

ATLANTIC TRAVEL & TOURS

ENGLISH LANGUAGE COURSES

UNITED KINGDOM

**EXPERIENCE ENGLISH IN THE UNITED KINGDOM:
STUDY, CULTURE, AND IMMERSION IN HISTORIC
CITIES, BRITISH TRADITION, AND INTERNATIONAL
INNOVATION**



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FROM THE CEO - FOUNDER

Dear students,

Studying English in the United Kingdom represents the most authentic and traditional experience for learning the English language.

The United Kingdom is the birthplace of English and offers a unique cultural and linguistic context, where history, modernity, and innovation blend harmoniously.

Our tour operator offers tailor-made language programmes for students of all ages: children, teenagers, university students, professionals, and adults.

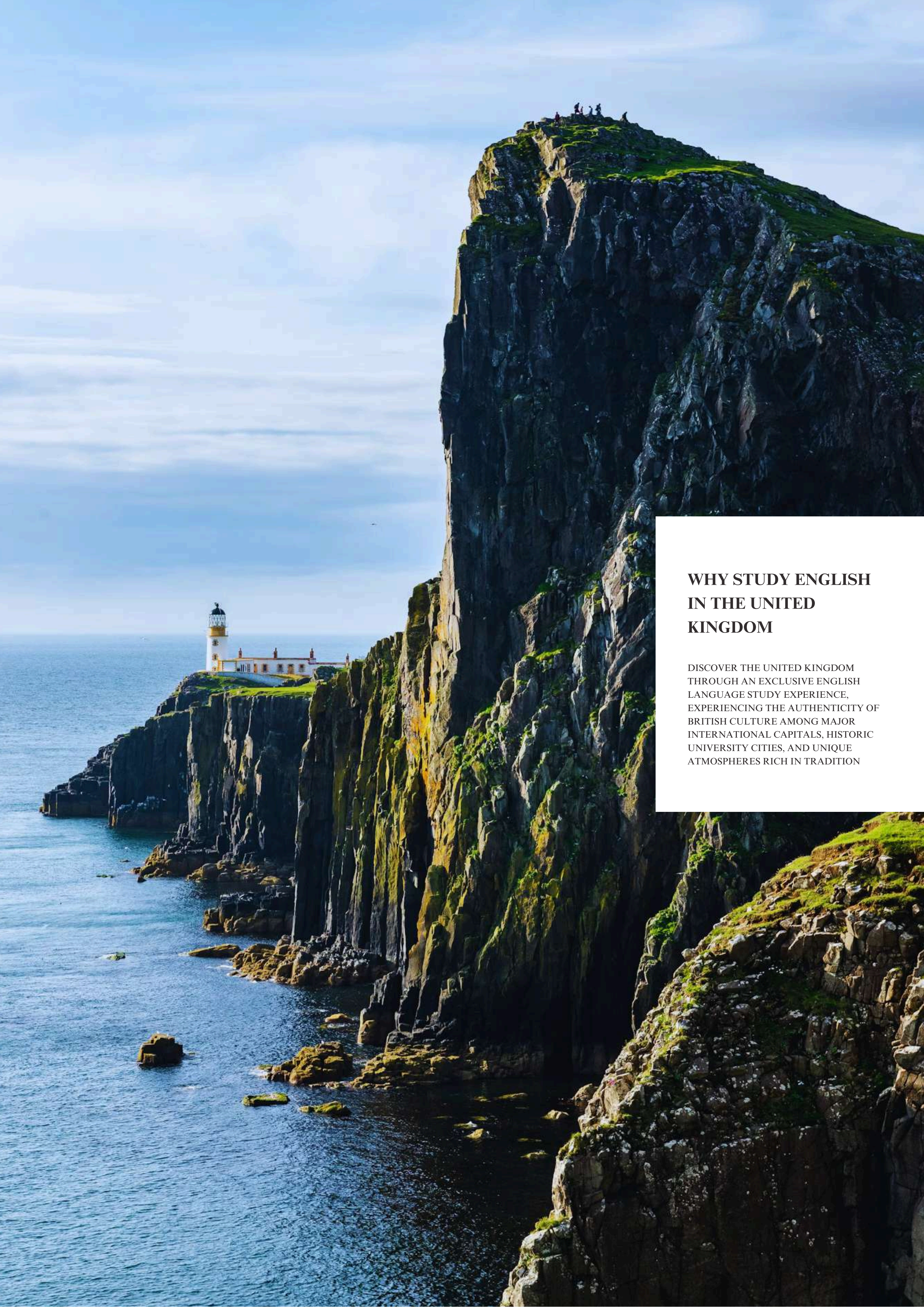
Each pathway is designed to ensure effective learning, full cultural immersion, and meaningful personal growth.

Studying in the United Kingdom means experiencing the language in its purest and most structured form.



Steve Tabacchi

DR. STEVE TABACCHI
CEO - FOUNDER
ATLANTIC TRAVEL & TOURS



WHY STUDY ENGLISH IN THE UNITED KINGDOM

DISCOVER THE UNITED KINGDOM THROUGH AN EXCLUSIVE ENGLISH LANGUAGE STUDY EXPERIENCE, EXPERIENCING THE AUTHENTICITY OF BRITISH CULTURE AMONG MAJOR INTERNATIONAL CAPITALS, HISTORIC UNIVERSITY CITIES, AND UNIQUE ATMOSPHERES RICH IN TRADITION

WHY CHOOSE THE UNITED KINGDOM TO STUDY ENGLISH



The United Kingdom is one of the most prestigious destinations in the world for studying English.

The academic quality of its schools is among the highest internationally, with structured teaching programmes and highly qualified teachers.

The environment is extremely stimulating and allows students to fully immerse themselves in British culture, developing strong and long-lasting language skills.

In addition, its proximity to Italy and excellent air connections make the United Kingdom an easily accessible destination.

MAIN DESTINATIONS

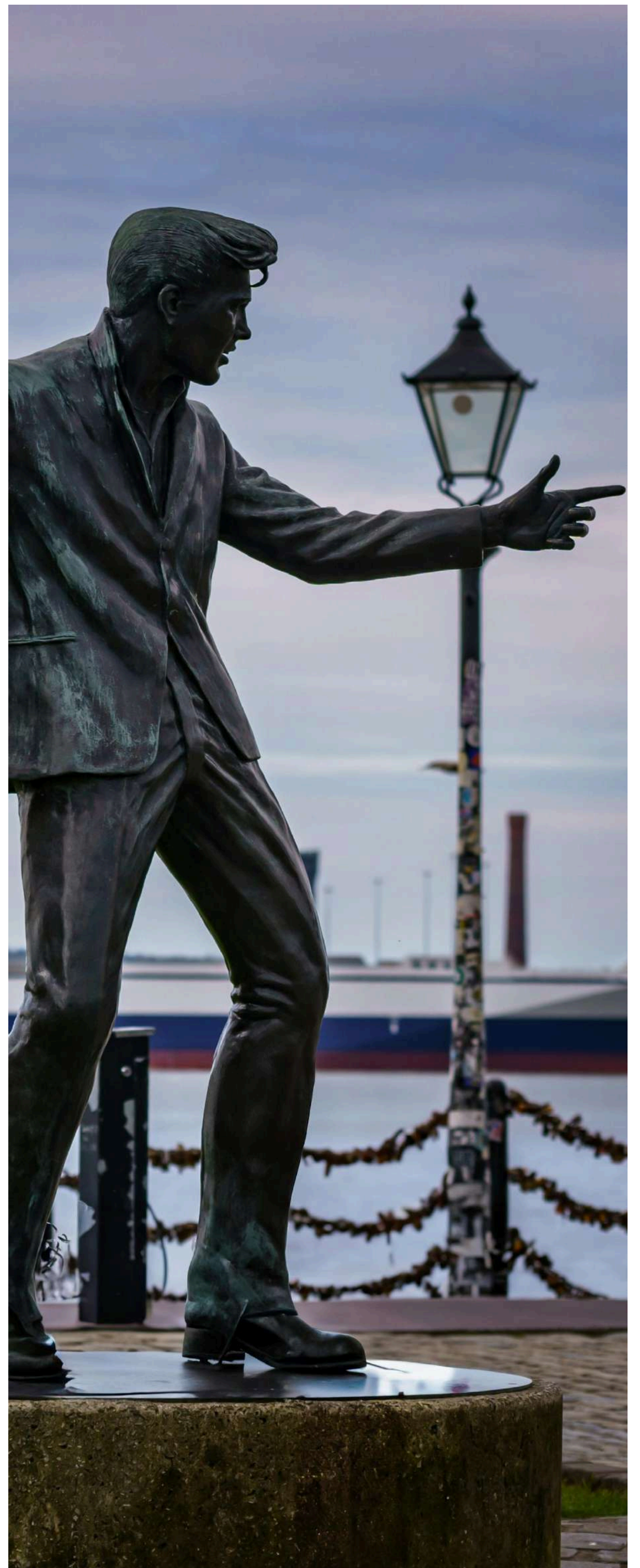
The United Kingdom offers a wide variety of destinations, each with unique characteristics.

