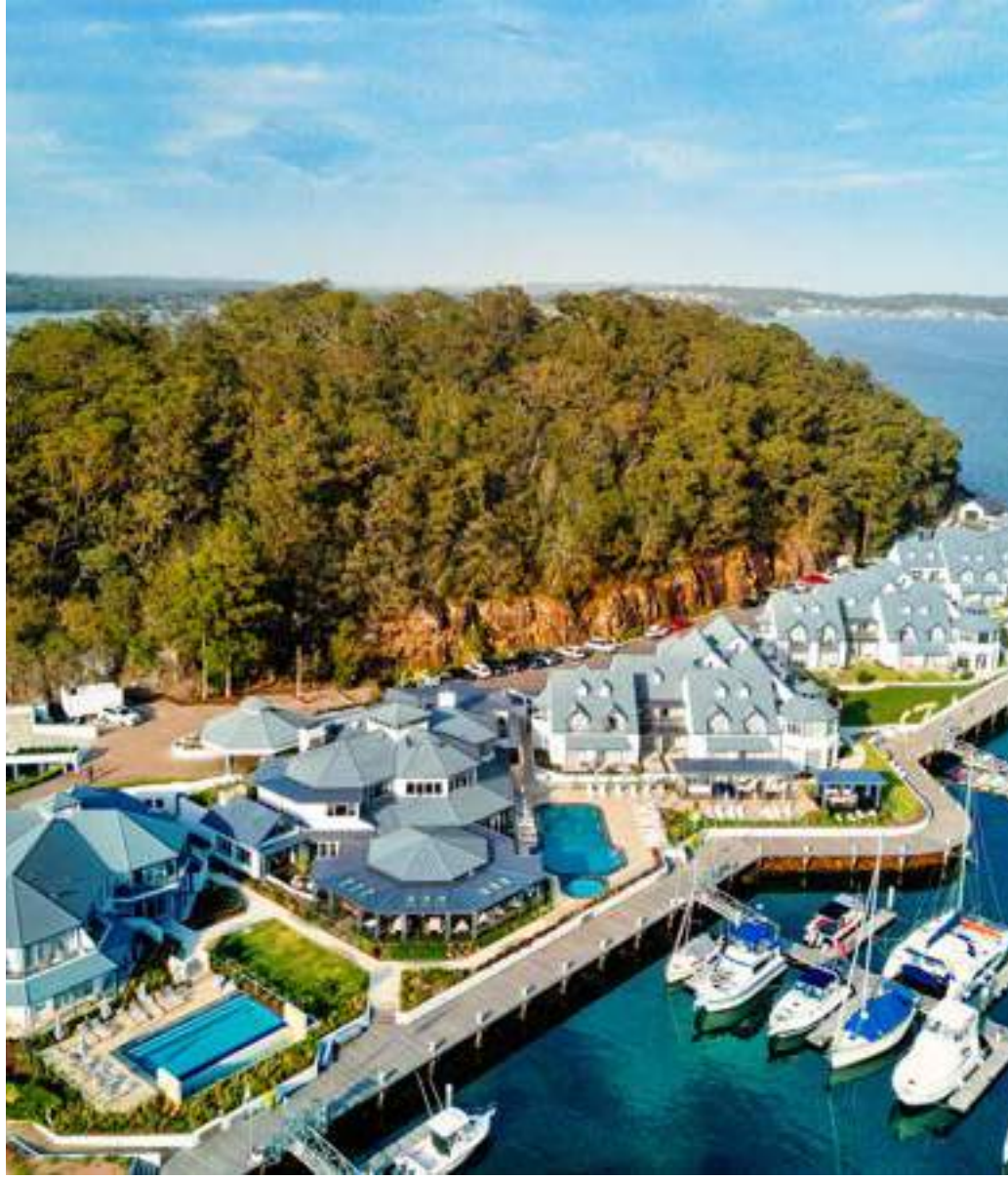
THE MOST CHARMING ACCOMMODATIONS IN THE UNITED STATES

A journey through the United States is not only about the places you visit, but also about the places where you pause and experience special moments.

The United States offers an extraordinary variety of accommodations.

Historic New England inns, western ranches nestled in the prairies, cabins in national parks, cottages overlooking the ocean, and lodges immersed in nature offer authentic experiences.

Each region has its own traditions and architecture, making your stay an integral part of the travel experience.



MISTAKES TO AVOID WHEN PLANNING A TRIP TO THE UNITED STATES

TRYING TO SEE TOO MANY THINGS

One of the most common mistakes is trying to visit too many destinations in one trip. The United States is vast, and the distances between different regions can be vast. An overly packed itinerary risks turning the trip into a constant rush between airports and long transfers. For this reason, it's often better to focus on one or two regions, dedicating the time necessary to truly discover and experience the places at your own pace.

UNDERESTIMATING DISTANCES

Looking at a map, it may seem easy to get from one destination to another, but in reality, many areas of the United States require significant travel time. Carefully planning your stops and travel times allows you to avoid long days spent driving and enjoy your trip more peacefully.

LEAVE NO ROOM FOR DISCOVERY

One of the most fascinating aspects of traveling in the United States is the opportunity to discover unexpected places along the way. Small historic villages, spectacular viewpoints, isolated beaches, or lesser-known natural parks can become the most memorable moments of your trip. For this reason, it's important to plan an itinerary that leaves room for spontaneity.

CHOOSE ONLY LARGE CITIES

America's cities are extraordinary, but some of the most authentic experiences are found far from the big cities. Historic villages, natural parks, wild coastlines, and local communities allow you to discover a different and often more fascinating side of the country. Alternating between cities and nature makes the trip much richer and more varied.

NOT CHOOSING ACCOMMODATIONS CAREFULLY

Accommodations are a fundamental part of the travel experience. The United States offers a wide variety of accommodations, and choosing the ones that best suit the context and style of your destination can make a huge difference. A historic inn, a cabin immersed in nature, or an authentic ranch can transform your stay into a truly special experience.

DON'T PERSONALIZE THE TRIP

Everyone has different tastes and expectations. For this reason, a trip should always be tailor-made, taking into account your passions, pace, and desired experiences. A carefully crafted itinerary allows you to experience the trip more intensely and create truly unforgettable memories.



QUALITY AND SERVICE UPDATES

The experiences and services presented in this brochure have been selected based on qualitative criteria focused on comfort, accessibility, and the personalization of the travel experience.

As operational conditions, dedicated services, and policies may be subject to updates or changes over time, each proposal will be reviewed and confirmed at the quotation stage, in order to ensure full alignment with the traveler's specific requirements and the expected quality standards.



NEW ENGLAND – WHERE AMERICA BEGAN TO TELL ITS STORIES



New England is the historic cradle of the United States, the place where the Pilgrim Fathers landed in Plymouth in 1620, sparking a new narrative of the Western world. The first permanent colonial settlements were born here, the sparks of the American Revolution were ignited here, and some of the country's oldest cultural institutions were formed here. Over the centuries, the region has preserved a distinct identity: austere and refined, deeply rooted in maritime tradition, intellectual thought, colonial architecture, and the power of nature. Culturally, New England is a mosaic of influences: the Puritan legacy, English roots, the great university and literary tradition, the seafaring soul of Atlantic ports and the rural soul of farms and white villages with steepled churches. It is the land of solitary lighthouses and town greens, of covered bridges and wooden houses overlooking the ocean, of autumn foliage that transforms entire valleys into palettes of red and gold. Geographically, the region covers approximately 186,000 km², an area equivalent to over half of Italy's territory. To give a concrete perspective, it is larger than the entire Northeast of Italy (Veneto, Trentino-Alto Adige, and Friuli-Venezia Giulia combined) and slightly smaller than the entire peninsula up to the city of Rome. This compact and surprisingly diverse space encompasses six states:

- MAINE
- NEW HAMPSHIRE
- VERMONT
- MASSACHUSETTS
- RHODE ISLAND
- CONNECTICUT

In just a few hours' drive, you can travel from the rugged coastline of Maine to the White Mountains of New Hampshire, from the Green Mountains of Vermont to the bays and islands of Massachusetts, all the way to the elegant cliffs of Rhode Island and the rolling hills of Connecticut. It's a region that blends ocean, mountains, lakes, and historic cities with a continuity rare in the United States.

The main airports providing access to the region are:

- Logan International Airport - Located in Boston, is the main international gateway and ideal for Massachusetts, New Hampshire and southern Maine
- Bradley International Airport - Between Hartford (Connecticut) and Springfield (Massachusetts), perfect for Connecticut and western Massachusetts
- T.F. Green International Airport - In Warwick - Rhode Island - ideal for Rhode Island, Cape Cod and the islands
- Portland International Jetport - In Portland, provides direct access to southern Maine and the Atlantic Coast

New England isn't just a destination: it's a layered tale of history, nature, and identity. It's America's origins, but also its most intimate and authentic, where time seems to slow down and every landscape invites a profound experience.

MAINE THE AUTHENTIC SOUL OF COASTAL NEW ENGLAND

Maine is a state that enchants with its pristine nature, seascapes, and maritime history. Originally inhabited by native tribes such as the Penobscot, Passamaquoddy, and Maliseet, the territory developed traditions of fishing, hunting, and coastal navigation that are still alive in local communities. With the arrival of European settlers in the 17th century, Maine became an important fishing and lumbering center, with ports like Portland and historic villages along the coast testifying to the state's maritime past. Having joined the Union in 1820, Maine has preserved a unique identity built on history, culture, and wilderness. Culturally, Maine offers a fascinating mix of indigenous traditions, colonial history, and contemporary artistic life. Cities like Portland and Bar Harbor offer museums, art galleries, and festivals, while coastal and rural communities keep alive local traditions related to fishing, cuisine, and crafts.

Each experience offers an authentic immersion in New England life and culture. From a naturalistic perspective, Maine is an extraordinary destination for nature lovers. Acadia National Park, the rugged coastline, remote islands, and northern forests offer hikes, walks, and adventures among historic lighthouses and spectacular views. This combination of history, culture, and natural scenery makes Maine a must-see New England destination.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Maine is an ideal destination for solo travellers seeking authenticity, nature, and a relaxed yet engaging travel experience. Portland is the perfect starting point, with its historic Old Port district featuring converted brick warehouses, craft breweries, live music venues, and seafood restaurants specializing in lobster and local cuisine. The city also offers contemporary art galleries and small cultural spaces connected to the creative New England scene. For those looking for nature and outdoor activities, Acadia National Park features scenic coastal trails, forests, glacial lakes, and iconic viewpoints such as Cadillac Mountain, one of the first places in the United States to see the sunrise. Here, visitors can enjoy hiking, kayaking in the bays, and whale watching. For a more alternative experience, Monhegan Island offers an isolated artistic retreat, with dramatic ocean cliffs, local painters' studios, and a complete absence of cars.

- **Couples** – Maine is perfect for a romantic journey through historic lighthouses, coastal villages, and intimate New England atmospheres. Kennebunkport is one of the most elegant destinations, featuring boutique hotels, waterfront historic homes, and gourmet seafood restaurants. Boothbay Harbor offers sunset cruises through inlets and coves, as well as sailing experiences along the rugged coastline. Bar Harbor serves as the gateway to Acadia National Park and is ideal for couples combining nature and relaxation, with scenic walks, ocean-view picnics, and forest lodges. Rockland and Rockport add an artistic touch to the journey, with local museums, art galleries, and a quieter, more authentic coastal atmosphere.

- **Families with children** – Maine is very suitable for families with children thanks to its combination of nature, educational activities, and open spaces. Old Orchard Beach offers a long sandy beach with accessible waters, a lively promenade, and a small amusement park on the pier with simple rides and attractions. The Maine Wildlife Park allows visitors to observe native wildlife such as moose, bears, and deer in an educational natural setting. The Seashore Trolley Museum offers an interactive experience with restored historic streetcars, allowing children to discover how people used to travel in the past. Acadia National Park is also ideal for families thanks to easy trails, picnic areas, cycling routes, and whale watching experiences.

- **Families with teenagers** – Maine is particularly well suited for families with teenagers thanks to its strong outdoor and adventure focus. Acadia National Park offers dynamic activities such as scenic hiking, e-bike rides along coastal roads, kayaking in sheltered bays, and whale watching excursions. The Kennebec River is one of New England's most popular rafting destinations, offering thrilling yet safe white-water experiences. Sugarloaf Mountain provides outdoor activities beyond skiing, including mountain biking, hiking, and high-energy adventure experiences during the summer months. Portland adds an urban dimension with street food, escape rooms, waterfront activities, and a vibrant food scene that keeps the experience engaging for teenagers as well.





DID YOU KNOW?

The symbol of Maine is the white pine, symbolizing the state's vast forests and the historical importance of the timber industry. The pine has been linked to local culture and the life of coastal and mountain communities for centuries, evoking strength, resilience, and a connection to the wilderness.

The official state coat of arms of Maine depicts a farmer and a sailor, representing agriculture and fishing, the two main historical economic activities. At the center is the Latin motto "Dirigo," meaning "I lead," symbolizing the guidance, leadership, and determination of the people in managing natural resources and developing their communities.

The native Penobscot, Passamaquoddy, and Maliseet peoples left an indelible mark, still visible today in museums, trails, and local stories about fishing techniques and the sustainable use of natural resources. Maine also gave birth to important innovations: for example, the hydraulic torch for the logging industry was perfected in some riverside communities like Augusta and Bangor, facilitating the movement of timber along the rivers.

In the 1970s, 1980s, and 1990s, Maine attracted artists and musicians seeking inspiration: singer-songwriter Ray LaMontagne drew inspiration from the rural atmosphere of Lewiston and Portland, while scenes from cult films like *The Spitfire Grill* immortalized the state's coastline and historic villages, becoming recognized cinematic symbols.

It is said that on the more remote islands, such as Isle au Haut, residents would challenge each other in friendly rowing competitions between fishermen, a tradition that still accompanies some local festivities today.

NEW HAMPSHIRE BETWEEN THE WHITE MOUNTAINS, LAKES, AND THE AUTHENTIC SPIRIT OF NEW ENGLAND

New Hampshire is a state that combines spectacular natural scenery with a rich and diverse history. Originally inhabited by Native American tribes such as the Abenaki, the territory preserves hunting, fishing, and farming traditions that still influence the local culture today. With the arrival of European settlers in the 17th century, New Hampshire became an important center for navigation, the timber trade, and the development of resilient agricultural communities, with historic cities like Portsmouth preserving colonial-era buildings and harbors. Having joined the Union in 1788, the state has maintained a unique identity, where history, culture, and nature harmoniously blend. Culturally, New Hampshire offers authentic and engaging experiences. In addition to historic towns, mountain and lakeside villages offer local museums, art galleries, and events celebrating New England traditions. Seasonal festivals, traditions, and local crafts allow visitors to experience the region's historical and cultural roots firsthand. Naturally, New Hampshire is a paradise for outdoor enthusiasts. The White Mountains offer breathtaking alpine vistas, nature-loving trails, scenic trains, and hidden waterfalls, while the Lakes Region and northern forests offer crystal-clear lakes and tranquil woodlands ideal for moments of privacy and relaxation. This combination of history, culture, and natural scenery makes New Hampshire a must-see New England destination, perfect for a unique trip.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – New Hampshire is an ideal destination for solo travellers seeking nature, freedom, and outdoor activities in an authentic and less touristy setting. The White Mountains are at the heart of the experience, with spectacular scenery along the Kancamagus Highway, one of the most beautiful scenic drives in New England, featuring forests, rivers, waterfalls, and panoramic viewpoints immersed in nature. The city of Portsmouth offers a lively coastal and historic atmosphere, with the Strawberry Banke Museum district, an open-air historic village where visitors walk through original 17th–19th century houses with costumed interpreters bringing the past to life. For those who love wilder nature, Franconia Notch State Park offers hiking trails, alpine lakes, and the famous Flume Gorge, a natural canyon with walkways through rocky walls and waterfalls. Lake Winnepesaukee completes the experience with water activities, kayaking, and small lakeside villages.

- **Couples** – New Hampshire is perfect for couples seeking understated romance between nature and classic New England villages. North Conway offers forest lodges, outlet shopping, and direct access to the White Mountains, ideal for scenic hikes and relaxing stays. Woodstock and Franconia are perfect for intimate experiences among mountain landscapes, historic covered bridges, and iconic autumn scenery. Portsmouth adds an elegant touch with waterfront restaurants, short coastal cruises, and walks through beautifully preserved colonial architecture. Lake Winnepesaukee offers lakeside resorts, sunset views over the water, and romantic cruises among the islands of the lake.

- **Families with children** – New Hampshire is very suitable for families with children thanks to its combination of accessible nature and educational attractions. Story Land is a fairytale-themed amusement park with interactive rides and classic storybook settings. The Mount Washington Cog Railway offers a historic train journey to the summit of Mount Washington, providing a unique educational and scenic experience. The Seacoast Science Center features marine life exhibits and interactive educational activities about the coastal ecosystem of New England.

- **Families with teenagers** – New Hampshire is perfect for families with teenagers thanks to its strong adventure and sports focus. The White Mountains offer more challenging hiking, rock climbing, zip-lining, and scenic routes around Mount Washington, one of the most iconic peaks in the northeastern United States. White-water rafting on the Pemigewasset River and outdoor activities in Franconia Notch State Park add adrenaline and direct contact with nature. Lake Winnepesaukee offers water sports such as jet skiing, kayaking, and island boating. Portsmouth adds an urban touch with live music, street food, and waterfront nightlife, making the trip more dynamic for teenagers as well.





DID YOU KNOW?

The official state coat of arms of New Hampshire features the 18th-century frigate Raleigh in Portsmouth Dockyard, a symbol of shipbuilding during the American Revolution, with a rising sun in the background. Surrounded by a laurel wreath and nine stars, it represents the state's role as the ninth to ratify the United States Constitution, while a granite boulder in the foreground highlights the state's nickname.

In the 1970s, 1980s, and 1990s, New Hampshire saw the emergence of local artists and bands who contributed to the independent folk and rock scene. For example, in the 1980s, bands like Fremont's The Shaggs and Nashua's Face to Face brought alternative energy and punk rock from the region to a national audience. In the college towns of Concord and Durham, folk and indie rock scenes developed, livening up the area's small venues and summer festivals. In the film industry, New Hampshire hosted productions that showcased its natural scenery and small villages. Films shot in the state include "On Golden Pond" (1981), which used Lake Winnepesaukee and the surrounding forests as the backdrop for a powerful family story. Other films, like "Manchester by the Sea" (1990), exploited the state's harbors and rocky shores for evocative settings far from the tourist crowds. New Hampshire contributed to the industrial development of the United States with the textile and sewing machine industries in the 19th century, and later with technological and electronic innovations in Manchester and Nashua in the 1970s and 1980s.

The locals are proud, independent, and connected to nature. Rural communities and small villages exude a strong sense of hospitality and collaboration, making the visit authentic and welcoming.

New Hampshire is famous for its breathtaking autumn scenery, crystal-clear lakes like Lake Winnepesaukee, and historic traditions linked to the American Revolution. The state's roads are often toll-free, making road trips particularly enjoyable.

VERMONT THE AUTHENTIC HEART OF NEW ENGLAND AMONG VILLAGES, MOUNTAINS, AND RURAL LANDSCAPES

Vermont is a state that enchants with its lush nature, rural landscapes, and rich culture. Originally inhabited by the Abenaki tribes, the territory preserves evidence of their hunting, fishing, and artisanal traditions. With the arrival of European settlers in the 17th century, Vermont became a center of agriculture, forestry, and dairy and maple syrup production, developing picturesque villages like Montpelier and Burlington that still retain a unique colonial charm today. Having joined the Union in 1791, the state has maintained a strong regional identity, where nature, history, and culture harmoniously integrate. Culturally, Vermont offers authentic and engaging experiences. Local towns and villages offer artisan markets, seasonal festivals, traditional cooking workshops, and museums that tell the story of the state's colonial and rural history. Local art, agricultural traditions, and welcoming communities make every visit a genuine immersion in New England's cultural roots. From a naturalistic perspective, Vermont is a perfect destination for those seeking tranquility and connection with nature. The Green Mountains offer breathtaking views, hiking trails, forest walks, and waterfalls, while the northern lakes and tranquil valleys offer moments of relaxation and intimacy amidst pristine scenery. This combination of history, culture, and natural landscapes makes Vermont an unmissable New England destination, ideal for an exclusive and memorable trip.

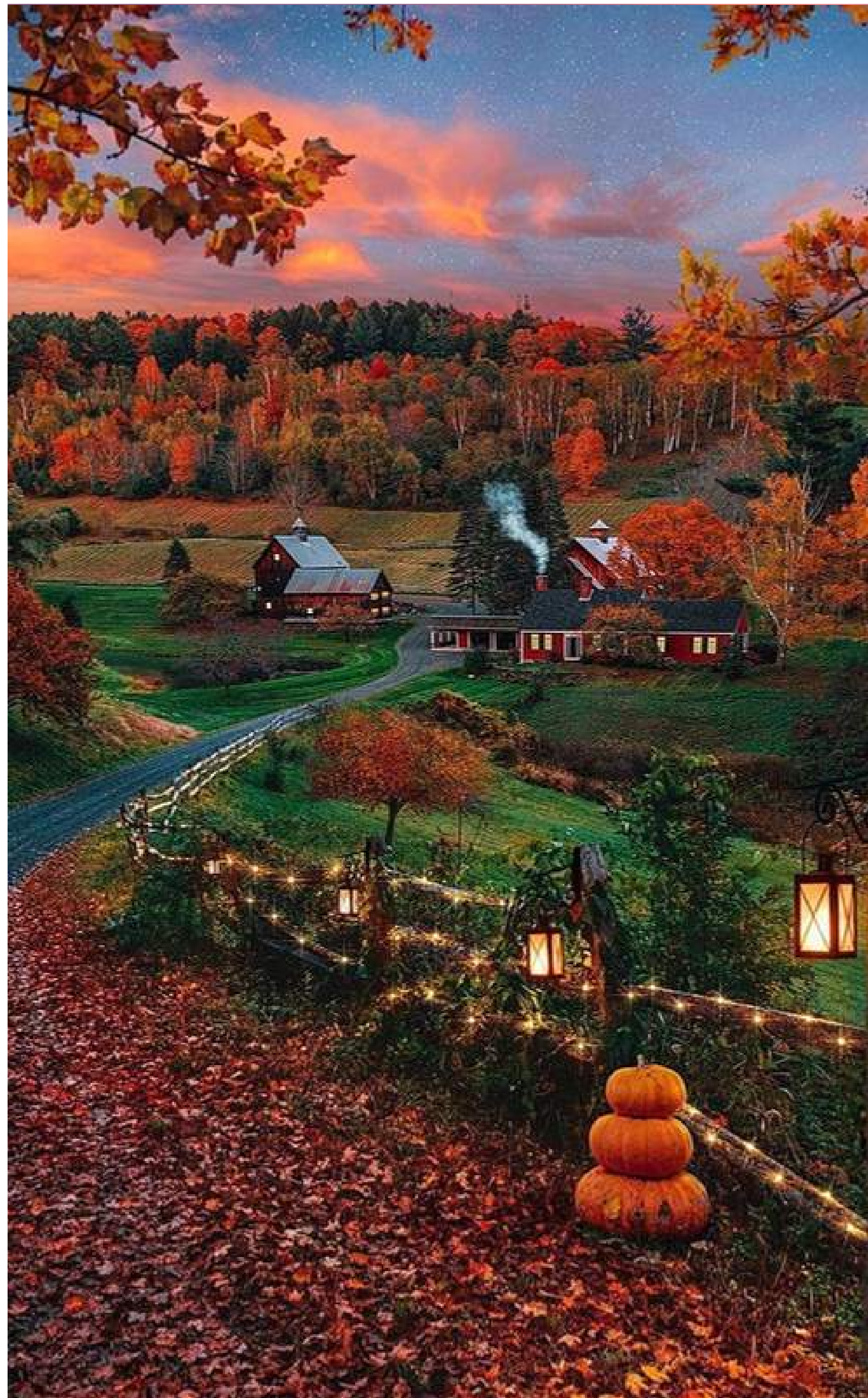
PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Vermont is a perfect destination for solo travellers seeking nature, authenticity, and charming small rural towns. Burlington, located on the shores of Lake Champlain, is the main urban hub, featuring the lively Church Street Marketplace with independent shops, craft breweries, and live music venues. Just outside the city, visitors can explore the lake by kayak or take scenic cruises toward the Green Mountains. Stowe represents the most iconic side of Vermont, with mountain landscapes, forest trails, and year-round outdoor activities. For a more authentic and less touristy experience, the Mad River Valley region offers small villages, local farms, and scenic routes through hills and forests.

- **Couples** – Vermont is ideal for couples seeking a romantic, slow-paced journey through nature and picturesque villages. Stowe is one of the most scenic destinations, with forest lodges, historic covered bridges, and stunning autumn foliage landscapes. Woodstock is considered one of the most beautiful villages in New England, with perfectly preserved colonial houses, elegant boutiques, and an intimate, refined atmosphere. Shelburne, near Burlington, offers cultural experiences at the Shelburne Museum, an extensive open-air complex featuring historic buildings, horse-drawn carriages, and American art collections. Sunset cruises on Lake Champlain complete the romantic experience.

- **Families with children** – Vermont is very suitable for families with children thanks to its outdoor activities and educational experiences. The Montshire Museum of Science, near the New Hampshire border, offers interactive exhibits on nature, energy, and science designed for younger visitors. Billings Farm & Museum in Woodstock is a working historic farm where children can see animals, take part in farming activities, and learn about rural life in Vermont. The Shelburne Museum offers an outdoor journey through historic buildings, locomotives, and American craft collections. Lakes and natural areas also provide calm beaches, walking trails, and picnic spots.

- **Families with teenagers** – Vermont is perfect for families with teenagers thanks to its strong outdoor and adventure focus. The Green Mountains offer scenic hiking trails, mountain biking, and forest zip-lining, while Stowe Mountain Resort provides year-round activities, from skiing to panoramic chairlift rides. Lake Champlain is ideal for water sports such as kayaking, paddleboarding, and sailing. The Mad River Valley adds a more adventurous side with less-travelled nature routes, river tubing, and immersive outdoor experiences. Burlington completes the experience with street food, live music, and a young, dynamic waterfront atmosphere.





DID YOU KNOW?

The official state coat of arms of Vermont, adopted in 1779 and designed by Ira Allen, features a fourteen-branched pine tree at its center, symbolizing the Thirteen Colonies, plus Vermont as the fourteenth state admitted to the Union. It also features a red cow, bundles of wheat, and the Green Mountains, elements symbolizing the state's agriculture and landscapes. The motto "Freedom & Unity" is prominently displayed, embodying the historical and cultural values of its citizens.

The native Abenaki people, who originated in the area, were known for their wisdom, resilience, and deep respect for the environment, characteristics that are still found in the inhabitants today, with a strong sense of community and self-sufficiency.

Europeans arriving in the 17th century left behind evident cultural traces in colonial villages like Montpelier and Burlington, from log cabins to historic farmhouses, creating a unique cultural fabric.

Vermont has pioneered agricultural and timber innovations, and its Green Mountains have inspired artists and musicians: in the 1980s, films like *Baby Boom* (starring Diane Keaton) were shot in the state's rural and wooded settings, showcasing its historic villages and pristine landscapes.

Local curiosities tell that in the communities of Stowe and Middlebury, the maple harvest and seasonal festivals were occasions of celebration and friendly competition between families, combining work, socializing and fun in perfect rural spirit.

This news reveals a Vermont where nature, history, ingenuity, and an independent, community-minded spirit coexist, making the state fascinating not only for its landscapes but also for the cultural richness and vitality of its inhabitants.

MASSACHUSETTS WHERE HISTORY, WILD COASTLINE, AND AUTHENTIC NEW ENGLAND VILLAGES MEET

Massachusetts is a state that blends history, culture, and natural landscapes with extraordinary elegance. Originally inhabited by the Wampanoag, Nipmuc, and Massachusetts tribes, the territory preserves deep roots linked to fishing, agriculture, and indigenous traditions. With the arrival of European settlers in the 17th century, Massachusetts became a major center of English colonization, with iconic cities like Boston, Salem, and Plymouth bearing witness to key historical events such as the Mayflower and the American Revolution. Having joined the Union in 1788, the state has preserved a unique cultural and architectural heritage, where history, innovation, and nature harmoniously intertwine. Culturally, Massachusetts offers a range of authentic and sophisticated experiences. Museums, art galleries, theaters, and historical festivals allow visitors to discover the colonial past and contemporary art. Local communities, from coastal villages to university towns like Cambridge, offer regional culinary, artisanal, and cultural experiences, offering a complete immersion in New England life and traditions. From a naturalistic perspective, Massachusetts boasts spectacular and diverse scenery. Martha's Vineyard and Cape Cod, with their golden beaches and historic lighthouses, offer nature walks and relaxation, while the northern forests and state parks offer hiking amidst pristine landscapes. This combination of history, culture, and natural beauty makes Massachusetts an unmissable New England destination, ideal for a trip that combines discovery and unique scenery.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Massachusetts is perfect for solo travellers who want to combine urban energy with off-the-beaten-path discoveries. Beyond Boston, with the Freedom Trail and neighbourhoods like the Seaport District and South End, it is worth exploring Lowell, a former industrial city now transformed into a cultural hub with museums dedicated to the American Industrial Revolution and restored historic canals. To the north, Newburyport offers an authentic coastal atmosphere with a quiet waterfront, independent shops, and cruises along the Merrimack River. Along the coast beyond Cape Cod, the North Shore, including Gloucester and Rockport, features traditional fishing villages, active harbours, and dramatic ocean cliffs, ideal for a more local and less touristy experience.

- **Couples** – Massachusetts is ideal for a romantic journey through elegance, history, and hidden corners of New England. Beyond Boston and Cape Cod, Ipswich offers sand dunes, protected areas such as Crane Beach, and historic colonial estates surrounded by nature. Concord adds a literary and historic atmosphere, with Walden Pond, the lake made famous by Henry David Thoreau, surrounded by peaceful forests and walking trails. Lenox, in the Berkshires, is perfect for refined stays among rolling hills, historic venues such as the Tanglewood Music Center, and boutique hotels immersed in greenery. Smaller coastal islands such as Cuttyhunk Island offer an isolated and deeply romantic escape far from mass tourism.

- **Families with children** – Massachusetts offers numerous educational and nature-based experiences beyond the main tourist routes. Outside Boston, the Discovery Museum in Acton features interactive science and nature exhibits with hands-on workshops designed for younger children. In Plymouth, beyond Pilgrim history, the Plimoth Patuxet Museums recreate a 17th-century settlement showing daily life between English colonists and Native communities. In the Cape Ann region, Halibut Point State Park offers easy trails through former granite quarries with ocean views, ideal for families. The Eric Carle Museum of Picture Book Art in Amherst provides a unique experience dedicated to children's illustration and storytelling.

- **Families with teenagers** – Massachusetts is ideal for families with teenagers thanks to its mix of outdoor adventure and alternative cultural experiences. Beyond Boston and Cape Cod, the Mohawk Trail is one of the most scenic drives in the state, passing through forests, viewpoints, and small historic towns such as Shelburne Falls, famous for its "Bridge of Flowers." The western Berkshires offer white-water rafting on the Deerfield River, more challenging hiking trails, and immersive outdoor experiences. In Salem, beyond its historical theme, the Peabody Essex Museum combines contemporary art, maritime cultures, and immersive installations. For active experiences, the Cape Ann area offers coastal kayaking, whale watching, and cliffside trails and lighthouses that are far less crowded than Cape Cod.





DID YOU KNOW?

The official state coat of arms of Massachusetts, in use since 1898, features a shield with the native Algonquin, surmounted by a helmet with a hand holding a sword, symbolizing the defense of liberty. The Latin motto "Ense petit placidam sub libertate quietem" ("With the sword one seeks peaceful quiet under liberty") expresses the importance of freedom, justice, and the protection of civil rights, founding values of the state and its colonial and revolutionary history.

Historic towns and villages reflect these roots: Plymouth, with the Mayflower II and Pilgrim Hall Museum, recounts the arrival of European settlers and interactions with the Wampanoag people; Salem retains its colonial charm and the history of its witch trials; Concord is known for its American literature, thanks to Ralph Waldo Emerson and Louisa May Alcott. These places combine history, colonial architecture, and picturesque landscapes, offering authentic cultural experiences.

In cinema, films actually shot in Massachusetts include: *Coma* (1978) with Geneviève Bujold and Michael Douglas, *Good Will Hunting* (1997) with Matt Damon and Robin Williams, set in and around Boston, and *The Town* (2010) with Ben Affleck, which exploit urban and historical settings of the state.

The music of the 1970s and 1980s saw Boston as a center of rock and folk, with bands like The Cars and local folk-rock contributing to a vibrant and original cultural scene.

Massachusetts is a true cradle of innovation: Harvard University is the birthplace of Facebook, which revolutionized global communication; MIT and Harvard Medical School have developed pioneering discoveries in genetics and biotechnology, such as advanced diagnostic tools, innovative genetic therapies, and new techniques for treating rare diseases; Boston has created cutting-edge drugs for cardiovascular and cancer diseases. MIT has also spearheaded advances in robotics, artificial intelligence, and microprocessors, while e-learning platforms like EdX have opened new frontiers in digital education.

Local traditions truly present in coastal and inland communities include arts and crafts events, fish festivals, historic regattas, and seasonal celebrations in the villages of Chatham, Wellfleet, and Martha's Vineyard, which combine history, socializing, and connection to nature.

RHODE ISLAND THE NEW ENGLAND STATE OF OCEAN VIEWS, HISTORIC ESTATES, AND HIDDEN COASTAL GEMS

Rhode Island, the smallest state in the United States, captivates with its elegant charm and dramatic coastal landscapes. Originally inhabited by the Narragansetts and Wampanoags, the territory preserves traditions linked to fishing, navigation, and maritime crafts. Founded in the 17th century by settlers seeking religious freedom, Rhode Island became a paragon of tolerance and independence, with historic cities like Providence and Newport telling stories of merchants, colonial architecture, and ancient ports. Having joined the Union in 1790, the state has retained a unique identity, where culture, history, and nature blend harmoniously. Culturally, Rhode Island offers sophisticated and authentic experiences. Newport is renowned for its historic homes, cultural festivals, and regattas, while Providence boasts museums, theaters, and historic districts that celebrate art, music, and local traditions. Quaint villages and coastal communities retain a New England charm, offering authentic immersion in the region's cultural roots. Naturally, Rhode Island surprises with spectacular coastal scenery. The beaches of Narragansett, the cliffs of Block Island, and the tranquil inland bays offer walks, boat trips, and moments of relaxation surrounded by unique vistas. This combination of history, culture, and natural scenery makes Rhode Island an unmissable New England destination, ideal for a refined trip away from the conventional tourist routes.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Rhode Island is perfect for solo travellers seeking a mix of compact cities, culture, and easily accessible coastline. Providence is the ideal starting point, with the creative Downcity district and the WaterFire art installation, an evening event where floating fire basins illuminate the rivers while music and performances create an immersive atmosphere. The RISD Museum (Rhode Island School of Design Museum) features an impressive collection ranging from classical European art to contemporary works and innovative design. Along the coast, Newport offers a more elegant setting but also less crowded spots such as Fort Adams State Park, with ocean views and scenic walking trails, while Block Island is a natural retreat with cliffs, wild beaches, and bike-friendly roads.

- **Couples** – Rhode Island is one of the most romantic destinations in New England thanks to its blend of history, sea views, and refined atmospheres. Newport is the highlight, home to the famous Gilded Age Mansions such as The Breakers, historic summer estates of America's wealthiest families, which can be visited through guided tours showcasing the opulence of the era. The Cliff Walk offers a stunning coastal path between cliffs and the ocean. For a more intimate experience, Jamestown offers boutique stays and sunsets at Beavertail Lighthouse, one of the most scenic viewpoints on the coast. Block Island adds an even more exclusive feel with secluded beaches, nature trails, and a slow-paced atmosphere ideal for relaxation.

- **Families with children** – Rhode Island is ideal for families thanks to its small size and easily accessible attractions. Providence features the Roger Williams Park Zoo, one of the oldest zoos in the United States, with green surroundings and animals from around the world. The Providence Children's Museum offers interactive experiences focused on science, play, and creativity. In Newport, beyond the historic mansions, families can visit the Aquarium at Roger Williams Park, featuring tanks with local and tropical marine life. Narragansett beaches are perfect for relaxed seaside days with calm waters and family-friendly facilities.

- **Families with teenagers** – Rhode Island is perfect for families with teenagers thanks to its combination of water sports, nature, and vibrant urban life. Newport offers sailing, coastal kayaking, and surfing along Easton's Beach. The Cliff Walk adds a more active scenic experience between cliffs and the ocean. Block Island is ideal for cycling, hiking, and snorkeling in clear waters. Providence completes the experience with street art, live music, and urban activities such as escape rooms and creative spaces, making the trip more dynamic and engaging for teenagers.





DID YOU KNOW?

The official coat of arms of the State of Rhode Island features a blue field with a gold anchor in the center, beneath the word "HOPE." The anchor is a historic symbol used since 1636, when the colony was founded, long before Rhode Island became a state. The motto and symbol together represent optimism, security, and independence, reflecting the founders' vision of creating a tolerant and free community.

Founded in the 17th century by colonists seeking religious freedom, Rhode Island has been a bastion of tolerance, distinguishing itself as one of the first states to guarantee freedom of worship, a value still felt in the local culture. The state's residents are known for their welcoming, pragmatic, and curious nature. Lovers of history and culture, they combine respect for local traditions with a vibrant community life, featuring regattas in Newport, cultural festivals in Providence, and convivial gatherings in coastal villages like Watch Hill and on islands like Block Island.

Rhode Island has also made its mark in music and film: the rock band Aerosmith, originally from Boston but with strong ties to the New England music scene, played frequently in the region, helping to popularize East Coast rock music; furthermore, Providence has hosted numerous jazz and folk festivals, musical traditions that have been consolidated since the 1970s. In film, the 1997 film "Amistad" featured scenes shot at historic locations in the state, starring acclaimed actors such as Morgan Freeman and Anthony Hopkins, offering authentic glimpses of Rhode Island's villages and coastline.

