

ATLANTIC TRAVEL & TOURS

**ENGLISH LANGUAGE COURSES
CANADA**

**LIVE ENGLISH IN CANADA: STUDY, CULTURE, AND
IMMERSION AMONG MULTICULTURAL CITIES AND
EXTRAORDINARY NATURE**



WWW.VISITATLANTICTRAVELTOURS.COM

FROM THE CEO - FOUNDER

Dear students,

Studying English in Canada represents one of the most complete, safe, and culturally rich experiences available internationally.

Canada is a unique destination in the field of language study, thanks to its multicultural environment, high-quality education system, and high standard of living.

Our specialised tour operator offers tailor-made language programmes for students of all ages: children, teenagers, university students, professionals, and adults.

Each programme is designed to ensure a balance between language learning, cultural experience, and personal growth.

Canada offers clear, neutral, and easily understandable English, ideal for those who want to quickly improve their communicative fluency.



Steve Tabacchi

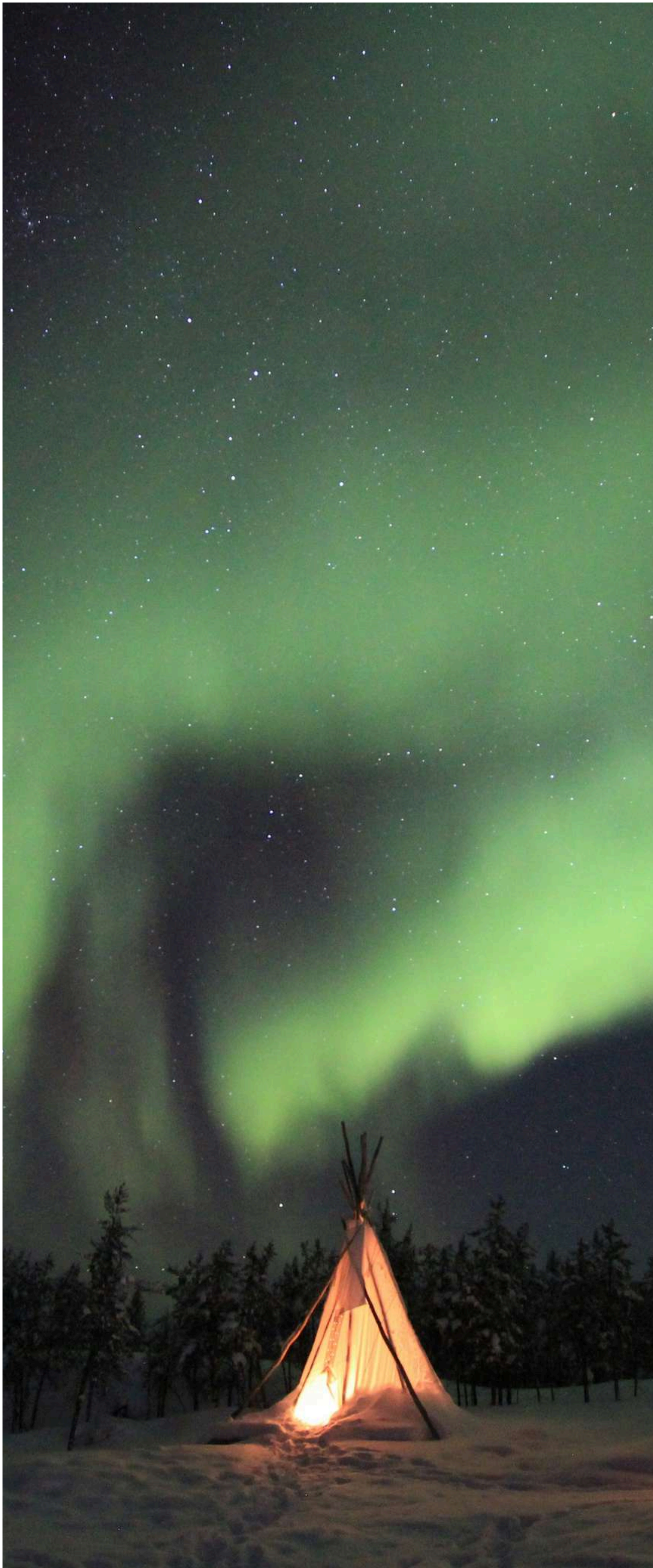
DR. STEVE TABACCHI
CEO - FOUNDER
ATLANTIC TRAVEL & TOURS



WHY STUDY ENGLISH IN CANADA

DISCOVER CANADA AND BE INSPIRED BY A UNIQUE ENGLISH LANGUAGE LEARNING EXPERIENCE, AMONG MULTICULTURAL CITIES AND EXTRAORDINARY NATURAL LANDSCAPES, LIVING AN AUTHENTIC IMMERSION IN ONE OF THE SAFEST AND MOST WELCOMING DESTINATIONS IN THE WORLD.

WHY CHOOSE CANADA TO STUDY ENGLISH



Canada is considered one of the best destinations in the world to study English thanks to its safety, stability, and high quality of life.

Canadian cities are among the most multicultural in the world, allowing students to interact daily with people from different countries and cultures.

The environment is welcoming, well-organised, and highly educational.

Language schools are modern, technologically advanced, and focused on practical and communicative learning.

In addition, Canada offers a perfect balance between urban life and untouched nature, making the study experience particularly well-rounded.

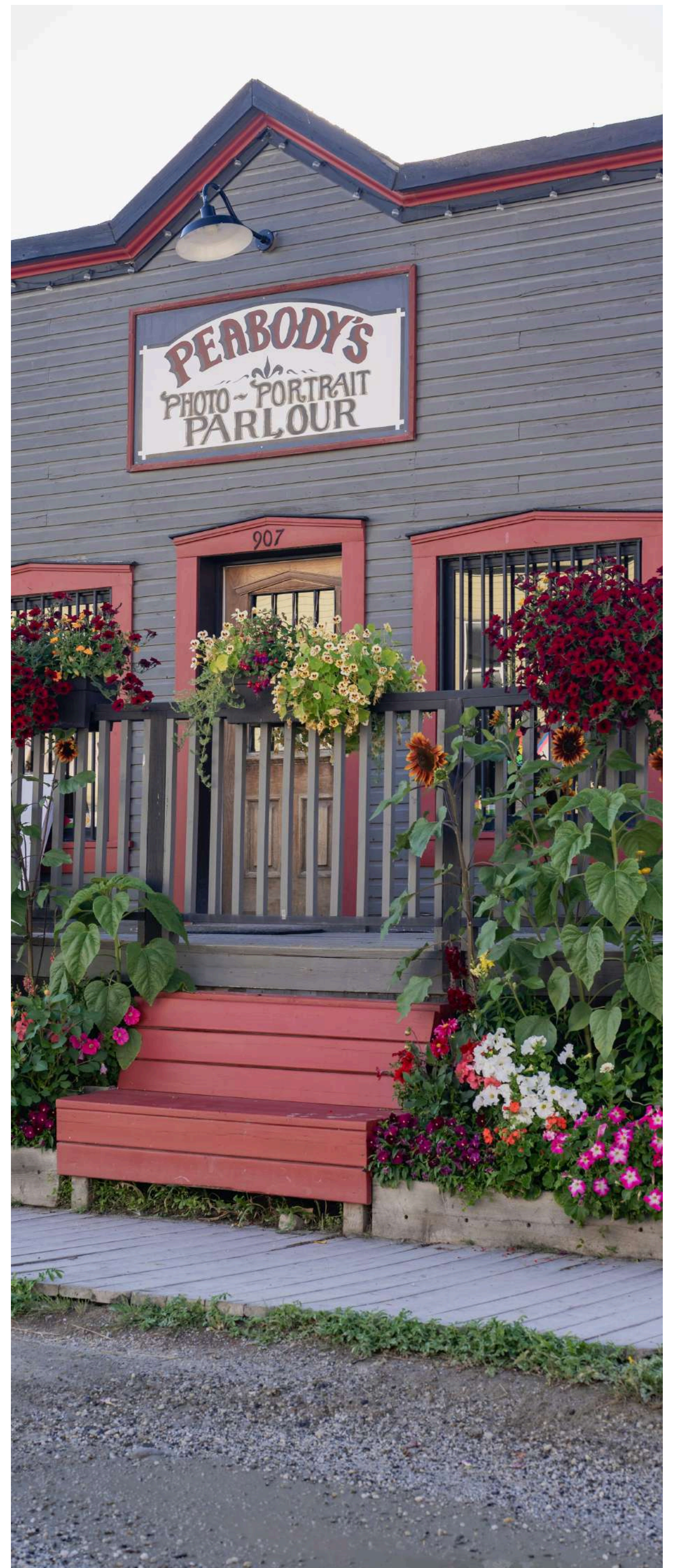
MAIN DESTINATIONS

The main language destinations in Canada include Toronto, Vancouver, Montreal, and Calgary.

Toronto is the country's economic and cultural hub, ideal for students seeking a dynamic urban environment. Vancouver offers an outstanding natural setting between the ocean and the mountains, perfect for those who enjoy the outdoors. Montreal is a bilingual city with a strong European cultural identity, while Calgary is a quieter but highly efficient and safe destination.

Each city offers a different language experience, allowing students to choose the environment best suited to their goals.

In addition to the main Canadian cities, some programmes may also be available in selected alternative destinations such as Ottawa, Halifax, and Victoria through our partner school network.





GENERAL ENGLISH PROGRAMS

General English programs in Canada are designed to develop all language skills in a balanced way.

Courses are available for all levels, from beginner to advanced, with learning paths tailored to the student's needs.

The teaching approach is communicative and practical, with a strong emphasis on conversation and real-life use of the language in everyday situations.

Classes are small to ensure a high level of interaction between students and qualified teachers.

ACADEMIC PROGRAMS AND IELTS



Canada is also an ideal destination for academic and professional preparation.

Specific courses are available for international exam preparation such as IELTS and Cambridge, which are essential for access to universities and international career opportunities.

Many schools offer Academic English and University Pathway programmes, which allow direct entry into Canadian colleges and universities after completing the language course.