London is the leading international hub, dynamic and multicultural.

Oxford and Cambridge represent academic and university excellence. Manchester and Liverpool offer a young and creative environment. Brighton is a lively seaside city, highly popular among international students. Edinburgh, in Scotland, adds strong cultural and historical value, with a unique and atmospheric setting. Belfast, the capital of Northern Ireland, is an increasingly attractive destination for English studies thanks to accredited schools and an authentic, dynamic environment with growing international appeal.

The United Kingdom also offers an extensive network of partner schools in highly authentic and educational secondary cities such as Bristol, Leeds, Nottingham, and York.

In Northern Ireland, depending on seasonality and availability, language programmes and summer camps may also be offered in areas such as Derry/Londonderry, Lisburn, and selected university settings.





GENERAL ENGLISH PROGRAMS

General English programmes in the United Kingdom are designed to develop all language skills in a balanced and progressive way.

Courses are available for all levels, from beginner to advanced, with flexible and customisable pathways.

The teaching approach is communicative, with a strong emphasis on conversation, listening comprehension, and the practical use of language in everyday life.

Classes are small to ensure constant interaction and effective learning.

ACADEMIC PROGRAMMES AND EXAMS



The United Kingdom is one of the best destinations for international exam preparation.

Specific courses are available for IELTS, Cambridge Exams, and other globally recognised certifications.

Many schools offer Academic English and University Pathway programmes, allowing students to gain direct access to British universities and colleges.

These pathways are ideal for those who wish to build an international academic or professional future.

PROGRAMS FOR YOUTH AND SUMMER CAMPS



Programs for young learners in the United Kingdom are among the most structured and safest in Europe.

Summer camps combine English language learning with sports, cultural, and recreational activities.

Students stay in supervised colleges or residences and are supported by qualified staff 24 hours a day.

Activities include excursions, museum visits, sports, and creative workshops conducted entirely in English.

ACCOMMODATIONS

Accommodation in the United Kingdom is carefully selected to ensure safety, comfort, and language immersion.

Homestays allow students to live with British families and practise English on a daily basis.

Student residences offer independence and an international environment.

University colleges are the ideal option for intensive programmes and summer camps.





CULTURAL EXPERIENCE

Studying in the United Kingdom means experiencing one of the richest and most historic cultures in the world.

Every city offers museums, monuments, cultural events, and unique traditions. In London, it is possible to visit Buckingham Palace, the British Museum, and the Parliament.

Oxford and Cambridge provide an unmatched historic academic experience.

British cities allow students to experience the language in an authentic and culturally stimulating context.

TAILOR-MADE TRAVEL AND INFORMAL LANGUAGE IMMERSION



In addition to English language courses, our tour operator offers the possibility of combining the study programme with tailor-made travel experiences in the United Kingdom.

This approach turns language learning into a complete travel experience, combining education with the discovery of the country.

English is practised in real-life informal contexts such as cultural visits, local events, excursions, dining experiences, and social activities.

Trips can be organised before, during, or after the language course, with customised itineraries including London, Oxford, Cambridge, Scotland, Northern Ireland, and other iconic destinations.

It is possible to request solutions with a tour leader, guide, or a completely independent formula, depending on the level of autonomy and the client's needs.



SERVICES INCLUDED

Our tour operator provides a complete and highly professional service.

It includes personalised consultancy, level testing, school enrolment, accommodation arrangement, documentation support, pre-departure assistance, and on-site support.

Travel insurance, airport transfers, and customised programmes for groups or companies are also available.

Studying in the United Kingdom means accessing an excellent educational standard and an authentic, structured language experience.

Our goal is to offer study pathways that combine quality, safety, and concrete results.

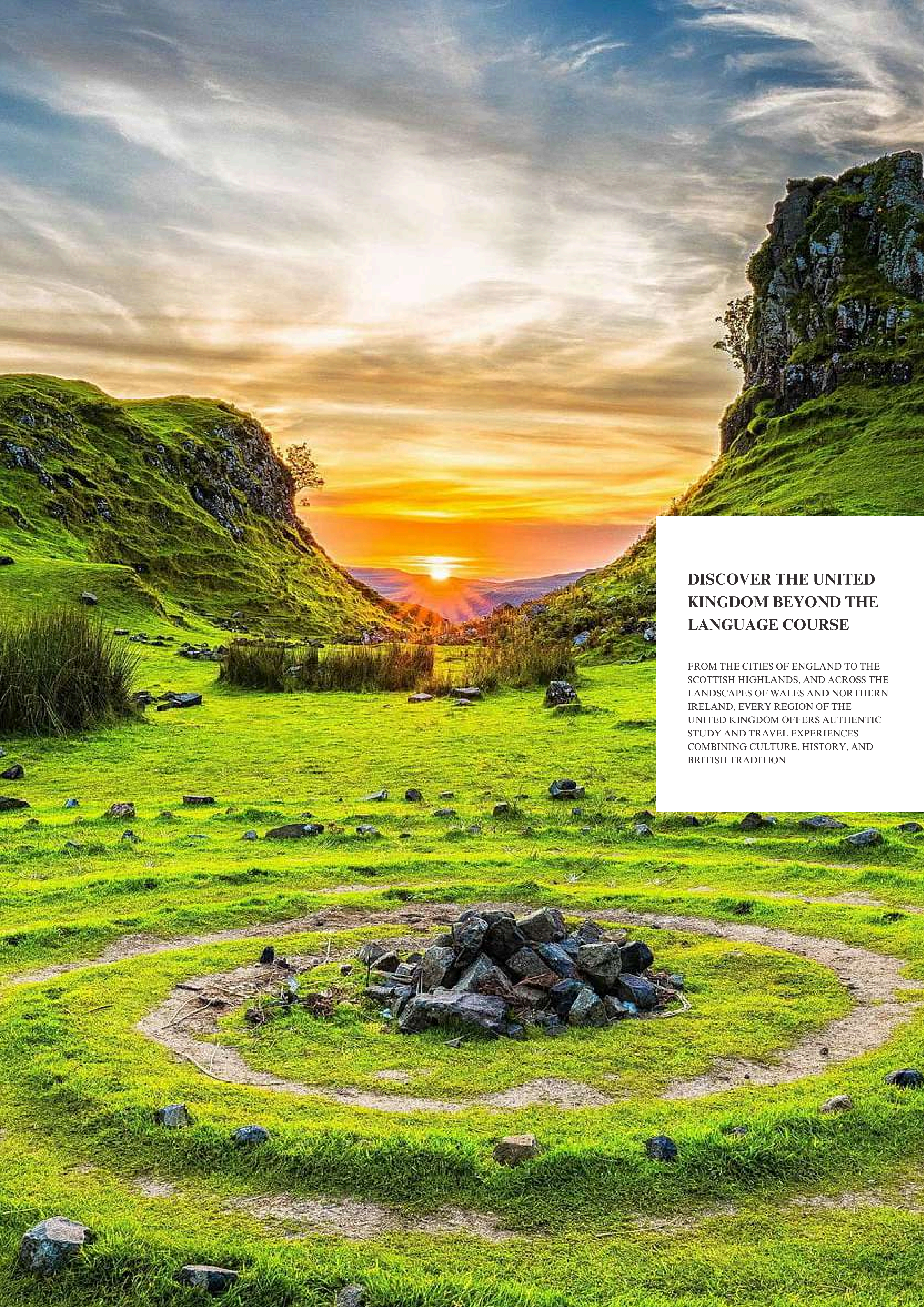
Your authentic English starts in the United Kingdom.



QUALITY AND SERVICE UPDATES

The experiences and services presented in this brochure have been selected based on qualitative criteria focused on comfort, accessibility, and the personalization of the study and travel experience.

As operational conditions, dedicated services, and policies may be subject to updates or changes over time, each proposal will be reviewed and confirmed at the quotation stage, in order to ensure full alignment with the traveler's specific requirements and the expected quality standards.



DISCOVER THE UNITED KINGDOM BEYOND THE LANGUAGE COURSE

FROM THE CITIES OF ENGLAND TO THE SCOTTISH HIGHLANDS, AND ACROSS THE LANDSCAPES OF WALES AND NORTHERN IRELAND, EVERY REGION OF THE UNITED KINGDOM OFFERS AUTHENTIC STUDY AND TRAVEL EXPERIENCES COMBINING CULTURE, HISTORY, AND BRITISH TRADITION

WHEN TO TRAVEL TO THE UNITED KINGDOM



The United Kingdom can be visited all year round, as each season offers different atmospheres and unique opportunities for discovery, capable of enhancing the trip in ever new ways.