The cliffs, historic lighthouses like the Beavertail Lighthouse, and the ancient ports of Jamestown and Newport not only tell the state's maritime history, but also create a direct connection with nature and local culture, making every visit a fascinating and memorable experience.

CONNECTICUT THE REFINED NEW ENGLAND STATE BETWEEN COASTAL CHARM, HISTORIC TOWNS, AND FORESTED INLAND ESCAPES

Connecticut is a state that combines historic elegance, refined culture, and evocative natural landscapes. Originally inhabited by tribes such as the Pequot and Mohegan, the territory preserves centuries of indigenous traditions linked to hunting, fishing, and local cultivation. With the arrival of European settlers in the 17th century, Connecticut became a major center of colonial New England, developing historic cities such as Hartford and New Haven, with ports, universities, and neighborhoods rich in colonial architecture. Having joined the Union in 1788, the state has preserved a unique balance of history, culture, and nature, retaining a distinctly local charm. Culturally, Connecticut offers rich and authentic experiences. Historic cities and picturesque villages offer museums, art galleries, and festivals that celebrate local traditions, from crafts to cuisine. Welcoming communities and historic colleges such as Yale University offer a deep and immersive experience of New England's history, art, and culture. Naturally, Connecticut boasts evocative and diverse scenery. The shores of Long Island Sound, the northern forests, and the rolling hills of the Litchfield Hills region offer hikes, peaceful walks, and moments of absolute privacy immersed in pristine landscapes. This combination of history, culture, and nature makes Connecticut an unmissable New England destination, ideal for a unique and unforgettable trip.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Connecticut is ideal for solo travellers looking for a balanced mix of culture, small cities, and authentic New England landscapes. New Haven is a vibrant university city, home to Yale University, where visitors can explore the Yale University Art Gallery, featuring works ranging from ancient artifacts to modern art, and the Yale Peabody Museum of Natural History with dinosaur skeletons, minerals, and anthropological collections. The city also offers a lively food scene, especially its famous New Haven-style pizza. Along the coast, Mystic provides a more atmospheric experience, with its historic seaport museum village showcasing restored ships, maritime workshops, and traditional boatbuilding. Inland, Litchfield Hills offers quiet countryside landscapes, antique shops, covered bridges, and scenic drives through rolling hills and forests.

- **Couples** – Connecticut is perfect for couples seeking a romantic and understated New England getaway. Essex is one of the most charming riverside towns, with colonial architecture, boutique inns, and river cruises along the Connecticut River aboard historic steamboats. Madison and the Gold Coast towns offer elegant coastal stays with quiet beaches and refined waterfront dining. Mystic adds a nostalgic maritime atmosphere with sunset views over the harbour and small historic streets ideal for evening walks. In the countryside, the Litchfield Hills region offers boutique accommodations, vineyards, and scenic drives through peaceful rural landscapes, especially beautiful during the autumn foliage season.

- **Families with children** – Connecticut is very suitable for families thanks to its educational attractions and nature experiences. The Mystic Aquarium offers close encounters with beluga whales, penguins, and interactive marine exhibits designed for children. The Connecticut Science Center in Hartford provides hands-on experiments and interactive exhibits on space, engineering, and biology. The Beardsley Zoo in Bridgeport allows families to explore native and exotic wildlife in a compact and accessible setting. Outdoor areas such as Hammonasset Beach State Park offer long sandy beaches, picnic areas, and safe swimming conditions.

- **Families with teenagers** – Connecticut is ideal for families with teenagers thanks to its mix of adventure, culture, and coastal exploration. Mystic offers sailing excursions, kayaking, and visits to historic ships at the Seaport Museum, creating an immersive maritime experience. The Litchfield Hills region provides hiking trails, mountain biking routes, and outdoor adventure activities in a less crowded environment. New Haven adds a more urban dimension with university life, live music, escape rooms, and cultural events at Yale. Along the coast, beaches such as Silver Sands State Park offer walking trails over sandbars and coastal exploration, while Thimble Islands near Branford provide boat tours through small, scenic island clusters perfect for exploration and photography.





DID YOU KNOW?

The official coat of arms of the state of Connecticut, adopted in its current form in 1784, features a white rococo shield with three vineyards and bears the Latin motto “Qui Transtulit Sustinet” (“He who transplanted still sustains”), reflecting the continuity, protection, and support of European settlers and local communities for the new roots planted in America.

In the music world, Connecticut has produced important artists such as jazz saxophonist Jimmy Giuffre and classical composer William Schuman, figures who helped cement the state's reputation in the American music scene.

Among its inventions and curiosities, the state is famous for being the birthplace of the first closed-circuit telephone at the Bell Telephone Laboratories in New Haven, and for being the cradle of innovations in the production of sauces and chocolate, which still enrich local gastronomic traditions today.

Strolling through the historic towns, it's easy to notice the inhabitants' attention to preserving colonial architecture and marinas, a typical trait of their pragmatic yet refined mentality, which combines respect for history and love for the surrounding nature.



MID-ATLANTIC – ICONIC EAST COAST WHERE AMERICA BECAME A NATION



The Mid-Atlantic represents the symbolic and political heart of the United States, the place where America was not only born but took shape as a modern nation. It is here that the decisive pages of Independence were written, where founding documents were signed, and where the country's economic and institutional capitals arose. If New England is the beginning of the story, the Mid-Atlantic is the chapter where history becomes power, vision, and global identity. From the Declaration of Independence drafted in Philadelphia to the solemn monuments of Washington, from the Atlantic waves lapping the coasts of Delaware and Maryland to the iconic skyline of New York, the region holds the most recognizable essence of the American imagination. It is the America of great metropolises and historic cities, of perfectly preserved colonial neighborhoods and skyscrapers that have redefined the very concept of modernity. Culturally, the Mid-Atlantic is an extraordinary crossroads: English and Dutch colonial roots, European influence, an entrepreneurial spirit, artistic ferment, and political centrality coexist in dynamic balance. It is the land of monumental museums and elegant waterfronts, prestigious university campuses and institutional capitals, historic markets and scenic avenues that speak of ambition, progress, and diversity. Geographically, the region extends over 300,000 km², a surface area comparable to that of the entire central and northern Italy: in concrete terms, it is equivalent to the combined regions of Valle d'Aosta, Piedmont, Lombardy, Trentino-Alto Adige, Veneto, Friuli-Venezia Giulia, Liguria, Emilia-Romagna, Tuscany, Umbria, and Marche. This vast and diverse expanse encompasses large metropolises, Atlantic coasts, scenic bays, historic rivers, and vast rural areas, offering a surprising variety of landscapes within a single macro-region.

This complex space encompasses five states and a federal district:

- NEW YORK
- NEW JERSEY
- PENNSYLVANIA
- DELAWARE
- MARYLAND
- WASHINGTON, D.C.

In just a few hours of travel, you can travel from the vertical energy of Manhattan to the historic atmosphere of Philadelphia, from the elegant beaches of Delaware to the scenic bays of Maryland, and finally to the neoclassical monumentality of Washington. It's a region that combines ocean, majestic rivers, legendary skylines, and iconic cities with a concentration unique in the United States.

The main airports providing access to the region are:

- John F. Kennedy International Airport - In New York, the main intercontinental gateway
- Newark Liberty International Airport - In New Jersey, is strategic for the New York metropolitan area
- Philadelphia International Airport - Ideal for Pennsylvania and Delaware
- Baltimore e Washington International Airport - Convenient for Maryland and Washington, D.C.
- Ronald Reagan Washington National Airport - In the heart of the capital area

The Mid-Atlantic isn't just a geographical region: it's the iconic America, the one the world recognizes at first glance. It's the place where history and modernity coexist effortlessly, where every city has a distinct voice, and where every landscape—urban or coastal—speaks of ambition, freedom, and identity. It's the most symbolic, elegant, and scenic East Coast, perfect for those who want to experience America at its most powerful and memorable.

NEW YORK FROM WORLD-FAMOUS ICONS TO SURPRISING NATURE AND AUTHENTIC ESCAPES BEYOND MANHATTAN

New York is a state that combines spectacular natural landscapes, iconic cities, and an extraordinary cultural history. Originally inhabited by tribes such as the Mohawk, Iroquois, and Lenape, the territory preserves traces of indigenous cultures and their traditions related to fishing, hunting, and the land. With the arrival of Dutch settlers in the 17th century and later the English, New York became a commercial and cultural hub, with cities such as Albany, Saratoga Springs, and the iconic New York City, a center of innovation, art, and American history. Having joined the Union in 1788, the state has managed to maintain a unique balance of history, culture, and nature, offering landscapes ranging from the Great Lakes to the Catskills Mountains to the vibrant metropolis on the Atlantic coast. Culturally, New York offers unforgettable and diverse experiences. Manhattan and Brooklyn offer museums, theaters, art galleries, and international cuisine, while historic villages like Hudson Valley tell colonial stories and artisanal crafts. Local festivals, farmers' markets, and artistic communities allow you to immerse yourself in the state's cultural life, making every experience unique and memorable. From a naturalistic perspective, New York is a paradise for nature lovers and romance seekers. The Finger Lakes offer dreamy lakescapes and food and wine trails, the Catskills and Adirondacks offer hiking, forest walks, and waterfalls, while the coast of Long Island offers picturesque beaches and historic lighthouses. This combination of history, culture, and natural scenery makes New York a must-see destination in the Mid-Atlantic, ideal for an exclusive and unforgettable trip.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – New York is one of the most complete destinations in the world for solo travellers, combining urban energy with off-the-beaten-path discoveries. Beyond Manhattan, with Central Park, Times Square, and the Museum Mile featuring institutions such as the Metropolitan Museum of Art (with collections ranging from Ancient Egypt to contemporary art) and the Museum of Modern Art – MoMA (home to masterpieces by Van Gogh, Warhol, and Picasso), it is worth exploring Brooklyn, especially Williamsburg, a creative district filled with street art, rooftop bars, and independent venues. For a less conventional New York, Harlem offers historic jazz clubs such as the Apollo Theater and a strong African-American cultural identity. Outside the city, the Hudson Valley features artistic small towns such as Hudson and Cold Spring, with galleries, markets, and scenic views over the Hudson River.

- **Couples** – New York is perfect for couples seeking a dynamic journey between urban romance and nature. Manhattan offers iconic experiences such as sunset walks across the Brooklyn Bridge and evening cruises with skyline views. DUMBO in Brooklyn provides some of the city's most photogenic scenery, with the bridge framed by converted industrial warehouses. For a more intimate atmosphere, the Hudson Valley is ideal, with vineyards, boutique hotels, and charming towns like Rhinebeck and Beacon, where the Dia Beacon Museum presents large-scale contemporary art installations in a former industrial space. For nature lovers, the Catskill Mountains offer forest lodges, waterfalls, and scenic hiking trails.

- **Families with children** – New York is an extremely rich destination for families with children thanks to its wide range of museums and educational attractions. The American Museum of Natural History features dinosaur skeletons, a planetarium, and immersive exhibits on ecosystems from around the world. The Children's Museum of Manhattan offers interactive experiences focused on art, science, and culture. In Central Park, the Central Park Zoo and themed playgrounds provide safe and fun outdoor spaces. Outside Manhattan, the Bronx Zoo is one of the largest zoos in the world, featuring immersive natural habitats and educational wildlife trails.

- **Families with teenagers** – New York is ideal for families with teenagers thanks to its mix of urban life, pop culture, and outdoor activities. Manhattan offers experiences such as panoramic observation decks (Edge and Top of the Rock), live sports events at Madison Square Garden, and shopping in SoHo and Fifth Avenue. Brooklyn adds a more dynamic side with Bushwick street art, food markets, and live music venues. The Hudson Valley offers outdoor activities such as hiking in the Catskill Mountains, zip-lining, and rafting on the Hudson River. In the northern part of the state, the Finger Lakes add a more natural dimension with lakes, waterfalls such as Watkins Glen State Park, and outdoor sports activities, ideal for a more active and adventurous experience.





DID YOU KNOW?

The official coat of arms of the State of New York features the state arms surrounded by the inscription “The Great Seal of the State of New York” and the motto “Excelsior,” Latin for “Ever Higher,” accompanied by the secondary motto “E Pluribus Unum,” “Out of Many, One,” a symbol of unity and diversity.

Among cultural curiosities, New York gave birth to musicians such as Billy Joel and Stevie Nicks, icons of the 70s and 80s, while cinema immortalised it in cult films such as Ghostbusters (1984) and When Harry Met Sally (1989).

The resilience of its people, a legacy of the Lenape and Dutch and English settlers, is still evident today in craft markets, local festivals, and historical fairs. The state has also hosted pioneers of engineering and photography, making it a crossroads of culture, innovation, and entertainment.

NEW JERSEY BETWEEN HIDDEN COASTLINE, CREATIVE TOWNS, AND SURPRISING NATURE BEYOND THE CLASSIC ROUTES

New Jersey is a state that elegantly blends history, culture, and natural landscapes. Originally inhabited by the Lenape tribe, the territory preserves centuries of hunting, fishing, and farming traditions, with historic villages that still bear witness to indigenous and colonial life. With the arrival of European settlers in the 17th century, New Jersey became a strategic crossroads along the East Coast, with cities like Princeton and Camden developing ports, trade, and academic culture. Having joined the Union in 1787, the state has maintained a unique identity, where innovation, history, and natural landscapes harmoniously intertwine. Culturally, New Jersey offers authentic and refined experiences. From the galleries and museums of Princeton to historic festivals and coastal communities like Cape May, you can experience local traditions, music, art, and typical Mid-Atlantic cuisine. University towns and historic villages offer a rich and engaging exploration of colonial history and contemporary life. Naturally, New Jersey offers a diverse range of scenery. The Jersey Shore, with its beaches and historic lighthouses, the Pine Barrens nature reserves, and the state parks along the Delaware River, offer walks, hikes, and intimate moments immersed in nature. This combination of history, culture, and natural landscapes makes New Jersey an unmissable Mid-Atlantic destination, ideal for a unique and evocative trip.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – New Jersey is perfect for solo travellers who want to explore an alternative coastline and less obvious urban destinations. In the north, Hoboken offers a young and dynamic atmosphere, with a panoramic waterfront facing Manhattan, independent venues, and small live music clubs. Further south, Red Bank is a creative riverside town along the Navesink River, featuring art galleries, vintage shops, and a lively music scene. For a more authentic beach experience, Long Branch and its less touristy boardwalk offer wide beaches, local restaurants, and a more genuine version of the Jersey Shore.

- **Couples** – New Jersey is ideal for couples seeking intimate atmospheres and uncrowded places. Lambertville, along the Delaware River, is a small artistic gem with historic houses, art galleries, and bridges connecting it to its twin town New Hope in Pennsylvania. Spring Lake offers one of the most elegant and peaceful coastal settings in the state, with a quiet boardwalk, historic villas, and well-kept beaches. Inland, the Sourland Mountain area features vineyards, rolling hills, and scenic drives perfect for romantic experiences away from the coast.

- **Families with children** – New Jersey is very suitable for families thanks to its natural and interactive experiences beyond the usual tourist routes. Grounds For Sculpture in Hamilton is a large outdoor art park featuring hundreds of sculptures set within gardens and walking paths, offering an immersive and creative experience. The New Jersey Botanical Garden in Ringwood provides easy trails through lakes, forests, and themed gardens. The Pine Barrens form a vast natural area with gentle trails, wildlife observation, and a unique wild landscape very different from the typical coastal areas.

- **Families with teenagers** – New Jersey is ideal for families with teenagers thanks to outdoor and urban activities off the beaten path. The Delaware River tubing areas offer tubing, kayaking, and light water activities in a natural river setting. The New Jersey Highlands, especially the Mount Tammany Trail, provide scenic hiking with spectacular views over the Delaware Water Gap. In Asbury Park, beyond live music, visitors find skate parks, street art, and a very dynamic alternative cultural scene. The Pine Barrens add a more adventurous dimension with canoeing, nature trails, and vast untouched wilderness areas.





DID YOU KNOW?

The official coat of arms of the state of New Jersey, designed in 1777 by Pierre Eugène Du Simitière, features a blue shield with three plows, symbolizing the state's agricultural importance, surmounted by a knight's helmet to indicate sovereignty and a horse's head to symbolize strength and vigor. On either side of the shield are the goddesses Liberty and Ceres, representing the values of freedom and prosperity, also depicted with the words "Liberty and Prosperity" and the date 1776, the year of the Declaration of Independence.

Locals are known for their straightforward, warm, and passionate nature, with a strong sense of community, local pride, and a distinct energy that sets them apart, especially in coastal towns and along the Delaware River.

Among other things, the state has given birth to musicians like Bruce Springsteen, a rock icon of the '70s and '80s, and to comedians and actors who have brought New Jersey's signature street humor to the big screen. Furthermore, many beaches, historic villages, and parks have hosted memorable cultural and cinematic events, transforming New Jersey into a crossroads of history, nature, and entertainment with a unique and instantly recognizable character.

PENNSYLVANIA FROM HISTORIC CITIES TO RURAL LANDSCAPES AND AUTHENTIC CORNERS OF THE NORTHEASTERN UNITED STATES

Pennsylvania is a state that combines deep history, vibrant culture, and extraordinary natural landscapes. Originally inhabited by the Lenape, Susquehannock, and Shawnee tribes, the region preserves traditions linked to agriculture, hunting, and fishing. With European colonization in the 17th century, Pennsylvania became a crossroads of different religions and cultures, hosting Quaker, German, and Dutch settlements. Cities like Philadelphia, symbol of the American Revolution and the Declaration of Independence, and Lancaster, the heart of the Amish community, testify to the state's historical and cultural importance. Having joined the Union in 1787, the state has preserved a rich historical and cultural identity, harmonizing tradition and modernity. Culturally, Pennsylvania offers authentic and fascinating experiences. Museums, historic neighborhoods, and festivals like those in Philadelphia and Pittsburgh allow you to discover local art, music, architecture, and cuisine. Amish communities and small historic villages offer a unique glimpse into rural traditions and ancestral ways of life, providing authentic and memorable experiences. From a naturalistic perspective, Pennsylvania is rich in diverse scenery. The Pocono Mountains offer hiking, lakes, and forests perfect for walking, while the Susquehanna River valleys and state parks along the Appalachia mountains offer intimate moments immersed in pristine landscapes. This combination of history, culture, and nature makes Pennsylvania an unmissable Mid-Atlantic destination, ideal for an exclusive and evocative trip.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Pennsylvania is ideal for solo travellers who want to combine dynamic cities with authentic off-the-beaten-path discoveries. Philadelphia offers a unique mix of history and urban culture: the Independence National Historical Park is home to the Liberty Bell and Independence Hall, where the Declaration of Independence was signed, while the Reading Terminal Market is one of the most vibrant food markets in the United States. For a more creative side, the Fishtown district features independent venues, live music, and street art. Outside the city, the Delaware Water Gap offers river landscapes, waterfalls, and forest trails, while Harrisburg and the Susquehanna River region provide a more local and less touristy atmosphere.

- **Couples** – Pennsylvania is perfect for couples seeking a journey through history, small towns, and peaceful nature. New Hope, along the Delaware River, is an artistic village with galleries, boutiques, and scenic river cruises, connected to its twin town Lambertville. The Amish Country of Lancaster County offers a unique experience with traditional farms, rural roads, and local markets where time seems to have stood still. The Poconos Mountains are ideal for romantic stays in forest lodges, lakeside retreats, and waterfalls, especially during the autumn foliage season. For a more cultural atmosphere, Gettysburg combines history and rolling landscapes, with historic battlefields and immersive museums.

- **Families with children** – Pennsylvania is very suitable for families thanks to its mix of interactive museums and accessible nature. The Franklin Institute in Philadelphia offers immersive science experiences, including space simulators and exhibits on physics and technology. The Please Touch Museum is designed specifically for younger children, with interactive play and educational activities. In Hershey, the Hershey's Chocolate World offers a chocolate-themed experience with attractions and workshops. The Poconos region adds nature, lakes, and water parks, perfect for family activities.

- **Families with teenagers** – Pennsylvania is ideal for families with teenagers thanks to active and cultural experiences beyond the usual tourist routes. Philadelphia offers urban activities such as escape rooms, sporting events, and street art tours in emerging districts like Kensington. The Poconos Mountains provide zip-lining, rafting, and scenic hiking trails through forests and waterfalls. The town of Jim Thorpe, often called the "Switzerland of Pennsylvania," offers scenic train rides, mountain biking, and outdoor activities in a highly picturesque historic setting. In the west, Pittsburgh adds an alternative urban dimension with innovative museums such as the Carnegie Science Center and creative districts like Lawrenceville.





DID YOU KNOW?

The official state coat of arms of Pennsylvania, officially authorized in 1791, features on its principal side a shield with a sailing ship, symbolizing commerce, a clay-colored plow representing natural resources, and three sheaves of wheat for agriculture, all surrounded by a wreath of corn and an olive branch and surmounted by an American eagle, with the inscription "Seal of the State of Pennsylvania." This symbol reflects the state's importance as a crossroads of commerce, agriculture, and freedom.

Beyond its history, Pennsylvania has contributed impressive amounts of culture and innovation: music icons such as Hall & Oates, the pop-rock duo of the 1970s and 1980s, and the folk-rock of Richie Furay were born here, while the city of Pittsburgh has hosted memorable film sets thanks to its uniquely architecturally charming bridges and riverbanks.

In the field of invention, it is the pioneer state of iron and steel and the site of the first experiments with electricity generation and the telegraph, contributing to the national industrial progress.

Pennsylvanians are known for their straightforward and pragmatic nature, but also for their hospitality and local pride: in the small villages along the Susquehanna River and in the towns of the Laurel Highlands, agricultural festivals, giant pumpkin competitions, and artisan markets are occasions where their humor and passion for tradition shine through. They are down-to-earth yet creative people, capable of turning every village festival or cultural event into a memorable moment, combining history, art, and curiosity in a spontaneous and fun way.

DELAWARE THE SMALL COASTAL STATE OF HISTORIC TOWNS, QUIET BEACHES, AND UNDERSTATED NATURE

Despite its small size, Delaware is a state that offers a wealth of history, culture, and coastal nature. Originally inhabited by the Lenape and Nanticoke people, the territory preserves traces of early indigenous communities, with traditions tied to fishing and farming. With the arrival of European settlers in the 17th century, Delaware became an important commercial and port center, with historic towns like New Castle and Dover boasting elegant colonial buildings and cobblestone streets. Having joined the Union in 1787 as the first state to ratify the Constitution, Delaware maintains a unique identity built on history, culture, and exquisite natural scenery. Culturally, Delaware offers authentic and fascinating experiences. Historical museums, art galleries, and local festivals showcase Mid-Atlantic traditions, while picturesque villages and coastal communities offer immersive experiences in colonial life and local crafts. Every visit offers a unique glimpse into the history and culture of the first state of the United States. From a naturalistic perspective, Delaware surprises with tranquil coastlines, beaches, and nature reserves such as Dewey Beach, the Cape Henlopen wetlands, and the woods along the Delaware River. These landscapes offer romantic strolls, hikes, and moments of relaxation immersed in nature, making Delaware an unmissable Mid-Atlantic destination, ideal for an elegant, exclusive trip away from the conventional tourist routes.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Delaware is perfect for solo travellers looking for a compact destination rich in authentic, uncrowded atmospheres. Wilmington is the main urban centre, featuring the Riverfront District, a revitalised waterfront area along the Christina River with bars, craft breweries, and cultural spaces such as the Delaware Contemporary, dedicated to contemporary art. Further south, the coast offers less obvious destinations like Lewes, a historic seaside town with colonial houses, small maritime museums, and a relaxed atmosphere. Rehoboth Beach provides a livelier coastal experience, with a boardwalk, live music, and a strong local summer scene.

- **Couples** – Delaware is ideal for couples seeking a calm journey between the sea and historic small towns. Bethany Beach is one of the most peaceful coastal resorts, with wide beaches, a quiet boardwalk, and an intimate atmosphere perfect for relaxation. New Castle offers a beautifully preserved historic centre, with cobblestone streets, colonial houses, and river views over the Delaware River that create a timeless romantic setting. The Brandywine Valley adds elegance and nature, with historic gardens such as Winterthur and scenic trails among rolling hills and historic estates immersed in greenery.

- **Families with children** – Delaware is very suitable for families thanks to its small size and easily accessible attractions. The Delaware Museum of Nature & Science in Wilmington offers educational experiences on dinosaurs, ecosystems, and natural sciences. The beaches of Rehoboth Beach are ideal for children thanks to relatively calm waters and a boardwalk with rides and attractions. The Brandywine Zoo provides a compact wildlife experience with animals from around the world, perfect for shorter and easy visits.

- **Families with teenagers** – Delaware is ideal for families with teenagers thanks to its mix of outdoor activities, beaches, and culture. Cape Henlopen State Park, near Lewes, offers cycling trails, World War II bunkers, dunes, and beaches where kayaking and birdwatching are possible. The Rehoboth coastline offers surfing, beach sports, and a lively summer scene with events and concerts. The Brandywine Valley adds a more cultural and natural dimension with cycling routes, visits to historic gardens, and outdoor activities across hills and forests.





DID YOU KNOW?

The official coat of arms of the state of Delaware, adopted in 1777 and updated in 1907, features a shield with a sheaf of wheat, an ear of corn, and an ox—symbols of agriculture and herding—surmounted by a ship representing commerce. On either side, a farmer and a soldier embody labor, defense, and community spirit, while the motto "Liberty and Independence" and the dates 1704, 1776, and 1787 commemorate milestones in state and national history.

Delaware has contributed strikingly to American culture and innovation: musicians such as 1970s blues rock icon George Thorogood and jazz musician Chris Lightcap were born here, while its coastline and harbors have inspired independent filmmakers and films that have captured the state's colonial, coastal atmosphere. "Dead Poets Society" (1989) used parts of Delaware's coastline and school settings for shots of academic life, while "Fight Club" (1999) included sequences shot around Wilmington and at industrial warehouses along the Delaware River, capturing its ambivalent urban and riverine beauty.

Among inventions, Delaware has been a crossroads of innovations in maritime trade and agricultural production, with wheat and corn techniques developed as far back as the times of the Lenape and Nanticoke.

Delawareans are known for their practical yet creative nature, with a strong sense of community and a quiet sense of humor: in the villages along Delaware Bay and the lesser-known coasts, festivals, local produce markets, and amateur sailing and fishing competitions express their passion for history, nature, and the outdoors.

Coastal trails and river parks also preserve traces of indigenous life, allowing you to discover Lenape traditions, crafts, and stories, immersed in tranquil and picturesque landscapes that make every visit unique and memorable.

MARYLAND BETWEEN BAYS, HISTORIC CITIES, AND SURPRISING NATURE FROM CHESAPEAKE BAY TO THE APPALACHIANS

Maryland is a state that captures the imagination with its combination of history, culture, and natural landscapes. Originally inhabited by the Algonquin, Susquehannock, and Piscataway tribes, the territory preserves evidence of indigenous traditions related to fishing, navigation, and agriculture. With the arrival of European settlers in the 17th century, Maryland became a haven for religious freedom, developing historic cities such as Annapolis, with its colonial port and the historic United States Naval Academy, and Baltimore, a major commercial and cultural center. Having joined the Union in 1788, the state has preserved a unique identity, where history, culture, and nature blend harmoniously. Culturally, Maryland offers authentic and refined experiences. Museums, art galleries, theaters, and local festivals narrate the colonial history and contemporary life of the Mid-Atlantic, while coastal communities such as St. Michaels offer an intimate and evocative experience of local crafts, cuisine, and maritime traditions. Naturally, Maryland boasts diverse scenery. The Chesapeake Bay shores, islands, and nature reserves offer hikes, walks, and moments of relaxation immersed in nature. The western hills and mountain parks offer trekking, breathtaking views, and opportunities for authentic exploration. This combination of history, culture, and natural scenery makes Maryland an unmissable Mid-Atlantic destination, ideal for a unique and evocative trip.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Maryland is perfect for solo travellers who want to combine dynamic cities, waterfronts, and authentic destinations beyond the usual tourist routes. Baltimore is the ideal starting point, with the Inner Harbor, a revitalised waterfront area filled with museums, restaurants, and cultural spaces. The American Visionary Art Museum showcases a unique collection dedicated to self-taught artists and outsider art, while Fells Point preserves a historic atmosphere with pubs, live music, and cobblestone streets. For a more authentic side, Annapolis offers a colonial historic centre and the harbour of the U.S. Naval Academy. Further north, Frederick blends contemporary art, microbreweries, and a lively but less crowded historic downtown.

- **Couples** – Maryland is ideal for couples seeking a journey through water, history, and romantic small towns. St. Michaels, on the Eastern Shore, is an elegant coastal town with a marina, boutique hotels, and slow cruises across Chesapeake Bay. Oxford is even quieter and more intimate, with historic houses and waterfront views perfect at sunset. The C&O Canal National Historical Park offers a nature-filled experience with walking trails along the canal, historic bridges, and riverside scenery ideal for romantic walks. Ellicott City, with its multi-level historic centre and old mills, adds a timeless and intimate atmosphere.

- **Families with children** – Maryland is very suitable for families thanks to its educational and nature-based experiences. The National Aquarium in Baltimore offers immersive underwater tunnels, dolphins, and marine ecosystems from around the world. The Maryland Science Center provides interactive exhibits on science and space. In Annapolis, children can explore the harbour and historic ships. The beaches of Sandy Point State Park, overlooking Chesapeake Bay, offer calm waters and picnic areas ideal for families.

- **Families with teenagers** – Maryland is ideal for families with teenagers thanks to its mix of coastal, outdoor, and urban activities. Assateague Island National Seashore is a unique destination with wild beaches and free-roaming wild horses along the coast. The Chesapeake Bay offers kayaking, sailing, and water sports in vast, less urbanised natural settings. The Appalachian Mountains in the western part of the state provide hiking, rafting on the Potomac River, and scenic routes such as those in Catoctin Mountain Park. Baltimore completes the experience with street art, sporting events, and creative districts like Station North.





DID YOU KNOW?

The official coat of arms of the state of Maryland, the Great Seal of Maryland, is among the most unique in the United States because it has two sides, although the most commonly used side is the one with the coat of arms of the Calvert family, the founders of the colony in 1632. Next to the shield are a farmer and a fisherman, symbols of the state's two historic souls: the fertile agricultural countryside and the maritime life of the Chesapeake Bay. The motto, written in archaic Italian—"Fatti maschii, parole femine"—means roughly "strong actions, gentle words," a Renaissance expression that reflects the pragmatic yet cordial spirit of the early settlers.

Locals are proud of their history but are famously hospitable and humorous, especially in port cities. Baltimore is the birthplace of eccentric and creative figures such as filmmaker John Waters and singer Billie Holiday, while the state is also the birthplace of legendary musician Frank Zappa.

But the real local “stars” perhaps remain the famous blue crabs of the Chesapeake Bay: here, eating them with your hands, covered in spices, is almost a social ritual... and whoever manages to clean them most skillfully immediately earns respect among the locals.

WASHINGTON D.C. THE CAPITAL OF INSTITUTIONAL POWER, WORLD-CLASS CULTURE, AND AUTHENTIC NEIGHBOURHOODS BEYOND ICONIC MONUMENTS

Washington, D.C., the political and cultural heart of the United States, is a destination that combines historic monuments, impressive architecture, and elegant urban settings. The city stands on lands originally inhabited by the Piscataway and Nacotchtank tribes, preserving memories of indigenous life near the Potomac and Anacostia rivers. Founded in 1790 as the federal capital, Washington, D.C. was designed to embody the values of the young nation, with wide avenues, monumental plazas, and iconic buildings such as the Capitol, the White House, and the Lincoln Memorial, symbols of American history. The city blends political prestige with cultural vitality, making it unique in the Mid-Atlantic landscape. Culturally, Washington, D.C. offers refined and engaging experiences. The Smithsonian Institution's museums, art galleries, theaters, and historic libraries allow visitors to discover history, science, and art in a profound and immersive way. Neighborhoods like Georgetown and Capitol Hill offer elegant strolls among historic buildings, boutiques, and gourmet restaurants, providing a complete immersion in the city's cultural life. From a naturalistic perspective, Washington D.C. surprises with its green spaces and romantic views. The National Mall, the Tidal Basin Gardens, and the parks along the Potomac offer peaceful strolls, bike rides, and moments of relaxation surrounded by manicured and evocative scenery. This combination of history, culture, and urban beauty makes Washington D.C. an unmissable Mid-Atlantic destination, ideal for an exclusive and charming trip.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Washington D.C. is perfect for solo travellers seeking a mix of iconic institutions, world-class museums, and lively neighbourhoods. The National Mall is the symbolic heart of the city, featuring the Lincoln Memorial, the Washington Monument, and the Capitol, but the real highlight is the Smithsonian network of museums, all free of charge: the Smithsonian National Air and Space Museum explores the history of aviation and space exploration, while the Smithsonian National Museum of American History traces U.S. culture and identity through iconic objects and immersive storytelling. For a more local side, Adams Morgan offers street art, independent venues, and a vibrant nightlife scene, while the H Street Corridor is one of the city's most creative and rapidly evolving areas.

- **Couples** – Washington D.C. is ideal for couples seeking an elegant journey through culture, scenic walks, and refined atmospheres. Georgetown is the most romantic district, with cobblestone streets, historic houses, boutiques, and riverside dining along the C&O Canal. Walks along the Potomac River and the Tidal Basin are especially scenic during cherry blossom season, offering iconic views of the Jefferson Memorial. For a more intimate and less touristy experience, Capitol Hill features charming cafés, historic architecture, and hidden gardens between residential streets.

- **Families with children** – Washington D.C. is one of the best family destinations thanks to its interactive and highly accessible museums. The Smithsonian National Museum of Natural History fascinates with dinosaur skeletons, the Hope Diamond, and immersive exhibits on global ecosystems. The National Air and Space Museum allows children to explore spacecraft, flight simulators, and rocket models. The National Zoo is home to giant pandas, elephants, and immersive natural habitats. Many museums are free, making the city especially family-friendly.

- **Families with teenagers** – Washington D.C. is perfect for families with teenagers thanks to its mix of culture, politics, and urban experiences. Beyond the Smithsonian museums, the International Spy Museum offers interactive espionage experiences and simulated missions. The U Street district features live music, historic jazz clubs, and Afro-American cultural heritage. Outdoor activities along the Potomac include kayaking and paddleboarding with monument views, while The Wharf is a modern waterfront area with restaurants, events, and evening entertainment.





DID YOU KNOW?

The official coat of arms of the District of Columbia, symbol of the federal capital, depicts Lady Justice crowning a statue of George Washington, with the Capitol Building in the background, a train on a viaduct, and a rising sun—symbols of democracy, progress, and hope, respectively. The Latin motto "Justitia Omnibus," or Justice for All, embodies the spirit of the city.

Beyond its institutional aspect, Washington D.C. has given birth to legendary musicians such as Duke Ellington, and the city has influenced iconic films such as “Mr. Smith Goes to Washington” (1939) and “Lincoln” (2012), capturing the elegance of its monumental avenues and memorials.

Every spring, the National Cherry Blossom Festival transforms the city's avenues into romantic and evocative settings, while residents, known for their pragmatic yet humorous nature, balance political frenzy with the tranquility of its monumental parks. From history, music, cinema, and local curiosities, Washington D.C. enchants and inspires every visitor, revealing unique nuances of the American capital.



SOUTHEAST – WHERE SOUTHERN HISTORY MEETS TIMELESS LANDSCAPES



The Southeast United States is a region rich in history, culture, and extraordinary landscapes. Originally inhabited by tribes such as the Cherokee, Creek, and Seminole, it preserves evidence of indigenous traditions, villages, and artifacts related to daily life and spiritual rituals. With the arrival of European settlers, the region became a crossroads of cultures, agricultural trade, and historic urban centers, creating iconic cities such as Charleston, Savannah, and Nashville, where music, architecture, and local traditions tell centuries of history. The natural landscape ranges from the coasts of Florida and the swamps of Louisiana to the hills of Tennessee and Kentucky, and the mountains of Virginia and North Carolina. Rivers, lakes, beaches, and forests offer ideal settings for hiking, walking, and outdoor activities, while historic villages and colonial homes allow you to immerse yourself in authentic Southern culture. The Southeast harmoniously combines nature, history, and culture, perfect for unique and unforgettable travel experiences. In terms of size and territorial diversity, this macro-area can be compared to a large portion of Italy: an area that, ideally, extends from Puglia and Calabria to Veneto and Piedmont, including regions such as Tuscany, Lazio, Umbria, and Emilia-Romagna.

The region comprises ten major states:

- VIRGINIA
- WEST VIRGINIA
- NORTH CAROLINA
- SOUTH CAROLINA
- GEORGIA
- FLORIDA
- ALABAMA
- MISSISSIPPI
- TENNESSEE
- KENTUCKY

The main airports providing access to the region are:

Hartsfield–Jackson Atlanta International – Main hub for Georgia and surrounding areas, with direct connections to all Southeast states

- Charlotte Douglas International – Strategic gateway to North Carolina and South Carolina, with access to Virginia, Georgia, and Tennessee
- Orlando International – Gateway to Central and South Florida, with connections to Alabama and Mississippi
- Nashville International Airport – Ideal gateway to Tennessee and Kentucky, with flights and road connections to Virginia and West Virginia
- Birmingham-Shuttlesworth International – Gateway to Alabama, with easy access to Mississippi and North Florida
- Miami International – Ideal gateway to South Florida, with connections to islands and coastal destinations

The Southeast offers a unique blend of history, culture, and nature. From the coasts of Florida to the mountains of Virginia and North Carolina, from the plains of Mississippi to historic and vibrant cities like Savannah and Charleston, this region offers authentic and memorable experiences. Perfect for a unique trip and an intense exploration of the American Southeast, the Southeast invites you to immerse yourself in breathtaking scenery, authentic traditions, and unforgettable moments, far from the conventional tourist routes.