These programmes are particularly suitable for students who wish to build an academic or professional future abroad.

PROGRAMS FOR YOUTH AND SUMMER CAMPS



Programs for young learners and teenagers in Canada are among the most in-demand internationally.

Summer camps combine English language learning with sports activities, excursions, and opportunities for international social interaction.

Students stay in safe university campuses or residences, supervised by qualified staff 24 hours a day.

Activities include outdoor sports, creative workshops, cultural visits, and days dedicated to exploring the Canadian landscape.

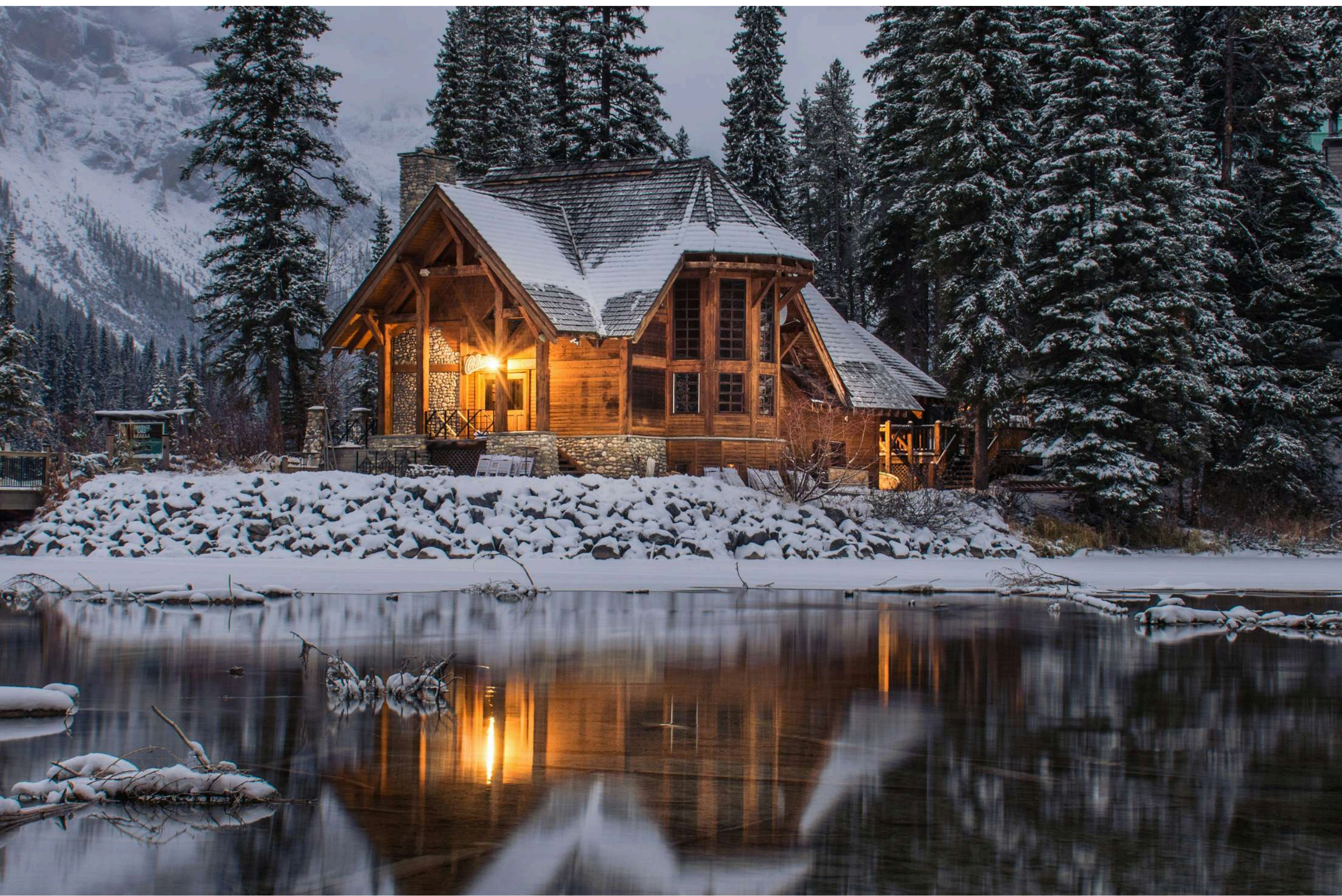
ACCOMMODATIONS

Accommodation options in Canada are carefully selected to ensure safety, comfort, and language immersion.

Homestays with Canadian families allow students to experience the language in everyday home life.

Student residences offer greater independence and a stimulating international environment.

University campuses are the ideal option for intensive programmes and summer camps.





CULTURAL AND NATURE EXPERIENCE

Canada offers one of the most complete cultural and natural experiences in the world.

Modern cities coexist with spectacular natural landscapes such as the Rocky Mountains, Niagara Falls, and vast national parks.

Students can take part in excursions, outdoor activities, winter sports, and cultural visits in major cities.

This unique combination allows English to be learned in an authentic and stimulating environment.

TAILOR-MADE TRAVEL AND INFORMAL LANGUAGE IMMERSION



In addition to English language courses, our tour operator offers the possibility of combining the study programme with tailor-made travel experiences in Canada.

This approach allows a language stay to become a complete experience, combining education with the discovery of the country.

Language learning is enhanced through real-life informal situations such as excursions, social activities, dining experiences, local events, and interaction with the Canadian population.

Trips can be organised before, during, or after the language course, with customised itineraries including cities such as Toronto, Vancouver, Montreal, and the country's most iconic natural areas.

It is possible to request solutions with a tour leader, guide, or a completely independent formula, depending on the level of autonomy and the client's needs.



SERVICES INCLUDED

Our tour operator provides a complete and professional service.

It includes personalised consultancy, an initial placement test, school enrolment, accommodation arrangement, documentation assistance, pre-departure support, and on-site assistance.

Insurance, airport transfers, and customised programmes for groups or companies can also be arranged.

Studying in Canada means experiencing a safe, educational, and deeply enriching journey.

Our goal is to turn every stay into a high-level linguistic and personal growth experience.

Your English, your experience, your Canada.



QUALITY AND SERVICE UPDATES

The experiences and services presented in this brochure have been selected based on qualitative criteria focused on comfort, accessibility, and the personalization of the study and travel experience.

As operational conditions, dedicated services, and policies may be subject to updates or changes over time, each proposal will be reviewed and confirmed at the quotation stage, in order to ensure full alignment with the traveler's specific requirements and the expected quality standards.



DISCOVER CANADA BEYOND THE LANGUAGE COURSE

FROM THE ATLANTIC COAST TO THE ROCKY MOUNTAINS, AND ALL THE WAY TO THE VAST NORTHERN TERRITORIES, EACH MAJOR REGION OF CANADA OFFERS AUTHENTIC EXPERIENCES DESIGNED TO GUIDE STUDENTS, FAMILIES, AND PROFESSIONALS IN DISCOVERING THE COUNTRY IN ITS MOST GENUINE AND ENGAGING FORM.

WHEN TO TRAVEL TO CANADA



Canada can be discovered in any season, but every time of year offers unique emotions and atmospheres, capable of making every trip special.

Spring is the perfect time to experience nature's awakening: rivers and waterfalls begin to flow again, forests and meadows turn bright green, and small coastal villages come alive with local life and traditions.

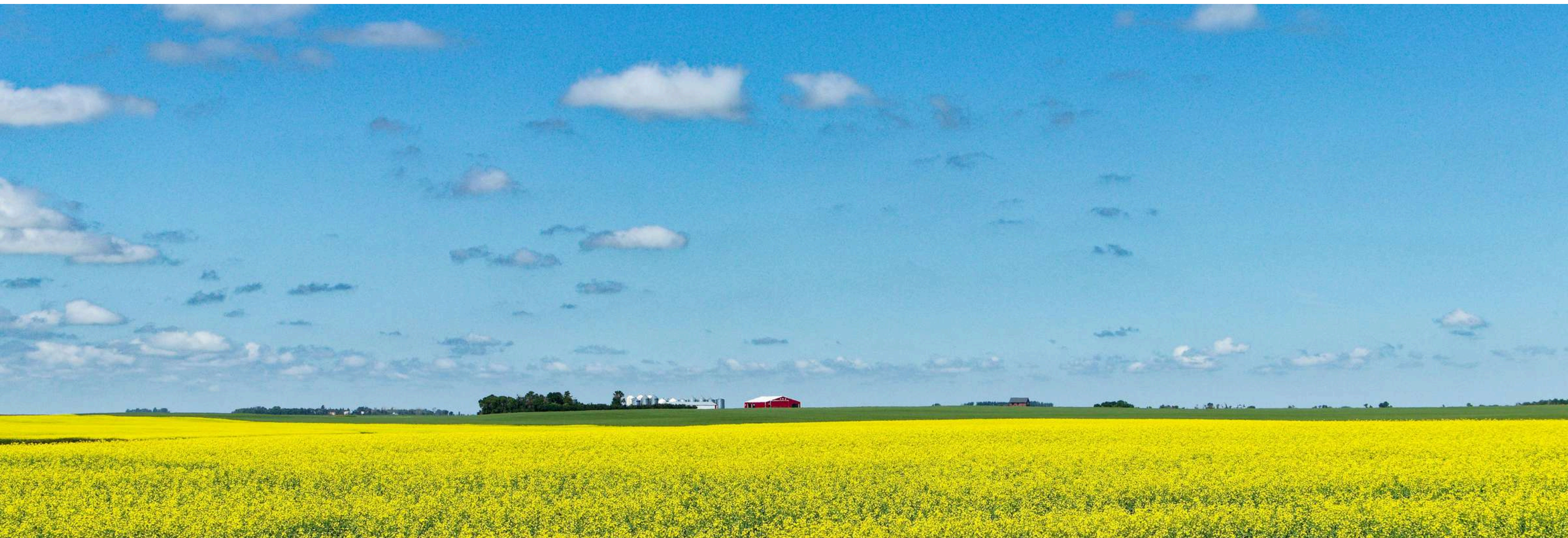
Summer offers long, bright days perfect for exploring the country's vast open spaces: remote fjords, lesser-known parks in the west, and northern regions where lakes and mountains become the backdrop for breathtaking panoramas.