Spring marks the awakening of the landscape: countryside and gardens once again turn a deep green, rivers flow with greater vitality, and villages, both coastal and rural, gradually resume their daily rhythm, offering a bright and regenerating setting.

Summer brings longer days and ideal conditions for exploring the region: rugged coastlines, natural parks, and inland regions open up to scenic routes, outdoor walks, and itineraries that allow you to fully experience the diverse landscapes.

Autumn transforms many areas into particularly evocative landscapes, where countryside, forests, and hills are tinged with warm, enveloping hues. It's an ideal time to appreciate the more intimate and contemplative side of places, amidst scenic routes and more tranquil atmospheres.

Winter, on the other hand, offers a more essential and intimate atmosphere: silent landscapes, soft lights, and natural environments that invite a slower pace. Cities and villages take on a welcoming and discreet atmosphere, offering cultural and scenic experiences with a strong emotional impact.



ENGLAND - BETWEEN HISTORY, CULTURE, AND UNSPOILED LANDSCAPES



England is a country of contrasts and layers, where cosmopolitan cities like London, Manchester, and Bristol and rural villages like Castle Combe and Haworth coexist with extraordinary natural landscapes, from placid rivers like the Thames and the Severn to the rugged coastlines of Cornwall and Northumberland, from the rolling hills of the Cotswolds to the rugged peaks of the Pennines. Before the arrival of the Romans, the land was inhabited by Celtic peoples, including the Iceni and the Brigantes, who developed complex societies with spiritual traditions and defensive structures like Camp d'Arbury and Maiden Castle in Dorset. The Roman era left behind impressive legacies, from the walls and theaters of Londinium (now London) to aqueducts like Chedworth and the fortifications along Hadrian's Wall, while the Middle Ages saw the rise of abbeys like Fountains Abbey, castles like Warwick Castle, and market towns like York, which shaped England's economy and culture. During the Renaissance and subsequent centuries, the monarchy and noble families, including the Tudors and Cavendishes, consolidated architectural heritages such as Hampton Court Palace and Chatsworth House, historic gardens such as Kew Gardens and Sissinghurst Castle Garden, and libraries such as the Bodleian Library in Oxford, leaving a cultural legacy that still enriches cities and countryside today. Festivals such as Glastonbury, museums such as the Victoria & Albert Museum in London, and theaters such as the Royal Shakespeare Theatre in Stratford-upon-Avon testify to the nation's cultural vitality and capacity for innovation.

From a naturalistic perspective, England presents a surprising variety of environments: the rolling hills and moors of the Southwest (Cornwall, Devon, Somerset) offer breathtaking views and rugged coastlines; the plains of the Southeast and the Home Counties (Kent, Surrey, Sussex) offer waterways like the River Wey, ancient woodlands like Ashridge Forest, and green villages like Hever and Chilham; the Midlands combine placid rivers like the River Avon, lakes like Derwent Reservoir, and rural expanses ideal for peaceful walks; the North of England is characterized by mountains like the Pennines, lakes like those of the Lake District, and glacial fjords, with national parks like the Peak District National Park, the Lake District National Park, and Northumberland National Park, and nature reserves like the Farne Islands that protect a rich and diverse fauna, from migratory birds to wildlife typical of temperate woodlands. The Atlantic and North Sea coasts offer cliffs such as those of Flamborough Head, dunes like those of the Suffolk Coast, and bays such as St Ives Bay and Morecambe Bay, testimony to the millennia-old connection between the English and the sea.

Geographically, England covers approximately 130,000 km², an area slightly larger than Greece and just over half the size of Italy, comprising a network of cities, villages, hills and islands, including the famous Isle of Wight, the remote Isles of Scilly and Lindisfarne, places that enrich the nation's scenic and cultural diversity.

The five main areas that make up the region are:

- **LONDON – POLITICAL, CULTURAL AND FINANCIAL CENTRE, INTERNATIONAL ACCESS HUB**
- **SOUTH EAST (HOME COUNTIES & SOUTH EAST) – CHARACTERISED BY LUSH COUNTRYSIDE, HISTORIC VILLAGES AND TRANQUIL COASTLINES**
- **SOUTH WEST (WEST COUNTRY) – ROLLING HILLS, MOORS AND RUGGED COASTLINE WITH LOCAL TRADITIONS STILL ALIVE**
- **MIDLANDS (HEART OF ENGLAND) – RURAL EXPANSES, WATERWAYS AND HISTORIC VILLAGES LINKED TO INDUSTRIAL TRADITION**
- **NORTHERN ENGLAND – MOUNTAINS, GLACIAL LAKES, FJORDS AND NATIONAL PARKS OF GREAT NATURAL BEAUTY**

The main airports accessing the region are:

Heathrow and Gatwick (London and South East)

- Bristol Airport (South West)
- Manchester Airport (Midlands and North)
- Newcastle Airport (North East)

England is more than just a collection of territories: it is a layered tale of peoples, histories, legends, and landscapes, where each place invites you to discover it slowly and attentively. From the urban modernity of London to the tranquility of the moors and northern lakes, the nation offers a complete experience that blends history, culture, and nature in a rare and fascinating balance.

THE STUDY AND LANGUAGE IMMERSION EXPERIENCE IN ENGLAND

Studying English in England means entering the very heart of the language, in a context where history, academia, and everyday life naturally and continuously intertwine.

The country's main university and cultural cities offer ideal environments for authentic learning, thanks to a strong presence of international schools, colleges, and recognised language centres. In London, English learning takes place in a unique global setting: areas such as Bloomsbury, Kensington, Greenwich, and Notting Hill offer a multicultural environment where English is lived every day among museums, universities, markets, and cultural institutions. The presence of both historic and modern academic institutions makes the capital the main reference point for international students. In Cambridge and Oxford, learning takes on a more academic and traditional dimension: among historic colleges, centuries-old libraries, and human-scale cities, English study is embedded in some of the most prestigious university environments in the world, where the language is present in every street, courtyard, and historic building. In cities such as Manchester, Liverpool, Bristol, and Birmingham, English is experienced in an authentic and contemporary urban context, among modern universities, regenerated cultural districts, and a strong musical and creative identity that makes everyday life highly immersive. Alongside the main study centres, smaller and less touristy destinations also offer valuable linguistic environments: in York, with its perfectly preserved medieval centre and the historic Shambles streets, or in Bath, a UNESCO World Heritage Georgian city famous for its ancient Roman baths, English is intertwined with a unique historical dimension. In the South West, Exeter and Plymouth offer a more authentic and less touristy experience, with human-scale university cities and a strong connection to the Devon and Cornwall coast. In the North East, Durham, with its cathedral and castle overlooking the River Wear, represents one of the most atmospheric academic settings in the country, deeply rooted in British university tradition.

A JOURNEY BEYOND THE LANGUAGE COURSE: AUTHENTIC EXPERIENCES AND DESTINATIONS IN ENGLAND DESIGNED FOR EVERY CATEGORY OF ENGLISH LANGUAGE STUDENTS

- **Parents of junior students:** England offers calm and cultural experiences around London and university cities. The Cotswolds villages such as Bibury and Bourton-on-the-Water, with their honey-coloured stone houses and small bridges over the River Windrush, represent some of the most picturesque scenery in the country. In Windsor, the still-inhabited royal castle allows visitors to discover one of the official residences of the British monarchy, set within a historic park along the River Thames.
- **Teenagers:** the journey becomes an active and scenic discovery. Along the Sussex coast, the white cliffs of Seven Sisters offer panoramic walking routes overlooking the sea, while in Brighton the beach, the historic pier, and sports areas create a dynamic and youthful environment. In the north of England, the Yorkshire Dales National Park offers rolling landscapes, stone villages such as Grassington, and ancient walking trails immersed in nature.
- **University students:** the trip becomes a cultural and urban experience. In London, districts such as Shoreditch and Camden showcase contemporary creativity through street art, independent markets, and live music, while in Bristol the regenerated historic harbour and neighbourhoods like Stokes Croft offer a highly active alternative art scene.
- **Adults:** the journey can begin in the Lake District National Park, where lakes such as Windermere and Ullswater are surrounded by gentle hills and literary villages like Grasmere, linked to England's poetic tradition. Further southwest, Cornwall offers completely different scenery, with places such as St Ives and Tintagel, Atlantic cliffs, and preserved fishing villages.
- **Professionals:** England offers a rare balance between innovation and tradition. From London, a global financial and cultural hub, to the remote coasts of Northumberland, with Bamburgh Castle overlooking the North Sea and the historic ruins of Lindisfarne, the journey becomes an experience that connects past, present, and British identity.