VIRGINIA BETWEEN SCENIC MOUNTAINS, COLONIAL TOWNS, AND AUTHENTIC CORNERS OF THE AMERICAN SOUTH ATLANTIC

Virginia is a state that combines deep history, vibrant culture, and spectacular natural scenery. Originally inhabited by the Powhatan tribes, the region preserves memories of villages and traditions related to hunting, fishing, and agriculture. With the founding of Jamestown in 1607, Virginia became the first permanent English settlement in the Americas, ushering in a rich and complex colonial history. Cities like Williamsburg, Richmond, and Alexandria tell stories of the American Revolution, the Civil War, and agricultural development, while historic plantations and museums make history tangible and fascinating. Culturally, Virginia offers authentic and refined experiences. Historic cities and towns offer art galleries, museums, festivals, and classical and folk music concerts, while communities like Charlottesville and Alexandria offer fine dining, local crafts, and wine tasting in the surrounding wine regions. Every visit allows you to immerse yourself in the historical and cultural traditions of the Southeast. Naturally, Virginia is a paradise for those seeking romance and scenic beauty. The Blue Ridge Mountains offer scenic hikes and scenic drives like the Blue Ridge Parkway, while the beaches of Virginia Beach and the nature reserves along the Chesapeake Bay offer romantic strolls and relaxing moments immersed in pristine scenery. This combination of history, culture, and nature makes Virginia an unmissable destination in the Southeast, perfect for a unique and memorable trip.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Virginia is perfect for solo travellers who want to discover a more authentic and less touristy side of the American East Coast. Richmond is one of the state's most interesting cities, with the artistic district of Scott's Addition filled with craft breweries, murals, and independent venues. The Virginia Museum of Fine Arts features collections ranging from European to African and contemporary art. For a more nature-focused experience, the Shenandoah Valley offers small villages, scenic roads, and trails surrounded by the Blue Ridge Mountains.

- **Couples** – Virginia is ideal for couples seeking romantic atmospheres among vineyards, mountains, and historic towns. Middleburg, in the heart of Virginia wine country, offers boutique hotels, wineries, and elegant rolling landscapes. The Charlottesville region combines history and nature, with vineyards at the foot of the Blue Ridge Mountains and scenic routes perfect for refined and relaxing stays.

- **Families with children** – Virginia is very suitable for families thanks to its mix of interactive history and nature. Colonial Williamsburg allows children to experience 18th-century life through costumed interpreters, artisan workshops, and historical demonstrations. The Great Wolf Lodge near Williamsburg adds indoor pools, water attractions, and activities designed specifically for families.

- **Families with teenagers** – Virginia is ideal for families with teenagers thanks to its variety of outdoor and cultural activities. Shenandoah National Park offers scenic hiking trails, waterfalls, and panoramic viewpoints along Skyline Drive. The Virginia Beach area provides surfing, kayaking, and seaside activities, while Richmond adds street art, live music, and creative neighbourhoods with a more contemporary urban atmosphere.





DID YOU KNOW?

The official state coat of arms of Virginia, adopted in 1776 and designed by George Wythe, depicts the Roman virtue Virtus triumphing over a defeated tyrant, symbolizing the Commonwealth's victory over British domination. The Latin motto "Sic semper tyrannis" (Thus always to tyrants) encapsulates the state's courage and independence, while the unique detail of the bare-breasted female figure distinguishes it from all other American state coats of arms.

Virginia has inspired artists and filmmakers: the Shenandoah Valley and the colonial villages of Williamsburg and Alexandria served as the backdrop for landmark films like "Lincoln," capturing rural landscapes and colonial architecture. Musically, the state has given birth to folk and bluegrass legends like Doc Watson and Old Crow Medicine Show, while local innovators have contributed historic inventions: John Rolfe's improved tobacco plant, advanced agricultural tools, and early experiments with coastal lighthouses along the Chesapeake Bay.

Local Trivia: Virginians are known for their pragmatic and friendly nature, with a strong connection to the land and traditions, but also for an elegant sense of humor that shines through in local festivals and historical celebrations. From history, music, cinema, inventions, and romantic hills, Virginia enchants and inspires every visitor, revealing unique nuances of the American Southeast.

WEST VIRGINIA AMONG WILD MOUNTAINS, SMALL TOWNS, AND OUTDOOR ADVENTURES IN THE HEART OF THE APPALACHIANS

West Virginia has its roots in the ancient cultures of the Native American peoples who inhabited the valleys and mountains of the Appalachians for centuries, including Algonquin and Iroquois groups who used these lands for hunting and trading along the Ohio and Kanawha rivers. With the arrival of European settlers in the 18th century, the region slowly developed thanks to the presence of forests, waterways, and rich mineral deposits. During the American Civil War, the mountain population, largely opposed to Virginia's secession, seceded from the rest of the state, creating West Virginia in 1863, the only state born directly from the conflict. This independent identity is still reflected today in the local culture, deeply rooted in Appalachian traditions: folk and bluegrass music, crafts, rural festivals, and simple, authentic cuisine. Nature dominates the area: dense forests, deep gorges, and rushing rivers shape spectacular landscapes like those of the New River Gorge, now a national park, famous for its iconic bridge and rafting and rock climbing. The Allegheny Mountains and vast plateaus offer trails, vistas, and state parks that make West Virginia one of the most authentic and wild states in the Southeast.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – West Virginia is perfect for solo travellers seeking authentic nature, scenic roads, and small towns far from major tourist flows. Fayetteville, near New River Gorge National Park, is an alternative mountain town with independent cafés, live music, and a relaxed atmosphere. The New River Gorge Bridge, one of the highest arch bridges in the United States, offers spectacular views and trails through Appalachian forests. Further east, Thomas and Davis are small artistic towns in the Allegheny Mountains, featuring galleries, live music venues, and direct access to the wild landscapes of Blackwater Falls State Park.

- **Couples** – West Virginia is ideal for couples looking for mountain scenery, tranquillity, and nature-based escapes. The Canaan Valley region offers panoramic lodges, forests, and valleys perfect for romantic getaways throughout the year. Berkeley Springs, a historic spa town already popular in the 18th century, features natural spas, boutique hotels, and a peaceful atmosphere surrounded by wooded hills. The scenic roads through the Allegheny Mountains become especially beautiful during the autumn foliage season.

- **Families with children** – West Virginia is very suitable for families thanks to its outdoor activities and easily accessible landscapes. Blackwater Falls State Park offers easy walking trails, spectacular waterfalls, and picnic areas immersed in nature. At Cass Scenic Railroad State Park, children can ride historic steam trains through mountains and forests while experiencing the history of American railroads. The Seneca Rocks Discovery Center introduces visitors to the geology and wildlife of the region through educational activities and nature trails.

- **Families with teenagers** – West Virginia is ideal for families with teenagers thanks to its wide range of outdoor adventure activities. New River Gorge National Park offers rafting, zip-lining, climbing, and scenic hiking through canyons and forests. The Snowshoe Mountain area features mountain biking, downhill trails, and year-round sports activities. Seneca Rocks, with its dramatic vertical rock formations, is one of the East Coast's top destinations for hiking and rock climbing.





DID YOU KNOW?

The official state coat of arms of West Virginia, adopted in 1863 and designed by Joseph H. Diss Debar, depicts a boulder with the statehood date of June 20, 1863, flanked by a farmer and a miner, symbols of agriculture and industry, respectively. The motto "Montani Semper Liberi" ("Mountain People Are Always Free") celebrates the independence and proud spirit of the mountaineers.

Beyond its mountains and rivers, West Virginia has produced inventors and pioneers: the first patent for a referee's whistle and innovations in mining and engineering came from Appalachian communities, while the artisanal traditions of the Allegheny Mountains have influenced music, carpentry, and weaving. The region has inspired generations of folk and bluegrass musicians, with instruments like banjos and fiddles still echoing in historic villages, and has served as the backdrop for stories and films about mountain and mining life.

West Virginia's mountain people are known for their independent, welcoming, and community-oriented nature, with a passion for music, local fairs, and the preservation of forests and rivers. Among deep gorges, waterfalls, and pristine forests, the history, culture, and ingenuity of the people blend into a unique experience, making the state not only "Wild" and "Wonderful," but also authentic, charming, and memorable.

NORTH CAROLINA BETWEEN MOUNTAINS, ATLANTIC COASTLINE, AND CREATIVE CITIES IN THE HEART OF THE AMERICAN SOUTH

North Carolina's roots lie in the cultures of the Native American peoples who inhabited these lands for centuries, including the Cherokee, Catawba, and Tuscarora, who lived between the Appalachian Mountains, the fertile inland plains, and the Atlantic coastal lagoons. In the 16th century, the region was the site of the first English attempts at colonization in North America, including the famous settlement of Roanoke, known to history as the "Lost Colony." Over the following centuries, the colony developed through agriculture, trade, and coastal ports, becoming one of the most dynamic territories of the Southern colonies. During the American Revolution, North Carolina played a significant role in the struggle for independence, while in the 19th century, its economy was shaped by plantations and the production of tobacco and cotton. Culturally, the state still reflects a strong Southern identity, expressed in traditional Appalachian music, historic universities, artisanal crafts, and a cuisine ranging from the famous Carolina barbecue to coastal produce. The terrain is among the most diverse in the entire Southeast: to the west rise the Great Smoky Mountains and the Blue Ridge Mountains, rich in forests and natural parks; in the center lie rolling hills and vibrant cities; to the east lies a long coastline with the spectacular Outer Banks islands, narrow strips of windswept sand that shelter lagoons and coastal marshes. This combination of landscapes, history, and traditions makes North Carolina one of the most iconic and diverse states in the Southeast.

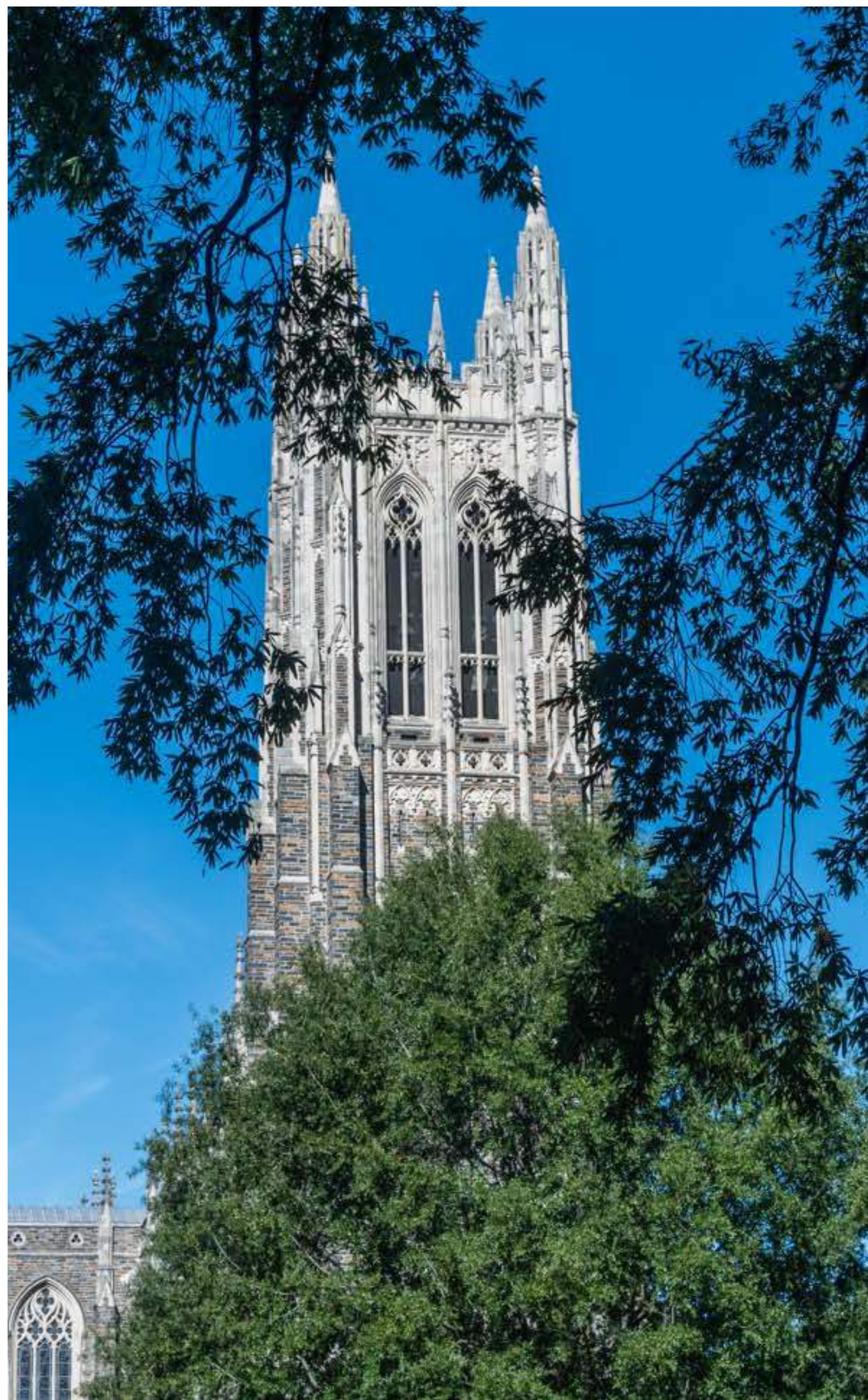
PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – North Carolina is perfect for solo travellers seeking a mix of dynamic cities, alternative culture, and lesser-known nature. Asheville is the state's creative hub, with a strong arts scene, street art, and independent venues in the River Arts District. Just outside the city, the Blue Ridge Parkway offers one of the most scenic drives in the United States, with waterfalls, hiking trails, and viewpoints over the Blue Ridge Mountains. For a more urban but still authentic experience, Durham delivers a contemporary feel with repurposed industrial spaces turned into cultural venues, craft breweries, and live music.

- **Couples** – North Carolina is ideal for couples seeking romance between mountains and coast. The Blue Ridge Mountains offer forest lodges, scenic vineyards, and panoramic routes perfect for relaxing stays. The Blowing Rock area is especially picturesque, with breathtaking views and charming mountain towns. On the coast, Beaufort is a historic waterfront town with colonial houses, a peaceful harbour, and sunset cruises through the islands of the Crystal Coast.

- **Families with children** – North Carolina is very suitable for families thanks to its mix of educational and natural experiences. The North Carolina Zoo in Asheboro is one of the largest in the world, designed as an immersive natural habitat. The Museum of Life and Science in Durham offers interactive experiences in science, nature, and technology with both indoor and outdoor exhibits. The Outer Banks beaches are ideal for children thanks to wide open spaces, natural dunes, and opportunities to see wild horses.

- **Families with teenagers** – North Carolina is perfect for families with teenagers thanks to its outdoor and adventure-focused activities. The Outer Banks offer surfing, kiteboarding, kayaking, and exploration of historic lighthouses such as Cape Hatteras Lighthouse. The Blue Ridge Mountains provide zip-lining, hiking, and scenic drives along the Blue Ridge Parkway. Charlotte adds an urban dimension with professional sports, interactive museums such as the NASCAR Hall of Fame, and a modern, energetic city atmosphere.





DID YOU KNOW?

The official state coat of arms of North Carolina depicts Liberty and Plenty: Liberty holds a cap-topped staff and a scroll bearing the inscription "Constitution," while Plenty holds a cornucopia, symbolizing abundance. The historic dates of the Mecklenburg Declaration (May 20, 1775) and the Halifax Resolves (April 12, 1776) are included, a testament to the state's important role in the birth of the nation.

Besides being the birthplace of aviation, North Carolina has inspired musicians and artists: blues and bluegrass pioneers like Doc Watson and Earl Scruggs, banjo and guitar legends, were born here, while jazz has found prominent exponents like John Coltrane (born in Hamlet), and the rock scene has seen the birth of bands like Daughtry. Local inventions include innovative agricultural tools, such as combine harvesters adapted to hilly terrain, coastal navigation techniques developed for the Outer Banks, and the Wright Brothers' early experiments with ultralight aircraft at Kitty Hawk, a symbol of the locals' ingenuity and curiosity.

North Carolina residents are known for their hard-working and independent spirit, but also for their welcoming attitude and pride in their traditions, from barbecue cuisine to traditional Appalachian music. From mountains, coasts, and historic villages, the history, ingenuity, and culture of the people make the state not only "First in Flight," but also "First in Fascination," ready to amaze those who visit.

SOUTH CAROLINA BETWEEN HISTORIC CITIES, THE LOWCOUNTRY, AND AUTHENTIC ATLANTIC SOUTHERN COASTLINE

South Carolina has its roots in the cultures of the Native American peoples who inhabited the coastal plains and inland forests for centuries, including the Cherokee, Catawba, and Yamasee, who developed trade networks and communities along the region's rivers and fertile plains. With the arrival of Europeans in the 17th century, the Carolina colony quickly established itself as one of the most prosperous centers in the South thanks to the large rice and indigo plantations developed in the coastal plains, supported by the labor of African slaves who contributed significantly to the local culture. Charleston became one of the most important ports in colonial America and still today preserves an extraordinary architectural heritage of historic homes, churches, and cobblestone streets. The state was also the scene of crucial events in American history: in 1861, the attack on Fort Sumter in Charleston Harbor sparked the Civil War. Culturally, South Carolina maintains a strong Southern identity, expressed in the Gullah-Geechee traditions of coastal African-American communities, in cuisine celebrating rice, seafood, and Creole flavors, and in festivals that showcase the region's history and music. Naturally, the state offers an extraordinary variety of landscapes: from sandy beaches and Atlantic barrier islands to wildlife-rich coastal marshes to the rolling hills and foothills of the Appalachian Mountains inland. This interweaving of history, culture, and nature gives South Carolina a unique and deeply rooted Southeast charm.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – South Carolina is perfect for solo travellers who want to discover an authentic South through culture, historic cities, and less obvious coastal destinations. Charleston is the ideal starting point, with its historic centre of colonial houses, cobblestone streets, and the French Quarter, where art galleries and small cafés sit alongside historic churches such as St. Philip's Church. For a more contemporary side, North Charleston offers a growing creative scene with street art, local markets, and repurposed industrial spaces. Further inland, Columbia features museums such as the South Carolina State Museum, which presents the state's history, science, and culture in an immersive way, far less touristy than the coast.

- **Couples** – South Carolina is ideal for couples seeking romance through nature, history, and the sea. Beaufort, in the heart of the Lowcountry, is one of the most atmospheric towns in the South, with antebellum houses, coastal marshlands, and slow sunsets over the water. The Sea Islands, such as Edisto Island, offer wild beaches, untouched nature, and small eco-lodges immersed in tranquillity. For a more refined yet authentic experience, historic plantations around Charleston, such as Middleton Place, feature historic gardens and river landscapes with a strong sense of atmosphere.

- **Families with children** – South Carolina is very suitable for families thanks to its educational and nature-based experiences. The South Carolina Aquarium in Charleston allows visitors to explore Lowcountry marine ecosystems with turtles, sharks, and interactive habitats. The Children's Museum of the Upstate in Greenville offers playful and scientific experiences designed for younger children. The beaches of Myrtle Beach are ideal for families thanks to amusement parks, aquariums, and a lively boardwalk full of activities.

- **Families with teenagers** – South Carolina is perfect for families with teenagers thanks to its mix of sports, outdoor adventure, and dynamic cities. The Blue Ridge Mountains in the northwestern part of the state offer zip-lining, hiking, and rafting near the Chattooga River, one of the most scenic rivers in the Southeast. Hilton Head Island provides kayaking through marshes, cycling on nature trails, and water sports. In Charleston, beyond history, visitors can enjoy kayak tours through the marshlands, street food, and a young and active cultural scene.





DID YOU KNOW?

The official state coat of arms of South Carolina depicts two elliptical panels connected by palm branches, symbols of victory and hope. On the left, a standing palm tree and a fallen oak tree commemorate the Battle of Sullivan's Island during the American Revolution; on the right, the Roman goddess Spes walks across a beach strewn with weapons, symbolizing hope for a peaceful future.

South Carolina's indigenous peoples are known for their hospitality, resilience, and strong connection to tradition. Gullah-Geechee communities maintain the artisanal and culinary practices of their African ancestors, while residents of coastal towns and villages combine a conservative culture with an openness to artistic creativity, expressed through music, theater, and the visual arts.

Local inventions include agricultural innovations related to rice and sugarcane cultivation, traditional craft tools, and coastal navigation techniques developed along the marshes, reflecting the ingenuity of the locals. The state's coasts and mountains inspired films of the 1970s, 1980s, and 1990s: the famous "Dirty Dancing" (1987), filmed at Mountain Lake Lodge, starring Patrick Swayze and Jennifer Grey, captured the romantic and natural atmosphere of the Southeast mountain regions. Furthermore, the state has given birth to artistic and musical figures such as Darius Rucker, a rock and country singer, and painter Alice Ravenel Huger Smith, a protagonist of the Lowcountry art movement.

GEORGIA BETWEEN CREATIVE CITIES, SOUTHERN MOUNTAINS, AND STILL-AUTHENTIC ATLANTIC COASTLINE

Georgia has its roots in the ancient cultures of the Native American peoples who inhabited these lands for centuries, including the Creek and Cherokee, who developed organized societies and trade networks along the region's rivers and fertile plains. In the 18th century, the region became the last of the thirteen British colonies with the founding of Savannah in 1733. Initially conceived as a buffer colony between Carolina and Spanish Florida, it was a social experiment free of slavery, a project that, however, rapidly changed with the development of the agricultural economy. During the 19th century, Georgia became one of the main centers of cotton production in the South, while during the Civil War it was the scene of decisive events such as the famous "March to the Sea," which crossed the state and left a profound mark on historical memory. Today, Georgia preserves a rich and varied cultural heritage: Savannah enchants with its elegant colonial architecture and tree-lined squares, while Atlanta represents the modern face of the state and was one of the most important centers of the civil rights movement. From a naturalistic perspective, Georgia boasts surprisingly diverse landscapes: from the Appalachian Mountains in the north to the rolling hills of the Piedmont, to the coastal plains and picturesque barrier islands in the Atlantic. This mosaic of history, culture, and natural environments makes Georgia one of the most dynamic and iconic states in the Southeast.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Georgia is perfect for solo travellers seeking a mix of urban energy and lesser-known nature. Atlanta is the state's contemporary hub, with East Atlanta Village, full of independent venues, live music, and street culture. The Ponce City Market, set in a former industrial building, is now a hub for food, design, and social life. For a more alternative experience, the BeltLine Trail connects creative neighbourhoods through urban art and linear parks. Outside the city, the North Georgia Mountains offer small towns like Dahlonega, with local wineries, small galleries, and scenic nature trails.

- **Couples** – Georgia is ideal for couples seeking romantic atmospheres between historic cities and natural landscapes. Savannah is one of the most atmospheric cities in the South, with oak-shaded squares, historic houses, and a walkable Historic District perfect for slow strolls. The Golden Isles, such as Jekyll Island, offer quiet beaches, coastal nature, and ocean sunsets in a very secluded setting. Inland, Blue Ridge provides mountain lodges, vineyards, and panoramic views ideal for relaxing stays.

- **Families with children** – Georgia is very suitable for families thanks to its interactive museums and accessible nature. The Georgia Aquarium in Atlanta is one of the largest in the world, featuring underwater tunnels and spectacular marine habitats. The World of Coca-Cola offers an interactive experience about one of the world's most famous brands. The North Georgia Mountains feature waterfalls such as Amicalola Falls, easy hiking trails, and picnic areas surrounded by nature.

- **Families with teenagers** – Georgia is perfect for families with teenagers thanks to its mix of sports, outdoor adventure, and dynamic cities. The North Georgia Mountains offer zip-lining, rafting, and scenic hiking along the Appalachian Trail. Atlanta provides urban experiences such as street art tours in the Krog Street Tunnel, sporting events, and creative spaces. On the coast, Tybee Island offers kayaking, light surfing, and a young, relaxed atmosphere near Savannah.





DID YOU KNOW?

The official coat of arms of the state of Georgia features three columns representing the three branches of government (legislative, judicial, and executive), while a man with a sword defends the Constitution and the principles of "Wisdom, Justice, and Moderation," the official state motto. 1776 commemorates the year of the United States Declaration of Independence. The reverse of the coat of arms depicts scenes of agriculture and commerce: a man plowing the land and a ship loaded with cotton and tobacco, symbols of Georgia's rich agricultural tradition.

Georgia produced influential musicians and bands in the 1970s, 1980s, and 1990s, most notably soul pioneer Ray Charles and groups like R.E.M. and Outkast, who left an indelible mark on American music. Film has also found inspiration in the state: “Driving Miss Daisy” (1989) and “The Color Purple” (1985) captured Georgia’s urban and rural landscapes, telling profound stories of local life and culture. Local inventions include agricultural innovations, cotton-processing tools, and pioneering contributions to engineering and river transportation, reflecting the ingenuity and creativity of residents.

Georgian people are known for their hospitality, resilience, and connection to tradition, combining a welcoming and hard-working nature with a strong sense of community. The fusion of history, music, cinema, and innovation makes Georgia a fascinating land, where culture and local spirit emerge in every experience.

FLORIDA BETWEEN TROPICAL ISLANDS, VIBRANT CITIES, AND WILD NATURE BEYOND THE CLICHÉS OF MIAMI AND ORLANDO

Florida is a state captivating with its unique combination of sun, sea, history, and biodiversity. Originally inhabited by the Seminole and Calusa tribes, the region preserves evidence of indigenous cultures linked to fishing, agriculture, and spiritual traditions. With the arrival of Spanish settlers in the 16th century, cities like St. Augustine, the oldest European city in the United States, and Tallahassee, the former colonial capital, became centers of history, architecture, and culture. Having joined the Union in 1845, the state has successfully blended tropical charm with Caribbean, Latin, and American cultural influences, creating a unique and captivating mosaic. Culturally, Florida offers authentic and surprising experiences. Historic neighborhoods like Key West and St. Augustine offer colonial architecture, museums, and local festivals, while cities like Miami and Tampa surprise with contemporary art, international cuisine, and vibrant cultural events. Coastal communities and picturesque villages offer an immersive and refined experience of Florida's traditions. Naturally, Florida boasts diverse scenery. The Florida Keys offer spectacular sunsets, snorkeling, and diving among coral reefs, while the marshes and canals of Everglades National Park offer kayaking among unique wildlife. The beaches of Naples, Sanibel, and Amelia Island are perfect for strolling, relaxing, and escaping from everyday life. This combination of history, culture, and nature makes Florida an unmissable Southeast destination, ideal for an exclusive, memorable trip immersed in the magic of sun and sea.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Florida is perfect for solo travellers who want to go beyond the most famous destinations and discover a wide variety of environments, from creative cities to subtropical nature. Miami offers much more than its iconic beaches: the Wynwood district is an open-air museum filled with murals, art galleries, and alternative venues, while Little Havana showcases the city's Cuban soul through music, culture, and historic cafés. For a more authentic side, St. Petersburg on the Gulf Coast offers contemporary art museums such as the Dali Museum, a relaxed waterfront, and a rapidly growing cultural scene.

- **Couples** – Florida is ideal for couples seeking romantic atmospheres among the sea, nature, and charming coastal towns. Key West is the most iconic destination, with sunsets at Mallory Square, pastel-colored houses, and a slow island lifestyle. The Florida Keys offer a chain of small islands connected by scenic bridges, perfect for an ocean road trip. For a more elegant and tranquil experience, Naples on the Gulf Coast features refined beaches, ocean sunsets, and an exclusive yet relaxed atmosphere.

- **Families with children** – Florida is one of the world's best destinations for families thanks to its theme parks and accessible nature experiences. Orlando is the entertainment capital with Walt Disney World Resort, featuring theme parks, shows, and areas designed for younger children, and Universal Orlando Resort, offering immersive movie-based attractions. For a natural break, Everglades National Park allows visitors to explore unique ecosystems through airboat tours and wildlife observation, including alligators and native species.

- **Families with teenagers** – Florida is perfect for families with teenagers thanks to its mix of sports, adventure, and dynamic cities. The Florida Keys offer snorkeling, diving, and kayaking among coral reefs and marine parks such as John Pennekamp Coral Reef State Park. Miami Beach provides surfing, beach volleyball, and a vibrant urban scene along Lincoln Road and Ocean Drive. For a more active experience, the Everglades add airboat tours and nature trails in a wild and spectacular environment.





DID YOU KNOW?

The official state coat of arms of Florida depicts a Seminole woman scattering flowers, a Sabal palm, and a steamboat on calm waters beneath a bright sun, symbolizing Florida's identity as the Sunshine State, the history of its Native peoples, and its unique coastal landscape. The phrase "In God We Trust," the national motto of the United States, signifies trust in the divine and shared values.

Between the 1970s, 1980s, and 1990s, Florida inspired musicians like Tom Petty and bands like Lynyrd Skynyrd, protagonists of the American rock and Southern rock scene. On the big screen, films like “Scarface” (1983) with Al Pacino and “Ace Ventura: Pet Detective” (1994) with Jim Carrey immortalized Miami in the 1980s and 1990s: bright colors, lively beaches, and a touch of tropical madness—so much so that some residents joke that in Miami, “every day feels like a movie scene!”

Local inventions include agricultural tools for subtropical crops, wetland management techniques, and pioneering approaches to coastal engineering, reflecting the ingenuity of the residents.

The local people are known for their hospitality, warmth, and resilience, with a strong connection to local traditions, the sea, and tropical nature, making the state a diverse and fascinating place.

ALABAMA BETWEEN SOUTHERN HISTORY, GULF COAST BEACHES, AND UNEXPLORED INLAND NATURE

Located in the heart of the American South, Alabama is a state deeply rooted in the history, culture, and traditions of the so-called Deep South. Its territory was inhabited for centuries by Native American peoples, including the Creek, Cherokee, and Choctaw, before the arrival of Europeans in the 16th century. During the colonial period, the area passed under French, British, and Spanish control, until it finally became part of the United States in 1819. In the 19th century, Alabama became a major cotton-growing center, developing an agricultural society that would profoundly shape its history and landscape. Over the next century, the state played a crucial role in the civil rights movement: cities like Montgomery, Selma, and Birmingham were the scene of key events in the fight for equality and social justice led by figures like Martin Luther King Jr. Culturally, Alabama still retains a strong Southern identity, visible in its musical traditions, local cuisine, and the historic architecture of its small Southern towns. The landscape is surprisingly diverse: to the north lie the wooded hills of the Southern Appalachians and the mountainous landscapes of the Huntsville region, while in the center lie broad valleys crossed by the Alabama River and numerous waterways that have fostered the emergence of historic towns along their banks. Finally, to the south, the landscape changes completely, giving way to the coastal plains of the Gulf of Mexico, with lagoons, white-sand beaches, and nature reserves rich in biodiversity. This combination of intense history, deeply rooted culture, and highly diverse natural environments makes Alabama a fascinating destination for those wishing to discover an authentic and lesser-known side of the United States.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Alabama is perfect for solo travellers who want to discover an authentic and less touristy South, blending cultural cities and surprising landscapes. Birmingham is the state’s main creative hub, with the Avondale district offering craft breweries, live music, and independent venues. The Birmingham Civil Rights Institute provides an immersive journey through the history of the civil rights movement. For a more alternative side, Montgomery offers historic museums and a cultural scene deeply connected to American history, while the city of Mobile combines historic architecture with a distinctive port atmosphere.

- **Couples** – Alabama is ideal for couples seeking a calm atmosphere between history, nature, and the sea. The Gulf Shores & Orange Beach coastline offers white-sand beaches, calm waters, and Gulf of Mexico sunsets in a relaxed setting. Fairhope, overlooking Mobile Bay, is an elegant town with art galleries, gardens, and a romantic waterfront promenade. Inland, the Talladega Mountains region offers scenic roads, forests, and nature lodges surrounded by peaceful landscapes.

- **Families with children** – Alabama is very suitable for families thanks to interactive museums and accessible nature. The McWane Science Center in Birmingham offers hands-on science experiences, aquariums, and educational activities for children. The U.S. Space & Rocket Center in Huntsville provides an immersive space experience with rockets, simulators, and NASA history. The beaches of Gulf Shores are ideal for families thanks to shallow waters and wide sandy areas.

- **Families with teenagers** – Alabama is perfect for families with teenagers thanks to sports, outdoor adventure, and cultural experiences. The Little River Canyon National Preserve offers hiking, kayaking, and dramatic views over canyons and waterfalls. Cheaha State Park, the highest point in the state, provides hiking trails and panoramic views over the southern Appalachian forests. In Mobile, music events, festivals, and waterfront activities add a more dynamic urban atmosphere.





DID YOU KNOW?

The official state seal of Alabama, designed in 1817 by the first governor of the Alabama Territory, William Wyatt Bibb, depicts the state's major rivers and a map of the surrounding territories. When Alabama became a state in 1819, this seal was officially adopted and remained unchanged for over 50 years. Between 1868 and 1939, a second seal was used, featuring an eagle on the American coat of arms and a ribbon bearing the inscription "Here We Rest," symbolizing the post-Civil War revival. The original design was restored in 1939.

Throughout the 1970s, 1980s, and 1990s, Alabama left its mark on American music and cinema: During those years, the band Alabama and artists like Hank Williams Jr. brought country and Southern rock from small-town Southern Italy to the national charts, cementing the state's signature sound. On the big screen, films like "Fried Green Tomatoes" (1991), starring Kathy Bates and Jessica Tandy, told stories of friendship, community, and rural traditions, immortalizing Alabama landscapes and small villages like Juliette, where residents actively participated in filming, creating entertaining and authentic anecdotes. Local inventions included advanced cotton-growing techniques, agricultural tools adapted to Southern terrain, and innovations in river engineering, a testament to the ingenuity and creativity of the population.

Locals are known for their hospitality, community spirit, and resilience, with a strong connection to their musical, culinary, and cultural traditions. This combination of history, innovation, music, and film makes Alabama an authentic and memorable state, where every visit offers profound and varied experiences.

MISSISSIPPI BETWEEN BLUES, SOUTHERN HISTORY, AND AUTHENTIC NATURE ALONG THE MISSISSIPPI RIVER AND THE GULF OF MEXICO

Located in the heart of the American South and crossed by the great river that gives it its name, Mississippi is a state deeply connected to the history, culture, and traditions of the so-called Deep South. Its territory was inhabited for millennia by Native American civilizations who left behind important archaeological evidence, including the large ceremonial mounds built by pre-Columbian cultures along the fertile Mississippi plains. With the arrival of Europeans in the 17th century, the area became a disputed region between the French, British, and Spanish, until it was incorporated into the United States in the late 18th century. During the 19th century, the state developed rapidly thanks to the vast cotton plantations along the alluvial plains of the Mississippi Delta, an economic system that would profoundly impact its social and cultural history. Mississippi also holds a central place in 20th-century American history, particularly in the civil rights movement, when the state's cities and communities became symbolic places of the long struggle for equality and justice. Culturally, Mississippi is universally recognized as the birthplace of the blues, a musical genre born in the African-American communities of the Delta and destined to profoundly influence modern music, from jazz to rock. This rich musical and literary tradition has given birth to major figures in American culture, helping to shape the state's artistic identity. Mississippi's landscape is dominated by the great river and the broad alluvial plains that extend along its course, a fertile territory characterized by agricultural fields, riverine forests, and small historic villages. Further east, the landscape becomes progressively hilly, with pine and oak forests covering much of the interior region. Finally, to the south, Mississippi overlooks the Gulf of Mexico, home to sandy shores, natural island barriers, and biodiverse wetlands. This combination of profound history, unique cultural traditions, and landscapes linked to the great river makes Mississippi a fascinating destination for those who wish to understand the authentic soul of the American South.

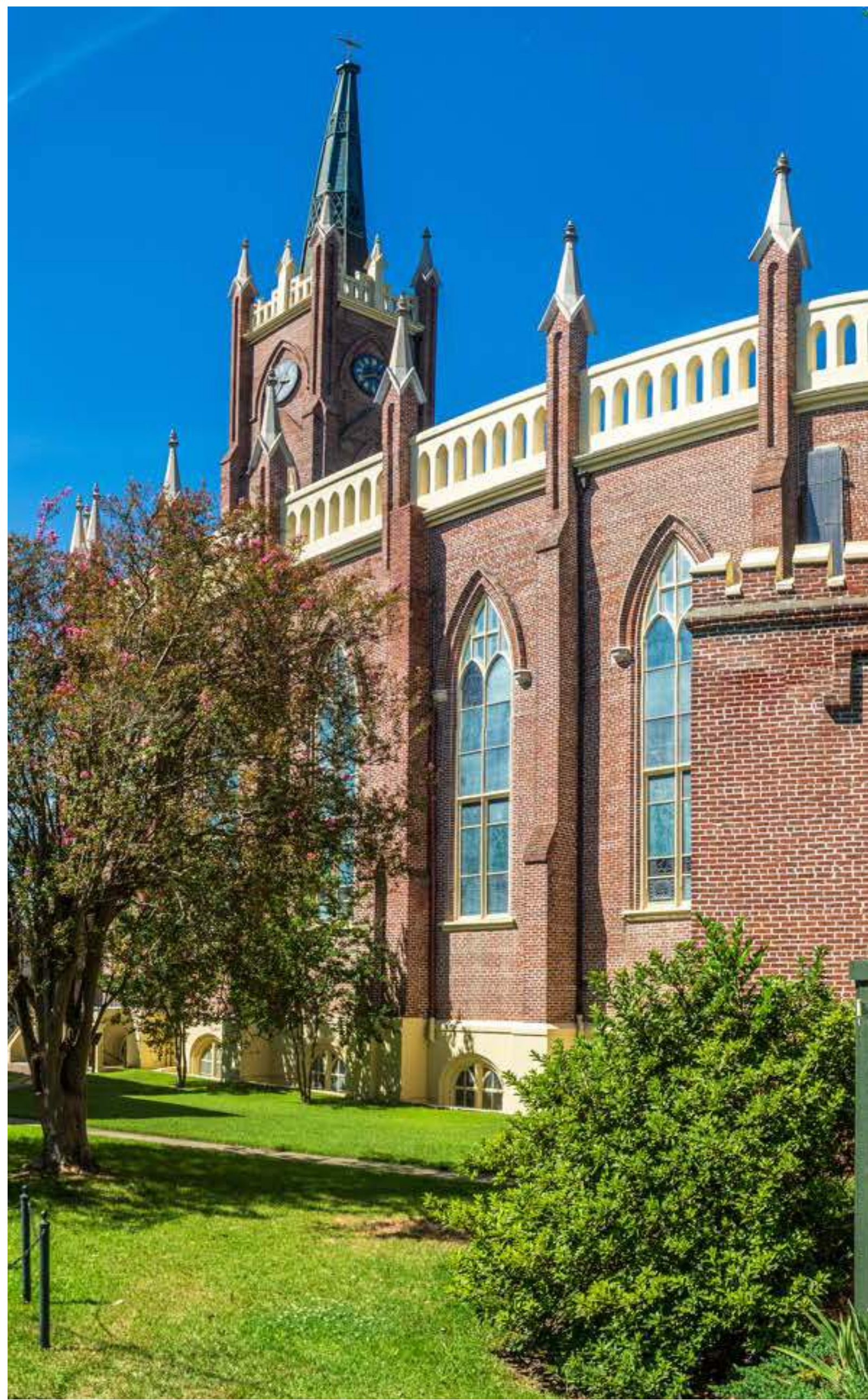
PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Mississippi is perfect for solo travellers who want to discover a deep, authentic, and still largely undiscovered American South. Jackson is the state's cultural hub, home to the Mississippi Museum of Art, showcasing regional artistic identity, and the Museum of Mississippi History, which explores the state's social and cultural evolution. For a more alternative experience, the Delta Blues region along the Mississippi River includes towns like Clarksdale, the heart of American blues with live music in juke joints and museums dedicated to musical heritage. On the coast, Ocean Springs offers a relaxed artistic atmosphere with galleries and a laid-back waterfront.