Autumn transforms Canada into a mosaic of intense colors: the forests of Quebec and Ontario, as well as the inland valleys of the western provinces, light up with warm hues that make every walk and scenic drive an unforgettable experience.

Winter offers intimate and evocative landscapes: snow-capped mountains and forests, quiet villages where the daylight slowly lengthens, and pristine natural spaces that invite moments of contemplation and romance, far from mass tourism.



WESTERN CANADA – WHERE NATURE AND HISTORY MEET



Western Canada is a land of extraordinary contrasts, where majestic mountains, vast prairies, crystal-clear lakes, and rugged coastlines intertwine with age-old histories and vibrant cultural traditions. Before the arrival of Europeans, these regions were inhabited by indigenous peoples such as the Cree, Blackfoot, Salish, and Haida, who developed complex societies deeply rooted in the land, with myths, spiritual rituals, sacred art, and totems that reflect the richness of their cultures and their connection to the surrounding nature. In the 19th century, the expansion of the Canadian Pacific Railway and the arrival of European settlers transformed the prairies and mountains into centers of trade and settlement. Forts such as Fort Langley in British Columbia and Fort Edmonton in Alberta were strategic points for the fur trade and the gateway to new agricultural lands, while settlements along the prairies and rivers of Saskatchewan and Manitoba consolidated rural communities. Even today, historic villages and Indigenous reserves such as Tsleil-Waututh and Squamish in British Columbia, Siksika and Kainai in Alberta, and Brokenhead Ojibway Nation in Manitoba, reveal the cultural layers of these lands, evidence of a balance between Indigenous history and European influences. Major cities, such as Vancouver and Calgary, offer a unique mix of urban modernity, vibrant markets, cultural festivals, and architecture integrated into the natural landscape. Vancouver, for example, combines contemporary art and cosmopolitan culture with temperate forests and rugged coastlines, while Calgary overlooks the Rocky Mountains, a starting point for natural explorations and outdoor adventures.

From a naturalistic perspective, Western Canada is a mosaic of extraordinarily diverse ecosystems: Alberta's Rocky Mountains, with alpine valleys, glacial lakes, and remote trails; British Columbia's rainforests and fjords, home to grizzly bears, eagles, and whales; Saskatchewan's endless prairies, dotted with small towns and waterways; and Manitoba's vast rivers and lakes, offering habitats rich in wildlife and spectacular scenery. These spaces offer hiking, birdwatching, fishing, canoeing, and moments of total immersion in nature, making Western Canada an ideal destination for those seeking adventure, culture, and tranquility in equal measure.

Geographically, the region covers approximately 2,700,000 km², a surface area equivalent to about 9 times that of Italy.

In this vast and surprisingly varied space, four main provinces are concentrated:

- BRITISH COLUMBIA
- ALBERTA
- SASKATCHEWAN
- MANITOBA

A careful journey takes you from the rugged coasts of British Columbia to the mountains of Alberta, from the prairies of Saskatchewan to the lakes and rivers of Manitoba. It's a region that unites ocean, mountains, prairies, rivers, and historic communities with a continuity rare anywhere else in the world.

The main airports providing access to the region are:

- Vancouver International Airport (British Columbia) – Gateway to the Western Coasts, Fjords, and Mountains
- Calgary International Airport (Alberta) – Ideal access to the Rocky Mountains and central prairies
- Winnipeg James Armstrong Richardson International Airport (Manitoba) – Strategic gateway to lakes, rivers, and historic villages in the heart of Canada's West

Western Canada isn't just a destination: it's a layered tale of people, history, and landscapes. It's the most authentic and surprising Canada, where time seems to slow down and every place invites you to experience it with intensity and depth.

THE LANGUAGE EXPERIENCE IN THE HEART OF WESTERN CANADA

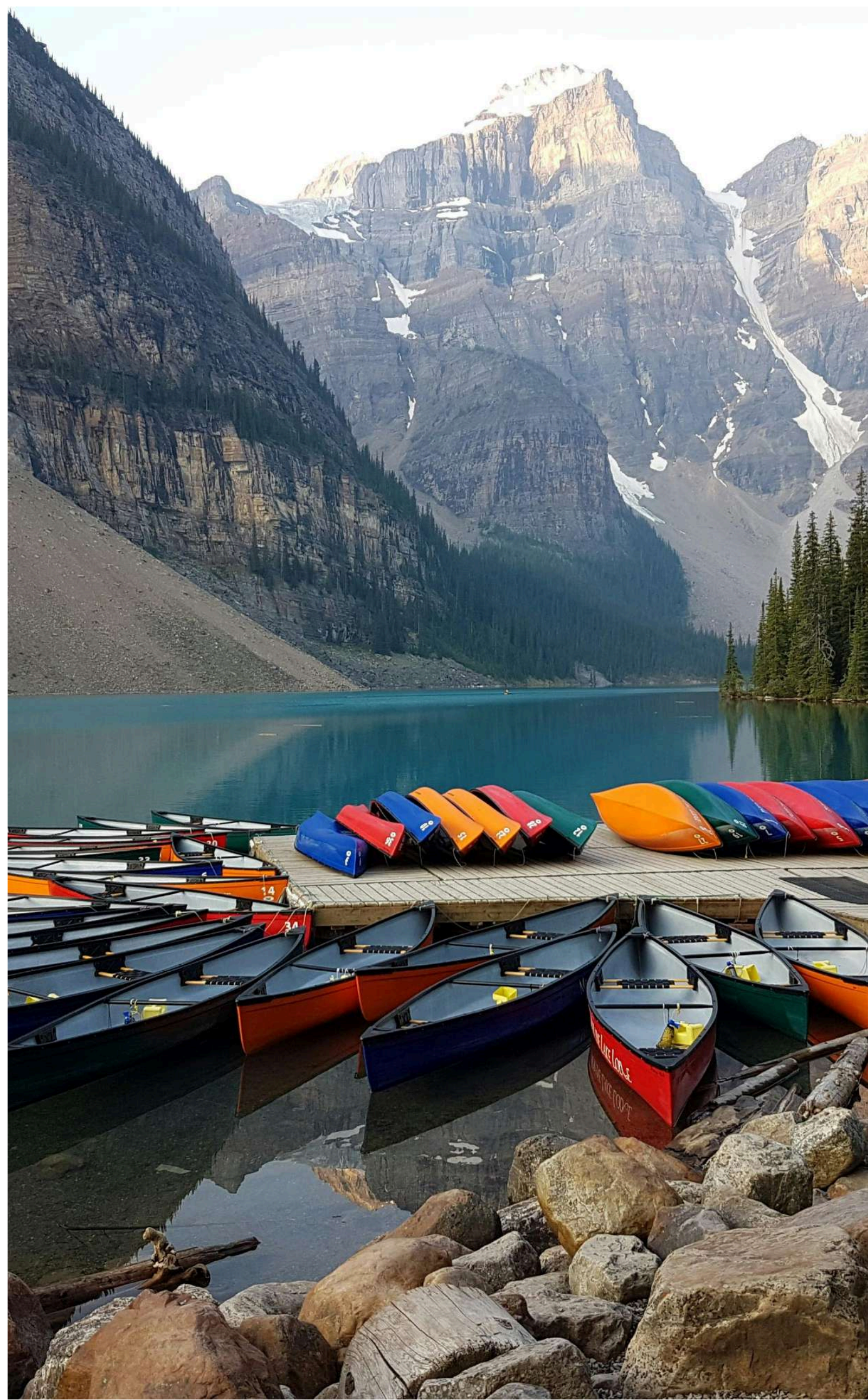
Studying English in Western Canada means experiencing an immersive linguistic journey across some of the most dynamic, safe, and visually striking cities in North America.

Vancouver, in British Columbia, is one of the country's leading international hubs for English language study. Here, learning takes place in a multicultural setting framed by the Pacific Ocean, between neighbourhoods such as Kitsilano, Gastown, and Yaletown, modern campuses, and a quality of life widely regarded as among the best in the world. Victoria, on Vancouver Island, offers a more intimate and refined environment, ideal for students seeking a calm linguistic immersion among British colonial architecture, historic gardens, and a slower pace of life. In Alberta, Calgary and Edmonton host language programmes attended by students from around the world. Calgary combines urban modernity with proximity to the Rocky Mountains, while Edmonton offers a vibrant academic atmosphere, especially around the University of Alberta and along the North Saskatchewan River Valley, one of the most extensive urban park systems on the continent. In Manitoba, Winnipeg represents an authentic and less conventional destination for English study, with a welcoming environment, more affordable costs, and a strong cultural identity shaped by Canadian history and the region's multicultural communities. In Saskatchewan, language and university programmes can be found in cities such as Saskatoon and Regina, particularly appreciated by students seeking a more genuine Canadian experience away from major tourist circuits.

The entire region allows English to be lived daily in real contexts, through universities, independent cafés, local markets, cultural events, and vast natural landscapes that become an integral part of the learning experience.