DID YOU KNOW?

In England, the city of Bath is built on ancient natural hot springs already used by the Romans over 2,000 years ago: the Roman Baths are still perfectly preserved and can be visited in the heart of the city today.

Also in England, Oxford is home to the Bodleian Library, one of the oldest libraries in Europe, where historic reading rooms still in use for centuries preserve millions of volumes.

In York, the historic centre of the Shambles has inspired the setting of numerous fantasy films and series thanks to its narrow medieval streets and its perfectly preserved timber-framed buildings.

The city of York has also left a mark across the Atlantic: the name New York originates from the designation “New York” given in the 17th century in honour of the Duke of York, when the city temporarily came under English control. This historical link reflects the deep connections between England and the formation of the first American colonies.

In the Lake District, poet William Wordsworth found inspiration for some of his most famous works while living in Grasmere, a small village surrounded by lakes and hills that still preserves his original house, which can be visited today.

In Cambridge, colleges such as King’s College and Trinity College preserve Gothic chapels, inner courtyards, and historic libraries that are part of a university system active for over 800 years.

In southern England, the Durdle Door arch on the Jurassic Coast is a natural limestone formation dating back millions of years and is one of the most photographed geological landmarks in the country.



SCOTLAND – LEGENDS, HISTORY, AND SPECTACULAR LANDSCAPES



Scotland is a land of extraordinary contrasts, where imposing mountains like Ben Nevis and the Cuillin Hills on the Isle of Skye, glacial valleys like Glencoe and Glen Shiel, deep lochs like Loch Ness and Loch Lomond, rugged coastlines like the North Coast 500 and the bays of Tobermory, and remote islands like the Isle of Skye, Lewis & Harris, and Orkney are intertwined with ancient histories and living cultural traditions. Before the arrival of the Romans, the territory was inhabited by Celtic tribes like the Picts and the Caledonians, who developed complex societies with fortifications like Dunadd Fort and Tap o' Noth, spiritual rituals, and myths tied to the land. The Roman era left tangible evidence such as the remains of the Antonine Wall, watchtowers like those at Bar Hill and Carriden, and military roads like the Via Militaris at Watling Lodge and the Via Romana at Cramond. The Middle Ages, meanwhile, saw the rise of legendary castles like Edinburgh Castle, Stirling Castle, and Urquhart Castle, abbeys like Iona Abbey and Melrose Abbey, and market towns like Dundee and Aberdeen, which consolidated the whisky, textile, and salt trade, shaping the local economy and culture. During the Renaissance and subsequent centuries, historic clans like the MacDonalds, Campbells, and Douglasses, and Scottish nobles like the Marquis of Bute and the Duke of Buccleuch, consolidated architectural heritages like Floors Castle and Hopetoun House, historic gardens like the Royal Botanic Garden in Edinburgh, and libraries like the National Library of Scotland, leaving a cultural legacy that still permeates cities and countryside today. Festivals such as the Edinburgh International Festival, museums such as Glasgow's Kelvingrove Art Gallery and Museum, and theatres such as Glasgow's Theatre Royal are testament to the nation's cultural vitality and capacity for innovation.

From a naturalistic perspective, Scotland offers a surprising variety of environments: the Lowlands are characterized by rolling hills like the Pentland Hills, river valleys like the Firth of Forth, and lakes like Loch Lomond; the Highlands offer mountains like Ben Nevis, glacial valleys like Glencoe, lakes like Loch Ness, and national parks like Cairngorms National Park and Loch Lomond & The Trossachs National Park, habitats for red deer, eagles, and otters; the western islands of the Inner Hebrides and the Isle of Skye feature rugged cliffs like Neist Point, secluded coves like Talisker Bay, and picturesque villages like Portree; while the Outer Hebrides offer white sandy beaches like Luskentyre, dunes like those of Vatersay, and traditional Gaelic communities like Callanish; The northern archipelagos of Orkney and Shetland are home to prehistoric sites like Skara Brae and Maeshowe, rugged coastlines like Yesnaby, and extraordinary marine life, including seals, dolphins, and puffins. The main rivers, from the Clyde to the Tay, from the Spey to the Ness, shape the geography and history of the territories, while the Atlantic and North Sea coasts offer cliffs like Duncansby Head, dunes like Sandwick, and bays like Scapa Flow, all testifying to the age-old connection between the Scots and the sea.

Geographically, Scotland covers approximately 78,000 km², just over a fifth of the size of Italy, comprising a network of cities, villages, hills and over 790 islands, including the most famous ones, Skye, Lewis & Harris and Orkney, which enrich the nation's scenic and cultural diversity.

The five main macro-areas that make up Scotland are:

- **LOWLANDS – SOUTHERN AND CENTRAL SCOTLAND, URBAN CENTRES, ROLLING HILLS AND INLAND LOCHS**
- **HIGHLANDS – NORTHERN AND NORTHWEST SCOTLAND, MOUNTAINS, FJORDS, CASTLES AND HISTORIC VILLAGES**
- **INNER HEBRIDES & ISLE OF SKYE – MAIN WESTERN ISLANDS, CLIFFS, MOUNTAINS AND REMOTE BAYS**
- **OUTER HEBRIDES – REMOTE ATLANTIC ISLANDS, WHITE BEACHES, DUNES AND TRADITIONAL GAELIC COMMUNITIES**
- **ORKNEY & SHETLAND – NORTHERN ARCHIPELAGOS, PREHISTORIC SITES, RUGGED COASTLINES AND UNIQUE MARINE LIFE**

The main airports for access to Scotland are:

- **Edinburgh Airport – Lowlands and Central Scotland**
- **Glasgow Airport – Western Lowlands and Southern Highlands**
- **Inverness Airport – Northern Highlands and Fjords**
- **Stornoway Airport – Outer Hebrides**
- **Kirkwall Airport – Orkney**
- **Sumburgh Airport – Shetland**

Scotland is more than just a land: it's a layered tale of peoples, legends, and landscapes, where each place invites you to experience it slowly and attentively. From cosmopolitan and historic cities to remote islands, from medieval castles to glacial valleys and fjords, Scotland offers a complete experience that blends history, culture, and nature in a unique balance.