- **Couples** – Mississippi is ideal for couples seeking slow, romantic, and deeply authentic atmospheres. River towns such as Natchez feature antebellum historic mansions, gardens, and scenic views over the Mississippi River. The Gulf Coast, especially Bay St. Louis, offers quiet beaches, small restaurants, and sunset views over the water in an intimate setting. The Natchez Trace Parkway provides one of the most scenic drives in the South, perfect for slow travel through nature and history.

- **Families with children** – Mississippi is very suitable for families thanks to its educational experiences and natural spaces. The Mississippi Children's Museum in Jackson offers interactive activities focused on science, art, and culture. The Gulf Islands National Seashore features natural beaches, protected areas, and opportunities to observe coastal wildlife. In Vicksburg, the Vicksburg National Military Park allows children to explore Civil War history through outdoor trails and historical installations.

- **Families with teenagers** – Mississippi is perfect for families with teenagers thanks to its mix of music, outdoor experiences, and history. The Delta Blues Trail offers a unique musical itinerary through historic clubs, museums, and iconic blues landmarks. Tishomingo State Park provides hiking through rock formations, suspension bridges, and unusual forest landscapes for the Deep South. On the coast, Biloxi adds water activities, kayaking, and a more dynamic atmosphere with events and a lively waterfront.





DID YOU KNOW?

The official coat of arms of the state of Mississippi, adopted in 1798, depicts an eagle with outstretched wings holding an olive branch and arrows, symbols of peace and strength, with a shield of stars and stripes on its chest, testifying to the state's American identity.

Throughout the 1970s, 1980s, and 1990s, Mississippi continued to be the birthplace of blues and African-American music: artists like Muddy Waters, B.B. King, and the young Elvis Presley (already a legend in the 1950s and 1960s, celebrated in later years with festivals and revivals) influenced jazz, rock, and soul, creating an instantly recognizable musical style deeply rooted in Delta culture. In cinema, films like “O Brother, Where Art Thou?” (2000, shot largely in Mississippi and Louisiana) celebrated Delta landscapes and small historic towns, showcasing the region’s rural and musical atmosphere. Local inventions included agricultural tools adapted to Delta terrain, new irrigation techniques for growing cotton, and experiments in river engineering—all testament to the people’s practical ingenuity.

Mississippians have a tradition of being hospitable, resilient, and deeply connected to their cultural and musical roots—values that are still evident today at festivals, small blues museums, and communities along the great river.

TENNESSEE BETWEEN MUSIC, APPALACHIAN MOUNTAINS, AND CREATIVE CITIES IN THE HEART OF THE AMERICAN SOUTH

Tennessee is one of the richest regions in history and cultural traditions in the entire Southern United States. Crossed by important waterways and located between the Appalachian Mountains and the fertile Mississippi plains, this state has played a strategic role in the region's economic and cultural development for centuries. Before the arrival of Europeans, these lands were inhabited by various Native American peoples, including the Cherokee, who left an important cultural legacy in the region. In the 18th century, the area gradually became a frontier of expansion for settlers from the British colonies on the East Coast, until it became part of the United States in 1796. During the 19th century, Tennessee became a key trading hub thanks to the great rivers that flow through its territory, particularly the Tennessee River and the Mississippi, which favored the development of historic cities and agricultural centers along their banks. Tennessee also holds a central place in the history of American culture, especially for its extraordinary contribution to music. Cities like Nashville, known as the country music capital of the world, and Memphis, birthplace of modern blues and rock and roll, have profoundly influenced the musical history of the 20th century. The legendary Beale Street neighborhood and the city's historic recording studios bear witness to an artistic heritage that continues to exert a strong attraction to musicians and travelers from around the world. From a naturalistic perspective, Tennessee offers highly diverse landscapes. To the east rise the southern Appalachian mountain ranges, home to some of the oldest and most biodiverse forests in North America, with densely forested valleys, crystal-clear streams, and spectacular vistas. The central region of the state is characterized by rolling hills, agricultural countryside, and small historic towns that still retain the atmosphere of traditional rural Southern life. Finally, to the west, the landscape changes dramatically, giving way to the Mississippi alluvial plains, a fertile territory that for centuries was one of the region's agricultural heartlands. This extraordinary combination of natural landscapes, American history, and musical traditions makes Tennessee one of the most fascinating and culturally rich destinations in the entire Southeast.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Tennessee is perfect for solo travellers seeking a unique mix of music, urban culture, and nature. Nashville is the state's creative hub, with East Nashville, full of independent venues, street art, and live music away from the main tourist-heavy Broadway strip. The Ryman Auditorium, the historic “Mother Church of Country Music,” offers concerts and a deep immersion into American musical heritage. For a more alternative side, Chattanooga features a fast-growing urban scene, with the North Shore district and the Tennessee Riverwalk, blending city life and nature.

- **Couples** – Tennessee is ideal for couples seeking romance among music, mountains, and small towns. Great Smoky Mountains National Park offers forest lodges, scenic hiking trails, and waterfalls in one of the most beautiful landscapes in the eastern United States. Gatlinburg, at the edge of the park, combines a mountain-town atmosphere, boutiques, and spectacular views. Franklin, near Nashville, is an elegant historic town with a well-preserved downtown, restaurants, and classic Southern architecture perfect for a relaxed stay.

- **Families with children** – Tennessee is very suitable for families thanks to its interactive museums and accessible nature. The Country Music Hall of Fame in Nashville tells the story of country music through instruments, costumes, and interactive exhibits. The Tennessee Aquarium in Chattanooga is one of the most important in the United States, featuring river and ocean ecosystems. The Great Smoky Mountains offer easy trails, picnic areas, and opportunities to spot wildlife.

- **Families with teenagers** – Tennessee is perfect for families with teenagers thanks to its mix of sports, music, and outdoor adventure. The Great Smoky Mountains offer rafting on the Ocoee River, zip-lining, and scenic hiking. Nashville delivers live music on every corner, recording studios, and a unique global music atmosphere. Chattanooga adds outdoor activities such as climbing at Lookout Mountain and biking routes along the Tennessee River.





DID YOU KNOW?

The official state coat of arms of Tennessee features the Roman numeral XVI, marking Tennessee's accession to the Union in 1796. The plow, wheat sheaf, and cotton plant symbolize agriculture, while the steamboat recalls the importance of rivers in trade. The motto, "Agriculture and Commerce," summarizes the state's historical vocation for production and trade, thanks to fertile soil, favorable climate, and regular rainfall.

Among the interesting facts: Tennessee is the home of country, blues, and rock and roll, with Nashville known as “Music City” and Memphis famous for Beale Street and Sun Studio. Between the 1970s, 1980s, and 1990s, artists such as Johnny Cash, Dolly Parton, B.B. King, and Al Green cemented the state’s musical reputation, helping to establish Nashville and Memphis as global hubs for country, blues, and soul. During those same years, Memphis was the setting for iconic films such as “The Firm” (1993), which made historic neighborhoods famous, while the naturalistic scenes of the Appalachian Mountains and the Tennessee River have often served as the backdrop for modern film productions, bringing the unique atmosphere of the South to life. Tennessee has also contributed to innovation: advanced agricultural techniques for cotton and tobacco, tools for working the fields, and the first experiments with steam-powered riverboats were born in the state.

It is said that many locals still jokingly nickname Tennesseans “volunteers” today, even for small acts of helpfulness in the community, keeping the spirit of the state’s name alive.

This combination of history, music, agriculture, and local anecdotes tells the story of Tennessee’s unique identity, blending Southern tradition with cultural and technological innovation.

KENTUCKY BETWEEN HORSES, BOURBON, AND AUTHENTIC LANDSCAPES ACROSS THE APPALACHIANS AND THE BLUEGRASS REGION

Kentucky is one of the most fascinating and culturally distinctive regions of the southeastern United States, a land where elegant rural landscapes, ancient agricultural traditions, and a deeply rooted history are uniquely intertwined. Before the arrival of European settlers, these lands were frequented by various Native American populations who used the region's vast plains and forests as hunting grounds. During the 18th century, the area became a major frontier for westward expansion for settlers from the Atlantic coast colonies, led by explorers and pioneers like Daniel Boone. Kentucky officially joined the Union in 1792 and during the 19th century developed as one of the young country's most important agricultural territories, thanks to the fertility of its plains and its strategic location along important waterways. Culturally, Kentucky is renowned worldwide for several traditions deeply rooted in its identity. The vast prairies of the Bluegrass region, with their rolling pastures bordered by distinctive white fences, are considered one of the world's most prestigious locations for breeding thoroughbred horses. At the same time, the state is universally recognized as the birthplace of bourbon, the celebrated American whiskey, which has found ideal production conditions here thanks to the region's water quality and climate. These agricultural and artisanal traditions have helped create a unique cultural landscape, where elegant historic farms, centuries-old distilleries, and small towns still retain a strong connection to the past. Kentucky's landscape is surprisingly diverse in terms of natural beauty. To the east lie the Appalachian Mountains, covered in dense forests and crisscrossed by deep valleys where communities and traditions of American mountain culture survive. The central part of the state is dominated by the rolling limestone hills of the Bluegrass region, one of the country's most iconic rural landscapes. Finally, to the west, the territory opens up to the Mississippi and Ohio River plains, areas characterized by fertile farmland and biodiverse wetlands. This combination of frontier history, prestigious agricultural traditions, and highly diverse natural landscapes makes Kentucky a fascinating destination for those seeking an authentic and refined side of the American Southeast.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Kentucky is perfect for solo travellers who want to discover an authentic America, blending Southern culture with less touristy nature. Louisville is the most dynamic city, with the NuLu (New Louisville) district full of art galleries, independent venues, and creative restaurants. The Muhammad Ali Center tells the life and legacy of the famous boxer through immersive exhibitions. For a more local experience, the Bourbon Trail offers a route through historic distilleries set in the rolling hills of Kentucky, while Lexington represents the heart of American equestrian culture.

- **Couples** – Kentucky is ideal for couples seeking romantic atmospheres among green hills, distilleries, and small towns. The Bluegrass region offers soft landscapes with horse farms and scenic country roads perfect for slow travel. Bardstown, considered the bourbon capital, features boutique hotels, historic distilleries, and an elegant, quiet downtown. The Red River Gorge delivers spectacular natural scenery with rock arches, forest lodges, and sunset views over the valleys.

- **Families with children** – Kentucky is very suitable for families thanks to educational experiences and accessible nature. The Louisville Slugger Museum & Factory allows visitors to explore the history of baseball and see how the famous bats are made. The Kentucky Horse Park in Lexington offers an immersive experience into the world of horses with shows and educational activities. The Louisville Zoo provides nature trails and habitats featuring animals from around the world.

- **Families with teenagers** – Kentucky is perfect for families with teenagers thanks to outdoor adventure, sports, and unique experiences. The Red River Gorge offers climbing, hiking, and zip-lining among canyons and natural rock arches. The Kentucky River provides activities such as kayaking and light rafting. Louisville adds an urban side with street art, sporting events, and a lively music scene.





DID YOU KNOW?

The official state coat of arms of Kentucky, adopted in 1792, depicts two friends in an embrace—one in pioneer attire and the other in formal dress—shaking hands, surrounded by the words “Commonwealth of Kentucky” and the motto “United we stand, divided we fall,” a symbol of the state’s unity and frontier heritage.

Throughout the 1970s, 1980s, and 1990s, artists such as Johnny Cash, Dolly Parton, B.B. King, and Al Green cemented the state's musical fame, while film used Kentucky as the backdrop for films such as "Coal Miner's Daughter" (1980, based on the life of Loretta Lynn and filmed partly in southeastern Kentucky), telling stories of rural life, music, and local traditions. Kentucky pioneered innovations in thoroughbred horse breeding, agricultural tools adapted to hilly terrain, and small steamboats along the rivers to transport cotton and local produce, showcasing practical ingenuity and rural tradition.

Kentucky residents are friendly, hospitable, and community-minded, with a pioneering and creative spirit reflected in their love of bluegrass music, crafts, and local traditions, blending pragmatism with Southern warmth.



MIDWEST – WHERE HISTORY, CULTURE, AND NATURE MEET TO CREATE UNIQUE EXPERIENCES



The Midwest of the United States is the beating heart of the United States, a region where history, culture, and nature intertwine in extraordinary ways. Originally inhabited by tribes such as the Sioux, Ojibwe, Potawatomi, and Miami, the region preserves evidence of indigenous life tied to hunting, fishing, and traditional agriculture, with archaeological sites and ancient villages that still tell the story of these communities. With the arrival of European settlers between the 17th and 19th centuries, the Midwest transformed into a crossroads of cultures and innovations: German, Irish, Scandinavian, and Dutch settlements brought with them architectural, artisanal, and gastronomic traditions that are still evident today in historic cities and towns. Cities such as Chicago, Detroit, and St. Louis bear witness to the region's industrial and cultural strength, while the Great Plains, the Mississippi and Missouri rivers, lakes such as the Great Lakes, and the northern forests offer perfect settings for hiking, trekking, biking, and moments of complete immersion in nature. The Midwest, with its balance of vibrant urban areas, picturesque villages, and pristine landscapes, is an ideal destination for those seeking authentic and memorable experiences, far from conventional tourist routes. In terms of size and geographical configuration, this macro-region can be compared to much of Northern Italy: a territory whose characteristics recall those of regions such as Lombardy, Veneto, Emilia-Romagna, and Piedmont.

The region comprises eight main states:

- OHIO
- MICHIGAN
- INDIANA
- ILLINOIS
- WISCONSIN
- MINNESOTA
- IOWA
- MISSOURI

The main airports providing access to the region are:

- Chicago O'Hare International – Provides easy access to Illinois, Wisconsin, and Missouri, also connecting to domestic flights to Ohio, Indiana, and Minnesota
- Detroit Metropolitan Airport – Ideal hub for access to Michigan and Ohio, with excellent rail and road connections to Indiana and Illinois
- Minneapolis–Saint Paul International – Gateway to Minnesota and Iowa, with domestic flights also providing easy access to Wisconsin and Illinois
- St. Louis Lambert International – Accessible to Missouri and Illinois, with good road connections to Iowa and Indiana
- Cleveland Hopkins International – Strategic gateway to Ohio and Michigan, with easy travel to Indiana and Illinois

The Midwest offers a unique mix of vibrant cities, picturesque villages, and breathtaking natural scenery. From the Great Lakes to the northern forests, from culturally rich industrial cities to pristine plains, this region offers authentic experiences, adventures, and intimate moments—perfect for an experience that celebrates the beauty and diversity of America's heartland. Immersing yourself in the Midwest means discovering an America less traveled, where history, culture, and nature meet in harmony.

OHIO BETWEEN REGENERATED INDUSTRIAL CITIES, LAKES, NATIONAL PARKS, AND AUTHENTIC MIDWEST CULTURE

A geographic and cultural crossroads between the Eastern United States and the vast Midwest, Ohio played a key role in the development of the young American nation. Before the arrival of Europeans, these lands were inhabited by various Native American peoples, including the Shawnee, Miami, and Delaware, who lived along the fertile valleys crossed by the great Ohio River, one of the main natural arteries of the North American continent. From the late 18th century, the region became one of the first areas of westward expansion for American settlers, quickly transforming into an important agricultural and commercial territory. In 1803, Ohio was admitted as the seventeenth state of the Union, and during the 19th century, it became one of the country's economic engines thanks to its strategic location between the Great Lakes and the main inland waterways. Ohio's history is closely tied to the industrial development of the United States. During the American Industrial Revolution, cities such as Cleveland, Cincinnati, and Columbus became major economic centers, fostered by the construction of canals, railroads, and infrastructure that connected the Midwest to Atlantic markets. At the same time, the state has made a significant contribution to the country's political and cultural life, being the birthplace of numerous US presidents and important figures in American history. Ohio's landscape is surprisingly diverse for a Midwestern state. The northern portion borders Lake Erie, one of North America's great lakes, home to sandy shores, nature reserves, and wetlands rich in wildlife. The central region encompasses broad agricultural plains characterized by fertile farmland, small rural towns, and countryside that still reflect the region's agricultural tradition. To the south and southeast, however, the landscape changes completely: rolling hills, dense forests, and deep valleys shaped by rivers create natural settings very different from the Midwestern plains. This combination of frontier history, industrial tradition, and natural landscapes makes Ohio a fascinating destination for those wishing to understand the historical and cultural heart of the American Midwest.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Ohio is perfect for solo travellers who want to discover an authentic, urban yet less touristy Midwest. Cleveland is the most interesting hub, with the Ohio City district full of craft breweries, local markets such as the West Side Market, and a fast-growing food scene. The Rock & Roll Hall of Fame tells the story of rock music through iconic instruments, memorabilia, and immersive exhibits. For a more alternative side, Columbus offers the Short North Arts District, with galleries, street art, and independent venues.

- **Couples** – Ohio is ideal for couples seeking a mix of creative cities and peaceful nature. Hocking Hills State Park is one of the state's most scenic natural areas, with waterfalls, caves, and forest trails perfect for relaxing getaways. Put-in-Bay, on Lake Erie, offers a small island atmosphere with waterfront sunsets and a slow-paced lifestyle. Cincinnati, especially the Over-the-Rhine district, combines historic architecture with elegant restaurants in a romantic and uncrowded setting.

- **Families with children** – Ohio is very suitable for families thanks to interactive museums and accessible nature. The Cincinnati Zoo & Botanical Garden is one of the oldest in the United States, featuring animals, gardens, and educational paths. The COSI (Center of Science and Industry) in Columbus offers hands-on science experiences and workshops for children. The Cleveland Metroparks Zoo and the city's park system provide easy and enjoyable outdoor activities.

- **Families with teenagers** – Ohio is perfect for families with teenagers thanks to sports, urban culture, and outdoor experiences. Cuyahoga Valley National Park offers hiking, cycling, and the scenic Cuyahoga Valley Scenic Railroad. Cleveland has a strong sports culture with NBA and MLB events, plus live music and street culture. Columbus adds a modern urban feel with street art and a fast-growing creative scene.





DID YOU KNOW?

The official state coat of arms of Ohio depicts a sunrise over Mount Logan and the Scioto River, as seen from Chillicothe. The primary symbols include a bundle of 17 arrows, indicating that Ohio was the 17th state to join the Union, a sheaf of wheat representing the importance of agriculture, and 13 sunbeams in honor of the original colonies.

During the 1970s, 1980s, and 1990s, Ohio also gained cultural recognition. Films such as *The Deer Hunter* (1978), starring Robert De Niro and Christopher Walken, were shot in and around Cleveland. The film was partially set in Ohio communities to create industrial settings. Some scenes from *Rain Man* (1988), starring Dustin Hoffman and Tom Cruise, were filmed in and around Cincinnati, using urban and rural landscapes to represent the American Midwest. Inventions born in the state include developments in aerospace technology, innovative agricultural equipment, and medical instruments, reflecting the practical and creative ingenuity of the local population.

Ohioans are generally described as pragmatic, hardworking, and hospitable, with a strong identity rooted in Midwestern culture. They value community, tradition, and innovation, while also displaying a welcoming approach to visitors and enthusiasts of local history and culture.

MICHIGAN BETWEEN GREAT LAKES, REBORN INDUSTRIAL CITIES, AND WILD NATURE ACROSS FORESTS AND MIDWEST COASTLINES

Surrounded by four of the five North American Great Lakes, Michigan boasts one of the most distinctive and evocative landscapes in the United States. Its territory is composed of two large geographical regions separated by the Straits of Mackinac: the more populated and agricultural Lower Peninsula, and the Upper Peninsula, a vast wilderness covered in forests, lakes, and hills. Before the arrival of Europeans, these lands were inhabited by Native American populations belonging to the great cultural families of the Ojibwe, Ottawa, and Potawatomi, who for centuries lived along the lakeshores, exploiting the region's natural resources. In the 17th century, the first French explorers and missionaries reached this area, opening important trade routes linked to the fur trade that transformed Michigan into one of the main centers of North American trade of the time. During the 19th century, Michigan became part of the United States and began to develop rapidly thanks to its immense natural resources, particularly the timber, iron, and copper found in the northern regions. The state subsequently assumed a central role in American industrial development thanks to the growth of Detroit, a city that in the 20th century became the world capital of the automobile industry with legendary companies that would revolutionize industrial production and the modern economic system. At the same time, Michigan developed a rich cultural and musical tradition, also becoming a symbol of soul and rhythm and blues music thanks to the historic Motown label. From a naturalistic perspective, Michigan offers an extraordinary variety of landscapes dominated by water. With over three thousand kilometers of coastline overlooking the Great Lakes, the state boasts some of the most spectacular sandy beaches in North America, as well as a nearly endless network of bays, coastal dunes, and islands. The northern regions of the Upper Peninsula are characterized by dense forests, cliffs overlooking Lake Superior, waterfalls, and small glacial lakes that create natural environments of great beauty. Further south, however, the territory alternates between rolling agricultural countryside, small historic towns, and long coastlines dotted with historic lighthouses that tell the story of the region's maritime past. This combination of vast lake landscapes, industrial history, and pristine nature makes Michigan one of the most fascinating and surprising destinations in the American Midwest.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Michigan is perfect for solo travellers who want a mix of urban culture and untouched nature. Detroit is the state's creative heart, home to the Detroit Institute of Arts, which features one of the most important art collections in the United States, including Diego Rivera's famous murals. The Corktown district is one of the most dynamic areas, with independent venues, live music, and a strong food scene. For a more alternative vibe, the Eastern Market area offers historic markets, street art, and an authentic local atmosphere.

- **Couples** – Michigan is ideal for couples seeking romance between water and nature. Mackinac Island is a unique destination where no cars are allowed and transport is by horse carriage, bicycle, and historic lakefront hotels. The Sleeping Bear Dunes region offers dramatic dunes, Lake Michigan beaches, and unforgettable sunsets. Traverse City completes the experience with vineyards, small restaurants, and a relaxed lakeside atmosphere.

- **Families with children** – Michigan is very suitable for families thanks to interactive museums and accessible nature. The Michigan Science Center in Detroit offers hands-on science experiences and educational exhibits. The Detroit Zoo allows visitors to explore naturalistic habitats with educational pathways. The beaches of Lake Michigan are ideal for families thanks to soft sand and freshwater conditions that are safer than ocean swimming.

- **Families with teenagers** – Michigan is perfect for families with teenagers thanks to sports, outdoor adventure, and urban culture. The Sleeping Bear Dunes National Lakeshore offers dune hiking, sandboarding, and spectacular views. Detroit features street art, live music, and a strong identity linked to Motown and automotive history, including the Henry Ford Museum. Activities on Lake Michigan include kayaking, sailing, and water sports in highly scenic natural settings.





DID YOU KNOW?

The official state coat of arms of Michigan, adopted in 1835 and designed by Lewis Cass, depicts a shield with a man holding a rifle and raising his hand in a sign of defense and peace, flanked by a moose. It includes three Latin mottos: "E Pluribus Unum," indicating the unity of the states; "Tuebor," meaning "I will defend," symbolizing the state's protection; and "Si Quaeris Peninsulam Amoenam Circumspice," meaning "If you seek a charming peninsula, look around you."

Between the 1970s, 1980s and 1990s, artists such as Aretha Franklin, Stevie Wonder and the historic Motown label consolidated the musical fame of Detroit and the whole of Michigan, with influences ranging from soul to rhythm & blues to international pop. Among the most significant films, “8 Mile” (2002) starring Eminem depicts the urban and musical life of Detroit, while “Gran Torino” (2008) starring Clint Eastwood explores small local communities, showing the proud, reserved but supportive character of Michigan citizens. The state is also famous for inventions and innovations: Detroit was the cradle of the automotive industry thanks to figures such as Henry Ford, who introduced the assembly line and made the automobile accessible, revolutionizing the American economy and society. Other innovations include wood and metalworking techniques developed in the Upper Peninsula and musical instruments that supported the success of Motown.

Michigan's people are known for being hardworking, pragmatic, and welcoming, with a strong sense of community and local pride. In large urban centers like Detroit, a dynamic and innovative character prevails, while in small towns and rural communities, people are friendly, reserved, yet generous and supportive, connected to nature and local cultural traditions.

INDIANA BETWEEN MIDWEST CITIES, UNIVERSITY CULTURE, AND QUIET NATURE ACROSS LAKES AND FORESTS

The geographic heart of the American Midwest, Indiana is one of the states that best illustrates the history of the frontier, agricultural development, and industrial evolution of the United States. The territory was inhabited for centuries by various Native American peoples, including the Miami, Shawnee, and Potawatomi, who lived in the fertile valleys traversed by numerous rivers and in the vast forests that covered much of the region. With the westward expansion of the United States in the late 18th century, Indiana became part of the Northwest Territory, a vast territory organized by the federal government to facilitate the colonization of new lands. In 1816, Indiana was admitted as the nineteenth state of the Union and began to develop rapidly thanks to the fertility of its plains and the presence of important river and land routes. During the 19th century, the state became one of the major agricultural centers of the Midwest, characterized by vast farms, small rural towns, and a society deeply rooted in the land and community traditions. At the same time, cities like Indianapolis, now the state capital, and Fort Wayne developed as important commercial and industrial hubs. Indiana has also played a significant role in the cultural and sporting history of the United States, becoming one of the American capitals of auto racing thanks to the legendary motorsports tradition that has made the region famous worldwide. Naturally, Indiana boasts a wide variety of typical Midwestern landscapes. The northern part of the state approaches the southern shores of Lake Michigan, where spectacular coastal dunes, sandy beaches, and wetlands represent important natural ecosystems. The central region is dominated by broad agricultural plains characterized by fertile farmlands and small rural villages that still retain a traditional Midwestern atmosphere. Further south, the landscape gradually changes, giving way to rolling wooded hills, limestone caves, and valleys crossed by the Ohio River, one of the great rivers that have favored the region's historical and economic development. This combination of frontier history, agricultural traditions, and natural landscapes makes Indiana an attractive destination for those who want to understand the most authentic identity of the American Midwest.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Indiana is perfect for solo travellers who want to discover an authentic, less touristy Midwest, combining liveable cities with local culture. Indianapolis is the most dynamic hub, with the Mass Ave (Massachusetts Avenue) district full of independent theatres, bars, art galleries, and street culture. The Indianapolis Cultural Trail connects the city's main creative districts through urban installations and modern public spaces. For a more alternative vibe, the university town of Bloomington offers a youthful atmosphere, live music, and independent cafés.

- **Couples** – Indiana is ideal for couples seeking tranquillity, small natural landscapes, and relaxed towns. The Brown County State Park region is known for its wooded hills, nature lodges, and especially scenic autumn foliage. French Lick is a historic destination with elegant resorts, spas, and a nostalgic atmosphere perfect for relaxing stays. The Indiana Dunes National Park, overlooking Lake Michigan, offers sandy beaches and lake sunsets.

- **Families with children** – Indiana is very suitable for families thanks to interactive museums and educational experiences. The Children's Museum of Indianapolis is the largest of its kind in the world, featuring dinosaurs, space, science, and immersive exhibits. The Indianapolis Zoo offers animals, aquariums, and educational pathways. The Indiana Dunes natural areas provide outdoor activities with beaches and easy hiking trails.

- **Families with teenagers** – Indiana is perfect for families with teenagers thanks to sports, urban culture, and outdoor experiences. Indianapolis hosts major sporting events such as the Indy 500, along with museums and urban attractions. The Indiana Dunes National Park offers hiking, kayaking, and Lake Michigan activities. Bloomington adds a vibrant university and music scene with concerts, events, and a strong youth culture.





DID YOU KNOW?

The official state coat of arms of Indiana depicts a pioneer cutting down a sycamore tree while a buffalo flees in the foreground. The scene symbolizes westward expansion and the progress of civilization, with the setting sun, rolling hills, and the year of statehood, 1816. The design represents the courage, determination, and resourcefulness of the early settlers who transformed these lands into stable, organized communities.

During the 1970s, 1980s, and 1990s, Indiana produced iconic films that chronicled small-town life and local culture, such as "Breaking Away" (1979, starring Dennis Christopher) and "Hoosiers" (1986, starring Gene Hackman). The state also contributed to technological advancements with several agricultural and mechanical inventions, including grain harvesters and farm machinery, while the local music scene saw the development of talent shows and festivals related to country and folk music.

Indiana's people are known for their hospitality, industriousness, and strong ties to rural and industrial traditions. Residents, known as Hoosiers, are generally pragmatic and community-minded, proud of their history and roots, with a passion for local sports, traditional music, and the outdoors, reflecting a balance between innovation and respect for tradition.

ILLINOIS BETWEEN ICONIC METROPOLISES, MIDWEST CULTURE, AND SURPRISING NATURE BEYOND CHICAGO

In the heart of the American Midwest, Illinois is one of the most influential states in the economic, cultural, and political history of the United States. The territory was inhabited for millennia by Native American civilizations who developed important ceremonial and commercial centers along the region's fertile river plains. Among these, the Mississippian civilization stands out, building one of the largest urban complexes in pre-Columbian America near present-day Cahokia. In the 17th century, the area was explored by French missionaries and traders who established the first settlements along the Mississippi River and its tributaries, creating a network of trade routes linked to the fur trade. After the colonial period, Illinois became part of the United States and in 1818 was admitted as the twenty-first state of the Union. During the 19th century, the state became a major driver of American development thanks to its strategic location between the Mississippi River, the Great Lakes, and the Great Plains of the Midwest. The construction of canals, railroads, and infrastructure rapidly transformed Illinois into a major commercial and industrial center. From this context, the city of Chicago emerged, destined to become one of the most influential metropolises in the United States, renowned for its innovative architecture, vibrant cultural scene, and central role in the country's economic development. The state has also played a pivotal role in American political history, being deeply linked to the figure of Abraham Lincoln, one of the most important presidents in US history. Naturally, Illinois is dominated by vast prairies and fertile agricultural plains, representing one of the productive heartlands of the Midwest. To the north, the state overlooks Lake Michigan, home to long sandy shores, historic ports, and biodiverse lake environments. To the west and south, the landscape is shaped by the majestic Mississippi River, which for centuries was one of the continent's main communication and trade routes. Between these great rivers and wide plains lie rolling hills, riverine forests, and small rural communities that still retain the authentic character of the American Midwest. This combination of ancient history, large cities, and agricultural landscapes makes Illinois a key region for understanding the historical and cultural identity of the United States.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Illinois is perfect for solo travellers who want to combine urban energy with cultural discovery. Chicago is the state's vibrant heart, with the Wicker Park district full of independent venues, vintage shops, street art, and live music. Millennium Park hosts iconic installations such as "The Bean" and major outdoor events, while the Chicago Riverwalk offers a unique perspective on the city through architecture and nightlife. For a more alternative side, Pilsen showcases the city's artistic and Latino identity through murals and contemporary galleries.

- **Couples** – Illinois is ideal for couples seeking a mix of romantic towns and relaxing nature. Galena is one of the most charming destinations, featuring 19th-century architecture, rolling hills, and boutique hotels perfect for a peaceful getaway. Starved Rock State Park offers canyons, waterfalls, and scenic hiking trails immersed in nature. Chicago completes the experience with lake cruises and rooftop bars overlooking the skyline.

- **Families with children** – Illinois is very suitable for families thanks to interactive museums and educational attractions. The Museum of Science and Industry in Chicago is one of the largest in the world, featuring submarines, simulations, and immersive scientific exhibits. The Shedd Aquarium allows visitors to explore marine and freshwater ecosystems through educational pathways. The Lincoln Park Zoo offers free admission and family-friendly activities for younger visitors.

- **Families with teenagers** – Illinois is perfect for families with teenagers thanks to sports, urban culture, and outdoor experiences. Chicago offers top-level sporting events, concerts, and a dynamic urban scene with street art and creative neighbourhoods. Starved Rock State Park provides hiking, canyons, and outdoor activities. The Lake Michigan shoreline offers kayaking, sailing, and popular urban beaches frequented by younger crowds.





DID YOU KNOW?

The official coat of arms of the state of Illinois, designed in 1868 and adopted in 1869, features a bald eagle perched on a rock, grasping a shield with 13 stripes and a ribbon bearing the motto "State Sovereignty, National Union." The eagle symbolizes the state's role in the Union, while the motto recalls the primacy of state sovereignty within the national framework.

From a cinematic perspective, Illinois has been the backdrop for numerous famous films. Among these are “The Blues Brothers” (1980), shot largely in Chicago with John Belushi and Dan Aykroyd, and “Ferris Bueller’s Day Off” (1986), a famous comedy also set in Chicago with Matthew Broderick. These films capture the city’s urban spirit and energy, making the state recognizable around the world.

Illinois has also contributed to technology and innovation. Among its most notable inventions are George Selden's internal combustion engine and the development of the portable typewriter by several local inventors. Furthermore, its musical tradition is very strong: Chicago is considered the birthplace of electric blues, while other cities have made important contributions to jazz, gospel, and rock, cementing the state's musical reputation in the 20th century.

Illinois's people are known for being welcoming, pragmatic, and community-oriented, with a character that reflects both the urban vibrancy of Chicago and the calm and tradition of small rural towns. The coexistence of diverse cultures and the connection to political and industrial history have shaped curious, enterprising citizens, proud of their cultural and natural heritage.

WISCONSIN BETWEEN GREAT LAKES, MIDWEST TRADITION, AND AUTHENTIC NATURE ACROSS FORESTS AND LAKE MICHIGAN SHORES

Wisconsin stands out in the American Midwest for its extraordinary combination of lake landscapes, forests, and vast agricultural plains, making it a unique destination for those seeking nature, history, and culture. Originally inhabited by Native American peoples such as the Menominee, Ho-Chunk, and Ojibwe, the territory was characterized by dense forests, winding rivers, and rich natural resources. With the arrival of French settlers in the 17th century, Wisconsin became an integral part of the fur trade routes, while small missions and colonial settlements marked the beginning of a European history that would profoundly transform the region. In the 19th century, with the westward expansion of the United States, Wisconsin saw a growing agricultural population, enriched by German, Scandinavian, and Belgian immigrants, who helped build the local culture and traditions still evident today. Culturally, the state boasts a unique heritage linked to agriculture, artisanal cheese, and traditional festivals, reflecting the identity of its European settlements and coexistence with Native communities. Major cities like Madison, the state capital, and Milwaukee, an industrial and cultural center, offer museums, art galleries, and festivals that celebrate Wisconsin's history and culture, while never losing touch with its rural and natural surroundings. Wisconsin's landscape is surprisingly diverse: the north boasts coniferous forests and glacial lakes ideal for hiking and watersports, while the central region is characterized by rolling hills, expansive farmland, and picturesque rural villages. To the south lie the plains bordering the Mississippi River, with historic towns, navigable waterways, and biodiverse ecosystems. This combination of European and American history, agricultural traditions, and natural beauty makes Wisconsin a charming and authentic Midwestern destination, perfect for those wishing to explore the culture and nature of this green heart of America.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Wisconsin is perfect for solo travellers who want to discover an authentic Midwest combining liveable cities and accessible nature. Milwaukee is the most dynamic hub, with the Third Ward district full of art galleries, the Milwaukee Public Market, and a growing food scene. The Lakefront Trail offers a scenic waterfront walk along Lake Michigan, with parks, museums, and skyline views. For a more alternative vibe, Madison delivers a lively university atmosphere, independent venues, and street culture around State Street.

- **Couples** – Wisconsin is ideal for couples seeking relaxation among lakes, forests, and small towns. Door County offers charming coastal villages, historic lighthouses, vineyards, and Lake Michigan sunsets in a highly romantic setting. The Wisconsin Dells region combines rock formations, rivers, and nature resorts. Lake Geneva is an elegant destination with historic villas and scenic lakeside walks.

- **Families with children** – Wisconsin is very suitable for families thanks to interactive museums and accessible nature. The Milwaukee Public Museum features natural history exhibits, dioramas, and cultural displays from around the world. The Betty Brinn Children's Museum offers hands-on activities designed for younger children. The Wisconsin Dells are one of the waterpark capitals of the United States, ideal for family entertainment.

- **Families with teenagers** – Wisconsin is perfect for families with teenagers thanks to sports, outdoor activities, and lake experiences. Door County offers kayaking, cycling, and outdoor adventures along cliffs and coastal landscapes. The Devil's Lake State Park provides scenic hiking and rock climbing on dramatic rock formations. Milwaukee adds sporting events, live music, and a dynamic urban scene on Lake Michigan.