A JOURNEY BEYOND THE LANGUAGE COURSE: AUTHENTIC EXPERIENCES AND DESTINATIONS IN WESTERN CANADA DESIGNED FOR EVERY CATEGORY OF ENGLISH LANGUAGE STUDENT

- **Parents of junior students:** on the Sunshine Coast of British Columbia, small towns such as Gibsons and Sechelt offer quiet coastlines, local art galleries, and forests overlooking the Pacific, while in Chemainus on Vancouver Island, the streets are decorated with large murals depicting the history of the maritime community. Near Victoria, the Butchart Gardens change dramatically between spring and autumn, becoming one of the most spectacular floral gardens in North America.
- **Teenagers:** the experience becomes more adventurous along the Sea-to-Sky Highway between Vancouver and Squamish, crossing fjords, forests, and small mountain towns all the way to Whistler, as well as in lesser-known areas of Vancouver Island such as Tofino and Ucluelet, where wild beaches, rainforests, and elevated boardwalks in Pacific Rim National Park create a landscape far removed from the typical image of major Canadian cities.
- **University students:** they can experience a more creative and alternative Canada in Vancouver's independent neighbourhoods such as Mount Pleasant and Commercial Drive, among historic bookstores, artistic cafés, and multicultural markets, or explore less touristy cities like Nelson in the Kootenays region, known for its bohemian atmosphere, local galleries, and mountains surrounding Kootenay Lake.
- **Adults:** the journey can begin along the Icefields Parkway between Banff and Jasper, considered one of the most spectacular scenic roads in the world, crossing glaciers, emerald lakes such as Peyto Lake and Bow Lake, and valleys where elk and bighorn sheep can still be seen in the wild. Further north in the Okanagan Valley, towns such as Penticton and Naramata offer vineyards overlooking lakes and a nearly Mediterranean side of British Columbia, still largely unknown to international tourism.
- **Professionals:** in the Great Bear Rainforest on the Pacific coast, ancient temperate rainforests and remote Indigenous communities can be reached only by sea or seaplane, while Churchill in northern Manitoba is one of the few places in the world where polar bears can be observed in their natural habitat and the Northern Lights can be seen in exceptional conditions during the winter months.





DID YOU KNOW?

In British Columbia, the city of Vancouver is one of the few places in the world where you can ski in the mountains in the morning in Whistler and walk by the ocean in the afternoon, thanks to the unique proximity between the Pacific Ocean and mountain ranges.

Also in British Columbia, the Great Bear Rainforest is one of the largest untouched temperate rainforests on the planet and is home to the rare spirit bear, a white-coated subspecies found almost exclusively in this region.

In Alberta, Banff National Park is Canada's first national park and one of the oldest in the world: its glacial lakes such as Lake Louise and Moraine Lake change colour throughout the year depending on light and mineral sediments.

Also in Alberta, Calgary is one of the global centres of the oil industry, but every year it is completely transformed during the Calgary Stampede, one of the largest western festivals in North America, which still celebrates authentic cowboy traditions.

In Saskatchewan, the prairies stretch for hundreds of kilometres without significant visual interruption, creating one of the widest and most open horizons on the North American continent, where the sky dominates the landscape.

In Manitoba, Lake Winnipeg is one of the largest freshwater lakes in the world, and its shores feature natural beaches and ecological reserves that become key observation points for thousands of migratory birds during seasonal transitions.

Also in Manitoba, the city of Churchill is known as the "polar bear capital of the world", where in autumn it is possible to see these animals moving freely near coastal areas before the sea freezes.



NORTHERN CANADA – WHERE SILENCE MEETS NATURE



Northern Canada is a land of boundless spaces, pristine ecosystems, and ancient cultures, where tundra, mountains, glacial rivers, and Arctic coasts create landscapes unlike any other in the world. Before the arrival of Europeans, these regions were inhabited by the Inuit, Dene, and Gwich'in peoples, who developed societies perfectly adapted to extreme climates, with traditions of hunting, fishing, craftsmanship, and oral storytelling passed down from generation to generation. Their in-depth knowledge of the landscape and seasons allowed them to live in harmony with ecosystems, developing cultural practices that still survive in local communities today. The arrival of European explorers and Hudson's Bay Company traders, beginning in the 17th century, introduced new trade routes and small settlements, but much of the territory remained wild and sparsely populated. Villages like Old Crow in the Yukon, Fort Simpson in the Northwest Territories, and Iqaluit in Nunavut tell stories of resistance, adaptation, and collaboration between Indigenous traditions and European influences. Culturally, the region is a mosaic of local languages, practices, and festivals: Inuktitut, Dene, and Gwich'in languages coexist with English and French, while arts, crafts, music, and festivals demonstrate the vitality of communities despite the extreme conditions. Major cities, such as Whitehorse in the Yukon and Yellowknife in the Northwest Territories, offer cultural centers, museums, and markets, becoming points of connection between modern life and Indigenous tradition.

From a naturalistic point of view, Northern Canada is spectacular and wild: imposing mountains like the Mackenzie Mountains, endless tundra, glacial lakes like Great Bear Lake and majestic rivers like the Mackenzie River, together with spectacular northern lights, glaciers and boreal forests, create a unique panorama and habitat for extraordinary wildlife such as polar bears, caribou, walruses, seals and migratory birds.

Geographically, Northern Canada covers approximately 3,921,000 km², an area equivalent to about 13 times the size of Italy, making it the largest and least populated territory in the country.

In this immense space three main territories are concentrated:

- YUKON
- NORTHWEST TERRITORIES
- NUNAVUT

In just a few hours of flight, you can travel from the fjords and glaciers of Nunavut to the mountains of the Yukon, all the way to the plains and lakes of the Northwest Territories, experiencing a natural and cultural continuity that is rare in the world.

The main airports providing access to the region are:

- Whitehorse International Airport (Yukon) – Gateway to the Yukon and Western Mountains
- Yellowknife Airport (Northwest Territories) – Access to lakes and central communities
- Iqaluit Airport (Nunavut) – Strategic gateway to fjords, Arctic islands, and Inuit communities

Northern Canada isn't just a destination: it's a journey through history, people, and pristine landscapes. It's the land of silence, the Northern Lights, and endless expanses, where every experience becomes a personal and unforgettable story.

THE LANGUAGE EXPERIENCE IN THE HEART OF NORTHERN CANADA

In Northern Canada—across Yukon, the Northwest Territories, and Nunavut—English is not “studied” in the traditional sense, but lived in one of the most authentic and remote contexts in North America, where the language becomes part of everyday experience alongside the silence of vast Arctic landscapes and the presence of Indigenous cultures.

In Yukon, the city of Whitehorse serves as the main gateway to the region: life here unfolds along the Yukon River, within close-knit communities, untouched nature, and a strong identity linked to the late 19th-century Gold Rush, still visible in historic places such as Dawson City, with its wooden buildings and streets that preserve a sense of the past. In the Northwest Territories, Yellowknife sits on the shores of Great Slave Lake, one of the deepest lakes in the world, and is considered one of the best places on Earth to observe the Northern Lights, thanks to its position above the Arctic Circle and the complete absence of light pollution in surrounding areas. In Nunavut, the landscape changes completely: communities such as Iqaluit, the territorial capital, exist in an extreme Arctic environment where icebergs, tundra, and permanent ice define daily life. Here, Inuit culture remains deeply present and visible in traditions, art, and the direct relationship with the natural environment.

Across Northern Canada, travel becomes an experience of observation and listening: English is encountered in the inhabited centres, but the true protagonist is the territory itself—defined by immense distances, endless skies, Arctic silence, and communities living in balance with one of the most extreme environments on the planet.

A JOURNEY BEYOND THE LANGUAGE COURSE: AUTHENTIC EXPERIENCES AND DESTINATIONS IN NORTHERN CANADA DESIGNED FOR EVERY CATEGORY OF ENGLISH LANGUAGE STUDENT

- **Parents of junior students:** in the surroundings of Whitehorse, Yukon, small trails along the Yukon River and visits to Dawson City allow visitors to observe a historic and quiet Canada, made of wooden houses, Gold Rush museums, and river landscapes where life flows slowly and in an orderly way.
- **Teenagers:** the experience becomes true exploration along the scenic roads of the Yukon Highway and around Kluane National Park, where imposing mountains, glaciers, and glacial lakes such as Kluane Lake create an environment completely different from any urban context, with the possibility of enjoying outdoor activities in an almost untouched landscape.
- **University students:** the journey focuses on the most extreme and cultural dimension of the North: in Yellowknife, Northwest Territories, the historic centre and the Great Slave Lake area offer direct contact with Arctic life, while in winter it is possible to reach isolated areas where the sky lights up with the Northern Lights, one of the most intense natural phenomena on the planet.
- **Adults:** the North becomes an experience of total disconnection: in the territories of Yukon and the Northwest Territories, small lodges immersed in the tundra allow observation of the Arctic landscape among boreal forests, frozen lakes, and absolute silence, with excursions following ancient routes used by Indigenous peoples and gold seekers.
- **Professionals:** Nunavut represents the extreme frontier: from Iqaluit it is possible to connect with Inuit culture, observe daily life in extreme climatic conditions, and reach areas where icebergs, ice, and tundra define an environment completely different from the rest of the world, in a journey that becomes more internal than touristic.





DID YOU KNOW?

In Yukon, the town of Dawson City still preserves the authentic atmosphere of the 19th-century gold rush: many streets are unpaved, and some original historic buildings from that period are still in use, including saloons, theatres, and small wooden houses.

Also in Yukon, the Yukon River is one of the great historic waterways of North America: for centuries it served as a “natural highway” for trade, travel, and expeditions into the Arctic interior.

In the Northwest Territories, Yellowknife lies on the shores of Great Slave Lake, one of the deepest lakes in the world, and its location makes it one of the best places on Earth to observe the northern lights, with clear skies for much of the year.

Also in the Northwest Territories, in winter, some roads are literally built on frozen lakes and rivers: the so-called “ice roads”, used to connect remote communities for several months at a time.

In Nunavut, Inuit culture remains deeply alive and visible in everyday life: in many communities such as Iqaluit, local art reflects the relationship between humans, ice, and Arctic wildlife through stone carvings and traditional engravings.

Also in Nunavut, the territory is so vast and sparsely populated that many locations are accessible only by air or sea, making transportation an integral part of life in the Canadian Arctic experience.



CENTRAL CANADA – THE COUNTRY'S HISTORICAL AND CULTURAL HEART



Central Canada is a region where history, culture, and nature are intensely and diversely intertwined. Before the arrival of Europeans, these lands were inhabited by the Anishinaabe, Haudenosaunee, and Algonquin peoples, who developed agricultural communities, fishing systems on the Great Lakes, and trade networks along rivers such as the Ottawa, the St. Lawrence, and the Richelieu River. Their spiritual, artisanal, and land-use traditions have left a profound mark that is still visible in the region's cultural life and museums. In the 17th century, the arrival of French colonists led to the birth of New France, with cities such as Québec (1608) and settlements along the St. Lawrence River, such as Trois-Rivières and Montréal, which became commercial and cultural centers. With the British conquest of the 18th century, the region became a crossroads of French, British, and indigenous cultures, with French and English as official languages and a rich religious, gastronomic, and artisanal heritage that remains present today. Historic cities and towns like Quebec City, Montreal, Kingston, and Ottawa tell this story through monumental architecture, historic markets, cultural festivals, and museums like the Musée de la Civilisation in Quebec City, the Royal Ontario Museum in Toronto, and the Canadian Museum of History in Ottawa. Rural communities and villages like Merrickville, Port Perry, and Elora, located along rivers and streams, keep agricultural and artisanal traditions alive, while natural spaces like La Mauricie National Park and Algonquin Provincial Park, and Ontario's lake regions, offer spectacular settings for hiking, fishing, birdwatching, and canoeing.