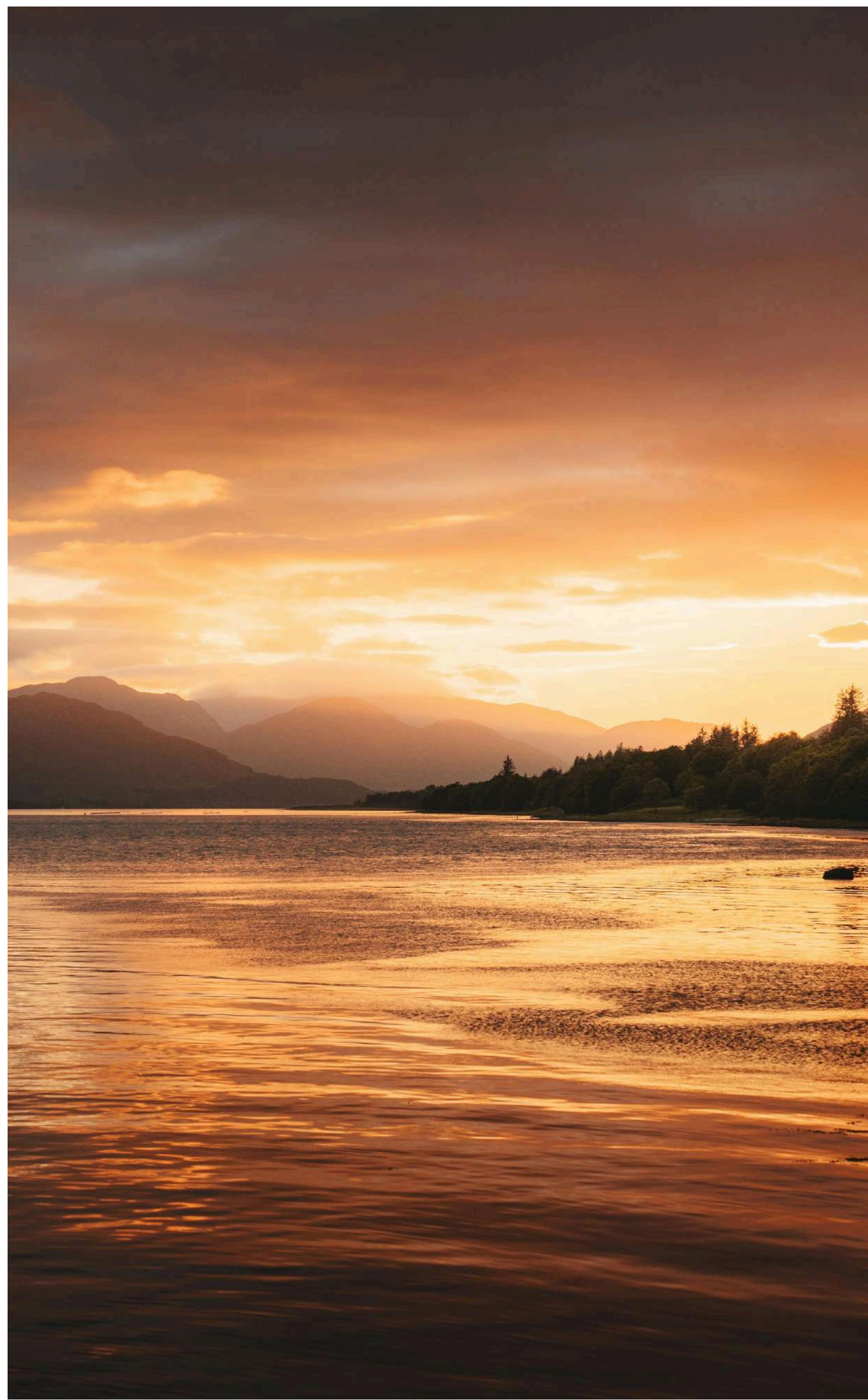
THE STUDY AND LANGUAGE IMMERSION EXPERIENCE IN SCOTLAND

Studying English in Scotland means experiencing the language in a deeply distinctive setting, where tradition, spectacular landscapes, and urban life coexist in a unique way. English is learned in authentic and dynamic environments, often enriched by a strong cultural and academic dimension.

In Edinburgh, studying takes place in one of Europe's most fascinating cultural capitals: between the Old Town, with the Royal Mile and Edinburgh Castle, and the Georgian New Town, the city offers a historic and academic environment of the highest level, with a strong presence of international students and prestigious educational institutions. In Glasgow, English is experienced in an energetic and contemporary city, characterised by a strong creative and musical spirit, with districts such as the West End and Merchant City hosting universities, museums, galleries, and a vibrant daily cultural life. In Aberdeen, language learning is set in a more compact environment closely linked to the North Sea, while in Dundee the academic and innovative dimension blends with urban regeneration and the presence of major research centres. Alongside the main cities, smaller destinations such as Stirling, with its castle overlooking the Forth Valley and its deep connection to Scottish history, also offer ideal settings for authentic language immersion, away from major urban flows and closer to local everyday life.

A JOURNEY BEYOND THE LANGUAGE COURSE: AUTHENTIC EXPERIENCES AND DESTINATIONS IN SCOTLAND DESIGNED FOR EVERY CATEGORY OF ENGLISH LANGUAGE STUDENTS

- **Parents of junior students:** Scotland offers safe and atmospheric experiences between nature and history. Around Edinburgh, the coastal village of North Berwick allows visitors to observe seabird colonies and panoramic views of Bass Rock Island, while in the Borders region small towns such as Melrose tell the story of medieval Scotland through ruined abbeys and rolling landscapes.
- **Teenagers:** the journey becomes an active exploration of nature and legend. Along the West Highland Way, spectacular scenery leads to the shores of Loch Lomond, while the Isle of Skye offers almost surreal landscapes with jagged mountains such as the Cuillin Hills, cliffs, and small villages like Portree.
- **University students:** Edinburgh and Glasgow represent the heart of the experience, with international festivals such as the Edinburgh Fringe, historic pubs in the Cowgate, and the creative districts of Glasgow's West End offering full immersion in contemporary Scottish culture, including theatre, music, and urban art.
- **Adults:** the journey can begin in the Highlands, between Fort William and Glencoe, where glacial valleys, deep lochs such as Loch Ness, and scenic routes like the North Coast 500 cross some of the most spectacular landscapes in Europe.
- **Professionals:** the Scottish islands offer isolation and reflection: from the Orkney Islands, with prehistoric archaeological sites such as Skara Brae, to the Outer Hebrides, where white beaches like Luskentyre Beach on the Isle of Harris face a wild and untouched Atlantic Ocean.





DID YOU KNOW?

In Scotland, Edinburgh Castle dominates the city from an extinct volcanic rock and houses the Scottish Crown Jewels, among the oldest in the United Kingdom, together with the famous Stone of Destiny used in royal coronations.

Also in Edinburgh, the Royal Mile connects the castle to the Palace of Holyroodhouse and is built along a glacial ridge, shaped millions of years ago during the Ice Ages.

In Loch Ness, one of the deepest and most mysterious lakes in the United Kingdom, the legend of the famous “Nessie monster” was born, turning the area into one of Scotland’s most iconic locations.

In the Highlands, the valley of Glencoe is famous not only for its spectacular scenery but also for the Glencoe Massacre of 1692, one of the most tragic events in Scottish history.

In Glasgow, many of the city’s elegant Victorian facades were built during the period when it was one of the most important industrial capitals of the British Empire.

On the Isle of Skye, the rock formations of the Quiraing are the result of ancient geological movements that shaped a landscape considered among the most scenic in Europe.

In the Orkney Islands, the prehistoric site of Skara Brae is one of the best-preserved settlements in Europe: dating back over 5,000 years, it remained buried under sand until its rediscovery in the 19th century, offering a rare insight into daily life in the Stone Age.

Also in Orkney, the stone circles of Stenness and the Maeshowe complex form part of a unique prehistoric ritual landscape, where astronomical alignments and burial structures reveal an ancient civilisation still partly shrouded in mystery.

In the Shetland Islands, in the far north of Scotland, one of the most spectacular wildlife observation points in the United Kingdom can be found: the cliffs of Sumburgh Head host huge seabird colonies, including puffins, kittiwakes, and gannets, which nest just metres from the Atlantic cliffs.



WALES: EPIC EMOTIONS AMIDST MOUNTAINS, VALLEYS, AND COASTLINES



Wales is a land of striking contrasts, where imposing mountains like Snowdon and the Black Mountains, deep valleys like the Wye Valley and the Rhondda Valley, rugged coastlines like St. Davids Head and Strumble Head, and picturesque islands like Anglesey and Skomer intertwine with a millennia-old history and vibrant cultural traditions. Before the arrival of the Romans, the territory was inhabited by Celtic tribes like the Silures, Ordovices, and Demetes, who developed complex societies with a strong spiritual connection to nature, fortifications like Tre'r Ceiri and Castell Dinas, and myths linked to agricultural cycles and local deities. The Roman era left tangible evidence such as the military roads between Caerleon and Segontium, the forts of Caerleon Roman Fortress and Segontium Roman Fort, and the remains of aqueducts like Dolaucothi and protective walls still visible in Caerwent, which tell the story of Roman organization and presence in Wales. The Middle Ages saw the construction of legendary castles like Caernarfon Castle, Conwy Castle, and Harlech Castle, abbeys like Tintern Abbey, and market towns like Cardiff and Swansea, which consolidated local trade and the region's culture. During the Renaissance and subsequent centuries, noble families and local lords like the House of Tudor and the House of Wynn consolidated architectural heritages like Powis Castle and Chirk Castle, historic gardens like Bodnant Garden, and libraries like the National Library of Wales in Aberystwyth, leaving a cultural legacy that still permeates cities and countryside today. Festivals like the National Eisteddfod, museums like the National Museum Cardiff, and theaters like Theatr Mwldan testify to the nation's cultural vitality and capacity for innovation.

From a naturalistic perspective, Wales offers a surprising variety of environments: the mountains of Snowdonia National Park, with Mount Snowdon and surrounding valleys like the Llanberis Valley; the Brecon Beacons National Park and Pembrokeshire Coast National Park, with rolling hills, placid rivers like the River Usk, and rugged coastlines like St Davids Head and Strumble Head; the main islands, such as Anglesey, with spectacular cliffs and picturesque villages like Beaumaris and Menai Bridge; and the smaller islands off the southwest coast, such as Skomer and Skokholm, renowned for their marine life and bird colonies; the plains and moors of mid-Wales offer rolling landscapes and rural villages like Llanwrtyd Wells and Llangammarch Wells, ideal for quiet walks and outdoor activities. The main rivers, from the Severn to the Taff, mark the geography and history of the territories, while the Atlantic and Bristol Channel coasts offer cliffs such as Worm's Head, dunes such as Merthyr Mawr Sand Dunes and bays such as Cardigan Bay that tell the story of the ancient connection between the Welsh and the sea.

Geographically, Wales covers approximately 20,800 km², just over a sixth of the size of Italy, and includes mountains, hills, plains, rivers, and islands, with a unique balance between wilderness and historic settlements.