DID YOU KNOW?

The official state coat of arms of Wisconsin features a central shield divided into four sections representing the state's major industries: a plow for agriculture, a pickaxe and shovel for mining, a hammer arm for manufacturing, and an anchor for navigation. Surrounding the shield are 13 stars, symbolizing the original colonies, and a badger, the state's national animal, with the motto "Forward" representing progress and work.

Culturally, Wisconsin has a strong connection to the music and cinema of the 1970s, 1980s, and 1990s. Musicians like Bon Iver, a native of the state, and polka and folk influences rooted in German and Scandinavian communities have kept the local music scene alive, while festivals like Summerfest began in the 1970s to become a platform for emerging artists and national legends. In film, films like Wisconsin Death Trip (1999, a social history documentary), American Heart (1992, starring Jeff Bridges), and Major League (1989, a sports comedy set in the state near the border) have helped showcase Wisconsin's culture and communities, with actors like Jeff Bridges and Tom Berenger playing roles tied to local or regional contexts. The state has also produced inventors and innovators, such as the creators of processed cheese and the Wisconsin Butter Queen Contest, who have influenced the American food industry.

Wisconsinites are known for their welcoming and down-to-earth nature, combining the warmth of a rural community with the resilience of industrial and lakeside environments. The population displays a strong sense of local identity and roots in agricultural and cultural traditions, with a natural predisposition for cooperation and the outdoors. This blend of culture, innovation, and community makes Wisconsin a fascinating and authentic state, where history, nature, and daily life are uniquely intertwined.

MINNESOTA BETWEEN GREAT LAKES LANDSCAPES, URBAN CULTURE, AND VAST WILDERNESS IN THE NORTH WOODS

Minnesota, known as the "Land of 10,000 Lakes," is a region of extraordinary natural beauty and rich history. Its lands were inhabited for millennia by the Dakota and Ojibwe peoples, who developed a profound knowledge of the lakes and forests, living in harmony with natural resources and leaving archaeological traces still visible today. With the arrival of European settlers in the 17th century, particularly the French and later the Swedish and Norwegians, Minnesota became an important commercial hub linked to the fur trade and the river routes connecting the Great Lakes to the Mississippi. The state officially joined the Union in 1858, developing rapidly through agriculture, forestry, and industry, without ever losing the connection to nature that still characterizes the region today. Minnesota's culture is profoundly influenced by its Nordic heritage and the contact between native communities and European immigrants. Cities like Minneapolis and Saint Paul, known as the Twin Cities, offer a surprisingly rich cultural heritage: theaters, museums, and festivals celebrating music, visual arts, and local history, making the state a culturally stimulating destination. Local traditions such as lake fishing, ice festivals, and rural crafts give Minnesota an authentic and welcoming character. Nature-wise, the state is a true paradise for those who love the outdoors: thousands of lakes, rivers, and boreal forests create a diverse and pristine landscape. The northern region boasts extensive forests and state parks offering hiking, canoeing, and wildlife viewing. The south and center of the state are dominated by rolling hills, agricultural plains, and picturesque rural villages, while the Mississippi River flows through the eastern part, offering spectacular river scenery. This combination of history, culture, and nature makes Minnesota an unmissable and authentic destination in the American Midwest.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Minnesota is ideal for solo travellers seeking a balance between vibrant urban life and untouched nature. Minneapolis is the state's cultural heart, with the North Loop district full of independent restaurants, craft breweries, creative studios, and a strong contemporary scene. The Minneapolis Sculpture Garden, home to the iconic "Spoonbridge and Cherry," adds a strong artistic identity to the city. For a more local and authentic experience, St. Paul offers historic neighbourhoods, intimate music venues, and a more traditional Midwestern atmosphere.

- **Couples** – Minnesota is perfect for couples seeking romantic landscapes and nature escapes. The North Shore of Lake Superior is one of the most scenic drives in the United States, with cliffs, forests, waterfalls such as Gooseberry Falls, and lakeside lodges overlooking the water. Duluth offers panoramic views and a relaxed waterfront ideal for slow travel. For a more secluded experience, the Boundary Waters Canoe Area Wilderness provides remote cabins, canoe routes, and peaceful silence among lakes and forests.

- **Families with children** – Minnesota is very suitable for families thanks to interactive museums and large-scale attractions. The Mall of America in Bloomington is one of the largest shopping and entertainment complexes in the world, featuring an indoor amusement park and an aquarium. The Science Museum of Minnesota in St. Paul offers hands-on exhibits on dinosaurs, space, and natural sciences. The Minnesota Zoo provides immersive habitats and educational trails designed for younger visitors.

- **Families with teenagers** – Minnesota is perfect for families with teenagers thanks to outdoor adventure, sports, and urban activities. The North Shore Scenic Drive offers hiking, kayaking, and spectacular views over Lake Superior. The Boundary Waters region is ideal for canoe expeditions, camping, and wilderness exploration. Minneapolis adds an urban edge with live music, sporting events (NBA and NFL), and a dynamic cultural scene across Uptown and North Loop.





DID YOU KNOW?

The official state coat of arms of Minnesota, adopted on May 11, 2024, replaces the previous coat of arms from 1858 and features a common loon (the state's national bird), white pines, wild rice, and a northern star, surrounded by the Dakota phrase "Mni Sóta Makoce" ("Land where the waters reflect the sky"). This symbol celebrates Minnesota's natural and cultural heritage, recalling its ties to its Native American peoples.

In terms of inventions and innovations, Minnesota has been the birthplace of significant projects: among the most famous are the invention of modern synthetic rubber and the development of advanced medical technology thanks to research centers like the Mayo Clinic in Rochester. In the cultural field, film saw productions linked to the state in the 1970s, 1980s, and 1990s, including films like "Purple Rain" (1984) starring Minneapolis native Prince, and the Coen brothers' "Fargo" (1996), which made Minnesota's snowy settings and small towns famous. Music from the same decades saw artists like Prince, The Replacements, and Hüsker Dü cement the state's reputation as a hub of international alternative and pop music innovation.

Minnesotans are generally welcoming, hardworking, and community-oriented, with a strong civic sense and a particular focus on environmental conservation. They are reserved yet courteous, appreciative of cultural traditions and local music, and maintain a balance between urban modernity and a connection to nature. This mix of innovation, culture, history, and connection to the land makes Minnesota a unique state in the American Midwest.

IOWA BETWEEN UNIVERSITY CITIES, AGRICULTURAL LANDSCAPES, AND AUTHENTIC MIDWEST CULTURE

Iowa, the agricultural heart of the Midwest, is a land of extraordinary natural beauty and rich history. Its rolling hills, loess prairies, and the banks of the Missouri River were inhabited for millennia by the Dakota and Ioway peoples, who developed a profound connection with the land, practicing hunting, fishing, and primitive agriculture, leaving archaeological traces still visible today. With the arrival of European settlers in the 19th century, particularly German and Dutch, Iowa became a crossroads of agricultural and commercial exchanges and a symbol of the American frontier. The state officially joined the Union in 1846, developing rapidly thanks to agriculture, forestry, and small rural communities, without ever losing the connection to nature that still characterizes the region today. Iowa's culture is deeply tied to its pioneer history and agricultural traditions: historic villages like Pella, with its Dutch architecture and flower gardens, celebrate local holidays and crafts, while small museums and artisan workshops tell the stories of the first settler communities. Larger cities, such as Des Moines and Iowa City, offer a surprisingly rich cultural heritage, with galleries, theaters, and festivals celebrating music, visual arts, and literature, making the state culturally stimulating as well. Nature-wise, Iowa is a true paradise for those who love the outdoors: the Loess Hills, rolling prairies, and secluded rivers create a diverse and pristine landscape. In the western region, hills and gorges offer hiking, trekking, and wildlife viewing, while the Missouri and Des Moines rivers offer picturesque and tranquil river scenery. The central and southern parts of the state are characterized by rolling agricultural plains, picturesque rural villages, and farmlands, evoking the history and profound identity of this land. This combination of history, culture, and nature makes Iowa an authentic and surprising destination in the American Midwest, perfect for those seeking an immersive journey through rural landscapes, historic traditions, and little-known natural corners.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Iowa is perfect for solo travellers who want to discover an authentic, less touristy Midwest, combining liveable cities with local culture. Des Moines is the most dynamic hub, with the East Village district full of independent boutiques, creative venues, craft breweries, and a growing cultural scene. The Pappajohn Sculpture Park offers a contemporary urban space with outdoor art installations. For a more alternative experience, Iowa City provides a lively university atmosphere, historic bookstores, and live music.

- **Couples** – Iowa is ideal for couples seeking tranquillity, rural landscapes, and charming small towns. The Amana Colonies offer historic villages with traditional architecture, artisan shops, and a slow, authentic atmosphere. The Loess Hills region features scenic rolling hills, nature trails, and beautiful sunsets. Dubuque, on the Mississippi River, combines history, waterfront views, and panoramas from the Fenelon Place Elevator.

- **Families with children** – Iowa is very suitable for families thanks to interactive museums and educational experiences. The Science Center of Iowa in Des Moines offers hands-on science exhibits and workshops for children. The Blank Park Zoo provides educational trails with animals from around the world. The Field of Dreams Movie Site offers a unique baseball-themed experience in a rural setting.

- **Families with teenagers** – Iowa is perfect for families with teenagers thanks to outdoor activities, sports, and local culture. The Loess Hills offer hiking, cycling, and outdoor adventures in a scenic rolling landscape. The Mississippi River area in Dubuque allows kayaking and water activities. Des Moines adds sporting events, street art, and an evolving urban scene.





DID YOU KNOW?

The official state coat of arms of Iowa, created as one of the first acts of the first state legislature in 1847, depicts a citizen-soldier standing in a cornfield, surrounded by agricultural and industrial tools, with the Mississippi River in the background. An eagle soars above, carrying in its beak a scroll with the state motto: "Our liberties we prize, and our rights we will maintain," symbolizing the defense of rights and freedoms.

Throughout the 1970s, 1980s, and 1990s, Iowa made significant contributions to American music, with local artists and festivals bringing folk, rock, and country influences to the national stage. Among these were Bob Gibson, a hugely influential folk singer-songwriter in the 1970s; Shenandoah-born rock group The Everly Brothers (though their peak was earlier, they continued to perform throughout the 1970s and 1980s); and country artists such as Rex Allen Jr., who solidified the state's musical legacy. In film, the state hosted productions and locations for iconic films such as "Field of Dreams" (1989) starring Kevin Costner, "The Bridges of Madison County" (1995) starring Meryl Streep and Clint Eastwood, and "Twister" (1996) starring Helen Hunt and Bill Paxton, which showcased Iowa's rural landscapes and small communities. Iowa also produced historic inventions related to agriculture and machinery, reflecting the state's practical and innovative nature.

Iowans are known for their welcoming, hard-working nature, deeply rooted in their local communities and agricultural traditions, and their pragmatic, supportive spirit makes them welcoming and friendly to visitors.

MISSOURI BETWEEN GREAT RIVERS, CREATIVE CITIES, AND MIDWEST LANDSCAPES ACROSS THE OZARKS AND THE MISSISSIPPI

Missouri, nestled between the Mississippi and Missouri Rivers, is a region rich in history, culture, and iconic landscapes of the American Midwest. Before the arrival of Europeans, the territory was inhabited by Native American tribes, including the Osage and Missouria, who developed settlements along the rivers and established trade routes that are still visible today in the landscapes of the Missouri Delta. In the 18th century, the area was colonized by the French, becoming part of the vast territory of French Louisiana, and later came under US control with the Louisiana Purchase. Missouri officially entered the Union in 1821, becoming one of the key states of the American frontier, thanks to its strategic location along the river routes that fostered trade, migration, and urban development. Missouri's culture is deeply rooted in music, literature, and industrial history. Cities like St. Louis, famous for its iconic Gateway Arch, and Kansas City, known for its jazz and unique barbecue, are cultural hubs that combine history and modernity. The state also boasts a rich heritage rooted in Midwestern rural and agricultural traditions, evident in small villages, historic farms, and local markets that still preserve the customs of the first European settlers. Missouri's landscape alternates fertile plains, rolling hills, and spectacular river valleys. The Missouri and Mississippi Rivers create impressive riverscapes, ideal for hiking and scenic cruises, while the hilly regions of the southwest offer lush forests, caves, and natural parks. The combination of history, urban culture, and pristine nature makes Missouri an authentic and surprising Midwestern destination, perfect for those wishing to explore the historic and natural heart of the United States.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Missouri is perfect for solo travellers who want to discover a dynamic and authentic Midwest, combining cultural cities and accessible nature. St. Louis is the main urban hub, with the Delmar Loop district full of independent venues, live music, and street culture. The Gateway Arch National Park tells the story of westward expansion through an iconic architectural landmark and an immersive underground museum. For a more alternative side, Kansas City offers the Crossroads Arts District, with contemporary galleries, murals, and a strong jazz music scene.

- **Couples** – Missouri is ideal for couples seeking relaxed atmospheres between nature and small towns. The Ozark Mountains region offers forest lodges, lakes, and landscapes perfect for slow travel. Hermann, with its German-influenced wine tradition, features wineries, boutique hotels, and romantic hill views. Branson combines entertainment and nature, with views over Lake Taneycomo and scenic driving routes.

- **Families with children** – Missouri is very suitable for families thanks to interactive museums and educational attractions. The St. Louis Science Center offers hands-on science experiences and free access to many exhibition areas. The City Museum in St. Louis is a one-of-a-kind museum, featuring interactive installations, tunnels, and artistic environments. The Kansas City Zoo offers natural habitats and educational trails.

- **Families with teenagers** – Missouri is perfect for families with teenagers thanks to outdoor activities, sports, and urban culture. The Ozark National Scenic Riverways offer kayaking, swimming, and hiking along crystal-clear rivers and natural caves. Kansas City provides live jazz music, street art, and a creative urban scene. St. Louis adds sporting events, MLB baseball, and riverfront activities along the Mississippi.





DID YOU KNOW?

The official coat of arms of the state of Missouri, adopted on January 11, 1822, and designed by Judge Robert William Wells, features a central shield flanked by two grizzly bears, symbols of strength and courage, with the state motto "Salus Populi Suprema Lex Esto" ("The welfare of the people shall be the supreme law").

Throughout the 1970s, 1980s, and 1990s, Missouri made significant contributions to American music: in Kansas City, jazz and blues continued to thrive, with historic festivals and clubs hosting artists like Charlie Parker (though active earlier, his legacy has influenced generations), while Kennett native Sheryl Crow brought rock and pop country nationally. In film, St. Louis and other rural areas of the state served as the backdrop for screenings of classics like "Meet Me in St. Louis" (1944), which were also celebrated in the 1970s and 1980s to evoke the city's history. In terms of innovation, Missouri made significant contributions to industrial and agricultural fields, such as the development of advanced techniques for river transportation along the Mississippi and new equipment for processing corn and soybeans, strengthening the state's reputation as a creative and productive hub of the Midwest.

Missourians are known for their friendly, down-to-earth nature and pride in their traditions. Residents combine a strong sense of community with a taste for music, theater, and the visual arts, keeping the history of the frontier and river towns alive. Among curious anecdotes, it's said that in Kansas City, residents still enjoy lively discussions about barbecue, with local competitions becoming genuine social events, demonstrating the state's sense of humor and regional pride.



SOUTH CENTRAL – A REGION RICH IN HISTORY, CULTURE AND UNFORGETTABLE LANDSCAPES



The South Central United States is a region that blends spectacular natural landscapes, rich history, and authentic culture. Originally inhabited by tribes such as the Choctaw, Chickasaw, and Caddo, this area preserves evidence of indigenous traditions related to hunting, agriculture, and life along the great rivers. With the arrival of European settlers and the westward migration between the 17th and 19th centuries, the South Central states became agricultural, commercial, and cultural centers, giving rise to iconic cities and picturesque villages that still tell stories of pioneers, plantations, and river markets. From the plains of Texas and Oklahoma, to the swamps and bayous of Louisiana, to the woodlands of Arkansas, the region offers diverse landscapes ranging from pristine natural environments to urban centers rich in tradition and modernity. This combination of history, culture, and nature makes the South Central an ideal destination for those wishing to explore an authentic America, far from mass tourism, on a journey that combines adventure and discovery. In terms of size and territorial variety, this macro-area can be compared to a large portion of central-southern Italy: a territory that, ideally, recalls regions such as Lazio, Campania, Puglia, and Sicily.

The region comprises four main states:

- OKLAHOMA
- ARKANSAS
- LOUISIANA
- TEXAS

The main airports providing access to the region are:

- Dallas/Fort Worth International – Major hub for Texas and Oklahoma, with excellent road and air connections to Arkansas and Louisiana
- Louis Armstrong New Orleans International – Prime gateway to Louisiana, with easy access to Arkansas and East Texas as well
- Little Rock National Airport – Strategically located for reaching Arkansas, with efficient connections to East Texas and North Louisiana
- Will Rogers World Airport – Ideal for Oklahoma, with direct access to neighboring Texas and Arkansas

The South Central combines vast natural spaces, cities rich in history and culture, and evocative landscapes. From the plains of Texas to the bayous of Louisiana, from the woods of Arkansas to the rural landscapes of Oklahoma, this region offers unforgettable experiences, moments of relaxation, and unique adventures. Perfect for those seeking a journey off the beaten path, the South Central offers the charm of an authentic and surprising America.

OKLAHOMA BETWEEN VAST PRAIRIES, NATIVE AMERICAN CULTURE, AND CITIES IN TRANSFORMATION

Oklahoma, nestled between the great plains of the South Central and the hilly regions of the South, is one of the most authentic and historically rich destinations in the American South Central. Before the arrival of European settlers, the territory was inhabited by numerous Native American tribes, including the Cherokee, Choctaw, Creek, and Comanche, who left a profound cultural legacy that is still visible today in museums, reservations, and traditional celebrations. In the 19th century, following the federal policy of forced removal of Native populations from eastern lands, Oklahoma became the so-called "Indian Territory," becoming a crossroads of indigenous cultures, languages, and traditions. The state became part of the United States in 1907, perpetuating a unique combination of frontier history, Native American traditions, and agricultural innovation. Culturally, Oklahoma retains a strong connection to its Native and rural roots. Cities like Oklahoma City and Tulsa blend modernity and history: museums dedicated to indigenous cultures, contemporary art galleries, and historic neighborhoods tell the story and culture of a region constantly balancing tradition and innovation. Country and American folk music find fertile ground here, with festivals and performances celebrating the state's deep musical roots. Oklahoma's natural landscape is surprisingly diverse. The vast central prairies offer endless vistas of rolling fields and vast skies, ideal for those seeking tranquility and open vistas. In the eastern regions, wooded hills and meandering rivers abound, while to the west and northwest, the terrain becomes more arid, with canyons and striking rock formations reminiscent of the American frontier. This combination of indigenous history, cultural traditions, and unique natural scenery makes Oklahoma a fascinating and authentic South Central destination, perfect for those seeking to discover a profound and little-known side of America.

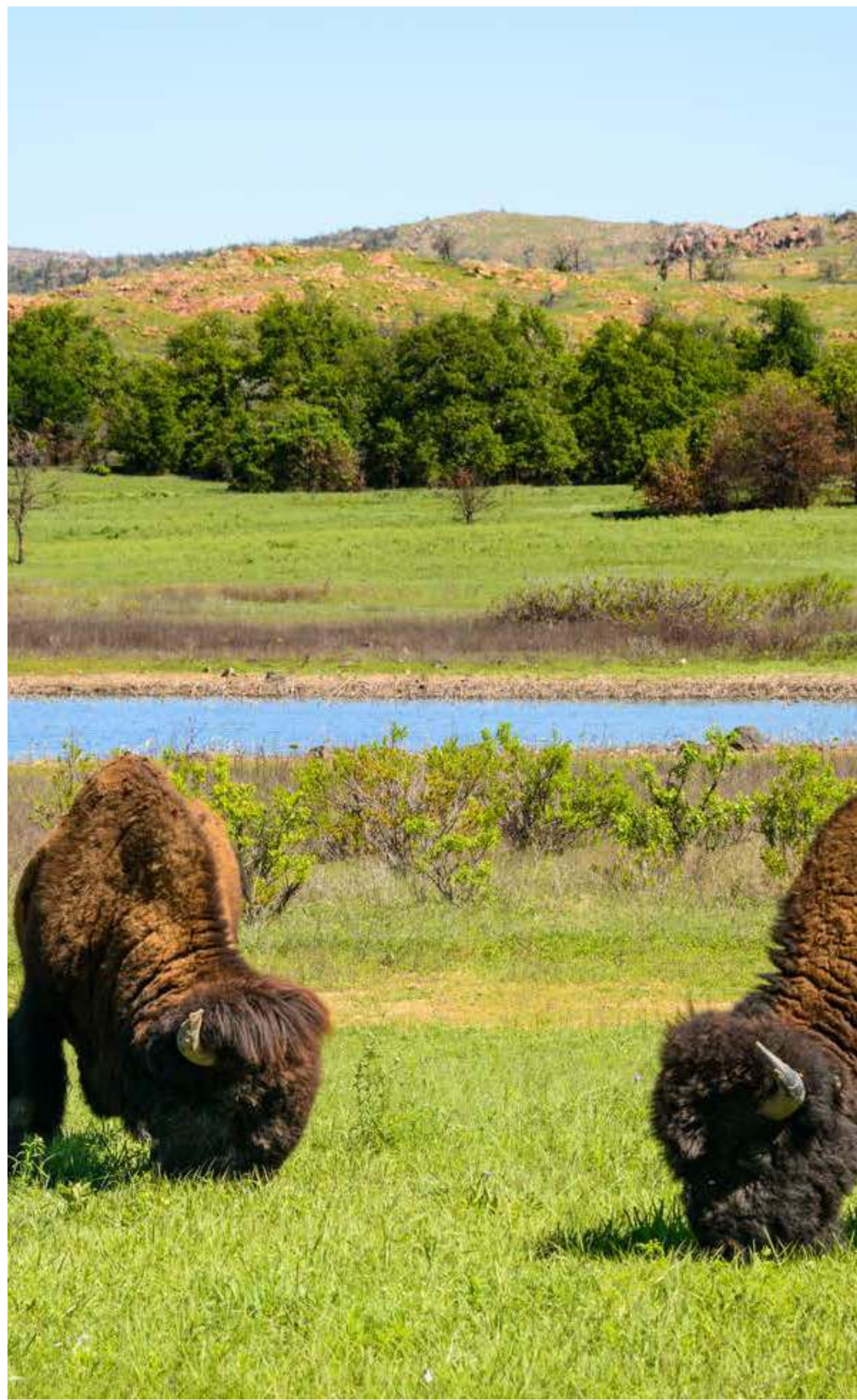
PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Oklahoma is perfect for solo travellers who want to discover a lesser-known South Central, combining evolving cities and open landscapes. Oklahoma City is the main urban hub, with the Bricktown district featuring canals, restaurants, nightlife, and a lively evening atmosphere. The Oklahoma City National Memorial & Museum offers a powerful and immersive experience on a key moment in recent U.S. history. For a more alternative side, Tulsa offers the Arts District, with contemporary galleries, live music, and a strong creative identity.

- **Couples** – Oklahoma is ideal for couples seeking peaceful atmospheres and wide-open landscapes. The Tallgrass Prairie Preserve offers endless prairies, free-roaming bison, and spectacular sunsets in a highly authentic setting. Broken Bow and the Beavers Bend State Park area provide forest cabins, lakes, and nature perfect for a secluded romantic getaway. Tulsa adds an elegant urban touch with Art Deco architecture and refined venues.

- **Families with children** – Oklahoma is very suitable for families thanks to interactive museums and accessible nature. The Science Museum Oklahoma in Oklahoma City offers hands-on science experiences, a planetarium, and educational activities. The Oklahoma City Zoo features nature trails and animal habitats. The National Cowboy & Western Heritage Museum presents the history of the American West in an engaging way.

- **Families with teenagers** – Oklahoma is perfect for families with teenagers thanks to outdoor activities, culture, and dynamic experiences. Beavers Bend State Park offers kayaking, hiking, and lake activities in a highly scenic natural setting. Oklahoma City provides sporting events, street culture, and a growing urban scene. Tulsa adds concerts, festivals, and a strong musical identity linked to rock and jazz.





DID YOU KNOW?

The official state coat of arms of Oklahoma features a large five-pointed star containing the seals of the five Native American nations—Cherokee, Chickasaw, Choctaw, Creek, and Seminole—along with the seal of the Territory of Oklahoma. This symbol represents peace, unity, and the state's cultural diversity.

Throughout the 1970s, 1980s, and 1990s, Oklahoma contributed to the American music scene with country, folk, and rock influences rooted in rural traditions and Native American roots. Artists like Garth Brooks, a native of Tulsa, and Reba McEntire, with roots in McAlester, brought country music to national stages, while local bands popularized rock and folk sounds rooted in Midwestern culture. During the same period, film productions set in the state or with local directors were released, such as "Twister" (1996), which showcased the landscapes of the Great Plains and the grandeur of Midwestern tornadoes, creating a connection between nature, culture, and cinematic storytelling. Oklahoma also made important contributions to innovation: from the agricultural sector with advanced irrigation and plains farming techniques, to the oil and natural gas industry, which shaped the state's economy and contributed to regional technological development.

Oklahoma's population is characterized by a strong mix of cultures, with roots in Native American communities, European pioneers, and later immigrants. This combination has created a welcoming, hard-working society deeply rooted in the land, with a strong sense of community and local traditions still evident today in its villages and small towns.

ARKANSAS BETWEEN OZARK MOUNTAINS, CRYSTAL-CLEAR RIVERS, AND AUTHENTIC NATURE IN THE HEART OF THE AMERICAN SOUTH

Arkansas, often referred to as "The Natural State," is a land of extraordinary beauty and cultural richness, where pristine nature intertwines with a deep and complex history. Before the arrival of European settlers, these lands were inhabited by Native American peoples such as the Quapaw, Osage, and Caddo, who developed a way of life closely tied to the region's rivers and forests. With European expansion in the 18th century, Arkansas became part of French Louisiana, traversed by explorers and traders who recognized its strategic riverine importance and natural resources. The state officially became part of the United States in 1836, transforming into an agricultural and commercial territory characterized by small towns, plantations, and resilient communities. Culturally, Arkansas preserves deep traditions tied to Southern music, crafts, and cuisine. Cities such as Little Rock, the capital, and Hot Springs, known since the 19th century for its thermal springs, offer a blend of history, art, and local culture. Blues and country music, traditional crafts, and folk celebrations represent a living connection to the past and an invitation to discover the state's authentic identity. Naturally, Arkansas offers a surprising variety of landscapes. The Ozark and Ouachita Mountains feature dense forests, hidden waterfalls, and scenic trails ideal for hiking and romantic adventures. The Arkansas and Ouachita rivers and natural lakes create ideal environments for outdoor activities, while the central plains and hills are home to historic farms and small rural villages. This combination of history, culture, and pristine nature makes Arkansas a must-see destination in the South Central, perfect for those who want to discover an authentic and evocative side of America.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Arkansas is perfect for solo travellers who want to discover an authentic, less touristy America, combining nature and small creative towns. Little Rock is the main urban hub, with the River Market District, full of bars, markets, restaurants, and a lively riverside atmosphere along the Arkansas River. The William J. Clinton Presidential Library offers an immersive experience into modern American political history. For a more alternative side, Fayetteville (in the northern part of the state) offers a university atmosphere, live music, and street culture.

- **Couples** – Arkansas is ideal for couples seeking romance among nature, lakes, and hills. The Ozark Mountains region offers forests, woodland lodges, and scenic drives perfect for slow travel. Hot Springs is a historic destination known for its natural thermal baths, classic architecture, and an elegant downtown ideal for relaxing stays. The Buffalo National River area provides pristine river landscapes, perfect for intimate nature experiences.

- **Families with children** – Arkansas is very suitable for families thanks to accessible nature and educational museums. The Little Rock Zoo offers educational trails and animals from around the world. The Museum of Discovery provides hands-on science experiences for children. The Crater of Diamonds State Park is a unique experience: an open-air mine where visitors can search for real diamonds in a fun and safe environment.

- **Families with teenagers** – Arkansas is perfect for families with teenagers thanks to outdoor adventure and active nature experiences. The Buffalo National River offers kayaking, swimming, and hiking along one of the most pristine rivers in the United States. The Ozark Highlands provide hiking, mountain biking, and natural caves. Hot Springs National Park adds trails, thermal baths, and a compelling mix of nature and history.





DID YOU KNOW?

The official state coat of arms of Arkansas, adopted in its current form in 1907, features a central shield with symbols of liberty, mercy, and justice, supported by an eagle holding a scroll with the Latin motto "Regnat Populus" ("The People Rule"). The outer ring reads "Seal of the State of Arkansas."

Throughout the 1970s, 1980s, and 1990s, Arkansas played a key role in the American music scene, particularly through its influences on blues, country, and rock, rooted in Southern traditions. Artists such as Johnny Cash (a native of Kingsland, Arkansas) and Johnnie Taylor (soul and blues with ties to the region) represented sounds rooted in Delta culture, while musicians such as Chris LeDoux and local bands from Little Rock and Hot Springs brought rock and country influences in the following decades, contributing to the genres' national diffusion. In film, Arkansas has been the set or setting of several acclaimed films: "Sling Blade" (1996), written, directed by, and starring Billy Bob Thornton, filmed in Benton and winner of the Academy Award for Best Adapted Screenplay, and "Bootleggers" (1974), set in rural Arkansas. These films reflect rural settings, human dramas, and local legends, many set right in the heart of the state. In terms of inventions and technological contributions, Arkansas has historically developed locally adapted agricultural machinery and solutions for processing and preserving cotton and field produce, reflecting the state's deep connection to agriculture and rural engineering.

Arkansas residents are known for their warm hospitality, humor, and community spirit. Many rural communities celebrate music and food festivals that combine tradition, food, and local folklore. This blend of traditions, love of music, storytelling, and conviviality makes Arkansans characteristically welcoming and proud of their roots.

LOUISIANA BETWEEN CREOLE CULTURE, JAZZ MUSIC, AND DELTA LANDSCAPES ALONG THE MISSISSIPPI RIVER AND THE GULF OF MEXICO

Louisiana is a unique crossroads of history, culture, and extraordinary landscapes, where music, cuisine, and local traditions create a unique experience. Before the arrival of Europeans, these lands were inhabited by native tribes such as the Choctaw, Chitimacha, and Houma, who exploited the rivers and swamps for fishing, agriculture, and trade. In the 17th century, Louisiana became a French colony, with strategic settlements along the Mississippi River and trade routes for furs, tobacco, and cotton. Louisiana became part of the United States with the Louisiana Purchase in 1803 and rapidly developed as an agricultural and commercial region, maintaining a strong Creole and Francophone cultural identity. Culturally, the state is renowned for its vibrant music scene, ranging from jazz to blues and zydeco, and for its refined cuisine, which blends French, African, and Native American influences. Cities like New Orleans, with its French Quarter, and Baton Rouge, the historic capital, offer museums, festivals, and iconic architecture, reflecting Louisiana's rich cultural heritage. Local music and dance traditions make every visit an immersive and unique experience. Naturally, Louisiana offers unique landscapes in the Southern United States. Bayou marshes, cypress forests, and winding waterways create mysterious and captivating environments, ideal for boating and birdwatching. The Mississippi plains and coastal regions offer spectacular landscapes and natural habitats for diverse wildlife. This combination of colonial history, vibrant culture, and natural beauty makes Louisiana an unforgettable South Central destination, perfect for those seeking a honeymoon filled with charm, tradition, and extraordinary scenery.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Louisiana is perfect for solo travellers who want to immerse themselves in a truly unique American culture, blending music, history, and vibrant atmospheres. New Orleans is the state's beating heart, with the French Quarter, famous for its colonial streets, live jazz music, and historic venues. The Garden District offers a more elegant side with antebellum mansions and tree-lined avenues. For a more authentic experience, Tremé showcases the city's African American and musical heritage, while the Mississippi riverfront adds a scenic and dynamic atmosphere.

- **Couples** – Louisiana is ideal for couples seeking romantic and deeply atmospheric experiences. The historic plantations along the Mississippi River, such as those on the River Road, offer iconic scenery with centuries-old oak trees and historic architecture. The Bayou region provides watery landscapes, cypress trees, and immersive silence perfect for slow travel and intimate stays. New Orleans completes the experience with river cruises and candlelit jazz evenings.

- **Families with children** – Louisiana is very suitable for families thanks to interactive museums and unique natural experiences. The Audubon Aquarium of the Americas in New Orleans allows visitors to explore Gulf of Mexico marine ecosystems. The Louisiana Children's Museum offers educational activities and creative workshops. Bayou excursions allow safe guided tours to observe alligators and local wildlife.

- **Families with teenagers** – Louisiana is perfect for families with teenagers thanks to music, culture, and adventurous nature experiences. New Orleans offers a unique music scene with jazz, blues, and year-round festivals. Bayou tours include boat trips through swamps and wildlife areas. The Mississippi River adds river-based activities and historic landscapes deeply tied to Southern culture.





DID YOU KNOW?

The official state coat of arms of Louisiana depicts a brown pelican in its nest, tearing its breast to feed its three chicks with its own blood, known as the "pelican in her piety." This symbol represents Louisiana's willingness to sacrifice itself for the well-being of its citizens. The circular seal is surrounded by the words "Union, Justice, Confidence," and "State of Louisiana." It was formally adopted in 1902 and updated in 2006 to include the pelican's blood drops.

Throughout the 1970s, 1980s, and 1990s, Louisiana played a prominent role in American music, particularly through jazz, blues, zydeco, and Southern rock. Artists like Fats Domino, Dr. John, and Harry Connick Jr. brought local sounds to national stages, while festivals like the New Orleans Jazz & Heritage Festival cemented the state's reputation as a musical hub. Film productions like "Steel Magnolias" (1989) and "The Big Easy" (1986) brought fame to cities like New Orleans and Baton Rouge, showcasing their vibrant urban life, delta landscapes, and local traditions in a romantic and authentic setting. Louisiana-related innovations and inventions included developments in river engineering, with levees and dams along the Mississippi River and in the swamps, and advances in rice and sugarcane cultivation, which shaped the South's economy and agriculture.

Louisiana's population is characterized by an extraordinary mix of cultures: Creole, Cajun, French, African, and Native American communities coexist and intertwine, giving rise to unique traditions of music, dance, cuisine, and crafts. Local humor, street festivals, folk tales, and rural celebrations testify to a welcoming, hard-working society deeply rooted in the land, ready to share with visitors its history, traditions, and the warm spirit typical of the American South.

TEXAS BETWEEN VAST CITIES, ENDLESS SPACES, AND SOUTH CENTRAL CULTURE SHAPED BY MUSIC, RANCH LIFE, AND WILD NATURE

Texas, the second-largest state in the United States, is a land of extraordinary contrasts and immense charm, where history, culture, and nature intertwine in a unique way. Before the arrival of Europeans, the vast plains, hills, and coastal regions were inhabited by native tribes such as the Comanche, Apache, and Caddo, who developed complex lifestyles based on hunting, agriculture, and trade routes across rivers and valleys. With European expansion, the state became first a Spanish colony and then part of Mexico, until declaring its independence in 1836 and establishing the famous Republic of Texas, which became part of the United States a decade later. Texan culture is a mosaic of indigenous, Spanish, Mexican, and Anglo-American influences. Cities such as Austin, the cultural and musical capital; San Antonio, with its historic Alamo and picturesque River Walk; and Houston, the economic and artistic hub, offer unique cultural and artistic experiences. Country music, rodeo, Tex-Mex cuisine, and rural traditions represent a living link to the past and give Texas a highly recognizable and fascinating identity. From a naturalistic perspective, Texas offers a surprising variety of landscapes: the central plains and vast prairies are home to wildlife and historic ranches, the rolling hills of the Hill Country offer clear rivers, wineries, and picturesque villages, while to the west stretch deserts, canyons, and spectacular rock formations. The Gulf Coast adds an additional element of allure, with sandy beaches, estuaries, and coral reefs. This combination of history, culture, and natural scenery makes Texas an unmissable and iconic destination in the South Central, ideal for those seeking a honeymoon filled with adventure, romance, and authenticity.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Texas is perfect for solo travellers who want a mix of dynamic major cities and a strong cultural identity. Austin is the state's most creative hub, with the South Congress (SoCo) district full of independent venues, live music, and street culture. The city is also famous for its lively Sixth Street music scene. For a more urban and modern experience, Houston offers world-class museums in the Museum District, featuring major institutions dedicated to art, science, and history, alongside one of the most diverse food scenes in the United States.

- **Couples** – Texas is ideal for couples seeking romantic atmospheres across cities, nature, and authentic small towns. San Antonio is one of the most atmospheric cities, with the River Walk, illuminated urban canals lined with riverside restaurants in a highly scenic setting. The Texas Hill Country offers vineyards, rolling hills, and charming towns such as Fredericksburg, perfect for wine experiences and relaxed stays. For a wilder escape, Big Bend National Park delivers dramatic desert landscapes and unforgettable star-filled skies.

- **Families with children** – Texas is very suitable for families thanks to interactive museums and major attractions. The Houston Space Center offers an immersive experience into NASA's world, with rockets, missions, and simulators. The San Antonio Zoo and nearby SeaWorld San Antonio provide both educational and entertaining activities. In Dallas, the Perot Museum of Nature and Science offers hands-on science experiences designed for younger visitors.

- **Families with teenagers** – Texas is perfect for families with teenagers thanks to outdoor adventure, sports, and urban culture. Big Bend National Park offers hiking, rafting, and desert exploration in one of the most spectacular landscapes in the United States. Austin delivers a world-class live music scene and outdoor activities such as kayaking on Lady Bird Lake. Houston and Dallas add professional sports events, street art, and a strong contemporary urban culture.





DID YOU KNOW?

The official state coat of arms of Texas, adopted in 1845, features a five-pointed star surrounded by olive and evergreen oak branches, symbols of peace and strength. At the center, the inscription "The State of Texas" appears on a blue background, representing the identity of the Lone Star State, the state's famous nickname that symbolizes independence and pride.