From a naturalistic perspective, Central Canada offers an extraordinary variety of landscapes: Ontario's plains and boreal forests between Algonquin Provincial Park and the Bruce Peninsula, great lakes like Lake Superior and Lake Ontario, the Ottawa and Niagara Rivers, and in southern Quebec the Laurentides and Monts-Valin forests, the St. Maurice and Saguenay Rivers, and the spectacular Niagara Falls. Natural parks like Algonquin Park and Parc national de la Mauricie offer pristine landscapes where nature and history meet, creating habitats for moose, beavers, black bears, and an extraordinary variety of migratory birds.

Geographically, the region covers approximately 1,541,000 km², a surface area equivalent to about 5 times that of Italy.

In this compact and varied space two main provinces are concentrated:

- ONTARIO
- QUEBEC

In just a few hours of driving or train travel, you can travel from major cities like Toronto and Montreal to historic villages along the St. Lawrence River, such as Sainte-Anne-de-Bellevue and Lachine, to lakeside locations such as Kingston on Lake Ontario and Thunder Bay on Lake Superior, and even national parks, finding a seamless blend of history, culture, and nature.

The main airports providing access to the region are:

- Toronto Pearson International Airport (Ontario) – Major international gateway, ideal for Toronto, Ottawa, and the Great Lakes
- Montréal–Trudeau International Airport (Québec) – Access to Montréal, Québec, and surrounding regions along the St. Lawrence River
- Ottawa Macdonald–Cartier International Airport (Ontario) – Convenient to Ottawa and central Ontario

Central Canada isn't just a destination: it's a journey into the country's historic and cultural heart, where every city, river, and forest tells the story of an authentic, vibrant, and surprising Canada.

THE LANGUAGE EXPERIENCE IN THE HEART OF CENTRAL CANADA

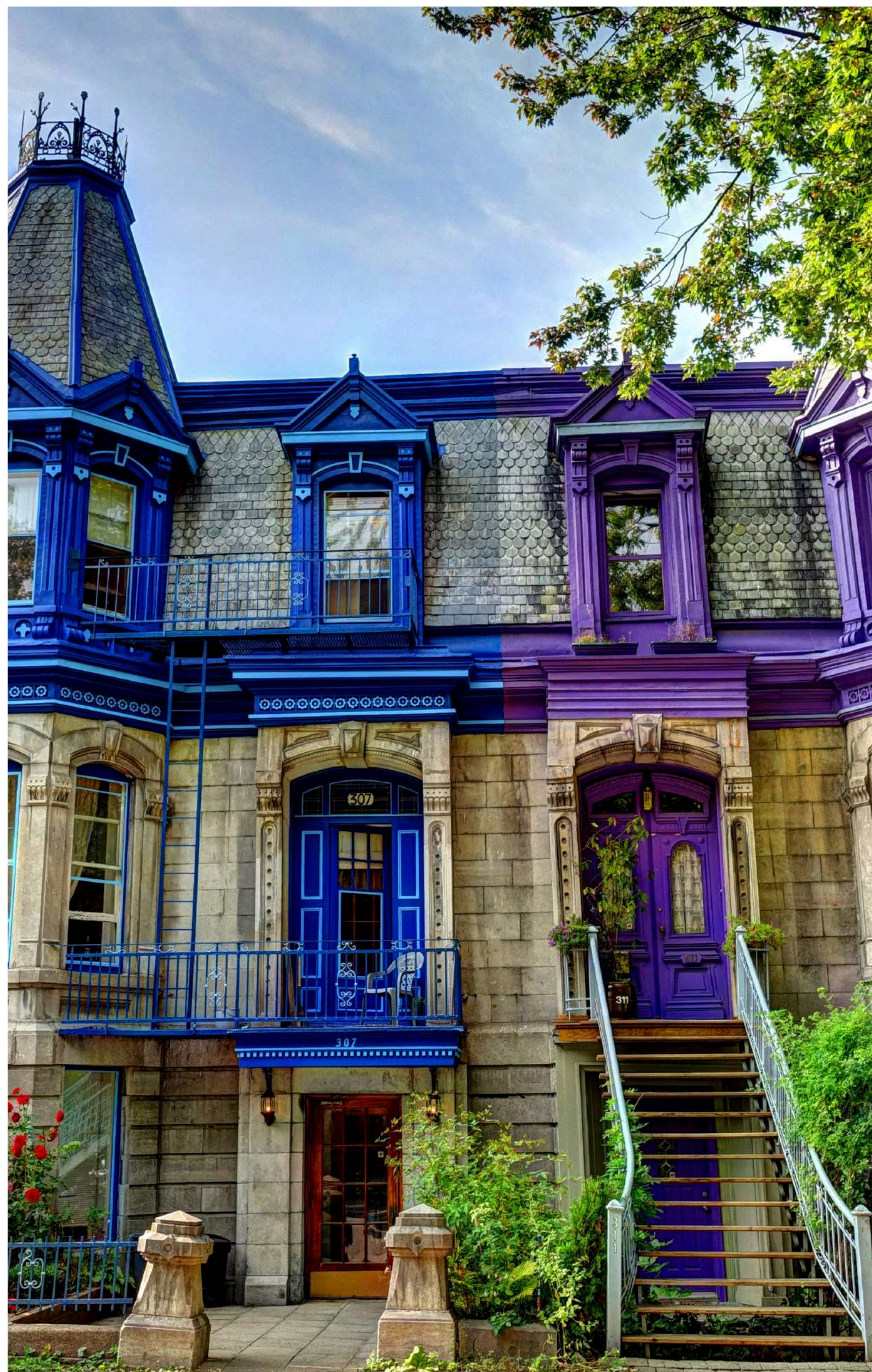
Studying English in Central Canada means experiencing a language-learning journey immersed in highly international urban contexts, where study naturally integrates with everyday life in Canada's major cities.

In Ontario, Toronto is the main hub for English language learning: a multicultural metropolis where neighbourhoods such as Downtown, Kensington Market, and North York coexist with a strong presence of international schools, university campuses, and professional environments. Ottawa, the capital of Canada, also offers an ideal bilingual setting for language study, where English and French coexist in the city's institutional and cultural life, from Parliament Hill and the Rideau Canal to the national museums. In Québec, Montréal is one of the most important cities for studying English within a unique bilingual environment: here English exists alongside French in a dynamic and creative setting, from the historic Old Montréal to the Plateau Mont-Royal and university areas such as McGill University and Concordia University. Québec City, with its UNESCO-listed fortified historic centre, offers a more compact but highly educational environment, where European cultural influences remain strongly present.

In both provinces, English language study takes place in a real, everyday context, through universities, multicultural neighbourhoods, cultural events, and constant interaction with the local population.

A JOURNEY BEYOND THE LANGUAGE COURSE: AUTHENTIC EXPERIENCES AND DESTINATIONS IN CENTRAL CANADA DESIGNED FOR EVERY CATEGORY OF ENGLISH LANGUAGE STUDENT

- **Parents of junior students:** Central Canada offers safe and cultural experiences in the surroundings of Toronto and Ottawa: from Niagara Falls, one of the most spectacular natural phenomena on the continent, to the small historic villages of the Niagara-on-the-Lake region, with colonial-style houses and vineyards overlooking Lake Ontario, as well as museums and green spaces in Ottawa such as the Canadian Museum of History and Major's Hill Park.
- **Teenagers:** the journey becomes a mix of urban and natural discovery - in Toronto, the Harbourfront area and Toronto Island offer urban beaches, cycling paths, and panoramic skyline views, while in Québec you can explore the Charlevoix region, with small villages overlooking the Saint Lawrence River and rolling landscapes less visited by international tourism.
- **University students:** Montréal becomes the heart of the experience, between the Quartier Latin, the independent cafés of the Plateau, and cultural activities linked to international festivals such as the Jazz Festival and Just for Laughs, while around Mount Royal there are panoramic trails with views over the city and natural spaces integrated into the urban fabric.
- **Adults:** the journey can begin along the Saint Lawrence River, between Québec City and Montréal, passing through small historic towns such as Trois-Rivières and Île d'Orléans, where rural landscapes and local traditions tell a slower and more authentic Canada, far from the major metropolises.
- **Professionals:** Toronto and Montréal offer a highly international environment, but the real value lies in the connection with the territory: from routes along Lake Ontario to the bilingual communities of rural Québec, the journey becomes an immersion in a country where culture, nature, and innovation coexist in a balanced way.





DID YOU KNOW?

In Ontario, Niagara Falls is not only one of the most famous natural attractions in the world: the water system that feeds it is part of the Niagara River, which connects Lake Erie to Lake Ontario and represents one of North America's most important hydroelectric energy resources.

Also in Ontario, Toronto is built directly on the shores of Lake Ontario, one of the Great Lakes, and its urban island, Toronto Island, was formed over time through the combined action of currents and sediments, creating a rare natural space just minutes from the city centre.

In Ottawa, the capital of Canada, the Rideau Canal transforms in winter into the world's longest natural ice skating rink, stretching across the city for several kilometres and becoming part of daily life for residents.