The four main areas that make up the region are:

- NORTH WALES – MOUNTAINS, RUGGED COASTLINE, THE ISLE OF ANGLESEY AND HISTORIC FORTRESSES
- MID WALES – ROLLING HILLS, MOORLAND, TRANQUIL RIVERS AND RURAL VILLAGES
- SOUTH WALES – COASTAL PLAINS, HISTORIC CITIES SUCH AS CARDIFF AND SWANSEA, COASTLINES AND NATURE PARKS
- WEST WALES (WEST WALES / PEMBROKESHIRE) – COASTAL PARKS, SMALL ISLANDS, BAYS AND PICTURESQUE COMMUNITIES

The main airports accessing the region are:

- Cardiff Airport – Main gateway to South Wales
- Anglesey Airport – Gateway to the North and the Islands
- Bristol Airport – Useful for the South West and Pembrokeshire area

Wales is more than just a collection of territories: it's a layered tale of people, history, legends, and landscapes, where each place invites you to discover it slowly and attentively. From rugged coastlines to tranquil moors, from mountain valleys to picturesque villages, the region offers a complete experience that blends history, culture, and nature in a rare and fascinating balance.

THE STUDY AND LANGUAGE IMMERSION EXPERIENCE IN WALES

Studying English in Wales means experiencing the language in an authentic and welcoming environment, where the local dimension is closely intertwined with a strong sense of cultural and natural identity. Welsh cities offer an ideal setting for immersive learning, thanks to a solid presence of language programmes and dynamic university environments.

In Cardiff, the capital of Wales, English learning takes place in a modern and vibrant city, characterised by Cardiff Bay, the castle in the city centre, and a strong academic environment linked to Cardiff University. Here, English is lived daily among contemporary districts, cultural events, and a growing international presence. In Swansea, a coastal city overlooking Swansea Bay, language learning is set in a more relaxed environment, with a strong connection between urban life, the sea, and nature. The university area and the waterfront make the city particularly suitable for a balanced and immersive language experience.

Bangor, in North Wales, is also an important university centre, set between mountains and coast, where English is experienced in a more compact environment strongly connected to academic life.

A JOURNEY BEYOND THE LANGUAGE COURSE: AUTHENTIC EXPERIENCES AND DESTINATIONS IN WALES DESIGNED FOR EVERY CATEGORY OF ENGLISH LANGUAGE STUDENTS

- **Parents of junior students:** Wales offers peaceful experiences and safe landscapes. Around Cardiff, the village of Castell Coch, with its fairytale castle set in woodland, and the Vale of Glamorgan coast, with cliffs and small bays, provide a relaxed and easily accessible setting.
- **Teenagers:** the journey becomes an active exploration of nature and legend. In North Wales, Snowdonia National Park (Eryri) offers spectacular mountains such as Mount Snowdon, which can also be reached by a historic scenic railway, while villages like Betws-y-Coed reflect an authentic, alpine-like Welsh landscape.
- **University students:** Cardiff and Swansea represent the core of the urban experience. Cardiff Bay, with its regenerated waterfront, the cultural centre of the Wales Millennium Centre, and student districts offer a dynamic environment, while Swansea stands out for its coastal life and artistic areas linked to the birthplace of poet Dylan Thomas.
- **Adults:** the journey can begin along the Pembrokeshire Coast National Park, one of the most spectacular stretches of coastline in the United Kingdom, featuring scenic walking trails, cliffs, and small towns such as Tenby and St Davids, the smallest city in the UK.
- **Professionals:** Wales offers a more intimate and reflective dimension. From the Black Mountains on the English border to the remote north-western areas, the landscape becomes the true focus, with silent valleys, isolated castles, and rural communities where time seems to slow down.





DID YOU KNOW?

In Wales, Caernarfon Castle is one of the most imposing medieval castles in the United Kingdom and was built by Edward I as part of a defensive system that is now a UNESCO World Heritage Site, with massive walls overlooking the Menai Strait.

Also in North Wales, the village of Portmeirion was designed in the 20th century to resemble an Italian seaside village: colourful buildings, scenic squares, and Mediterranean-style gardens create a completely unexpected atmosphere within the Welsh landscape.

In Snowdonia National Park (Eryri), Mount Snowdon is the highest peak in Wales and can also be reached via a historic rack railway operating since the 19th century, crossing spectacular mountain scenery.

In St Davids, on the Pembrokeshire coast, lies the smallest city in the United Kingdom, built around its medieval cathedral on an ancient religious site dedicated to the patron saint of Wales.

Also in the Pembrokeshire Coast National Park, the coastline is famous for its scenic trails that pass cliffs, secluded beaches such as Barafundle Bay, and small fishing villages that remain largely untouched.

In Wales, the Welsh language is one of the oldest surviving Celtic languages still spoken daily in Europe, and many road signs are bilingual, reflecting a strong and living cultural identity.



NORTHERN IRELAND – A LAND OF SPECTACULAR COASTLINES AND TIMELESS LANDSCAPES



Northern Ireland is a land of fascinating contrasts, where the rolling hills of the Mourne and Sperrin Mountains, crystal-clear lakes like Lough Neagh and Lough Erne, the verdant valleys of the Glens of Antrim, the rugged coastline of the Causeway Coast, and picturesque islands like Rathlin Island intertwine with a millennia-old history and vibrant cultural traditions. Before the arrival of the Romans, the territory was inhabited by Celtic tribes like the Dál Riata and the Voluntii, who developed complex societies with fortifications like Navan Fort and the remains of defensive structures on Rathlin Island, spiritual rituals, and myths linked to nature and seasonal cycles. The medieval period saw the rise of imposing castles and abbeys, including Carrickfergus Castle, Dunluce Castle, and Grey Abbey, while market towns like Belfast and Londonderry consolidated trade, fishing, and crafts, shaping the local economy and culture. Over the centuries, the region has welcomed diverse influences, from Christian monks to Gaelic and Norman traditions, which still permeate popular festivals such as the Belfast International Arts Festival, traditional Irish music in the pubs and sessions of Bushmills and Belfast, the literature of authors such as Seamus Heaney, and local museums, such as the Ulster Museum in Belfast, which houses archaeological, artistic and natural history collections.

From a naturalistic perspective, Northern Ireland offers an extraordinary variety of landscapes: the hills and mountains of the Sperrin Mountains and Mourne Mountains National Park offer hiking trails and spectacular views; the lakes of Lough Neagh and Lough Erne, with their smaller islands like Inishmore and Inishee, guarantee tranquility and picturesque scenery; the Causeway Coast and Glens is home to famous cliffs like Fair Head, bays like Ballycastle Bay, and iconic geological formations like the Giant's Causeway; the main islands, including Rathlin Island and the small islands on Lough Erne like Boa Island and Inishleague, offer traditional villages like Church Bay and Clough, marine life with seals and dolphins, and rare birds like puffins and fulmars. The main rivers, from the Bann to the Foyle, punctuate the geography and history of the territories, while the Atlantic and Irish Sea coasts tell the story of the age-old connection between the inhabitants and the sea.

Geographically, Northern Ireland covers approximately 14,130 km², just over a fifth of the size of Italy, and comprises a mix of modern cities, historic villages, hills, mountains and islands, including Rathlin, Murlough Bay and the islands of Lough Erne.

The four main areas that make up the region are:

- BELFAST AND METROPOLITAN AREA – CULTURAL, POLITICAL AND ECONOMIC CENTRE, MAIN INTERNATIONAL ACCESS HUB
- CAUSEWAY COAST AND GLENS – NORTHERN COAST WITH CLIFFS, BAYS, VILLAGES AND RATHLIN ISLAND
- MID & SOUTH ULSTER – INLAND AREAS WITH ROLLING HILLS, LAKES AND RURAL VILLAGES
- FERMANAGH LAKELANDS AND SPERRIN MOUNTAINS – NATURAL REGIONS WITH LOW MOUNTAINS, RIVERS, LAKES AND SMALLER ISLANDS ON THE MAIN LAKES

The main airports accessing the region are:

- Belfast International Airport – For the metropolitan area and northern access
- George Best Belfast City Airport – Close to Belfast City Centre and the East Coast
- City of Derry Airport – For the North West area and the Causeway Coast

Northern Ireland is more than just a collection of territories: it's a layered tale of peoples, legends, culture, and spectacular landscapes. From the urban vibrancy of Belfast to the tranquility of the northern islands and mountains, the region offers a complete experience that blends history, nature, and living traditions in a unique and surprising balance.

THE STUDY AND LANGUAGE IMMERSION EXPERIENCE IN NORTHERN IRELAND

Studying English in Northern Ireland means experiencing the language in an authentic, welcoming context deeply connected to its cultural identity, where dynamic cities and natural landscapes are closely intertwined.