Throughout the 1970s, 1980s, and 1990s, Texas played a pivotal role in American music. Cities like Austin and Dallas hosted country, blues, and rock music festivals and venues. Texas artists like Stevie Ray Vaughan, ZZ Top, George Strait, and Willie Nelson brought the state's musical heritage to national and international audiences. In film, Texas served as the backdrop for iconic films such as "Urban Cowboy" (1980), which popularized the country lifestyle and rodeo culture, and "Friday Night Lights" (1990), which captured the passion for football and life in small Texas communities. Among its inventions and technological contributions, Texas made significant advances in energy, agriculture, and space exploration. Houston, with the Johnson Space Center, was central to the Apollo missions and the development of American space technology. The state also has a long tradition of innovation in petroleum engineering and advanced agricultural practices.

Texans are known for their proud, independent, and hospitable character, with a strong connection to community and local traditions. They combine respect for history and culture with a pioneering and adventurous spirit, evident in rodeos, rural festivals, and celebrations of the outdoors. Among the fun facts and anecdotes: Texas is home to the largest number of ranches in the United States, is famous for its barbecue and the variety of cattle and sheep raised, and the motto "Everything is bigger in Texas" reflects the scale of the landscapes, facilities, and experiences the state offers.



ROCKY MOUNTAINS – NORTHERN PLAINS - WHERE ADVENTURE, PRISTINE NATURE AND PIONEER STORIES BLEND INTO EXTRAORDINARY EXPERIENCES



The Rocky Mountains and Northern Plains region is a fascinating territory for its immense variety of landscapes and profound history. Originally inhabited by tribes such as the Lakota, Crow, Cheyenne, and Mandan, it preserves evidence of indigenous cultures linked to hunting, fishing, and the nomadic life of the great prairies. With the westward expansion of European settlers and the epic of 19th-century pioneers, the region became the scene of exploration, fur trading, and historic battles, which have left their mark in historic forts, villages, and trails. Landscapes range from the spectacular peaks of the Rocky Mountains to the canyons and unique geological formations of Utah and Colorado, passing through the vast plains of Nebraska, Kansas, and the Dakotas. Rushing rivers, crystal-clear lakes, and pristine forests offer an ideal natural setting for hiking, trekking, rafting, and moments of total immersion in unspoiled nature. This macro-region combines adventure, history, culture, and breathtaking scenery, perfect for those seeking authentic experiences away from the traditional tourist routes. In size, this macro-area can be compared to almost half of northern and central Italy, including territories equivalent to Piedmont, Lombardy, Trentino-Alto Adige, Veneto, Emilia-Romagna and part of Tuscany.

The region comprises nine main states:

- NORTH DAKOTA
- SOUTH DAKOTA
- NEBRASKA
- KANSAS
- MONTANA
- WYOMING
- COLORADO
- IDAHO
- UTAH

The main airports providing access to the region are:

- Denver International Airport – Main hub for Colorado and Wyoming, with flights and road connections to Montana, Utah, and the Northern Plains
- Salt Lake City International Airport – Ideal gateway to Utah and Idaho, with connections to Montana, Wyoming, and western Colorado
- Billings Logan International Airport – Strategically located for Montana and eastern Wyoming, with easy access to surrounding rural areas and national parks
- Rapid City Regional Airport – Gateway to South Dakota and North Dakota, perfect for visiting the Black Hills and the wide-open spaces of the Northern Plains
- Kansas City International Airport – Offers access to Kansas, Nebraska and northern Missouri, with efficient connections to the Dakotas and eastern Colorado

The Rocky Mountains and Northern Plains region offers spectacular landscapes, picturesque cities, and vast natural spaces, ideal for those seeking a unique travel experience. From towering mountains to endless prairies, from evocative canyons to crystal-clear lakes, this area offers unique adventures, moments of relaxation immersed in nature, and perfect views for unforgettable experiences. Exploring these lands means immersing yourself in an authentic America, full of wild beauty and extraordinary stories.

NORTH DAKOTA BETWEEN ENDLESS PRAIRIES, GREAT PLAINS CULTURE, AND WILD, SILENT LANDSCAPES

North Dakota, often considered the heart of the American Great Plains, is a state of extraordinary natural beauty and rich history. Before the arrival of Europeans, the territory was inhabited by native tribes such as the Mandan, Hidatsa, and Arikara, who developed permanent settlements along the great rivers and advanced agricultural systems, leaving archaeological traces that can still be visited today. With European expansion, the region became a crossroads for French and American traders engaged in the fur trade and the construction of forts along the Missouri River. Colonization and the subsequent creation of the state in 1889 marked the beginning of rapid agricultural and urban development, transforming the plains into one of the productive heartlands of the Northern Plains. Culturally, North Dakota retains a strong identity linked to its native roots and to the communities of Norwegian and German immigrants who shaped rural life, architecture, and local traditions. Cities like Bismarck and Fargo offer museums, galleries, and festivals celebrating the history of Native American tribes and the culture of European settlers, making the state a fascinating cultural destination as well. North Dakota's natural landscape is surprisingly diverse: vast rolling prairies, forested hills along rivers, and spectacular wetlands create ideal habitats for wildlife, including bison and golden eagles. Theodore Roosevelt National Park, with its badlands and unique rock formations, offers spectacular scenery and hiking trails immersed in pristine nature. This combination of history, culture, and natural landscapes makes North Dakota an authentic and fascinating destination in the heart of the Northern Plains, perfect for those seeking an experience far from the conventional tourist routes.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – North Dakota is perfect for solo travellers seeking an authentic, remote America far from tourist routes. Fargo is the main urban hub, with a growing cultural scene of independent galleries, microbreweries, and local venues in the Downtown District. The Plains Art Museum offers an interesting collection of contemporary and regional art. For a more natural experience, the Maah Daah Hey Trail in the Medora area crosses spectacular landscapes of badlands and endless prairies.

- **Couples** – North Dakota is ideal for couples seeking isolation, silence, and untouched landscapes. Theodore Roosevelt National Park offers canyons, free-roaming bison, and dramatic sunsets over the Badlands, perfect for slow and romantic travel. Medora is a small historic town surrounded by nature, with lodges and an authentic western atmosphere. The Great Plains provide scenic, traffic-free roads and endless horizons.

- **Families with children** – North Dakota is very suitable for families thanks to educational experiences and accessible nature. The Fargo Air Museum showcases aviation history with historic aircraft and interactive activities. The Dakota Zoo in Bismarck offers educational trails and animals from around the world. The Gateway to Science Center provides hands-on science workshops and interactive learning experiences for children.

- **Families with teenagers** – North Dakota is perfect for families with teenagers thanks to outdoor adventure and vast natural landscapes. Theodore Roosevelt National Park offers hiking, wildlife watching, and nature photography in spectacular scenery. The Maah Daah Hey Trail is ideal for mountain biking and long-distance trekking. Fargo adds cultural events, live music, and a growing urban scene.





DID YOU KNOW?

The official state coat of arms of North Dakota, established by the 1889 state constitution and based on an 1863 territorial design, depicts a tree surrounded by three sheaves of wheat, symbolizing the state's fertility and agricultural wealth. In the background, a Native American man chases a buffalo, armed with a bow, arrows, and tools that recall the history and traditions of indigenous peoples. The motto reads: "Liberty and Union Now and Forever, One and Inseparable," underscoring the state's commitment to freedom and unity.

During the 1970s, 1980s, and 1990s, North Dakota contributed to the American music scene, primarily with folk, country, and rock influences emanating from its small towns and local festivals. Artists like Mark Tamburino and regional bands promoted Midwestern musical traditions, while events like the Fargo Jazz Festival brought the state's music to a wider audience. In film, North Dakota was the setting for "North Dakota Backroads," a local documentary that chronicles rural life and the state's farming communities, showcasing landscapes and villages typical of the Northern Plains. Among its inventions and unique contributions, North Dakota stands out for its advanced agriculture and grain and wheat research, developed at local universities and experimental centers, as well as for innovations related to wind energy and sustainable livestock farming.

Its inhabitants are known for their proud, hardworking, and welcoming nature, with a strong rural identity and an ability to adapt to the harsh seasons and wide-open spaces. The local humor, sober and rooted in the daily life of farming communities, complements the stories of pioneers and modern citizens, making the state warm and surprisingly vibrant.

Fun Facts: North Dakota has one of the highest rates of free-ranging bison in America and is home to more than 3,000 natural lakes.

SOUTH DAKOTA BETWEEN THE BADLANDS, SACRED MOUNTAINS, AND ICONIC WILDERNESS OF THE WILD NORTHERN PLAINS

South Dakota is a region enchanting with its extraordinary natural beauty and profound history. Inhabited for centuries by the Lakota, Dakota, and Nakota peoples, the state preserves vivid evidence of the culture of the Sioux tribes, including ceremonial villages, rock art, and sacred river routes. With European and American expansion, the territory became a strategic crossroads between the prairies and the Mississippi and Missouri waterways. The epic saga of 19th-century pioneers and exploratory expeditions, combined with the tragic history of conflicts with native populations, has shaped a landscape rich in historical and spiritual memory. Culturally, South Dakota offers a unique blend of Native American traditions and the influences of German and Norwegian settlers. Cities like Pierre, the capital, and Rapid City, near Mount Rushmore, combine museums, art galleries, and cultural festivals that celebrate local history and the folk music of the Northern Plains. The spirituality and traditional ceremonies of the Sioux, combined with rural celebrations and local fairs, make every visit an immersive and authentic experience. From a naturalistic perspective, the state is a true paradise for those who love spectacular scenery. The Badlands offer lunar landscapes of canyons, pinnacles, and unique rock formations, ideal for hiking and nature photography. The Black Hills, with dense forests, hidden valleys, and the famous Mount Rushmore, offer romantic itineraries immersed in nature and American history. Rivers like the Missouri and glacial lakes create habitats rich in biodiversity, perfect for outdoor activities and moments of relaxation immersed in nature. This combination of culture, history, and natural scenery makes South Dakota a must-see destination in the Northern Plains, ideal for travelers seeking authenticity and wonder.

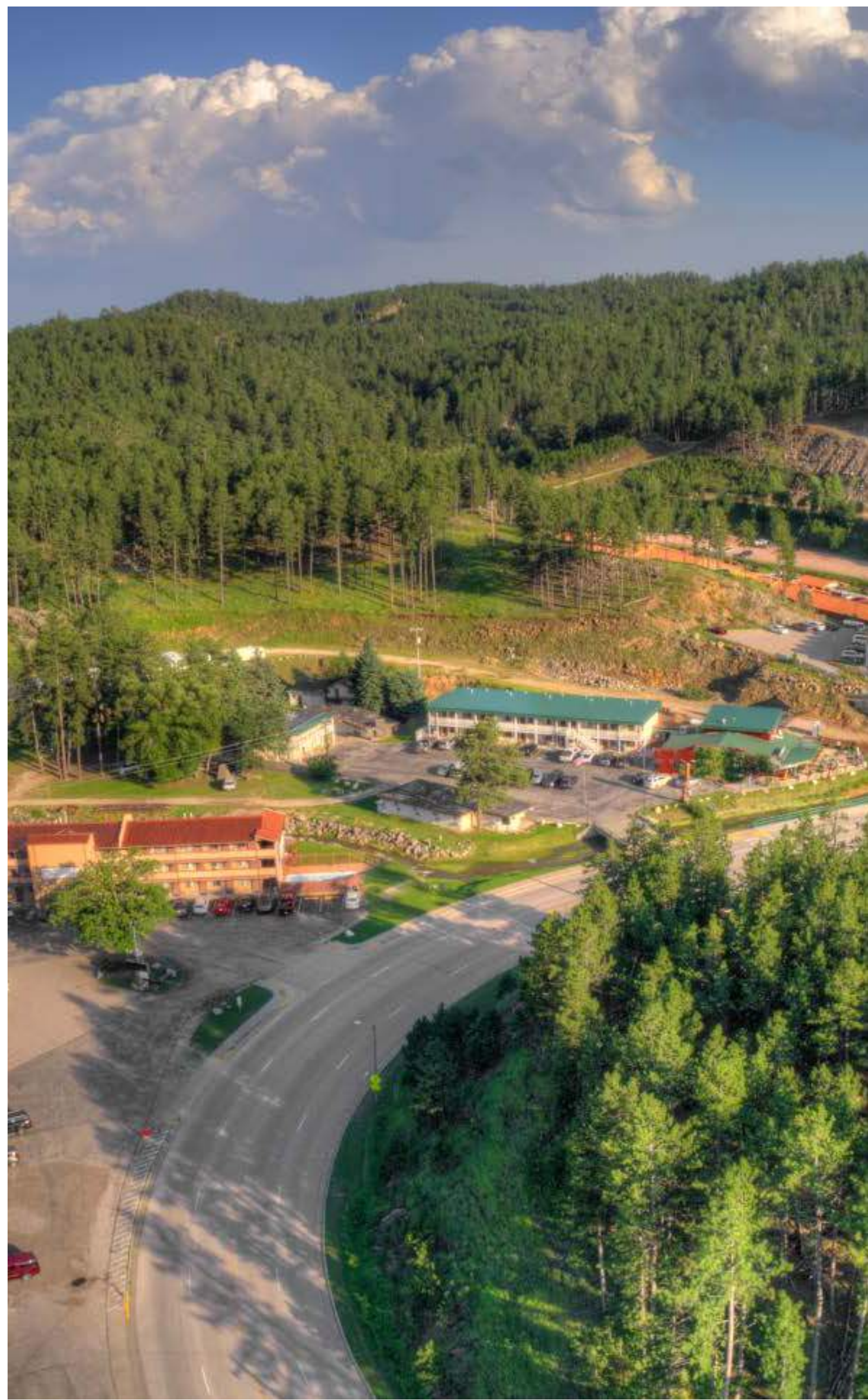
PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – South Dakota is perfect for solo travellers who want to discover an iconic, less touristy America, combining dramatic landscapes and small towns. Sioux Falls is the main urban hub, where Falls Park creates a unique city viewpoint with waterfalls blending nature and urban life. The Washington Pavilion brings together art, science, and performances in a single cultural space. For a more natural and alternative experience, the Black Hills region represents the state’s wild heart, with towns such as Rapid City serving as gateways to iconic landscapes.

- **Couples** – South Dakota is ideal for couples seeking spectacular scenery and intimate nature experiences. Badlands National Park offers surreal rock formations, fiery sunsets, and free-roaming bison. The Black Hills feature forests, scenic drives, and iconic landmarks such as Mount Rushmore National Memorial. Custer State Park adds lakes, wildlife, and forest lodges, perfect for romantic and secluded stays.

- **Families with children** – South Dakota is very suitable for families thanks to educational attractions and accessible nature. The Reptile Gardens in Rapid City offer an interactive experience with exotic animals and educational shows. The Children’s Museum of South Dakota in Brookings provides hands-on science and creative activities for younger visitors. Bear Country USA allows visitors to observe North American wildlife through a safe drive-through safari experience.

- **Families with teenagers** – South Dakota is perfect for families with teenagers thanks to outdoor adventure and unique landscapes. Badlands National Park offers hiking, photography, and exploration of near-moonlike scenery. The Black Hills provide trekking, mountain biking, and visits to iconic landmarks such as Mount Rushmore and the Crazy Horse Memorial. Custer State Park adds wildlife drives and immersive outdoor experiences among bison and deer.





DID YOU KNOW?

The official state seal of South Dakota, adopted in 1889, represents the state's commerce, industry, and natural resources. The outer circle bears the words "State of South Dakota," "Great Seal," and the year 1889, when the state officially entered the Union. Within the seal, against a backdrop of sky and hills, a steamboat navigates a river that flows through agricultural and industrial lands, symbolizing the Missouri River, the state's lifeline from north to south. The triangles along the edge create the effect of a sun. At the top is the state motto: "Under God the People Rule," emphasizing the value of popular sovereignty.

During the 1970s, 1980s, and 1990s, South Dakota played a key role in the American music scene, particularly through folk, country, and bluegrass. Artists such as Michael Martin Murphey, a native of the state, brought Midwestern and Western sounds to a national audience, while local festivals such as the Sioux Empire Fair celebrated traditional and modern music. The state served as a backdrop for drama and biographical films, often relating to rural stories and pioneer culture. Films shot or set in South Dakota include *Dances with Wolves* (1990), which showcases the prairies and the Black Hills, and *Into the Wild* (2007), which features scenes on the vast northern prairies. South Dakota has contributed to agricultural technology and scientific research related to the prairies and local wildlife. Experiments in dryland farming and pasture management solutions have influenced agricultural methods nationwide.

South Dakotans are known for their hospitality, resilience, and strong sense of community. Pioneer spirit and tradition are reflected in local fairs, cultural events, and outdoor activities. The state is also renowned for its passion for historical celebrations, rodeos, local festivals, and authentic rural life.

NEBRASKA BETWEEN VAST PLAINS, GROWING CITIES, AND AUTHENTIC NATURE IN THE HEART OF THE GREAT PLAINS

Nebraska is a land that combines vast landscapes, deep history, and an authentic rural culture. Originally inhabited by Native American tribes such as the Ponca, Omaha, and Pawnee, the territory offered rich natural resources and river corridors essential for hunting, agriculture, and trade. With the arrival of European settlers and the construction of the famous Oregon Trail, Nebraska became a strategic crossroads for westward migration, transforming it into a key region of the American frontier. Statehood in 1867 consolidated its role in agriculture and the development of communities deeply rooted in the land and local traditions. Culturally, Nebraska offers a fascinating mix of indigenous heritage and European influence, visible in its historic architecture, museums, and agricultural fairs. Cities such as Lincoln, the state capital, and Omaha, a cultural and commercial center, host theaters, galleries, and festivals that celebrate the history, folk music, and rural traditions of the Western Midwest. From a naturalistic perspective, Nebraska amazes with its rolling prairies, meandering rivers, and spectacular sandstone cliffs along the Platte River, ideal for hiking, birdwatching, and outdoor activities. State parks, nature reserves, and small rural villages offer an immersive experience of pristine nature and local traditions, making Nebraska an authentic and fascinating destination in the heart of the Northern Plains, perfect for those seeking undiscovered landscapes and a genuine connection with American history.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Nebraska is perfect for solo travellers who want to discover an authentic, less touristy America, combining quiet cities with endless landscapes. Omaha is the main urban hub, with the Old Market district full of independent venues, restaurants, art galleries, and a lively nightlife scene in historic buildings. The Henry Doorly Zoo and Aquarium is one of the most important in the world, featuring spectacular recreated ecosystems. For a more alternative side, Lincoln offers a dynamic university atmosphere and a growing cultural scene.

- **Couples** – Nebraska is ideal for couples seeking tranquillity, endless horizons, and simple natural beauty. The Sandhills region offers grass-covered dunes, absolute silence, and scenic roads perfect for slow travel. Chimney Rock National Historic Site is one of the most iconic symbols of the historic West, set in wide and atmospheric landscapes. The banks of the Platte River provide expansive sunsets and romantic, peaceful surroundings.

- **Families with children** – Nebraska is very suitable for families thanks to interactive museums and major educational attractions. The Strategic Air Command & Aerospace Museum showcases aviation and space history with aircraft and simulators. The Omaha Children’s Museum offers hands-on, creative experiences for younger visitors. The Henry Doorly Zoo completes the offer with immersive trails through wildlife and natural habitats.

- **Families with teenagers** – Nebraska is perfect for families with teenagers thanks to outdoor activities, history, and wide-open spaces. The Sandhills offer hiking, wildlife photography, and scenic drives on isolated roads. The Scotts Bluff National Monument provides hiking trails and spectacular views over historic pioneer routes. Omaha adds sporting events, live music, and a young, dynamic urban scene.





DID YOU KNOW?

The official state coat of arms of Nebraska, adopted on June 15, 1867, symbolizes the state's industrial and agricultural roots. It depicts a blacksmith at work, a steamboat on the Missouri River, a settler's cabin, and a train headed for the Rocky Mountains. The seal is officially inscribed with the words "Great Seal of the State of Nebraska, March 1, 1867" and bears the state motto "Equality Before the Law," emphasizing the state's commitment to justice and fairness.

During the 1970s, 1980s, and 1990s, Nebraska contributed primarily to American music with folk and country music, influenced by rural traditions. Artists like Connie Smith, a native of the state, and local festivals like the Nebraska State Fair brought Midwestern sounds to a wider audience. The state was chosen as the setting for films that tell stories of rural life and pioneers, including *Escape from the Planet of the Apes* (1971, some rural scenes) and *About Schmidt* (2002), which is set partly on the prairies and in local villages, showcasing the simple beauty of the landscapes and local communities. Nebraska contributed to developments in mechanized agriculture, improved irrigation techniques, and rangeland management. Agricultural engineering and innovative prairie solutions had a national impact, especially in the cultivation of corn and sorghum.

The inhabitants are known for their hospitality, resilience, and strong sense of community, a legacy of European pioneers and native tribes such as the Omaha, Pawnee, and Ponca. Agricultural fairs, rodeos, and folk festivals showcase an authentic way of life, rooted in the land and its traditions.

The famous Omaha Steaks comes from local producers of quality beef, a symbol of the state's agricultural and culinary tradition.

Nebraska is famous for its vast skies and spectacular prairie sunrises and sunsets, often called among the most beautiful in America.

Some communities still have historic buildings and interactive museums that showcase the pioneers' experiences along the Oregon Trail and other westward migration routes.

KANSAS BETWEEN ENDLESS PRAIRIES, NORTHERN PLAINS CITIES, AND THE AUTHENTIC SPIRIT

Kansas is a land of endless space, rich history, and authentic Northern Plains culture. Before the arrival of Europeans, the territory was inhabited by Native tribes such as the Kansa, Pawnee, and Osage, who lived along the rivers and prairies, developing sustainable systems of agriculture, hunting, and trade. With the expansion of European settlers, Kansas became a strategic hub along the Oregon Trail and the American frontier, the scene of important historical events during the Civil War, including conflicts between pro-slavery and anti-slavery groups, and the emergence of small farming communities that would shape the state's rural character. Culturally, Kansas preserves traditions linked to folk music, crafts, and local celebrations, which keep alive the legacy of European settlers and Native Americans. Cities such as Topeka, the state capital, and Wichita, the economic and cultural center, offer museums, theaters, and festivals that tell the story of the frontier, rural culture, and community life of the Northern Plains. From a naturalistic perspective, Kansas's central plains and rolling hills offer spectacular and tranquil scenery: golden prairies, meandering rivers like the Kansas River, and nature reserves home to native wildlife such as bison and golden eagles. State parks and small rural villages offer an authentic experience, far from the traditional tourist routes, making Kansas an ideal destination for those seeking the authentic and undiscovered charm of the heart of the Northern Plains.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Kansas is perfect for solo travellers who want to discover an authentic, less touristy America, combining liveable cities with vast open landscapes. Kansas City (Kansas side) and especially the wider Kansas City metropolitan area offer creative districts such as the Crossroads Arts District, full of galleries, murals, and jazz venues. Wichita is the state's main city, with the Old Town District, featuring restaurants, breweries, and a growing cultural scene.

- **Couples** – Kansas is ideal for couples seeking tranquillity, open horizons, and authentic small landscapes. The Flint Hills offer rolling hills, untouched prairies, and one of the most iconic landscapes of the Great Plains. Lindsborg, known as “Little Sweden,” provides a picturesque atmosphere with traditional architecture and local boutiques. Sunsets over the Kansas plains create minimalist and highly romantic scenery.

- **Families with children** – Kansas is very suitable for families thanks to educational museums and accessible nature. Exploration Place in Wichita offers interactive science experiences and hands-on activities for children. The Sedgwick County Zoo is one of the largest in the United States, featuring habitats from around the world. The Kansas State Capitol in Topeka offers educational guided tours about state history.

- **Families with teenagers** – Kansas is perfect for families with teenagers thanks to outdoor activities, sports, and local culture. The Flint Hills offer hiking, wildlife photography, and scenic drives across endless prairies. Wichita adds sporting events, live music, and an evolving street culture. Rural areas across the state provide authentic ranching experiences and insight into life on the Great Plains.





DID YOU KNOW?

The official state coat of arms of Kansas, adopted on May 25, 1861, depicts the state's history and industry within a circle. In the background is a rising sun in the east, a symbol of hope and new opportunities. In the foreground are a steamboat (commerce), settlers with cultivated fields (agriculture), ox wagons heading west, and buffalo pursued by Native Americans, evoking prairie life and the movement toward the frontier. Above it all is the state motto: "Ad astra per aspera" ("To the stars through hardship"), and 34 stars, representing Kansas's accession as the 34th state to the Union.

During the 1970s, 1980s, and 1990s, Kansas contributed to the American music scene, particularly through country, folk, and progressive rock. Bands like Kansas, originally from the state, brought symphonic rock to international prominence, while local festivals celebrated traditional and modern music tied to rural culture. Kansas hosted dramatic and biographical films set on the prairies and historic villages, including *The Wizard of Oz* (1939, with its famous opening scene in Kansas), *The Day After* (1983), and scenes from *Terms of Endearment* (1983), showcasing rural landscapes and small towns. The state contributed to mechanized agriculture and research into lowland farming and ranching, developing equipment for tilling fields, irrigation systems, and rangeland management.

Kansas City residents are known for their hard-working spirit, resilience, and supportive community, a legacy of pioneers and European settlers. Country fairs, rodeos, and historical celebrations demonstrate a strong connection to the land, agricultural culture, and local traditions.

Kansas is also called the “Sunflower State,” due to the widespread presence of wild sunflowers in the prairies.

The central prairies offer vast skies and spectacular sunrises and sunsets, ideal for nature photography enthusiasts.

The buffalo depicted on the seal recall iconic prairie wildlife, now protected in reserves such as the Maxwell Wildlife Refuge and the Tallgrass Prairie National Preserve.

MONTANA BETWEEN ROCKY MOUNTAINS, ICONIC NATIONAL PARKS, AND THE WILD NATURE OF THE AMERICAN NORTHWEST

Montana is a state that enchants with its extraordinary wilderness and rich, diverse history. Inhabited for centuries by Native American tribes such as the Crow, Blackfeet, and Salish, the territory offers evidence of a culture deeply tied to the great rivers and mountains. With European and American expansion, pioneers crossed Montana along routes such as the Bozeman Trail, shaping the history of the frontier and leaving behind historic villages and forts that can still be visited today. The state officially joined the Union in 1889, leading to development through mining, agriculture, and ranching, which shaped Montana's rural and authentic character. Culturally, Montana retains a strong identity tied to its Native American roots and pioneer legacy. Cities such as Helena and Missoula offer museums, galleries, and festivals that celebrate the history of Native American tribes, Western culture, and local artistic traditions, making the state a fascinating destination for those seeking an authentic and immersive experience. From a naturalistic perspective, Montana is a paradise for those who love pristine nature. The Rocky Mountains and Glacier National Park offer breathtaking scenery of snow-capped peaks, crystal-clear alpine lakes, and wild valleys, ideal for hiking, trekking, and wildlife viewing, including grizzly bears, moose, and golden eagles. The Missouri and Yellowstone rivers create scenic waterways for fishing and canoeing. This combination of history, culture, and natural landscapes makes Montana an unforgettable Rocky Mountain destination, perfect for those seeking a journey immersed in nature and American history.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Montana is perfect for solo travellers who want to experience an authentic, wild America far from the usual tourist routes. Bozeman is one of the most dynamic hubs, with a young atmosphere, independent venues, and direct access to nature. The Museum of the Rockies showcases the region's natural history with important dinosaur fossil collections. For a more alternative vibe, Missoula offers a creative university atmosphere, live music, and a strong outdoor culture.

- **Couples** – Montana is ideal for couples seeking spectacular landscapes and romantic isolation in nature. Glacier National Park offers glacial lakes, towering mountains, and scenic drives such as the Going-to-the-Sun Road. The Big Sky region features mountain lodges, skiing, and endless views over the Rockies. Whitefish adds an elegant and relaxed atmosphere between lake and forests.

- **Families with children** – Montana is very suitable for families thanks to accessible nature and educational museums. The Montana Grizzly Encounter allows visitors to observe grizzly bears in a safe, controlled environment. The Museum of the Rockies offers dinosaur exhibits and interactive activities for children. National parks like Glacier provide easy trails and wildlife watching opportunities.

- **Families with teenagers** – Montana is perfect for families with teenagers thanks to outdoor adventure and extreme landscapes. Glacier National Park offers hiking, kayaking, and wildlife photography in spectacular scenery. Big Sky provides mountain biking, rafting, and winter sports. Missoula adds a young atmosphere, live events, and outdoor activities along the Clark Fork River.





DID YOU KNOW?

The official state coat of arms of Montana, adopted in 1865, symbolizes the state's rich natural resources and economic foundation. At its center are the Great Falls of the Missouri River, surrounded by mountains and forests. Tools such as plows, pickaxes, and shovels represent agriculture and mining, while the Spanish motto "Oro y Plata" ("Gold and Silver") emphasizes Montana's mineral wealth.

Throughout the 1970s, 1980s, and 1990s, Montana contributed to the American country and folk scene, with local artists like Ian Tyson and festivals dedicated to western and bluegrass music. Cities like Helena and Missoula host concerts and cultural events that celebrate the musical tradition of the Rocky Mountains. Montana has been the setting for numerous westerns and dramas, including *A River Runs Through It* (1992), set among rivers and mountains, and *The Horse Whisperer* (1998), with breathtaking natural scenery. Historic films like *The Missouri Breaks* (1976) have immortalized rural life and the state's iconic landscapes. The state played a role in agricultural and mining innovation, with improved mining tools and techniques in the 19th century. Ranching and the development of mountain agriculture influenced prairie farming and cattle ranching throughout the Northwest.

Montanans are known for their resilience, independence, and connection to nature. Rural life and ranch culture instill community values and tradition. Local festivals, rodeos, and Native American celebrations testify to their deep connection to history and the land.

Montana is nicknamed "Big Sky Country" for its vast skies and spectacular sunrises and sunsets.

The Great Falls of the Missouri River, depicted on the seal, were a landmark for explorers and pioneers such as Lewis and Clark.

The Rocky Mountains provide habitat for iconic wildlife, including grizzly bears, moose, and golden eagles, which can be seen in national parks and nature reserves.

WYOMING BETWEEN ICONIC NATIONAL PARKS, COWBOY CULTURE, AND THE WILD NATURE OF THE ROCKY MOUNTAINS

Wyoming is a state enchanting with its pristine nature and legendary history of the American frontier. Before the arrival of European settlers, these lands were inhabited by Native American tribes such as the Shoshone, Arapaho, and Crow, who lived by following the great herds of buffalo and exploiting rivers and valleys for fishing and agriculture. In the 19th century, with westward expansion, Wyoming became a crossroads for pioneers, miners, and hunters, with settlements along the famous Oregon Trail. The state joined the Union in 1890, maintaining strong ties to rural traditions and cowboy culture, still celebrated today in rodeos and historic ranches. Culturally, Wyoming retains a deep Western and Native American identity. Cities such as Cheyenne, with its famous rodeo, and Jackson Hole, gateway to Grand Teton National Park, offer museums, galleries, and festivals that tell the story of pioneers, Native Americans, and frontier culture, making the state a fascinating and authentic destination. From a naturalistic perspective, Wyoming is a land of extraordinary scenery. Yellowstone National Park, with geysers, hot springs, and wildlife such as grizzly bears and wolves, offers unique experiences for nature lovers. The Grand Teton Mountains and adjacent valleys offer spectacular landscapes for trekking, hiking, and evocative moments immersed in nature. This combination of history, culture, and natural scenery makes Wyoming an unmissable destination in the Rocky Mountains, ideal for those seeking a journey of discovery, nature, and the authentic charm of America.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Wyoming is perfect for solo travellers who want to experience an authentic, spectacular America defined by wide-open spaces and untouched nature. Jackson is the main tourist hub, with a strong Western atmosphere, art galleries, and direct access to the national parks. The Jackson Town Square, with its iconic elk antler arches, represents the town's identity. For a more cultural side, Cheyenne offers Western history, rodeos, and museums dedicated to cowboy heritage.

- **Couples** – Wyoming is ideal for couples seeking romantic and wild landscapes. Grand Teton National Park offers dramatic mountains, glacial lakes, and nature lodges with unforgettable views. The nearby Yellowstone National Park adds geysers, hot springs, and unique wildlife such as bison and bears. Areas like Teton Village and Jackson Hole are perfect for exclusive stays combining comfort and nature.

- **Families with children** – Wyoming is very suitable for families thanks to national parks and educational outdoor experiences. Yellowstone offers accessible routes to safely observe geysers, bears, and bison. The National Museum of Wildlife Art in Jackson introduces children to American wildlife and art. Ranches and educational farms provide authentic hands-on experiences of Western life.

- **Families with teenagers** – Wyoming is perfect for families with teenagers thanks to outdoor adventure and extreme landscapes. Grand Teton National Park offers hiking, kayaking, and climbing with spectacular views. Yellowstone provides geothermal exploration and unique wildlife watching opportunities. Ranch experiences add horseback riding and immersion in cowboy culture.





DID YOU KNOW?

The official state coat of arms of Wyoming, adopted in 1893, symbolizes the state's history, industry, and commitment to equality. At the center is a female figure holding a sign reading "Equal Rights," flanked by a cowboy and a miner, representing ranching and mining, respectively. The dates 1869 and 1890 commemorate the state's time as a territory and its 44th admission to the Union, while the seal celebrates Wyoming's historical significance as the first state to grant women the right to vote.

During the 1970s, 1980s, and 1990s, Wyoming played a key role in the American music scene, particularly through country and western. Artists like Chris LeDoux, a renowned singer and cowboy, brought the state's musical tradition to the national stage, singing about life on the prairie, rodeos, and ranch culture. Festivals like Cheyenne Frontier Days combine live music, western dancing, and rodeo competitions, offering audiences a full immersion in Wyoming's musical and cultural roots. Throughout the 1970s, 1980s, and 1990s, Wyoming also provided spectacular backdrops for American cinema. Devils Tower was featured in the 1977 film *Close Encounters of the Third Kind*, transforming this natural formation into a global icon. In 1990, Wyoming's prairies and mountains evoked pioneer life in *Dances with Wolves*, while in 2012, scenes from *Django Unchained* were filmed in Jackson Hole and the Grand Teton Mountains, showcasing the allure of the snow-capped mountains and valleys. More recently, in 2017, *Wind River* used the wilderness of the Wind River Mountains to tell a powerful story about isolated nature and local communities. These films captured the state's pristine nature, historic ranches, and Western atmosphere, cementing Wyoming as a cinematic icon of the American West. The state also played a role in agricultural and mining innovation: historic ranches and farms developed advanced prairie farming and ranching techniques, while mining brought innovative tools and methods between the 19th and 20th centuries.

Wyomingites are known for their independence, resilience, and strong connection to nature. Western culture, rodeos, ranches, and Native American celebrations instill values of community, tradition, and respect for the land.

Wyoming is nicknamed the “Equality State” for being the first state to grant women the right to vote.

Devils Tower was the first U.S. national monument, proclaimed in 1906, while the Grand Teton Mountains and Yellowstone National Park offer habitats for grizzly bears, moose, wolves, and golden eagles, which can be seen roaming freely during hikes and outdoor activities.

COLORADO BETWEEN THE ROCKY MOUNTAINS, CREATIVE CITIES, AND ALPINE LANDSCAPES IN THE HEART OF THE AMERICAN WEST

Colorado is a state of extraordinary beauty and contrasts, where wild nature intertwines with a fascinating history and vibrant culture. Before the arrival of European settlers, the territory was inhabited by native tribes such as the Ute, Arapaho, and Cheyenne, who lived in harmony with the mountains, rivers, and prairies, developing hunting, farming, and trading practices. With the 19th-century gold and silver rush, Colorado became a crossroads for pioneers and miners, giving rise to historic settlements such as Denver and Boulder, which maintained a strong connection to Western traditions and mining culture. The state officially joined the Union in 1876, earning the nickname "Centennial State." Culturally, Colorado offers a unique blend of Western history, contemporary art, and Native American traditions. Cities like Denver, the modern and cultural capital, and Colorado Springs, near the Garden of the Gods, offer museums, theaters, and festivals that celebrate pioneer history, indigenous traditions, and the contemporary arts scene, making every visit a rich and engaging experience. From a naturalistic perspective, Colorado is an unparalleled destination. The Rocky Mountains offer breathtaking scenery of snow-capped peaks, glacial valleys, and alpine lakes, ideal for hiking, trekking, and outdoor sports. The canyons of Black Canyon of the Gunnison and the forests of the San Juan National Forest offer spectacular views, while rivers like the Colorado River offer opportunities for rafting and fishing. This combination of history, culture, and natural landscapes makes Colorado a must-see destination in the Rocky Mountains, perfect for those seeking an adventurous and authentic journey.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Colorado is perfect for solo travellers who want to combine dynamic cities with spectacular nature. Denver is the main hub, with the RiNo (River North Art District) district full of street art, craft breweries, and creative venues. The Denver Art Museum offers a wide collection ranging from Native American art to contemporary works. For a more alternative vibe, Boulder delivers a university-town atmosphere, an outdoor lifestyle, and a strong wellness culture.

- **Couples** – Colorado is ideal for couples seeking romantic mountain scenery and alpine landscapes. Rocky Mountain National Park offers glacial lakes, forests, and spectacular scenic drives such as Trail Ridge Road. Aspen is an iconic and elegant destination, perfect for luxury stays between skiing, lodges, and nature. Telluride adds a more intimate atmosphere, set in a valley surrounded by dramatic peaks.

- **Families with children** – Colorado is very suitable for families thanks to interactive museums and accessible nature. The Denver Museum of Nature & Science features exhibits on dinosaurs, space, and natural sciences. The Cheyenne Mountain Zoo offers close encounters with animals in a unique mountain setting. National parks provide easy trails and outdoor educational activities.

- **Families with teenagers** – Colorado is perfect for families with teenagers thanks to outdoor adventure, sports, and active experiences. The Rocky Mountains offer hiking, rafting, mountain biking, and climbing in spectacular scenery. Vail and Aspen provide winter sports and high-altitude summer activities. Denver adds a lively urban scene with live music, professional sports, and contemporary culture.