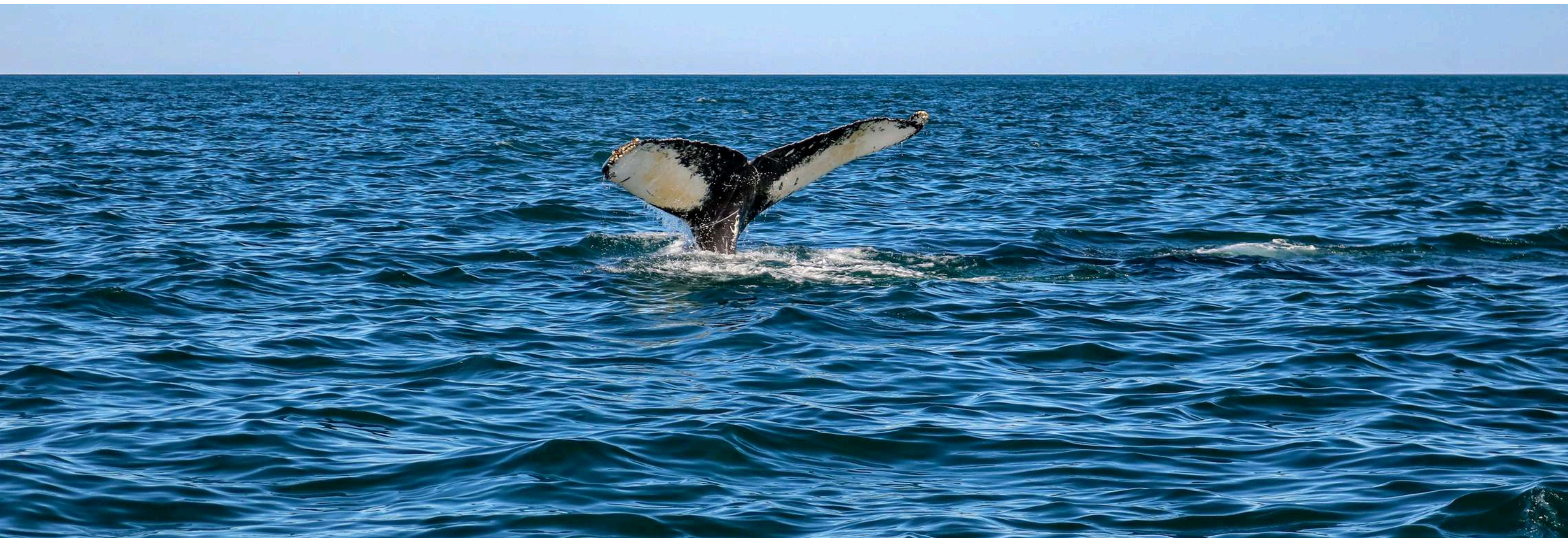
In Québec, Québec City is one of the few cities in North America that still preserves original fortified walls, which surround the historic centre of Vieux-Québec, now a UNESCO World Heritage Site.

Also in Québec, the St. Lawrence River is one of the continent's main waterways and has served for centuries as a strategic route for explorers, traders, and European settlement into the Canadian interior.

In Montréal, Mount Royal — from which the city takes its name — is a large urban park designed by Frederick Law Olmsted, the same landscape architect behind Central Park in New York, and today offers one of the most iconic viewpoints over the city.



ATLANTIC CANADA – LAND OF OCEAN, RUGGED COASTS AND STACKS



Atlantic Canada is a region where the ocean, history, and local traditions blend into a unique and evocative landscape. Before the arrival of Europeans, these coasts were inhabited by the Mi'kmaq, Beothuk, and Maliseet peoples, who developed communities based on fishing, hunting, and trade along the bays and rivers. European settlers arrived in the 16th century: the Portuguese, French, and British established the first permanent settlements, such as St. John's in Newfoundland, the village of Annapolis Royal in Nova Scotia, and the ports of New Brunswick along the Saint John River. The region became a crossroads of indigenous and colonial cultures, with English and French languages and traditions linked to fishing, navigation, and local crafts. Even today, these influences can be seen in historical architecture such as the colourful houses of Old St. John's and the Fortress of Louisbourg in Nova Scotia, in museums such as the Maritime Museum of the Atlantic in Halifax and the Rooms in St. John's, and in cultural markets and festivals such as the Celtic Colors International Festival in Cape Breton and the Acadian Festival in Caraquet.

From a naturalistic perspective, Atlantic Canada offers spectacular scenery: sheer ocean cliffs like those of Gros Morne National Park in Newfoundland, the bays and islands of the Fundy Archipelago and Prince Edward Island National Park, coastal forests and majestic rivers like the Saint John River, and rugged coastlines dotted with historic lighthouses, secluded coves, and sandy beaches. Parks like Cape Breton Highlands National Park and Kejimikujik National Park allow you to explore unique ecosystems, including forests, mountains, and ocean cliffs.

Geographically, Atlantic Canada covers approximately 431,000 km², a surface area similar to 1.4 times the size of Italy, comprising the four main provinces:

- NEWFOUNDLAND & LABRADOR
- NOVA SCOTIA
- NEW BRUNSWICK
- PRINCE EDWARD ISLAND

In just a few hours of driving or ferry, you can travel from the historic and colourful ports of St. John's and Halifax to fishing villages like Lunenburg in Nova Scotia, from the beaches and cliffs of Prince Edward Island to the forests and bays of New Brunswick, finding continuity between history, culture, and nature.

The main airports providing access to the region are:

- St. John's International Airport (Newfoundland & Labrador) – Gateway to St. John's and surrounding areas
- Halifax Stanfield International Airport (Nova Scotia) – Access to Halifax, Cape Breton, and surrounding regions
- Charlottetown Airport (Prince Edward Island) – Convenient to the entire island and surrounding areas of New Brunswick
- Moncton International Airport (New Brunswick) – New Brunswick's main airport, ideal for exploring the central and coastal regions

Atlantic Canada is more than just a destination: it's a journey between ocean and land, where lighthouses, villages, and natural parks tell a thousand-year-old story of intertwined cultures and unforgettable landscapes.

THE LANGUAGE EXPERIENCE IN THE HEART OF ATLANTIC CANADA

Studying English in Atlantic Canada means entering a smaller, more intimate and authentic dimension of the country, where language learning is intertwined with coastal communities, port cities, and a pace of life deeply connected to the ocean.

In Nova Scotia, Halifax is the region's main academic and linguistic hub: a harbour city facing the Atlantic Ocean, with a strong university presence and an international environment centred around institutions such as Dalhousie University, where English study takes place in a young and dynamic context. Further south, small coastal towns like Lunenburg, a UNESCO World Heritage Site, offer a historic atmosphere linked to maritime traditions and fishing culture. In New Brunswick, cities such as Fredericton and Moncton are important educational centres, with a bilingual English-French environment that makes the language-learning experience particularly distinctive. Here, English is part of everyday life among university campuses, rivers such as the Saint John River, and welcoming local communities. On Prince Edward Island, the city of Charlottetown offers a more intimate and compact setting, tied to the origins of the Canadian Confederation. Its historic streets, red coastal landscapes, and small rural villages create an ideal environment for calm and immersive learning. In Newfoundland & Labrador, St. John's is one of the easternmost points in North America: a colourful, windy city overlooking cliffs and natural harbours, where English is closely intertwined with a strong local identity and a culture deeply connected to the Atlantic Ocean.

Across Atlantic Canada, English language study takes place in an authentic and human-scale context, where distances are short, communities are welcoming, and English becomes part of everyday life among ports, universities, and coastal landscapes.

A JOURNEY BEYOND THE LANGUAGE COURSE: AUTHENTIC EXPERIENCES AND DESTINATIONS IN ATLANTIC CANADA DESIGNED FOR EVERY CATEGORY OF ENGLISH LANGUAGE STUDENT

- **Parents of junior students:** in Halifax, walks along the Waterfront Boardwalk and visits to Peggy's Cove, with its iconic lighthouse overlooking the ocean rocks, allow for a calm and controlled way to experience the coast, while in Charlottetown small historical museums and the island's rural villages tell a slow and familiar Canada.
- **Teenagers:** the experience becomes more exploratory along the coasts of Nova Scotia, driving the Cabot Trail on Cape Breton Island, one of Canada's most spectacular scenic routes, through cliffs, forests, and Atlantic viewpoints, or discovering the red sandy beaches of Prince Edward Island, such as Cavendish Beach, set in a unique natural landscape.
- **University students:** the journey focuses on cities and local culture: in Halifax, historic districts such as The Hydrostone District and the harbour areas offer independent cafés, live music, and a strong student atmosphere, while in St. John's, Newfoundland, Signal Hill and the colourful houses overlooking the ocean create a completely different urban landscape from the rest of North America.
- **Adults:** the journey can extend along the coasts of Nova Scotia and New Brunswick, between fishing villages such as Peggy's Cove and Caraquet, isolated lighthouses, quiet bays, and scenic routes where the landscape constantly shifts between ocean, forests, and small harbours.
- **Professionals:** in Newfoundland & Labrador, the cliffs of Cape Spear — the easternmost point of North America — and the Atlantic sea routes become places of isolation and contemplation, where the journey takes on a deeper and more personal meaning.





DID YOU KNOW?

In Nova Scotia, the Cabot Trail on Cape Breton Island is considered one of the most spectacular scenic drives in North America: it passes along ocean cliffs, coastal forests, and fishing villages still closely tied to traditional ways of life.

Also in Nova Scotia, Peggy's Cove is one of Canada's most photographed lighthouses: built on large rocks smoothed by the Atlantic Ocean, it is still operational and stands as one of the most iconic symbols of the eastern coast.

In Newfoundland & Labrador, Signal Hill in St. John's is the site where, in 1901, one of the first transatlantic wireless signals in history was received, marking a key milestone in global communications.

Also in Newfoundland, the colourful houses of St. John's harbour, known as "Jellybean Row", have become a symbol of the city and were originally painted in bright colours to help fishermen identify homes even in dense fog.

In New Brunswick, the Bay of Fundy is famous for having the highest tides in the world: in some areas the water level can vary by more than 10 metres between high and low tide, completely transforming the landscape twice a day.

Also in New Brunswick, Hopewell Rocks allows visitors to walk on the ocean floor at low tide and observe rock formations carved by the sea over millions of years.

In Prince Edward Island, the red cliff landscape is due to iron-rich rocks which, when exposed to air, take on the distinctive deep colour that characterises the island's entire coastline.