In Belfast, the country's main centre, English learning takes place in a city undergoing significant transformation, characterised by a vibrant university environment, regenerated cultural districts such as the Cathedral Quarter and Titanic Quarter, and growing international openness. Here, the language is lived daily among museums, markets, independent cafés, and a constantly evolving arts scene. In Derry/Londonderry, the second most important city, the language experience unfolds in a more compact but culturally rich setting, with its historic centre fully enclosed by original city walls that can still be walked today, and a strong identity rooted in local history and culture.

A JOURNEY BEYOND THE LANGUAGE COURSE: AUTHENTIC EXPERIENCES AND DESTINATIONS IN NORTHERN IRELAND DESIGNED FOR EVERY CATEGORY OF ENGLISH LANGUAGE STUDENTS

- **Parents of junior students:** Northern Ireland offers safe and spectacular experiences. Around Belfast, the Causeway Coastal Route leads to unique coastal scenery such as the Carrick-a-Rede Rope Bridge, suspended between cliffs and open sea, and Dunluce Castle, perched on a volcanic promontory overlooking the Atlantic.
- **Teenagers:** the journey becomes a pure adventure along the Giant's Causeway, a UNESCO World Heritage Site made up of unique hexagonal basalt columns, where myth and geology intertwine, and through the Glens of Antrim, deep green valleys that gently descend toward the coast.
- **University students:** Belfast is the heart of the urban experience. The Titanic Quarter tells the story of the famous ocean liner built in the city, while districts such as the Queen's Quarter, around Queen's University, offer a vibrant student life with historic pubs, libraries, and contemporary cultural spaces.
- **Adults:** the journey can begin along the coasts of County Antrim and County Down, through small villages such as Ballycastle and Newcastle, with views over the North Sea and scenic trails at the foot of the Mourne Mountains, one of the most striking and least crowded landscapes in the United Kingdom.
- **Professionals:** Northern Ireland offers a rare balance between city and nature. From the urban atmosphere of Belfast to the remote areas of Lough Erne and the Sperrin Mountains, the journey becomes an immersion into an authentic territory where history, silence, and time-shaped landscapes coexist in a profound way.





DID YOU KNOW?

In Northern Ireland, the Giant's Causeway is made up of around 40,000 perfectly interlocking hexagonal basalt columns, formed millions of years ago following ancient volcanic eruptions and now a UNESCO World Heritage Site.

Also along the Causeway Coastal Route, the Carrick-a-Rede Rope Bridge connects the mainland to a small island suspended above the Atlantic Ocean and was once used by salmon fishermen to reach seasonal fishing grounds.

In Belfast, the Titanic Quarter stands on the site of the former Harland & Wolff shipyards, where the Titanic was built: today the area has been fully regenerated and is home to the Titanic Belfast Museum, located exactly where the ship was designed.

Also in Belfast, the political murals in the Falls Road and Shankill areas reflect the history of conflict between the Catholic nationalist and Protestant unionist communities, linked to the period known as the "Troubles": a long phase of political and social tension that deeply marked Northern Ireland between the late 1960s and 1998, now preserved as visible historical memory on the city's walls.

At the Giant's Causeway and along the northern cliffs, legend says that the giant Finn McCool built the stone bridge to reach Scotland, giving rise to one of the most famous myths in Celtic folklore.

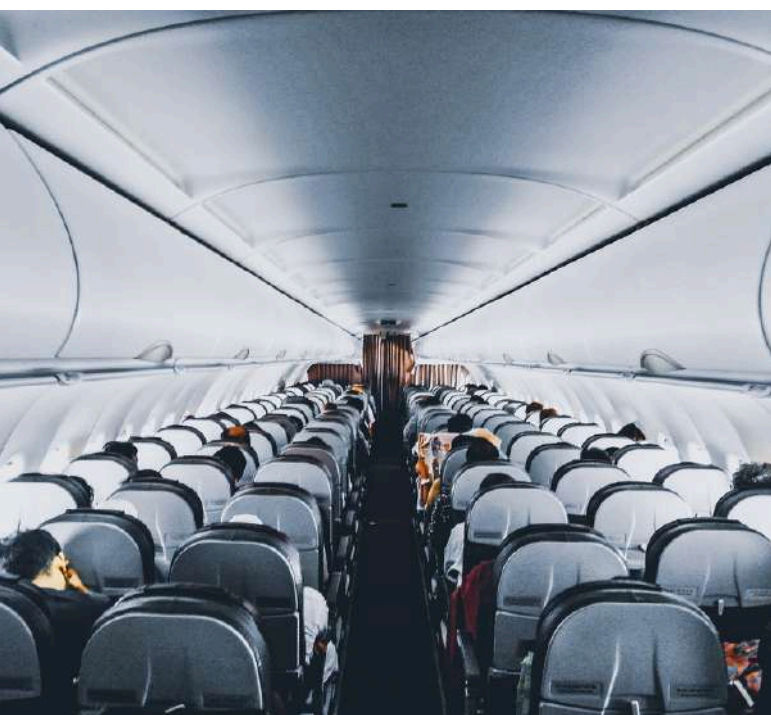
In the Mourne Mountains, weather conditions can change extremely quickly within minutes: it is not uncommon to move from clear skies to thick fog that completely envelops the peaks, creating one of the most dramatic and atmospheric landscapes in Northern Ireland, making it a favourite area for hikers and landscape photographers.



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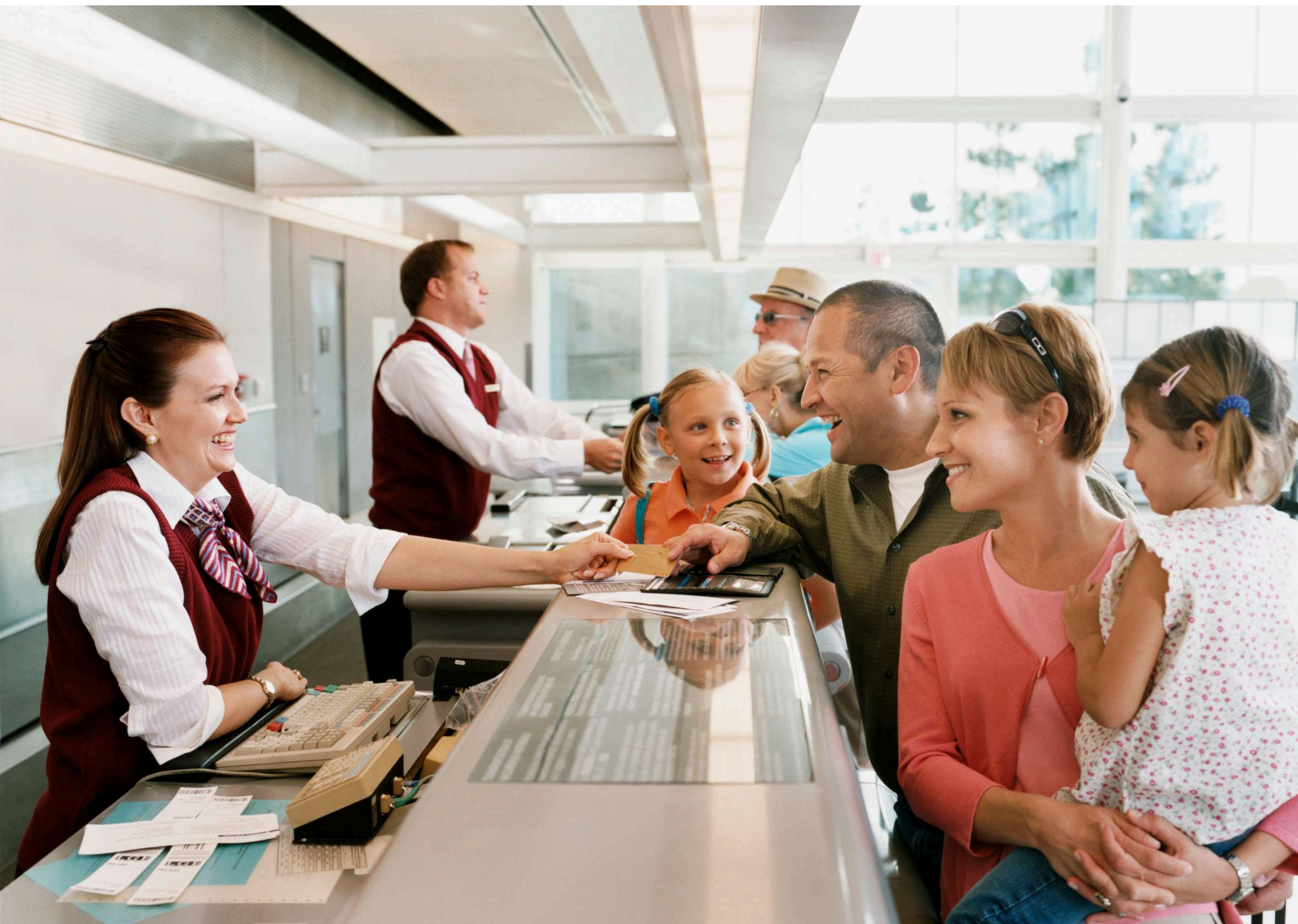