DID YOU KNOW?

The official state coat of arms of Colorado, adopted in 1877, symbolizes the state's mining heritage, natural beauty, and governmental authority, with the motto "Nil sine numine" ("Nothing without Providence/Deity"). At the center are snow-capped mountains, a miner's pickaxe and hammer, and the Eye of God, representing divine protection and guidance. These symbols tell the story of settlement, mining, and the prosperity tied to Colorado's natural resources.

During the 1970s, 1980s, and 1990s, Colorado saw an eclectic music scene flourish: folk, country, and rock featured local festivals and concerts. Artists like John Denver popularized tunes celebrating the Rocky Mountains and the state's landscapes. Cities like Denver, Boulder, and Aspen hosted musical events ranging from bluegrass to contemporary rock, blending tradition and local culture. Colorado served as the backdrop for numerous iconic films: Butch Cassidy and the Sundance Kid (1969), featuring the Rocky Mountains, and Dumb and Dumber (1994), which filmed in Aspen. These films highlighted both the state's natural landscapes and historic villages. The state played a role in the development of mining and mountain agriculture, with advanced irrigation techniques and alpine ranch management. Since the 19th century, improvements in mining and rail transportation have profoundly influenced the economy and settlement of mountain villages.

Coloradoans are known for their adventurous spirit, love of nature, and appreciation of the outdoors. The culture of skiing, hiking, and mountain sports combines with a strong historical identity of pioneers and alpine communities.

Colorado is nicknamed the "Centennial State" because it joined the Union in 1876, 100 years after the Declaration of Independence.

The Rocky Mountains provide habitat for iconic wildlife such as elk, deer, eagles, and black bears.

Towns like Aspen, Durango, and Georgetown retain historic 19th-century buildings, quaint cafes, and museums that chronicle pioneer life and the state's mining history.

IDAHO BETWEEN WILD MOUNTAINS, CRYSTAL-CLEAR LAKES, AND UNTOUCHED NATURE IN THE AMERICAN NORTHWEST

Idaho is a state captivating for its breathtaking landscapes and rich history. Inhabited for centuries by Native American tribes such as the Nez Perce, Shoshone, and Coeur d'Alene, the territory was a hub of life and cultural exchange linked to the rivers, valleys, and mountains. With the arrival of European settlers in the 19th century, Idaho became a crucial hub for the Gold Rush and exploration routes to Oregon and California. The state officially joined the Union in 1890, consolidating its economy on agriculture, forestry, and mining, while maintaining a strong identity tied to rural and mountain traditions. Culturally, Idaho blends Native American and Western influences. Cities like Boise, the dynamic and cultural capital, and picturesque Coeur d'Alene, nestled among lakes, offer museums, festivals, and artistic events that celebrate the history of indigenous tribes, mining traditions, and rural life in the American West, offering authentic and engaging experiences. From a naturalistic perspective, Idaho is a paradise for those who love adventure and pristine nature. The Sawtooth Mountains and alpine valleys offer spectacular scenery for hiking, climbing, and romantic excursions, while the Snake and Salmon rivers create ideal routes for rafting, fishing, and canoeing. Lush forests and natural hot springs add to the country's charm and tranquility, making Idaho a must-see destination in the Rocky Mountains, perfect for those seeking a journey combining adventure, nature, and authenticity.

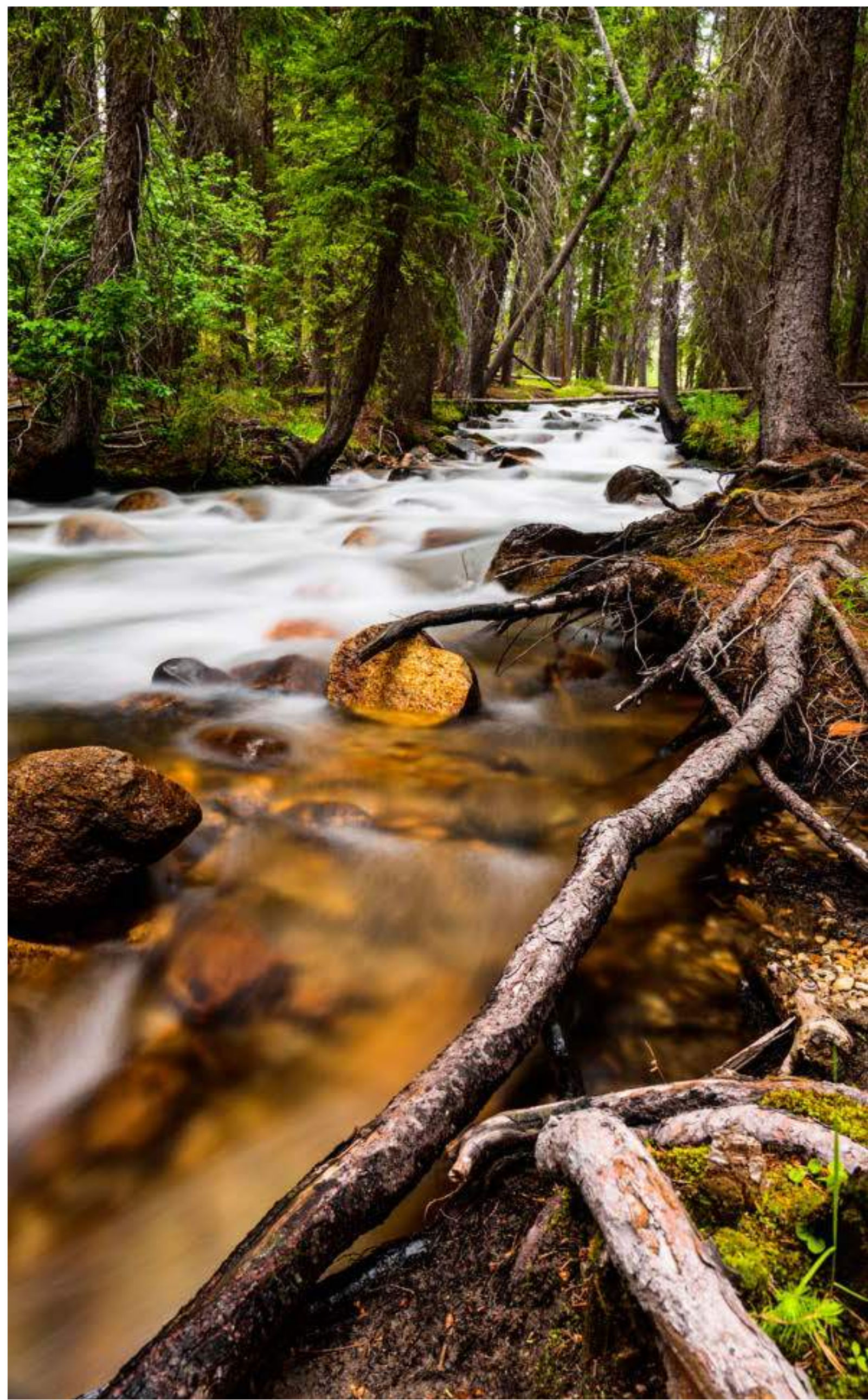
PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Idaho is perfect for solo travellers who want to discover authentic nature and relaxed cities far from mass tourism. Boise is the main urban hub, with Downtown Boise full of craft breweries, independent venues, and a growing cultural scene. The Boise River Greenbelt offers riverside trails through parks and urban nature. For a more alternative experience, the Sun Valley region combines an outdoor lifestyle, mountains, and a highly creative community.

- **Couples** – Idaho is ideal for couples seeking romantic isolation and spectacular natural landscapes. Lake Coeur d’Alene offers crystal-clear waters, lakeside lodges, and scenic sunsets in the northern part of the state. The Sun Valley region features mountain resorts, spas, and alpine panoramas perfect for exclusive stays. The Sawtooth Mountains provide glacial lakes, forests, and scenic roads surrounded by silence and wilderness.

- **Families with children** – Idaho is very suitable for families thanks to accessible nature and educational activities. The Discovery Center of Idaho in Boise offers interactive science experiences for children. Zoo Boise provides educational trails and natural habitats. The Craters of the Moon National Monument allows visitors to explore ancient volcanic landscapes in a fun and safe way.

- **Families with teenagers** – Idaho is perfect for families with teenagers thanks to outdoor adventure and nature sports. The Sawtooth Mountains offer hiking, mountain biking, and kayaking in spectacular alpine scenery. The Salmon River is ideal for rafting and river activities. The Sun Valley area adds skiing, outdoor sports, and a strong mountain culture.





DID YOU KNOW?

The official state coat of arms of Idaho, designed by Emma Edwards Green in 1891, celebrates the state's natural resources and democratic values. At the center is a female figure symbolizing justice and freedom, flanked by a miner, a symbol of industry and human labor. Around them are depicted tools and symbols related to mining, forestry, and agriculture, emphasizing the state's economic foundation. The motto, "Esto Perpetua," means "Let it be perpetual," a reminder of Idaho's enduring prosperity and freedom.

During the 1970s, 1980s, and 1990s, Idaho saw the emergence of artists like Paul Revere & the Raiders, originally from Boise, and local bands like Built to Spill and Caustic Resin, who established themselves in the independent folk, country, and rock scene. Summer festivals in Sun Valley and Boise dedicated to traditional and contemporary American music were held. Concerts and outdoor events allowed visitors to discover the community's connection to nature and Western culture. Idaho has been the setting for films about the frontier, nature, and rural life, as well as documentaries on the lives of pioneers and mountain communities, which have captured mountains, rivers, and historic villages. The state played a role in the development of agricultural tools and mining techniques, with improvements in prairie irrigation and ranch management, influencing Northwest agriculture. The timber industry and mining have helped shape local infrastructure and communities.

Idahoans are known for their connection to nature, resilience, and rural community. Ranch culture, summer festivals, and celebrations of local traditions reflect values of solidarity, hard work, and self-reliance.

Idaho is nicknamed “The Gem State” for the variety of minerals and gems found in the area.

Sun Valley and the Sawtooth Mountains offer spectacular scenery with alpine lakes, forests and mountains, habitat for elk, eagles and deer.

The vast prairies and river valleys offer perfect settings for outdoor activities such as hiking, fishing, and rafting, always in connection with the local history and culture.

UTAH BETWEEN SPECTACULAR DESERTS, ICONIC NATIONAL PARKS, AND THE RED LANDSCAPES OF THE AMERICAN WEST

Utah is a state that surprises with its spectacular landscapes and unique history. Before the arrival of European settlers, the region was inhabited by native tribes such as the Ute, Paiute, and Navajo, who had a profound knowledge of the mountains, valleys, and waterways, developing a harmonious relationship with nature and highly sophisticated survival practices. In the 19th century, Utah became known for the settlement of Mormon pioneers led by Brigham Young, who founded Salt Lake City and transformed the desert into a prosperous and innovative community. The state officially joined the Union in 1896, cementing a unique culture that blends religious traditions, Western culture, and innovation. Culturally, Utah offers a balance of pioneer history, Native American influences, and a surprisingly vibrant contemporary arts scene. Cities such as Salt Lake City, the state's historic and cultural capital, and Park City, famous for its film festivals and sporting events, offer museums, galleries, events, and celebrations that showcase local traditions and modern life in the state. From a naturalistic perspective, Utah is a true paradise for those seeking extraordinary scenery. The five national parks—Zion, Bryce Canyon, Arches, Canyonlands, and Capitol Reef—offer breathtaking canyons, natural arches, rock formations, and spectacular red deserts, ideal for hiking, romantic excursions, and nature photography. The Colorado and Green Rivers create picturesque routes for rafting and canoeing, while the Wasatch Mountains offer alpine landscapes and outdoor activities. This combination of history, culture, and natural beauty makes Utah an unmissable destination in the Rocky Mountains, perfect for an unforgettable trip filled with adventure and unique scenery.

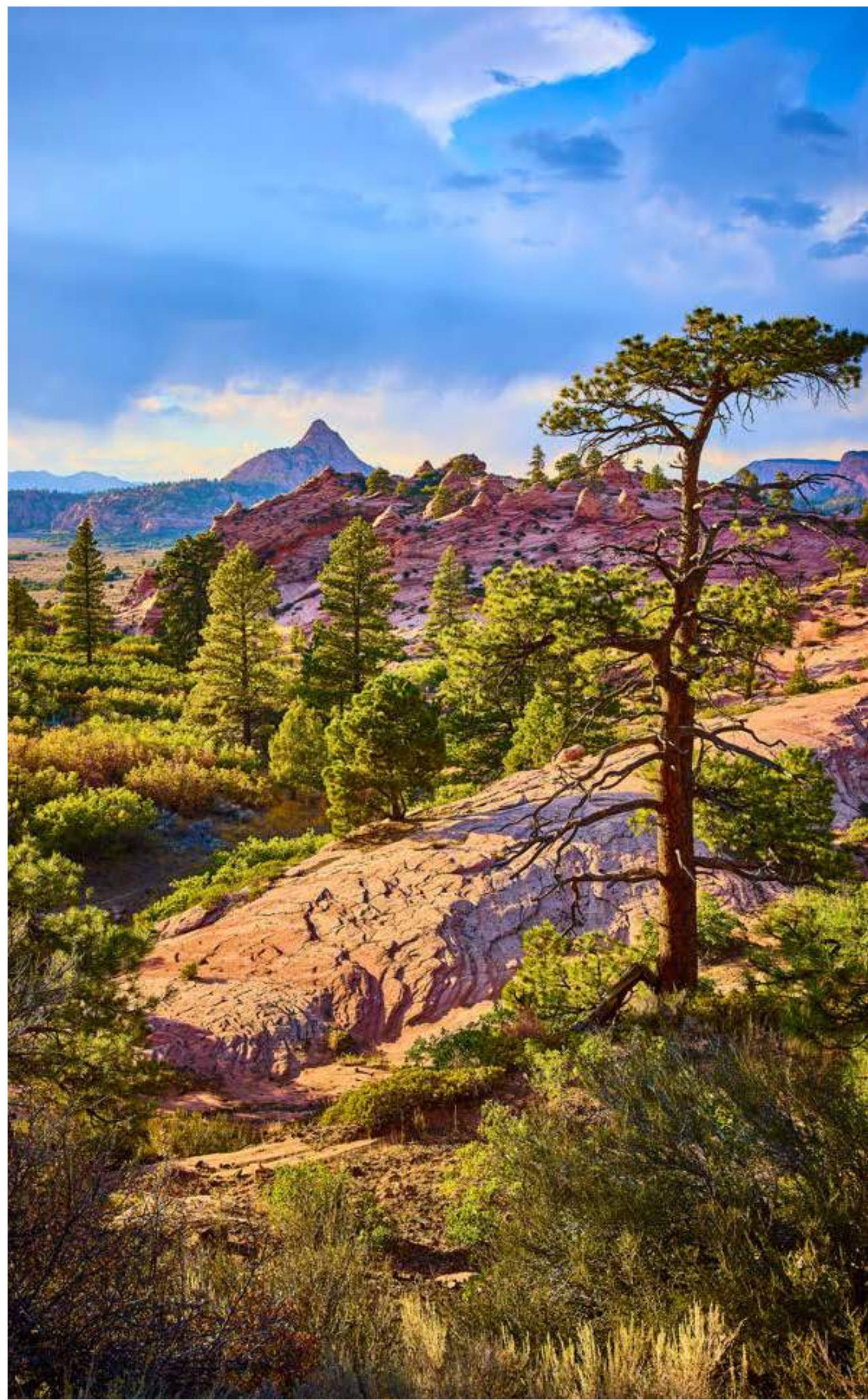
PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Utah is perfect for solo travellers who want to experience a spectacular, unconventional America, combining modern cities with extreme nature. Salt Lake City is the main urban hub, with creative districts, independent breweries, and a strong outdoor culture. The Natural History Museum of Utah explores the state's geology and natural history through immersive exhibits focused on dinosaurs, deserts, and Native American cultures. For a more alternative side, Moab is the ideal base for exploring red canyons and iconic desert landscapes of the American West.

- **Couples** – Utah is ideal for couples seeking romantic scenery and extraordinary nature. Zion National Park offers monumental canyons, nature lodges, and spectacular sunsets over red rock formations. Bryce Canyon National Park delivers surreal landscapes with hoodoo rock formations glowing at sunrise and sunset. The Moab region, including Arches National Park and Canyonlands National Park, features some of the most iconic landscapes in the American West, perfect for intimate and highly scenic journeys.

- **Families with children** – Utah is very suitable for families thanks to accessible national parks and educational attractions. The Loveland Living Planet Aquarium in Draper offers immersive experiences with marine and terrestrial ecosystems. Thanksgiving Point features gardens, museums, and child-friendly activities. National parks such as Zion and Bryce Canyon provide easy trails and educational programs in nature.

- **Families with teenagers** – Utah is perfect for families with teenagers thanks to outdoor adventure and extreme landscapes. Moab offers mountain biking, rafting, and off-road adventures through spectacular canyons and deserts. Arches National Park allows hiking among giant natural stone arches and iconic scenery. Zion adds adventurous hikes such as the famous Angels Landing, along with canyons and unique outdoor experiences.





DID YOU KNOW?

The official state seal of Utah, adopted in 1896, represents industry, the legacy of pioneers, and the state's entry into the Union. At the center is a beehive, symbolizing diligent work and the state motto "Industry," surrounded by tallow flowers, representing peace and survival, and a raised American eagle as a sign of protection. The seal commemorates two key dates: 1847, the year the Mormon pioneers arrived, and 1896, the year the state entered the Union.

During the 1970s, 1980s, and 1990s, Utah saw the emergence of artists such as Josh Hoyer, Paul Horn, and local folk, country, and independent rock bands like The Osmonds, The Strykers, and The Great Salt Lake Band. Summer festivals in Park City and Salt Lake City celebrate traditional and contemporary American music, with outdoor concerts that allow visitors to experience the community's connection to nature and Western culture, alternating tradition and musical innovation. Utah has been the setting for numerous historical, western, and drama films. Among the best-known are Jeremiah Johnson (1972), set in the Wasatch Mountains; Footloose (1984), filmed in several northern towns; and The Electric Horseman (1979), featuring iconic landscapes of the Rockies. These films immortalized the state's spectacular landscapes and rural life. Utah contributed to the agricultural and industrial development of the West, with the irrigation techniques of the Mormon pioneers transforming the desert into farmland. Livestock management and the construction of urban and railway infrastructure also played a pioneering role, influencing the economic and social development of the state.

Utahns are known for their resilience, community spirit, and connection to nature. This pioneering culture is still reflected in local festivals, rodeos, and outdoor activities.

Tallow flowers, a symbol of the state, were traditionally used to survive the harsh desert conditions and today represent peace and resilience.

Utah's Wasatch Mountains and national parks provide habitat for iconic wildlife such as deer, bald eagles, and California condors, which can be seen on hikes and nature trails.



SOUTHWEST – A JOURNEY THROUGH THE UNIQUE SCENERY AND AUTHENTIC TRADITIONS OF THE DEEP AMERICAN SOUTHWEST



The Southwest United States is an extraordinary region, where endless deserts, spectacular canyons, and ancient cultures meet to create a unique experience. Originally inhabited by tribes such as the Navajo, Hopi, Apache, and Pueblo, the area preserves evidence of indigenous architecture, rock art, and spiritual traditions that are still alive in local villages and communities. The arrival of Spanish settlers between the 16th and 18th centuries brought missions, forts, and settlements that left historical traces in Santa Fe, Albuquerque, and Tucson. The natural formations of the Grand Canyon, Monument Valley, and the national parks of Arizona and New Mexico, along with the deserts of Nevada, offer spectacular scenery, perfect for hiking, horseback riding, sunset photography, and intimate moments among the red rocks and expansive plains. This large area blends adventure, ancient culture, and iconic landscapes, making it ideal for those seeking authentic experiences off the beaten path. In terms of size and variety of landscapes, this macro-area can be compared to a large portion of Southern and Central-Southern Italy, including regions such as Sicily, Calabria, Puglia, Basilicata and part of Campania.

The region comprises three main states:

- **ARIZONA**
- **NEW MEXICO**
- **NEVADA**

The main airports providing access to the region are:

- **Phoenix Sky Harbor International Airport** – Main hub for Arizona and New Mexico, with road and flight connections to the region's natural attractions and historic cities
- **Albuquerque International Sunport** – Ideal for New Mexico, with easy access to historic villages and nature parks in the Southwest
- **McCarran International Airport** – Gateway to Nevada, with easy access to Las Vegas, Red Rock Canyon and the surrounding deserts
- **Tucson International Airport** – Strategic gateway to southern Arizona and excursions to the southwestern national parks

The Southwest offers a unique sensory experience amidst desert landscapes, breathtaking canyons, and cities steeped in centuries of history. From ancestral communities to sunsets over the red rocks, from endless deserts to scenic drives, this region offers unique adventures and the chance to discover an America far from the beaten path. Exploring the Southwest means immersing yourself in a world of beauty, culture, and authentic charm, perfect for an unforgettable trip.

ARIZONA BETWEEN ICONIC DESERTS, LEGENDARY CANYONS, AND THE LANDSCAPES OF THE AMERICAN SOUTHWEST

Arizona is a land of extraordinary contrasts, where millennia of history and spectacular landscapes blend into an unforgettable experience. Before the arrival of Europeans, the territory was inhabited by native tribes such as the Navajo, Hopi, and Apache, who built settlements, ceremonial villages, and adobe complexes in the desert valleys and rocky heights. With Spanish and then American colonization, Arizona became a cultural and commercial crossroads, crisscrossed by missions, mining routes, and agricultural settlements along the Colorado River. Officially joining the Union in 1912, the state has maintained a strong connection to its native traditions, Western culture, and colonial architecture, making it unique in the American landscape. Culturally, Arizona offers a rich mosaic of Native, Spanish, and Western influences. Cities like Phoenix and Tucson combine museums, art galleries, and festivals that celebrate the history of indigenous peoples, pioneer culture, and contemporary art, offering engaging and authentic experiences. The Hopi and Navajo villages, with their traditional ceremonies and unique crafts, offer a firsthand glimpse into ancient local traditions. From a naturalistic perspective, Arizona is renowned for its iconic landscapes. The Grand Canyon offers spectacular views of dizzying canyons and nature trails, while Monument Valley boasts expanses of red rock formations that have become iconic of the West. Saguaro National Park offers majestic cacti and unique desert wildlife. This combination of history, culture, and natural beauty makes Arizona an unmissable destination in the Southwest, ideal for an unforgettable trip combining adventure and unique scenery.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Arizona is perfect for solo travellers who want to experience a spectacular America combining modern cities and desert nature. Phoenix is the main urban hub, with a growing cultural scene and creative districts such as Roosevelt Row, full of street art, galleries, and independent venues. Scottsdale adds a more upscale side with resorts, spas, and sophisticated desert nightlife. For a more alternative experience, Sedona offers a spiritual atmosphere and iconic red rock landscapes surrounded by nature.

- **Couples** – Arizona is ideal for couples seeking romantic scenery and breathtaking landscapes. The Grand Canyon National Park is one of the most famous natural wonders in the world, offering spectacular views and cliffside lodges. Sedona features red rock formations, intense sunsets, and nature resorts perfect for slow travel and wellness experiences. The Page area, with Antelope Canyon and Horseshoe Bend, delivers highly photogenic and dramatic scenery.

- **Families with children** – Arizona is very suitable for families thanks to national parks and educational attractions. The Arizona Science Center in Phoenix offers interactive science experiences for children. The Phoenix Zoo provides educational trails and animals from around the world. The Grand Canyon is accessible with viewpoints and easy trails suitable for families.

- **Families with teenagers** – Arizona is perfect for families with teenagers thanks to outdoor adventure and extreme landscapes. The Grand Canyon offers hiking, Colorado River rafting, and spectacular photography opportunities. Sedona provides hiking among red rock formations, mountain biking, and immersive outdoor experiences. The Page area adds canyon exploration and iconic viewpoints such as Antelope Canyon.





DID YOU KNOW?

The official state coat of arms of Arizona, adopted in 1911, symbolizes the state's economic foundation and natural beauty, summarized in the famous "Five Cs": Copper, Cattle, Cotton, Citrus, and Climate. At the center is a mountainous landscape with the rising sun, a miner at work, agricultural fields, and a dam, emphasizing the importance of mining, agriculture, and energy. The seal is surmounted by the Latin motto "Ditat Deus," meaning "God enriches," recalling the state's prosperity and abundance.

During the 1970s, 1980s, and 1990s, Arizona saw the emergence of artists like Alice Cooper and local bands like Jimmy Eat World, who established themselves in the American rock and alternative scene. Summer festivals in Phoenix and Tucson, such as the Tucson Folk Festival, promoted independent folk, country, and rock music. Outdoor concerts, especially in parks and urban spaces like Tempe Town Lake, allowed the community to connect with the state's musical culture and nature. Arizona has often been the setting for Westerns and dramas, thanks to its unique desert and rocky landscapes. Among the most famous titles are Tombstone (1993), which tells the famous story of Wyatt Earp, The Outlaw Josey Wales (1976), and 3:10 to Yuma (2007), all set among canyons and deserts that illustrate life and conflicts in the West. The state played a significant role in the development of mining and desert agriculture, with advanced irrigation techniques and improved mining systems in the 20th century. Hydroelectric power and dams, such as Roosevelt Dam, transformed Arizona's rural and urban economies, encouraging permanent settlements and agricultural development.

Arizonans are known for their pioneering spirit, resilience, and connection to nature. The population is a mix of Native American communities, descendants of European settlers, and recent immigrants, creating a culture rich in local traditions, festivals, and celebrations.

Arizona is the leading copper producer in the United States, with historic mines still open for guided tours.

NEW MEXICO BETWEEN SPIRITUAL DESERTS, NATIVE AMERICAN CULTURE, AND THE COLORFUL, SILENT LANDSCAPES OF THE SOUTHWEST

New Mexico is a state captivating with its unique blend of history, culture, and extraordinary landscapes. Inhabited for millennia by native tribes such as the Pueblo, Navajo, and Apache, the territory preserves adobe villages, ancestral ceremonies, and archaeological sites that tell the story of the lives and traditions of these peoples. With the arrival of Spanish settlers in the 16th century, New Mexico became a cultural crossroads, with religious missions, trade routes, and architectural influences still visible in colonial cities. Having joined the Union in 1912, the state has maintained an extraordinarily rich cultural identity, where Native, Spanish-American, and Western traditions coexist harmoniously. Culturally, New Mexico offers authentic and immersive experiences. Cities such as Santa Fe, with its art galleries and colonial architecture, and Taos, known for its Pueblo villages and art schools, offer museums, festivals, and craft workshops that showcase local history and art. The Navajo and Pueblo communities offer unique experiences of traditional ceremonies and crafts, immersing you in the deep roots of the land. From a naturalistic perspective, New Mexico is a paradise of contrasting landscapes. The red-orange deserts, the Sangre de Cristo Mountains, and the rock formations of Bandelier National Monument offer spectacular backdrops for hiking, evocative excursions, and nature photography. The Rio Grande and Pecos rivers create green oases and opportunities for outdoor activities, while natural hot springs offer relaxation immersed in nature. This combination of history, culture, and natural scenery makes New Mexico a must-see destination in the Southwest, perfect for those seeking an adventurous and authentic journey.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – New Mexico is perfect for solo travellers who want to discover an artistic, authentic, and deeply cultural America. Santa Fe is the creative heart of the state, with art galleries, adobe architecture, and a strong identity rooted in contemporary art and Native American cultures. The Canyon Road Arts District is one of the most atmospheric areas, with dozens of galleries and studios. Albuquerque offers a more urban and dynamic vibe, with the Old Town district rich in history and traditions.

- **Couples** – New Mexico is ideal for couples seeking intimate atmospheres, desert landscapes, and places filled with natural energy. Taos offers mountains, historic villages, and a unique blend of Pueblo culture and alpine-desert scenery. White Sands National Park features spectacular white sand dunes, perfect for romantic sunsets and silent walks. The Bandelier National Monument adds canyons, ancient cliff dwellings, and untouched nature.

- **Families with children** – New Mexico is very suitable for families thanks to interactive museums and educational natural sites. The Explora Science Center in Albuquerque offers hands-on and fun scientific experiences. The Albuquerque Biological Park includes an aquarium, zoo, and botanical gardens in one complex. Pueblo historic sites allow visitors to explore Native American culture in an educational and engaging way.

- **Families with teenagers** – New Mexico is perfect for families with teenagers thanks to outdoor adventure, history, and unique landscapes. White Sands National Park offers hiking across spectacular dunes and incredible photography opportunities. The Carlsbad Caverns allow exploration of monumental underground cave systems. Santa Fe adds a vibrant arts scene, cultural events, and outdoor activities between mountains and desert.





DID YOU KNOW?

The official coat of arms of the state of New Mexico symbolizes the state's transition from Mexican to American sovereignty in 1846. At the center, an American eagle protects a smaller Mexican eagle, representing this important historical change. The motto "Crescit Eundo" ("It grows as it goes") celebrates the state's continued growth since joining the Union in 1912 and its economic and cultural development.

During the 1970s, 1980s, and 1990s, New Mexico saw the emergence of local artists like Billy ThunderKloud and bands like The Pueblos who established themselves in the folk, country, and independent rock scenes. Summer festivals in Santa Fe and Taos promoted traditional and contemporary American music, featuring outdoor concerts and opportunities to socialize and immerse yourself in Western culture and the local arts community. New Mexico has been the setting for numerous iconic films set among its deserts, canyons, and historic villages. Highlights include *The Milagro Beanfield War* (1988), *Young Guns* (1988), and *No Country for Old Men* (2007). These films immortalized Western culture, historic ranches, and the spectacular landscapes of the Southwest, making the state a unique cinematic hotspot. New Mexico contributed to the development of agricultural practices adapted to the arid climate, with irrigation techniques and local crafts that still influence the state's economy and culture today. Additionally, the area played a key role in science and technology through the Manhattan Project at Los Alamos.

New Mexicans are known for their strong connection to nature, local culture, and ancestral traditions. Festivals, fairs, and cultural celebrations showcase the unique fusion of Native, Spanish, and Western heritage.

NEVADA BETWEEN SPECTACULAR DESERTS, HIDDEN ALPINE LAKES, AND REMOTE LANDSCAPES OF THE GREAT BASIN

Nevada is a state captivating with its striking contrast of arid deserts, towering mountain ranges, and vibrant cities. Before the arrival of European settlers, the region was inhabited by Native American tribes such as the Paiute, Shoshone, and Washoe, who had a profound knowledge of the natural resources, rivers, and canyons, developing a culture of adaptation and respect for the environment. In the 19th century, the discovery of gold and silver led to the emergence of mining towns such as Virginia City, transforming Nevada into a key center of the Gold Rush and the development of the American frontier. The state officially joined the Union in 1864, maintaining a unique blend of Western tradition and modern innovation. Culturally, Nevada offers experiences ranging from Native American traditions to vibrant urban life. Reno and Las Vegas represent the modern and cosmopolitan side of the state, with museums, theaters, festivals, and shows celebrating history, art, and entertainment, while rural communities preserve ancient Western traditions, offering an authentic glimpse into life on the prairies and canyons. From a naturalistic perspective, Nevada amazes with its spectacular and diverse scenery. The Great Basin Desert, Red Rock Canyon, and the Sierra Nevada Mountains offer trails for hiking, climbing, and trekking, while alpine lakes and rivers like the Truckee create green oases in the desert. This combination of history, culture, and natural scenery makes Nevada a must-see destination in the Southwest, ideal for an unforgettable trip filled with adventure and unique landscapes.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Nevada is perfect for solo travellers who want to discover an alternative America, far from the most touristy routes. Reno offers a growing urban atmosphere, with the Riverwalk District, independent breweries, and a more local creative scene compared to Las Vegas. For a truly off-the-beaten-path experience, the Great Basin National Park delivers absolute silence, star-filled skies, and almost untouched mountain landscapes.

- **Couples** – Nevada is ideal for couples seeking romantic and less crowded destinations. The Great Basin National Park features alpine lakes such as the Bristlecone Pine Forest, caves, and mountain views in complete isolation. The Ruby Mountains (Ruby Crest Trail) are among the most spectacular and least known areas in the United States, with glacial lakes and scenic hikes perfect for slow travel. Even the Lake Tahoe (less touristy Nevada side) offers quiet corners between forests and crystal-clear waters.

- **Families with children** – Nevada is very suitable for families looking for nature and educational experiences away from mainstream tourism. The Great Basin National Park offers easy activities including caves, trails, and stargazing. The Schell Creek Range provides wildlife watching and untouched nature. In Reno, the Animal Ark Wildlife Sanctuary allows visitors to observe rescued animals in a natural setting.

- **Families with teenagers** – Nevada is perfect for families with teenagers thanks to adventurous outdoor experiences and remote landscapes. The Ruby Mountains offer challenging hikes, wildlife photography, and remote alpine lakes. The Great Basin National Park allows cave exploration in the Lehman Caves and stargazing under some of the darkest skies in the United States. The interior Nevada desert provides off-road driving and true isolation experiences.





DID YOU KNOW?

The official coat of arms of the State of Nevada, adopted during the Constitutional Convention of 1864, is rich in symbols representing the state's economic and natural history. In the mountains on the left, a silver miner and his team push a load of ore, while at the base of another mountain on the right stands a quartz mill, a symbol of the mining industry. Communication and transportation are represented by telegraph poles and a moving train in the background, while in the foreground, agricultural cultivation is symbolized by a sheaf of wheat, a sickle, and a plow, illustrating the combination of mineral and agricultural resources that made Nevada prosperous.

Throughout the 1970s, 1980s, and 1990s, Nevada saw the emergence of artists like Jimmy Valdez in Reno, local bands like Hellbound Glory (country/roots rock formed in Reno), and rock and punk bands from the Las Vegas scene like The Vermin (punk rock) and Inviolet Row (indie/experimental rock), who made waves in their respective music communities. Summer festivals and concerts in parks and squares in Reno and Lake Tahoe promoted independent country, folk, and rock music, allowing for accessible outdoor events where local communities celebrated their music scenes. Film has chosen Nevada as an iconic setting for westerns and drama productions. Among the most famous films set or filmed in the state are *The Misfits* (1961), featuring scenes in the mountains and desert of Nevada; *Vegas Vacation* (1997), showcasing the urban life and entertainment of Las Vegas; and scenes from the classic western *3000 Miles to Graceland* (2001). These films immortalized the state's desert landscapes, mountains, and iconic cities, helping solidify Nevada's image as a land of unique contrasts. Nevada played a central role in the mining and agricultural development of the American West. Silver mining techniques and railroad infrastructure, such as the Virginia & Truckee Railroad, enabled the transportation of minerals and people, shaping the development of mining towns.

Nevadans are known for their resilience, independence, and connection to nature and the desert.

Nevada is nicknamed “The Silver State” due to its historical importance in mining.

The Great Basin Desert, Sierra Nevada Mountains, and Red Rock Canyons provide habitat for iconic wildlife such as deer, golden eagles, and coyotes.

Area 51, in the southern Nevada desert, is famous for legends of UFO sightings and alien activity, attracting enthusiasts and the curious from all over the world.



PACIFIC COAST – FROM WILD NATURE TO COSMOPOLITAN CITIES, A JOURNEY OF DISCOVERY AND ADVENTURE



The Pacific Coast of the United States is a region that combines spectacular natural scenery with iconic, vibrant cities. Originally inhabited by tribes such as the Chinook, Coast Salish, and Chumash, it preserves traces of indigenous life linked to fishing, forests, and the Pacific Ocean coast. With the arrival of European settlers and gold prospectors in the 19th century, coastal cities grew rapidly, becoming cultural, commercial, and innovative centers. The region offers a unique mix of landscapes: from the cliffs and rainforests of Northern Washington, to the volcanoes and lakes of Oregon, to the beaches, vineyards, and iconic cities of California. National parks such as Redwood, Crater Lake, and Yosemite, along with the rugged coastline, offer spectacular views, scenic hikes, and opportunities to immerse yourself in nature. The Pacific Coast harmoniously combines culture, history, and nature, perfect for those seeking adventurous experiences off the beaten path. In terms of size and variety of landscapes, this macro-area can be compared to a large stretch of western Italy, including territories equivalent to Piedmont, Liguria, Tuscany, Emilia-Romagna, Marche and Lazio.

The region comprises three main states:

- WASHINGTON
- OREGON
- CALIFORNIA

The main airports providing access to the region are:

- Seattle-Tacoma International Airport – Main hub for Washington, with connections to nature hikes, rainforests, and historic cities of the Northwest
- Portland International Airport – Ideal gateway to Oregon, with access to forests, volcanoes, coasts, and national parks
- San Francisco International Airport – Strategic hub for Northern and Central California, with connections to iconic cities, vineyards and nature parks
- Los Angeles International Airport – The main gateway to Southern California, with easy access to beaches, nearby deserts, and urban attractions
- San Diego International Airport – Gateway to Southern California, ideal for beaches, culture, and relaxation along the Pacific Coast

The Pacific Coast offers an experience that combines cosmopolitan cities, spectacular coastlines, and pristine natural scenery. From the rainforests of Washington to the volcanoes and lakes of Oregon, to the golden beaches and vineyards of California, this region offers unforgettable adventures and a variety of authentic experiences. Exploring the Pacific Coast means immersing yourself in an extraordinary America, where culture, history, and nature blend to create unique memories.