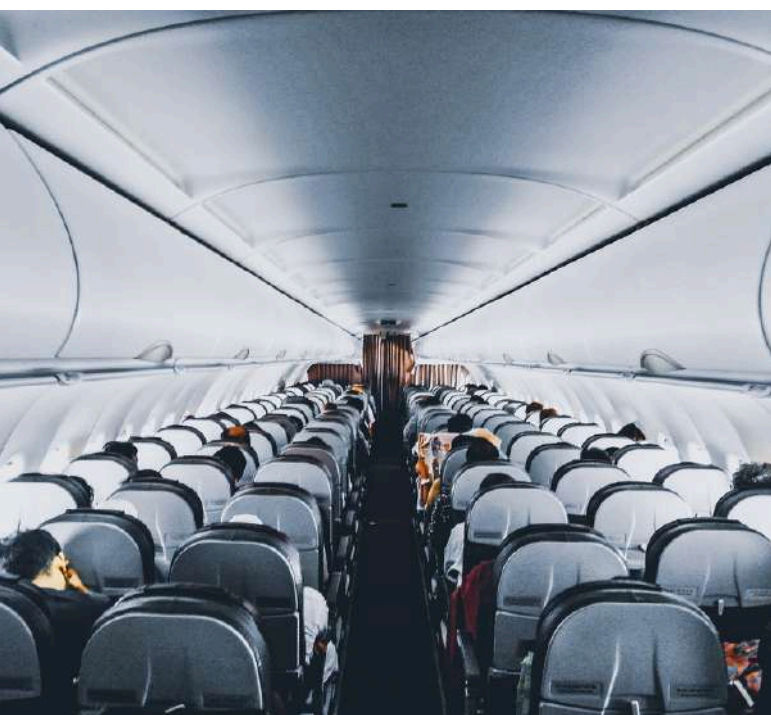
Also in Prince Edward Island, Green Gables Heritage Place inspired the famous novel "Anne of Green Gables" and remains one of Canada's most recognisable literary sites, set within a still unspoilt rural landscape.



**WHY TRAVEL
WITH US**

**DISCOVER WHY OUR
TOUR OPERATOR IS
UNIQUE AND
UNRIVALED!**

BESPOKE TRAVEL FOR EVERYONE



OUR TRAVEL ITINERARIES

We exclusively curate itineraries for innovative and original travel experiences that diverge from the conventional paths of mass tourism. Our aim is for each customer to be the protagonist of their own journey.

OUR TRAVEL CLASSES

We arrange travel for the following categories:

- **FIRST**
- **PREMIUM**
- **ECONOMY**

WE ORGANIZE ITINERARIES USING THE FOLLOWING TRANSPORTS



CAR

- ✓ RENTAL



VAN

- ✓ RENTAL
- ✓ SCHEDULED TOURS WITH DRIVER



COACH

- ✓ RENTAL WITH DRIVER
- ✓ SCHEDULED TOURS WITH DRIVER



MOTORHOME

- ✓ RENTAL

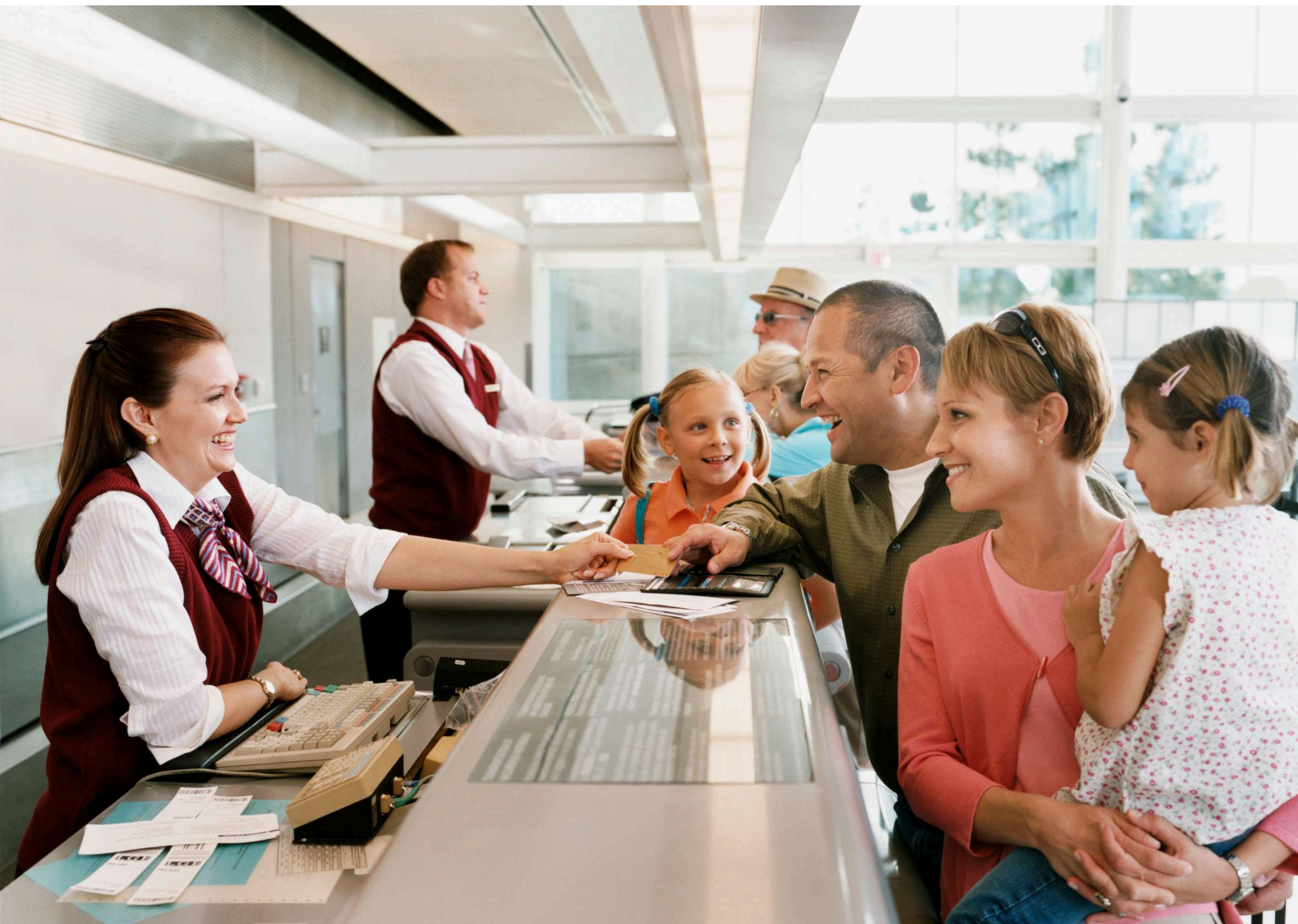


MOTORCYCLE

- ✓ CHARTER SERVICES
- ✓ TAILOR MADE TRAVEL ITINERARIES

PRIORITY CHECK-IN AND CHECKED BAGGAGE

Bid farewell to lengthy check-in queues! With our priority check-in service, you can swiftly obtain your boarding pass and check in your baggage. We are consistently prepared to provide this option, contingent upon airline availability, to enhance your travel experience, whether you are flying in premium or economy class. **Do not squander time; opt for comfort!**



NO QUEUES AT THE AIRPORT WITH THE FAST TRACK SERVICE



We understand the frustration of enduring lengthy waits at airport security. Therefore, we consistently incorporate fast track access into our travel packages, allowing you to bypass the queue and enjoy a stress-free experience.

The service is contingent upon the availability at each airport, thus we cannot assure its constant accessibility. Nevertheless, we are pleased to announce that it has been implemented in the majority of the airports we utilize. **Seize this opportunity!**





COMFORT IN AIRPORT LOUNGES

Once reserved solely for business and first-class passengers, airport lounges are now available to travelers in other classes as well. We provide the highest level of comfort and luxury to ensure your airport experience is memorable. In our travel packages, we consistently strive to include access to these exclusive areas at both departure and arrival points (subject to airport and airline availability). Relax, indulge in culinary delights, savor fine beverages, and enjoy refreshing showers, all within elegant and tranquil settings. **Seize this exceptional opportunity!**









OTHERS SERVICES

OUR EXCEPTIONAL PARTNERSHIPS WITH DIVERSE SUPPLIERS ENABLE US TO PROVIDE OUR CUSTOMERS WITH THE FINEST OF THE FOLLOWING SERVICES

ADVANCED LUGGAGE SHIPPING
TOURIST VISAS
CURRENCY EXCHANGE
INSURANCE POLICIES



	AUD	7.01
	NZD	5.05
	JPY	0.0913
	GBP	11.23
	EUR	9.71
	SGD	5.35
	CHF	7.01





ONE FREE INDIVIDUAL FOR EVERY 15 PAYING CUSTOMERS

Take advantage of our **perpetually active** promotion. If you can gather a **minimum of 15 individuals**, one person will receive a **complimentary** trip. Consider anyone who might be interested among family, friends, colleagues, or others. Additionally, if you require a tour leader or tour guide to assist you and your group throughout the entire tour, we can provide this service as well

ALWAYS TRAVEL WITH A PREMIUM DISCOUNT!