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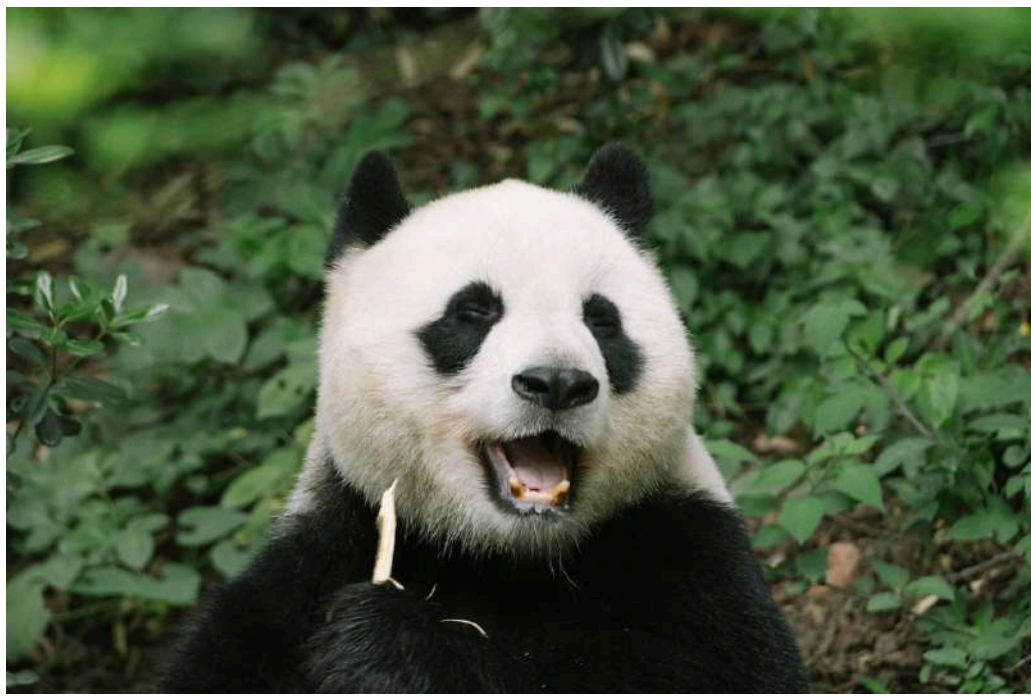


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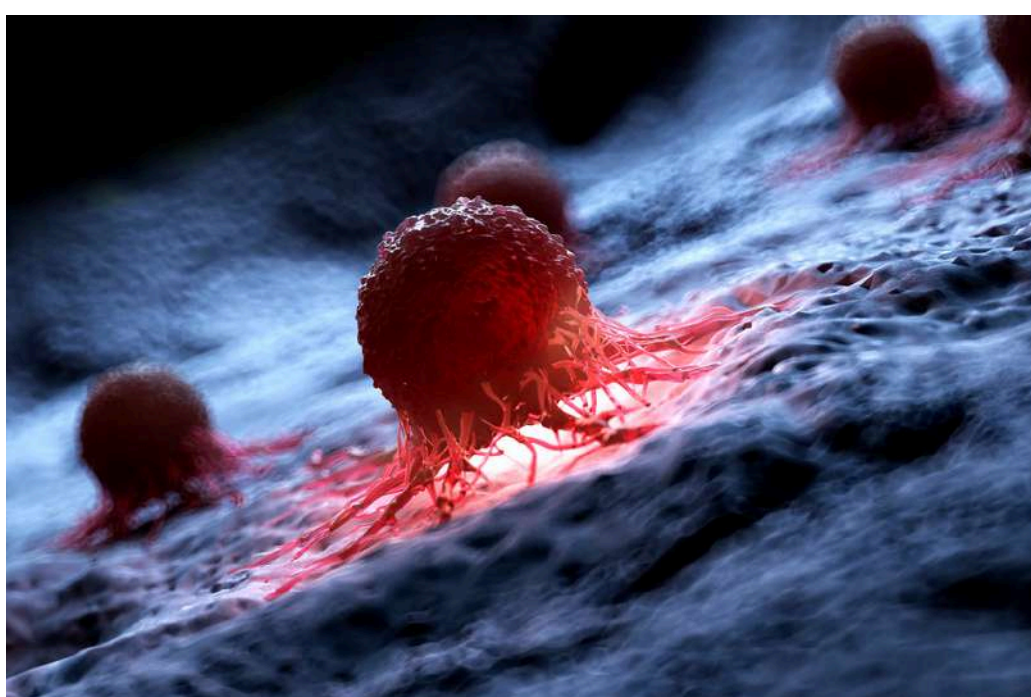
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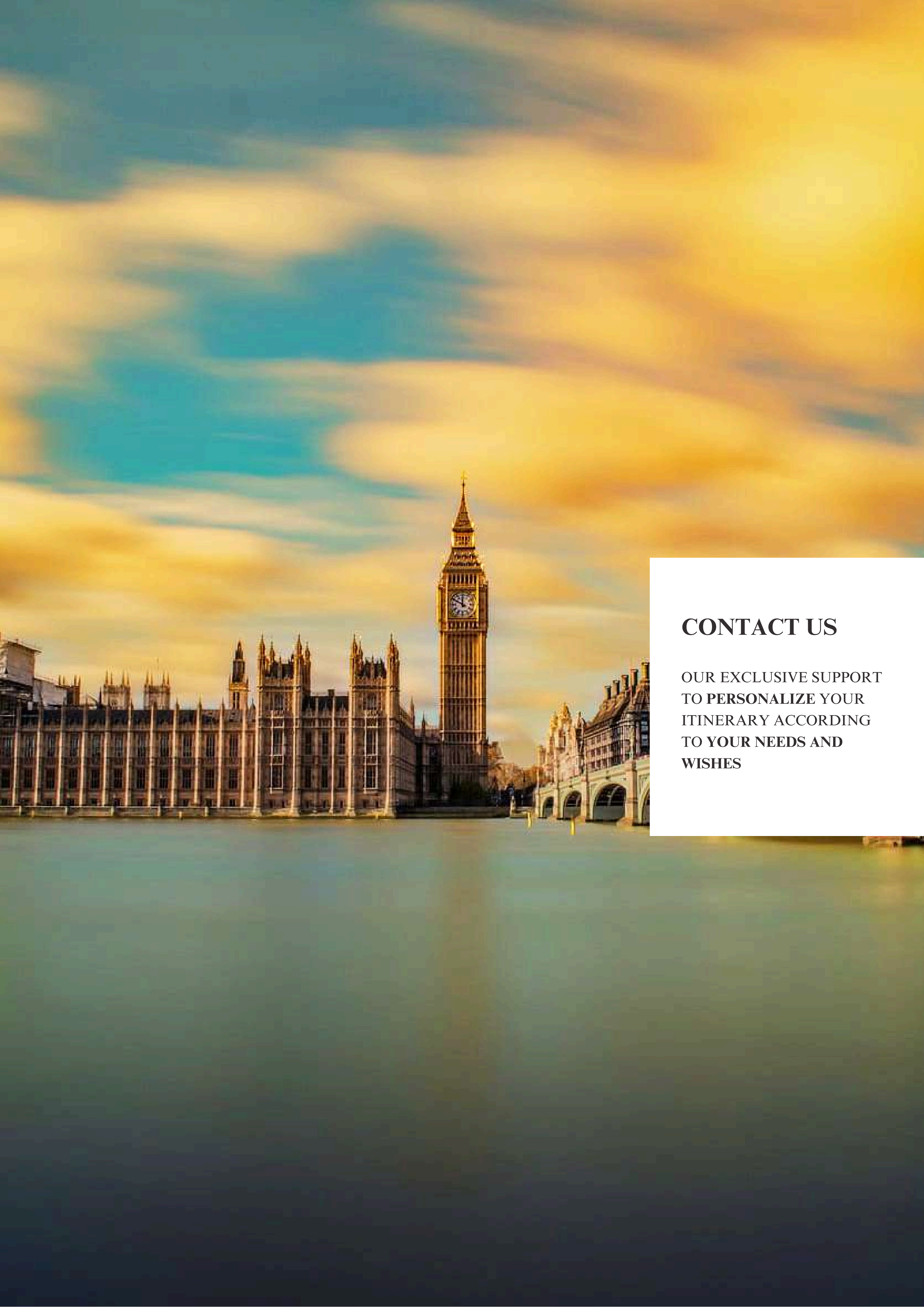
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