WASHINGTON BETWEEN WILD NATURE, REMOTE COASTLINES, AND HIDDEN LANDSCAPES OF THE PACIFIC NORTHWEST

Washington is a state that surprises with its extraordinary variety of landscapes and cultural richness. Inhabited for centuries by Native American tribes such as the Coast Salish, Chinook, and Yakama, the territory preserves ancestral traditions linked to the sea, rivers, and rainforests, with fishing practices, crafts, and ritual ceremonies still alive. With the arrival of European settlers in the 18th and 19th centuries, the state became a hub for the timber and fishing trade, developing strategic port cities such as Seattle and Tacoma. Washington officially entered the Union in 1889, blending a frontier history with the technological and cultural innovations that characterize the region today. Culturally, Washington offers a fascinating mix of Native American traditions, pioneer history, and contemporary life. Cities such as Seattle, with its museums, markets, and theaters, and Spokane, with its festivals and galleries, allow you to explore Western history, modern art, and local traditions. Native American communities offer authentic experiences of culture and craftsmanship, making each visit a unique immersion in the state's past and present. From a naturalistic perspective, Washington is a nature lover's paradise. The Olympic Mountains and Mount Rainier National Park offer breathtaking views of snow-capped peaks, rainforests, and alpine lakes, while Puget Sound and its rugged coastline offer opportunities for cruising, kayaking, and marine wildlife watching. This combination of history, culture, and natural beauty makes Washington a must-see destination on the Pacific Coast, ideal for a trip that combines adventure and unique scenery.

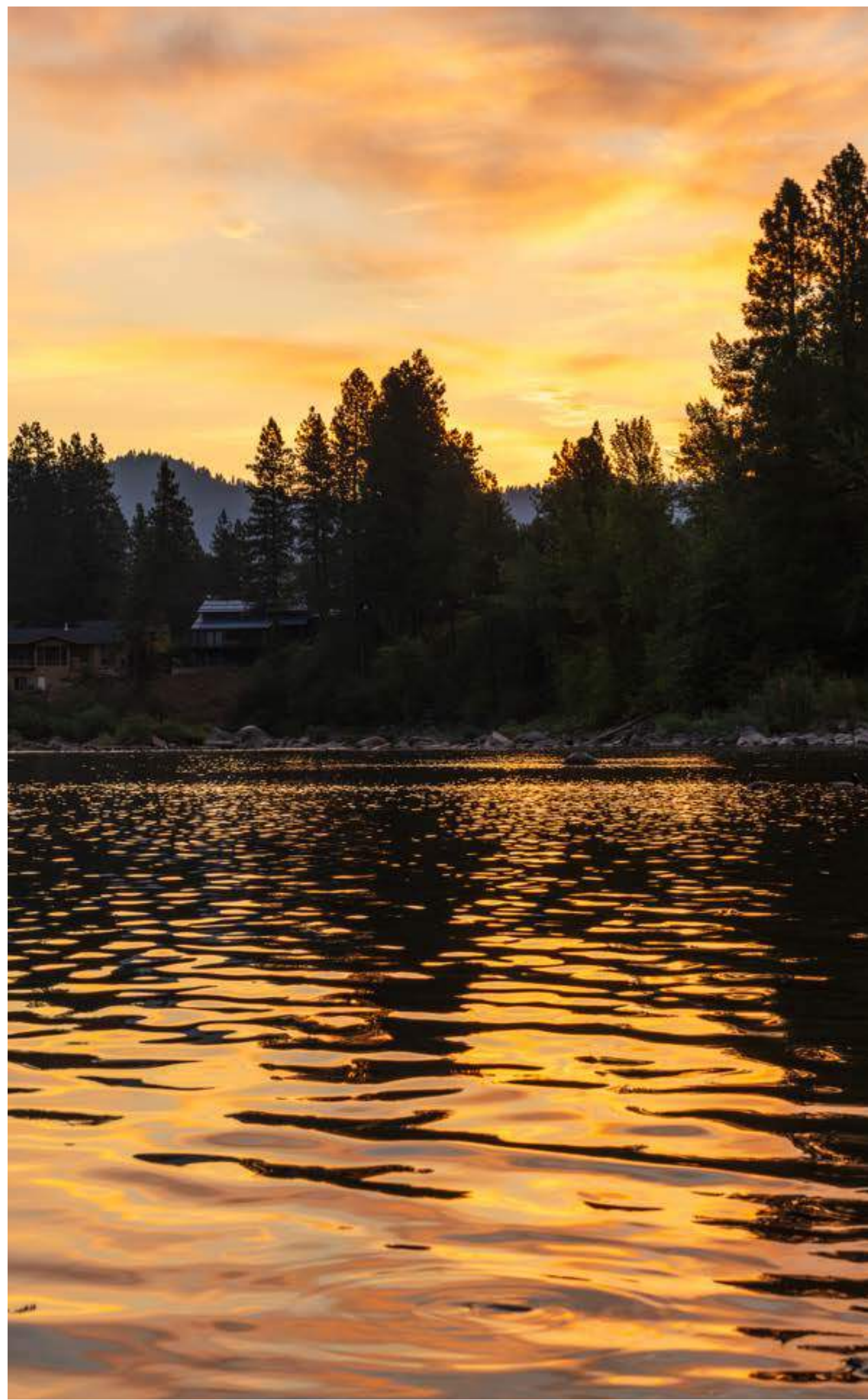
PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Washington State is perfect for solo travellers who want to discover an authentic, creative, and less touristy Pacific Northwest. Bellingham offers a relaxed independent scene with craft breweries, local bookstores, and direct access to the nature of the North Cascades. For something even more off the beaten path, Port Townsend combines Victorian architecture, an artistic atmosphere, and highly scenic coastal landscapes far from the state's more famous routes.

- **Couples** – Washington State is ideal for couples seeking romantic places immersed in nature. The San Juan Islands, especially Orcas Island, offer seaside lodges, quiet forests, and spectacular ocean sunsets. The remote coastline of the Olympic Peninsula, with areas such as Ruby Beach and Kalaloch, provides wild beaches, ocean mist, and intimate atmospheres perfect for slow travel and secluded stays.

- **Families with children** – Washington State is very suitable for families thanks to accessible nature and immersive educational experiences. The quieter areas of Olympic National Park allow families to safely explore rainforests, lakes, and beaches. Leavenworth, visited during the off-season, offers a fairytale-like atmosphere among mountains and forests with simple and relaxing outdoor activities. Inland lake regions are ideal for canoeing, picnics, and wildlife watching.

- **Families with teenagers** – Washington State is perfect for families with teenagers thanks to adventurous outdoor experiences and extreme landscapes away from mass tourism. The North Cascades offer scenic hiking, kayaking on glacial lakes, and wildlife photography in spectacular and uncrowded scenery. Areas near Mount Baker provide mountain biking, rafting, and more authentic, rugged outdoor activities compared to the more touristy parts of the Pacific Northwest.





DID YOU KNOW?

The official coat of arms of the State of Washington, designed by jeweler Charles Talcott in 1889, was created using ink, a silver dollar, and a postage stamp as a template. The seal appears on the state flag, on a green field, and depicts George Washington, the only American president to be depicted on a state flag.

Throughout the 1970s, 1980s, and 1990s, Washington saw the emergence of local artists and bands such as Nirvana in Aberdeen, Pearl Jam in Seattle, and folk and country groups such as Sons of the Pioneers reimagined in the communities of Spokane and Tacoma. Summer festivals in Bellingham and Leavenworth celebrated folk, rock, and country music, with outdoor concerts in accessible parks and plazas, strengthening the connection between community and musical tradition. In film, Washington hosted iconic sets such as *Sleepless in Seattle* (1993) along the Seattle Bay, and *Snow Falling on Cedars* (1999) in the region's coastlines and forests, taking advantage of the unique natural and urban settings that make the state perfect for film productions.

Washington has been a cradle of technological and industrial innovation. Seattle and the surrounding areas have seen major developments in the aviation industry with Boeing, as well as innovations in trade and communications thanks to the historic presence of shipyards, ports, and logistics infrastructure along the Puget Sound. The state has also fostered the emergence of information technology and software in Redmond's Silicon Forest, home to major companies like Microsoft.

The state's residents are known for their resilience, pioneering spirit, and respect for nature. Local culture values sustainability, innovation, and creativity, blending native traditions, pioneer heritage, and urban modernity. Local communities demonstrate openness, cultural curiosity, and a passion for outdoor activities such as hiking, kayaking, and wildlife watching.

The Olympic Peninsula is home to rainforests with ancient trees and accessible scenic trails, where you can spot black bears, deer, and golden eagles.

OREGON BETWEEN WILD COASTLINES, MISTY FORESTS, AND HIDDEN LANDSCAPES OF THE PACIFIC NORTHWEST

Oregon is a state captivating for its spectacular landscapes and rich, diverse history. Inhabited for centuries by Native American tribes such as the Chinook, Klamath, and Nez Perce, the territory preserves ancient traditions linked to fishing, hunting, and crafts, with villages and ceremonies that reflect a culture deeply connected to nature. With European and American expansion, Oregon became a key hub for the Oregon Trail, through which pioneers and settlers reached the West Coast, establishing settlements such as Portland and Salem. Officially joining the Union in 1859, the state has maintained a unique balance between urban development, respect for nature, and deep cultural roots. Culturally, Oregon offers a mix of Native, pioneer, and modern influences. Cities such as Portland, known for its art, food, and culture scene, and Eugene, a university and creative hub, offer museums, galleries, and festivals, while indigenous communities preserve ancient traditions of crafts, ceremonies, and storytelling. Every experience offers an authentic connection to local history and culture. From a naturalistic perspective, Oregon is a paradise for those who love pristine nature. The Pacific Coast with its rugged cliffs and remote beaches, the Cascade Mountains with alpine lakes and rainforests, and the wilderness of Crater Lake National Park offer trekking, hiking, and moments of absolute immersion in nature. This combination of history, culture, and extraordinary landscapes makes Oregon a must-see destination on the Pacific Coast, ideal for a trip that combines adventure and unique scenery.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Oregon is perfect for solo travellers seeking creativity, nature, and relaxed atmospheres far from mass tourism. Astoria, on the northern coast, offers a fascinating mix of maritime history, independent cafés, and ocean landscapes often wrapped in mist. For a more alternative experience, the Bend region combines craft breweries, an outdoor lifestyle, and direct access to volcanic lakes and untouched forests. The lesser-known areas of the Columbia River Gorge feature hidden waterfalls and peaceful scenic trails.

- **Couples** – Oregon is ideal for couples looking for romantic scenery and spectacular nature. The central Oregon coast, with towns such as Yachats, offers ocean cliffs, wild beaches, and nature lodges perfect for intimate stays. Crater Lake National Park, home to one of the deepest and bluest lakes in the world, delivers almost surreal landscapes and absolute silence. The lesser-touristed wine region of the Umpqua Valley adds vineyards, scenic drives, and relaxed boutique wineries.

- **Families with children** – Oregon is very suitable for families thanks to accessible nature and immersive educational activities. Coastal areas near Newport allow visitors to explore tide pools, historic lighthouses, and quiet beaches. The High Desert Museum near Bend offers interactive experiences focused on wildlife and the natural history of the American West. The forests around Mount Hood provide easy trails, lakes, and nature picnic areas.

- **Families with teenagers** – Oregon is perfect for families with teenagers thanks to adventurous outdoor experiences and highly diverse landscapes. The Bend region offers mountain biking, kayaking, and hiking through ancient volcanic scenery. The dunes of the Oregon Dunes National Recreation Area allow sandboarding and off-road activities in spectacular surroundings. The more remote sections of the Oregon coast provide surfing, hiking, and wildlife photography far from major tourist crowds.





DID YOU KNOW?

The official state coat of arms of Oregon represents the history, nature, and political evolution of the state. At the center is a shield (“escutcheon”) supported by 33 stars, a reminder that Oregon was the 33rd state to join the Union. The coat of arms is divided by a ribbon bearing the inscription “She Flies With Her Own Wings,” which was adopted as the official motto in 1987, replacing the previous motto, “The Union” (1957). Above the ribbon are depictions of Oregon’s mountains and forests, an elk with antlers, a covered wagon with its herd of oxen, the Pacific Ocean with the setting sun, a departing British ship, symbolizing the end of British influence, and an arriving American merchant ship, symbolizing the rise of American power in the region.

During the 1970s and 1980s, Oregon saw the emergence of local folk and rock artists like Paul Revere & the Raiders in Portland, and alternative rock bands like The Wipers and The Dandy Warhols from Eugene’s college communities and local underground scenes. In the 1990s, indie and alternative bands like Everclear and The Decemberists gained national recognition, while summer festivals in Portland and Eugene celebrated folk, country, and rock music, featuring outdoor concerts in accessible parks and plazas. In terms of film, Oregon has been home to numerous iconic productions. The Goonies (1985), set in the coastal town of Astoria, has become a cult classic of American pop culture, while Kindergarten Cop (1990) and Free Willy 2: The Adventure Home (1995) exploited the state’s natural and urban settings. Oregon played a major role in agricultural innovation and river navigation, with advanced techniques for prairie management, cultivation, and riverboat building. Pioneering settlement along the Oregon Trail fostered the development of tools and infrastructure essential to the settlers' lives.

Oregonians are known for their openness, resilience, and respect for nature. Life in both urban and rural communities instills values of sustainability, innovation, and community. Local festivals, farmers' markets, and cultural celebrations reflect the state's diverse indigenous, pioneering, and contemporary traditions.

Oregon is nicknamed “The Beaver State” for its historic role in fur farming and the presence of beavers along its major rivers.

The Pacific coast is home to rugged beaches and sea stacks, some of which are accessible and even used for nature watching and pet-friendly activities.

Crater Lake National Park is home to the deepest lake in the United States, formed in a volcanic crater, with deep blue waters.

The Oregon Trail remains a national historic landmark, with trails and museums dedicated to the memory of the pioneers who crossed the state in the 19th century.

Oregon is renowned for its diverse natural landscapes, from the rainforests of the North Coast to the inland deserts and eastern mountains, offering unique trekking, hiking, rafting, and nature photography experiences.

CALIFORNIA BETWEEN SPECTACULAR COASTLINES, HIDDEN DESERTS, AND ICONIC NATURE FAR FROM THE USUAL TOURIST ROUTES

California is a state that enchants with its extraordinary diversity of landscapes, history, and culture. Inhabited by native tribes such as the Chumash, Miwok, and Ohlone, the region preserves age-old traditions linked to fishing, hunting, and agriculture, with villages and ceremonies that demonstrate a profound connection to the land. With Spanish colonization in the 18th century, missions and settlements were built along the coast, such as San Diego and Monterey, leaving an architectural and cultural legacy still visible today. The Gold Rush of 1849 transformed California into a crossroads of peoples and cultures, cementing cities such as San Francisco and Sacramento as centers of commerce and innovation. Having joined the Union in 1850, California has successfully blended tradition, modernity, and innovation in a unique and fascinating mix. Culturally, California offers experiences ranging from contemporary art and music to historical and indigenous traditions. Cities like Los Angeles and San Francisco offer museums, theaters, festivals, and historic districts that showcase the state's cultural evolution, while Native and rural communities preserve traditional crafts, ceremonies, and lifestyles, offering an authentic immersion in California's history. From a naturalistic perspective, California is a land of incredible diversity. From the golden beaches of the Pacific Coast Highway to the vineyards of Napa Valley, the Sierra Nevada mountains, and the deserts of Death Valley, every landscape offers opportunities for trekking, hiking, and outdoor adventures. National parks like Yosemite, Sequoia, and Joshua Tree offer breathtaking scenery, ideal for those seeking a unique trip immersed in nature, history, and the unique charm of the Pacific Coast.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – California is perfect for solo travellers who want authentic and creative experiences beyond the classic tourist itineraries. Mendocino, on the northern coast, offers ocean cliffs, independent art galleries, and a relaxed atmosphere surrounded by Pacific mist. For a more alternative experience, the Joshua Tree region (away from the busiest areas) combines silent deserts, artistic communities, and incredible star-filled skies. The town of Nevada City, in the foothills of the Sierra Nevada, adds historic architecture, independent venues, and a truly authentic bohemian atmosphere.

- **Couples** – California is ideal for couples seeking romantic landscapes and exclusive nature escapes. The more secluded areas of Big Sur offer dramatic cliffs, endless ocean views, and lodges hidden between forests and wild coastline. Anderson Valley, far less touristy than Napa Valley, features vineyards, boutique wineries, and scenic roads perfect for slow travel. The desert landscapes of Anza-Borrego State Park provide spectacular sunsets, total silence, and extraordinary night skies.

- **Families with children** – California is very suitable for families thanks to accessible nature and immersive educational experiences. The quieter sections of the Redwood Forests allow families to explore giant forests through easy and safe trails. The coast around Monterey Bay offers wildlife watching, tide pools, and smaller aquariums away from crowded urban attractions. The less touristy side of Lake Tahoe provides beaches, forests, and relaxed outdoor activities.

- **Families with teenagers** – California is perfect for families with teenagers thanks to adventurous outdoor experiences and dramatic landscapes. The Mammoth Lakes region offers alpine hiking, mountain biking, and volcanic lakes in spectacular scenery. The lesser-known areas of Yosemite National Park provide panoramic hikes away from the busiest zones. The Big Sur coastline adds iconic road trips, nature photography, and outdoor activities along one of the most scenic drives in the United States.





DID YOU KNOW?

The official state coat of arms of California, adopted by the Constitutional Convention of 1849, symbolizes natural wealth, agriculture, and the state's accession to the Union. The seal features 31 stars along its upper edge, representing the number of states existing at the time of California's accession to the United States in 1850. A grizzly bear feeding on vines next to a haystack of wheat symbolizes the state's abundant wildlife and agricultural fertility, with a particular reference to California's wine industry; the grizzly bear is also the official state animal and appears on the California flag.

Throughout the 1970s, 1980s, and 1990s, California saw the emergence of local artists and bands such as Janis Joplin (posthumously recorded in the 1970s), the Red Hot Chili Peppers in Los Angeles, and independent folk-rock bands in the university communities of Berkeley and Santa Cruz. Music festivals such as the Coachella Valley Music & Arts Festival (early 1990s) began to consolidate the alternative scene. In film, films such as "Back to the Future" (1985 – exteriors shot in California), "Ferris Bueller's Day Off" (1986, Chicago but production scenes in California), and "Die Hard" (1988, Los Angeles) shaped the cinematic landscape, making California the epicenter of Hollywood production. California has also been the birthplace of major inventions and innovations, such as the microchip and Silicon Valley computer technology, the personal computer, and revolutionary software development in the 1970s and 1980s, as well as innovations in the wine, film, and aerospace industries.

The character of the inhabitants reflects the cultural diversity of the state: dynamic, innovative, open to multiculturalism, and oriented towards adventure and innovation. The population is known for being creative, enterprising, and with a pioneering spirit that blends Western, cultural, and technological traditions.

Among its curiosities, California is home to iconic and unique places, such as Death Valley (the lowest point in North America), the Salton Sea with its astonishing wildlife, and the Rosamond and Edwards Air Force Base area, known among aviation and UFO enthusiasts. It is the state with the most diverse ecosystems in the US, from deserts to coastal rainforests, and is home to Gold Rush ghost towns, historic vineyards, and little-known scenic drives.

FROM THE WILDS OF ALASKA TO THE DREAM ISLANDS OF HAWAII, EVOCATIVE AND UNFORGETTABLE EXPERIENCES



The lands of Alaska and Hawaii offer two extraordinary and completely different worlds, both rich in natural beauty and unique culture. Alaska, originally inhabited by indigenous tribes such as the Inuit, Tlingit, and Aleut, preserves age-old traditions linked to hunting, fishing, and life in the vast forests and glaciers. Here, imposing mountains, wild rivers, and spectacular fjords offer pristine landscapes and unique adventures, from whale watching to glacier trekking. Hawaii, on the other hand, is an archipelago of volcanic islands, originally inhabited by Polynesians, where culture, myths, and ancestral traditions intertwine with idyllic beaches, active volcanoes, and lush rainforests. Hawaii combines relaxation and adventure, from hiking among lava fields to diving in coral reefs, making every experience memorable. These two destinations offer premium, off-the-beaten-path experiences, perfect for those seeking an exclusive and unforgettable trip. To give an idea of its vastness, Alaska covers approximately 1.7 million km², an area equivalent to almost 28 times the size of the Lombardy region or comparable to the sum of Tuscany, Piedmont, Lombardy, Veneto, Emilia-Romagna and Sicily combined, while Hawaii, in terms of size, can be compared to a collection of medium-sized Italian regions such as Umbria, Marche and Molise.

Two main states:

- ALASKA
- HAWAII

The main airports providing access to the region are:

- Ted Stevens Anchorage International Airport – Alaska's main hub, providing access to cities, fjords, national parks, and remote wilderness areas
- Fairbanks International Airport – A strategic base for exploring Alaska's interior and enjoying mountain and glacier adventures
- Hilo International Airport – Gateway to East Hawaii, ideal for visiting volcanoes, rainforests, and spectacular waterfalls
- Kahului Airport – Prime access to Maui, Hawaii's paradisiacal beaches, excursions, and marine activities
- Daniel K. Inouye International Airport – Main hub for Oahu, perfect for exploring Honolulu, iconic beaches, and cultural sites in Hawaii

Alaska and Hawaii represent two complementary and extraordinary experiences: Alaska offers wild scenery, glaciers, and pristine nature, while Hawaii offers dream islands, Polynesian culture, and breathtaking tropical landscapes. Both destinations combine adventure and moments of pure emotion, perfect for a unique trip. Exploring these lands means immersing yourself in an extraordinary America, where every glimpse is an indelible memory and every experience is unforgettable.



ALASKA BETWEEN REMOTE GLACIERS, WILD FJORDS, AND EXTREME WILDERNESS AT THE EDGE OF THE WORLD

Alaska is a state of extraordinary and wild beauty, where pristine landscapes meet a millennia-old history. Inhabited by native peoples such as the Inuit, Tlingit, and Aleut, the region preserves traditions linked to fishing, hunting, and life in coastal villages and inland valleys. With the arrival of European settlers and the United States purchase from Russia in 1867, Alaska became a hub for exploration, fur trading, and later the gold rush, transforming settlements like Juneau and Sitka into strategic centers. The state officially joined the Union in 1959, maintaining a unique connection to its indigenous roots and spectacular, still largely untouched nature. Culturally, Alaska offers authentic and profound experiences. Cities like Anchorage and Fairbanks combine museums, galleries, and festivals that tell the story of indigenous peoples, pioneers, and the region's development. Traditional villages and Native communities offer unique ceremonies, crafts, and cultural narratives, making every visit an authentic immersion in the state's past and present. From a naturalistic perspective, Alaska is a pristine paradise. The Kenai Fjords, the glaciers of Glacier Bay National Park, and the Alaska Range mountains offer breathtaking landscapes for trekking, scenic hikes, cruises, and wildlife viewing, including brown bears, moose, and eagles. The Northern Lights, visible in winter, add a magical and unique allure, making Alaska an unmissable destination for an adventurous, exclusive trip immersed in the wilderness.

PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Alaska is perfect for solo travellers who want a truly authentic experience deeply immersed in nature. Homer, overlooking Kachemak Bay, offers an artistic and relaxed atmosphere with small lodges, local galleries, and spectacular landscapes between mountains and ocean. For an even more remote adventure, the Wrangell–St. Elias National Park region delivers vast wilderness, historic mining sites, and near-untouched scenery far from traditional tourism.

- **Couples** – Alaska is ideal for couples seeking romantic isolation and extraordinary landscapes. The fjords of Kenai Fjords National Park offer cruises among glaciers, whales, and mountains reflected in the ocean. The area around Girdwood, surrounded by forests and glaciers, features nature lodges perfect for intimate stays. The more remote regions of the Inside Passage provide quiet coastal villages and endless sunsets over the North Pacific.

- **Families with children** – Alaska is very suitable for families thanks to spectacular wildlife and educational nature experiences. The Alaska Wildlife Conservation Center allows visitors to safely observe bears, moose, and bison. Excursions near Seward offer easy whale-watching and glacier-viewing experiences. The Morris Thompson Cultural Center in Fairbanks introduces families to Alaska Native culture and the history of the state.

- **Families with teenagers** – Alaska is perfect for families with teenagers thanks to extreme outdoor adventures and landscapes unlike anywhere else in the world. The Wrangell–St. Elias National Park offers remote hiking, glaciers, and true wilderness adventures. The Denali region (in the less touristy areas) provides wildlife watching, nature photography, and spectacular hiking. The coastlines of Prince William Sound add kayaking among icebergs and wild fjords far from crowded routes.





DID YOU KNOW?

The official state coat of arms of Alaska, adopted in 1959, is rich in symbols of the state's economy and nature. The train represents Alaska's railroads, while the ships indicate the importance of maritime transportation. The trees symbolize the vast forests, the farmer with his horse, and the three ears of corn represent local agriculture. Fish and seals emphasize the crucial role of fishing and wildlife in the state's economy.

Throughout the 1970s, 1980s, and 1990s, Alaska saw the emergence of local artists and bands such as Jimmy Valdez in Anchorage (1979–1985), Big Fat Gap in Fairbanks (1982–1988), and The Mudflaps in Juneau (1985–1991), independent groups that ranged from folk to alternative rock. Summer festivals such as the Anchorage Folk Festival (1983–1995) and the Seward Music Festival (1987–1998) celebrated country, folk, and alternative rock music, with outdoor concerts in parks and squares. Films shot in Alaska include “White Fang” (1991) and “Into the Wild” (1999), while scenes from “The Proposal” (2009) feature Alaskan landscapes. These films have helped popularize the region's glaciers, fjords, and remote villages, creating a perfect backdrop for cultural and nature tourism. Alaska has developed unique technologies for living in extreme environments, such as earthquake-resistant buildings, advanced commercial fishing systems, and ice transport, becoming a laboratory for solutions for harsh climates.

The inhabitants are resilient, independent, and connected to nature. They maintain indigenous traditions, local crafts, and pioneer practices, combining adaptation to environmental challenges with a community spirit and a welcoming attitude toward visitors.

Among its many interesting facts, Alaska is the northernmost and largest state in the US, home to remote villages still largely untouched by tourism. The Northern Lights, spectacular glaciers, Kenai Fjords, and little-known islands offer unique experiences. Communities of Russian and indigenous origin preserve age-old traditions, while the coasts and forests offer sightings of bears, moose, and eagles, creating unparalleled natural scenery.



HAWAII BETWEEN VOLCANIC ISLANDS, WILD BEACHES, AND TROPICAL NATURE FAR FROM THE BIG RESORTS

Hawaii represents a unique corner of paradise in the United States, where pristine nature, history, and age-old traditions blend together in dreamlike settings. Inhabited by Polynesian peoples since the first millennium AD, the islands have developed a culture rich in myths, ceremonies, hula dance, and crafts tied to the sea and the land. With the arrival of Europeans in the 18th century and the establishment of the Kingdom of Hawaii, the islands became a commercial and cultural hub in the Pacific. Having joined the United States in 1959, Hawaii has retained a strong and unique identity, combining indigenous traditions, Western influences, and extraordinary natural landscapes. Culturally, Hawaii offers authentic and engaging experiences. Cities like Honolulu, with its rich historical heritage and museums, and villages like Haleiwa offer insights into local art, music, and traditional ceremonies. Hawaiian communities keep Polynesian culture alive through dances, festivals, crafts, and typical cuisine, providing unforgettable experiences for guests. From a naturalistic perspective, Hawaii is a true paradise for nature lovers. The active volcanoes of Hawaii Volcanoes National Park, the white and black sand beaches, the waterfalls of Maui, and the seabed of Molokini offer trekking, hiking, snorkeling, and diving in unique settings. This combination of culture, history, and natural scenery makes Hawaii an unmissable destination for a journey of nature, adventure, and places off the beaten path.

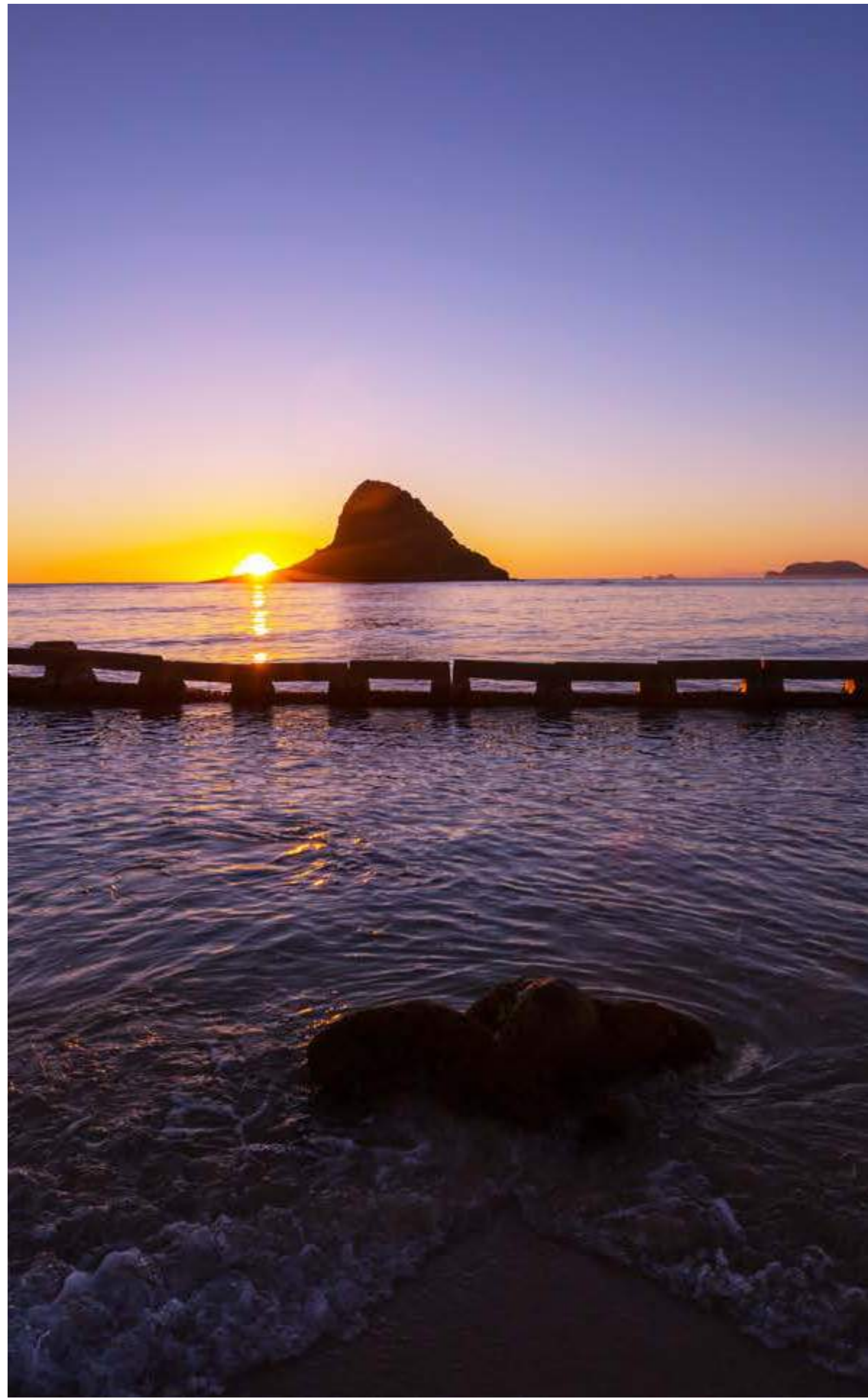
PLACES AND EXPERIENCES FOR SINGLES, COUPLES, AND FAMILIES OFF THE BEATEN PATH

- **Single** – Hawaii is perfect for solo travellers seeking an authentic, less commercial tropical experience. The island of Kauaʻi, especially the Hanalei area, offers spectacular beaches, a relaxed atmosphere, and lush landscapes between mountains and ocean. For a more alternative experience, eastern Big Island around Hilo combines tropical forests, hidden waterfalls, and a strong local culture far from the major resort areas. Scenic coastal drives offer deeply immersive Hawaiian nature experiences.

- **Couples** – Hawaii is ideal for couples seeking romantic scenery and secluded places. The Na Pali Coast on Kauaʻi features dramatic cliffs, isolated bays, and incredible Pacific sunsets. The Upcountry Maui region, on the slopes of Haleakalā volcano, offers nature lodges, small vineyards, and landscapes very different from the classic image of Hawaii. Less visited beaches on the Big Island provide silence, black volcanic sand, and extraordinary starry skies.

- **Families with children** – Hawaii is very suitable for families thanks to accessible nature and tropical educational experiences. Southern Kauaʻi offers calm beaches and safe snorkeling for children. The Hawaiʻi Tropical Botanical Garden near Hilo allows families to explore tropical plants and easy rainforest trails. Marine protected areas across the islands provide opportunities to see tropical fish and sea turtles in calm, clear waters.

- **Families with teenagers** – Hawaii is perfect for families with teenagers thanks to adventurous outdoor activities and unique volcanic landscapes. The Hawaiʻi Volcanoes National Park on the Big Island offers hiking across lava fields and active volcanic craters. Kauaʻi provides kayaking along tropical rivers and scenic hikes along the Na Pali Coast. Wilder areas of Maui add surfing, advanced snorkeling, and spectacular road trips far from the most touristy zones.





DID YOU KNOW?

The official coat of arms of the State of Hawaii, adopted on August 21, 1959, upon Hawaii's entry into the Union, bears the motto "Ua Mau ke Ea o ka 'Āina i ka Pono," meaning "The life of the land is perpetuated in righteousness."

In the 1970s and 1980s, Hawaii saw the emergence of local artists like Israel Kamakawiwo'ole in Honolulu, and traditional music and folk-rock bands in the communities of Hilo and Lahaina. In the 1990s, indie and alternative bands like The Green and J Boog began to gain recognition beyond the islands, while summer festivals in Honolulu and Maui celebrated Hawaiian music, reggae, and rock with outdoor concerts. Iconic films shot in Hawaii include "Jurassic Park" (1993, Big Island), featuring the islands' unique natural settings, from active volcanoes to tropical forests. Hawaii has also seen innovations in agricultural technology and tropical farming, such as advanced irrigation systems for sugarcane and pineapple plantations, as well as environmentally friendly solutions for preserving coral reefs and providing drinking water in remote communities.

Hawaiians are known for their welcoming spirit, calmness, and ability to live in harmony with nature. The "aloha" culture emphasizes respect, courtesy, and community, while Hawaii's multicultural influence has made its inhabitants flexible, creative, and open to the intersection of tradition and modernity.

The archipelago is the only US state composed entirely of active volcanic islands.

Hawaii is home to Mauna Kea, the world's tallest mountain as measured from an underwater base, with internationally renowned astronomical observatories.

The islands are a paradise for snorkeling, surfing, and whale watching enthusiasts, with unique marine species such as the Hawaiian green sea turtle and humpback whales.

Each year, the Merrie Monarch Festival celebrates hula and traditional culture, with competitions and ceremonies open to the public, an event of great cultural and tourism significance.



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WISHES**



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We hope you enjoyed this travel planner and inspired your next leisure trip.

If you want to organize your next leisure trip with us, we want to have a very transparent relationship with you and we ask you to pay close attention to the following aspects:

With the advent of the internet and booking sites open to the public, the travel industry has witnessed a great decline in terms of professionalism, quality of services offered and, unfortunately, also many scams. We recognize that organizing a good leisure trip is a **very complex operation**, for the reason that it is not a question of selling an item but a series of services that require **careful research and planning** and consequently also **a lot of time** in order to be able to offer customers the best in terms of quality - price.

We aim to offer travelers high standards of quality and care, but **we also want to work with customers who understand our value and commitment.**

For the reasons indicated above, before proceeding with the preparation of a leisure travel itinerary, we require aspiring leisure travellers to examine and choose between the two options indicated in the following pages.



ATLANTIC CLASSIC BASIC

It does not include any type of club or related benefits but only the classic tailor-made travel itinerary and quotation preparation service. In this case, to receive the above, you will have to proceed following the instructions indicated in the sub-heading "Steps to Follow".

QUOTATION FEE

- For US based customers \$15.00
- For UK based customers £15.00
- For EU based customers €15.00
- For Canada based customers Can\$ 25.00
- For Australia based customers AU\$ 28.00

If, after you have received our itinerary and tailor-made quotation, you decide not to proceed with the booking, the quotation fee is non-refundable but we will do everything possible to help you find the best travel solution.

STEPS TO FOLLOW

1) If you need to request a travel itinerary and quotation, click on the first and second button. Fill out and submit the relevant forms.

TRAVEL CATEGORIES - ANCILLARY SERVICES

TRAVEL ITINERARY QUOTATION FORM

2) Click on the image relating to your country of residence and you will be able to finalize the process of paying for the quote by credit/debit card via PayPal by following the various steps that will be indicated.



3) In a short time, you will receive your travel itinerary and quotation from one of the partner agencies, Atlantic Travel & Tours Booking Point Agency, located in the country where you live, to which you can also ask to modify / adjust your travel itinerary.



ATLANTIC TRAVELERS CLUB

A club open to all but mainly frequent travellers that opens the doors to the following benefits:

- Request unlimited itineraries and quotes without paying the Atlantic Classic Basic quote fee every time
- 20% discount always active for all inclusive travel
- Assistance before / during / after the travel
- Constant updates concerning the travel industry
- Discounts and gifts based on availability

MONTHLY MEMBERSHIP FEE

- For US based customers \$9.00
- For UK based customers £9.00
- For EU based customers €9.00
- For Canada based customers Can\$ 16.00
- For Australia based customers AU\$ 17.00

To join our Atlantic Travellers Club, follow the instructions indicated in the sub-heading "Steps to Follow".

You can cancel your membership at any time by writing to us by email.

1) Click on this button and you will be able to access membership form to fill in and send.

MEMBERSHIP

2) Click on the image relating to your country of residence and you will be able to finalize the payment process of the monthly membership fee by credit/debit card via PayPal by following the various steps that will be indicated.



3) In a short time, you will receive welcome confirmation and you will be able to start enjoying the benefits described above.

4) Remember that you can request itineraries and quotes at any time by clicking on the first and second button. Fill out and submit the relevant forms.

TRAVEL CATEGORIES - SERVICES

TRAVEL ITINERARY QUOTATION FORM



Atlantic Travel & Tours Ltd

London, New York
Los Angeles, Miami
Denver

ATLANTIC TRAVEL & TOURS LTD

HEADQUARTERED IN THE UNITED STATES AND THE UNITED KINGDOM

REGISTERED COMPANIES

USA - DENVER - COLORADO - COMPANY REGISTRATION NUMBER: 202 110 96 014

UK - LONDON - COMPANY REGISTRATION NUMBER: 130 288 33

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