-20%

- **ACTIVE YEAR-ROUND**
- **FOR ALL CATEGORIES OF TRAVELERS**
- **NO MINIMUM SPENDING THRESHOLD REQUIRED**

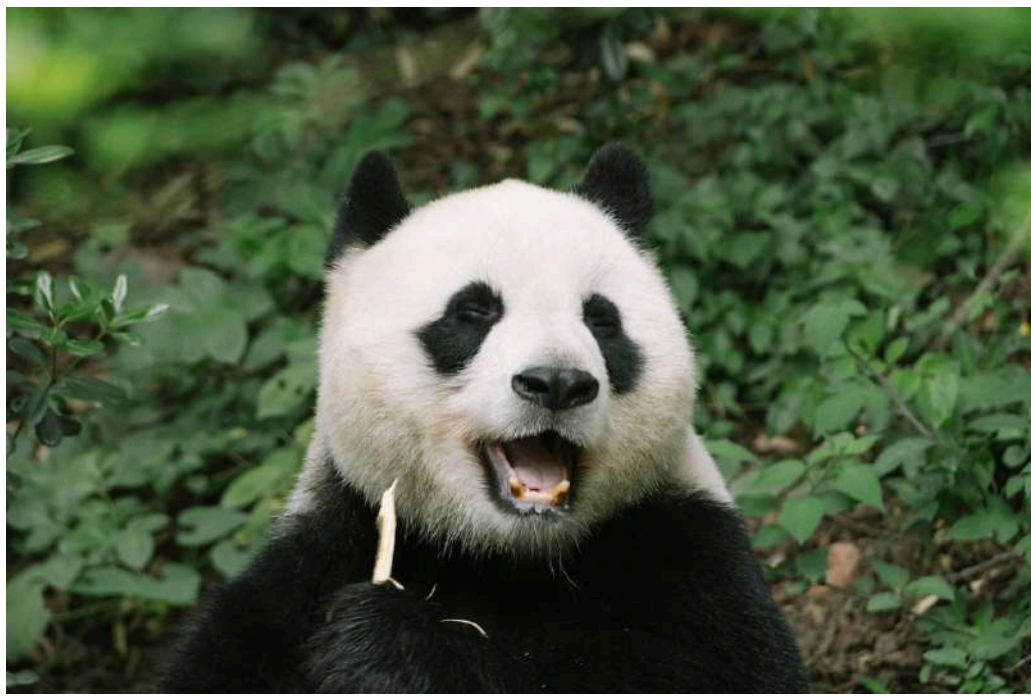


TRAVEL PHOTOGRAPHER

FOR AN UNFORGETTABLE TOUR
FOREVER



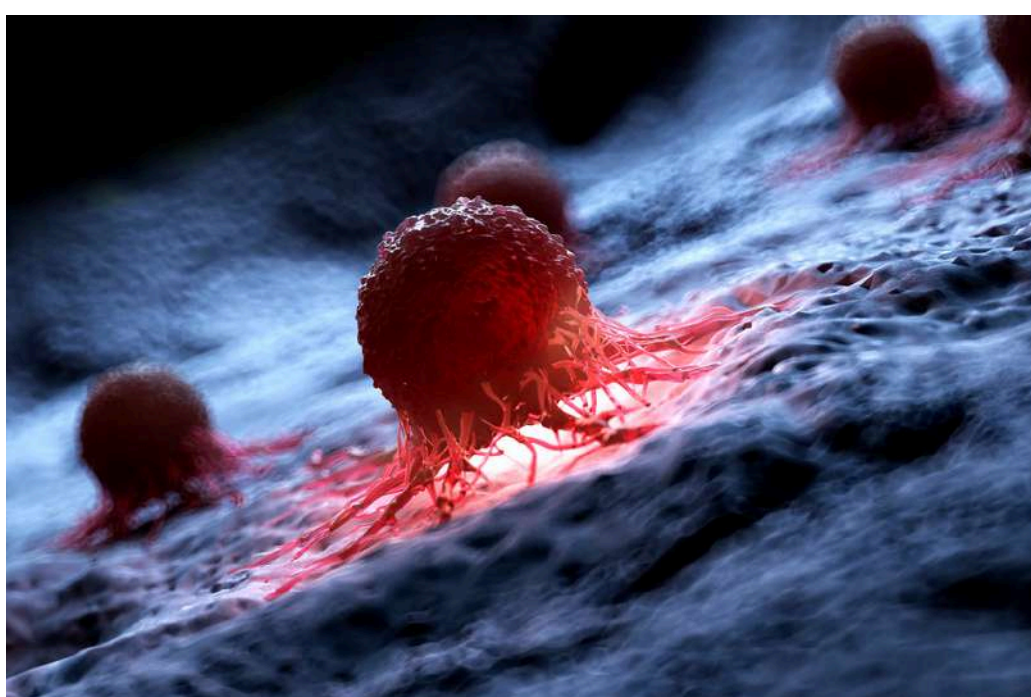
Certain journeys hold a unique significance: a honeymoon, a wedding anniversary marked by the renewal of vows, or cherished moments spent with close friends or family. Such beautiful occasions will be immortalized through professional photography and videography. Should you wish to incorporate this option into your upcoming trip, we are pleased to provide assistance with photographers who can transform your experience into a lasting memory.



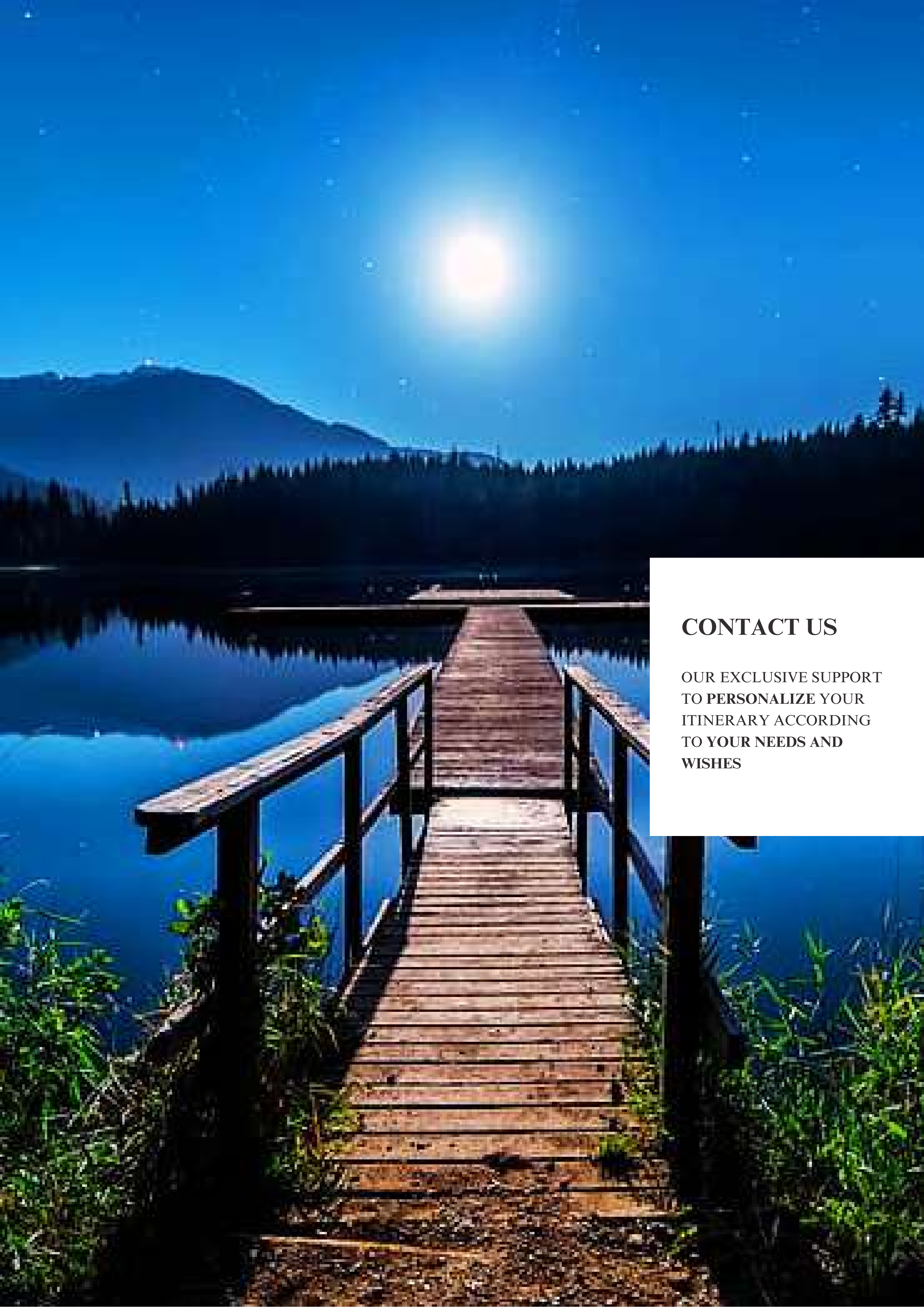
OUR COMMITMENT TO ENVIRONMENTAL PROTECTION AND CANCER RESEARCH



THROUGH OUR TRIPS, WE AIM TO PROVIDE OUR CUSTOMERS WITH THE OPPORTUNITY TO **SUPPORT** NON-PROFIT ORGANIZATIONS DEDICATED TO ADDRESSING THE FOLLOWING GLOBAL CHALLENGES.



- **CONSERVATION OF PLANT AND ANIMAL LIFE**
- **GLOBAL WARMING**
- **CANCER RESEARCH**



CONTACT US

**OUR EXCLUSIVE SUPPORT
TO PERSONALIZE YOUR
ITINERARY ACCORDING
TO YOUR NEEDS AND
WISHES**



WOULD YOU LIKE TO REQUEST A QUOTE?

We hope this brochure has been to your liking and a source of inspiration for your next English language course abroad.

If you would like to organise a tailor-made English course, combined with a personalised travel experience across cities, nature, and authentic itineraries, please click on the dedicated quote request button and complete the relevant form with your requirements.

We will be pleased to contact you shortly to create together a study and travel project fully tailored to you.

TRAVEL QUOTATION REQUEST



Atlantic Travel & Tours Ltd

London, New York
Los Angeles, Miami
Denver

ATLANTIC TRAVEL & TOURS LTD

HEADQUARTERED IN THE UNITED STATES AND THE UNITED KINGDOM

REGISTERED COMPANIES

USA - DENVER - COLORADO - COMPANY REGISTRATION NUMBER: 202 110 96 014

UK - LONDON - COMPANY REGISTRATION NUMBER: 130 288 33

E-MAIL

USA - unitedstatesadministration@atlantictourstravel.com

UK - unitedkingdomadministration@atlantictourstravel.com

WEBSITE

www.visitatlantictraveltours.com

FULL CONTACT DETAILS

www.visitatlantictraveltours.com/contact